

2016 - 5777 HIGH HOLIDAYS

*All family & youth programs will be
held at HNT. Details can be found
in the Youth & Family brochure*



*L'Shanah
Tovah!*

A Sweet Message for the New Year

A Storybook People

Every family has its stories. The story of how my parents first met was repeated often to my sisters and me. My dad went home and told his mother he'd met the girl he was going to marry. My mom told her mother she had met a 'fat boy.' My sisters and I never got tired of hearing this story. It was a reminder to us that there is more than one way to fall in love and that the best relationships grow over time.

Our tradition teaches us that all of our deeds are recorded in the Sefer Ha'chayim/Book of Life, and that on Rosh Hashanah God reviews it. I used to think the Book of Life was an accounting ledger. Now I think it is more likely a storybook. Our lives are stories which we are continually writing and re-writing. How we tell the story of our life at any given moment is a key to our deepest values.

This year at HNT, we're challenging ourselves to read our foundational story, the Tanach (Jewish Scripture), one chapter a day (in English, of course!) The Bible is truly the greatest story ever told, full of love and loss, failure and redemption. It's the key to understanding everything about ourselves as a people (not to mention, much of Western history). Through a conversation about our national story, we can gain greater insight into our personal

stories. And, the reverse is also true. Our personal life experiences can help us gain greater insights into the lives of our ancestors.

Elie Wiesel z"l once wrote that God created us because God loves stories. Each of us is both a character and an author, and our actions impact other people's stories. Most of all, we are editors. We get to decide who is a major or minor character in our lives, what gets center stage and what gets relegated to the sidelines. That's what the High Holidays are about. The way we tell our story will impact how we live in the coming year.

We have been called Am Ha'Sefer, usually translated as 'The People of the Book.' But, I prefer 'Storybook People.' Let's make our lives a great story this year, and together create a Book of Life. Janine, David and Miri, Shani and I wish all our friends at HNT a Shanah Tovah u'metukah/a happy and sweet New Year.

Rabbi Jay Rosenbaum

*L'Shanah Tovah
Happy New Year
5777*

Planning Ahead for the Holidays

We Need Greeters and Ushers!

We know you value making HNT a friendly, inviting place to experience the High Holidays. You can help by spending a little time welcoming people at our doors on Rosh Hashanah and Yom Kippur. Please call Melanie to schedule your time at 206-232-8555 x200.

Sukkot Orders • Due September 16

h-nt.org/sukkot-orders

Order your lulav & etrog set, s'chach for your family sukkah, and your sukkah kit. The lulav & etrog are captivating symbols of the holiday and purchasing a set provides a great opportunity to share this age-old tradition with your children. Use them in your family sukkah, then bring them to shul and participate in the hoshanot ritual.

S'chach, the greenery to adorn your sukkah, will be available in 25 lb. bundles. A Sukkah Kit includes everything to build a sukkah but the s'chach.

Learn how to assemble your Sukkah Kit at our hands-on Sukkah Workshop on September 25 at 10:00 AM.



Price List:

Regular Lulav & Etrog: \$35/set

Prime Lulav & Etrog: \$39/set

Deluxe Lulav & Etrog: \$46/set

Bundles of S'chach: \$23 each

Sukkah Kit: Price TBD

In order to receive lulav, etrog, s'chach or sukkah kit, you must order by September 16. Order at h-nt.org/sukkot-orders or call 206-232-8555. Your order is only complete after payment.

Planning Ahead for the Holidays

High Holiday Childcare • Due September 16
h-nt.org/HH-Childcare

We need a significant number of sign-ups to secure a baby-sitting service, so please register by September 16 or childcare may be cancelled.

High Holiday childcare is for children ages 2 - 7. To maintain appropriate staff/child ratios and age appropriate activities, RESERVATIONS ARE MANDATORY and drop-ins cannot be accepted.

Childcare will be offered at \$25 per child per session, offered on Rosh Hashanah Day 1, 8:15 AM - 1:15 PM and Yom Kippur Day, 9:30 AM - 2:00 PM. Your space is only confirmed after payment.

SPACE IS LIMITED & CANNOT BE GUARANTEED AFTER SEPTEMBER 16!

**CHILDCARE SPACE IS LIMITED.
OUR CHILDCARE SERVICE, ANI'S NANNIES, REQUIRES
US TO GIVE THEM FINAL NUMBERS BY SEPTEMBER 16.**



S'lichot • Saturday, September 24

Film & Discussion: 8:45 PM • S'lichot Service: 11:00 PM

This special program, featuring a discussion led by Rabbi Rosenbaum, is designed to get us ready for the High Holidays by deepening our connection to others as well as to God. S'lichot services will follow the film screening (film to be announced) and discussion.

Drive the Bima & Build the Sukkah

Sunday, September 25 • 10:00 AM

We need lots of people to help us prepare for the High Holidays. We will move the ('flying') bima into the Feinberg Social Hall, build our sukkah outside the Upper Foyer, collect siddurim from the sanctuary pews, set out chairs and seat covers. Complimentary breakfast provided! Please call 206-232-8555 by September 19 if you can help.



Moving the Bima in 2015

Rosh Hashanah College Packages

Rosh Hashanah is around the corner, and so are our first college packages of the school year! If you have an undergraduate college student with a new address this fall or if you've never submitted their information, visit **h-nt.org/college** by September 22 so they can receive some goodies for a shanah tovah u'metukah!

We are also looking for parents to help assemble packages! Come for a few hours of fun camaraderie as we send our kids some sweet treats. Visit **h-nt.org/volunteer** to help out!

Annual Cemetery Pilgrimage • Sunday, October 9 • 10:30 AM

Herzl Memorial Park: 16501 Dayton Ave. N, Shoreline

The congregation's annual cemetery pilgrimage, led by Rabbi Bob Maslan, is a traditional opportunity to visit Herzl Memorial Park. This is a time for remembering our loved ones whose influence lives on in our own lives. Following the initial brief service, Rabbi Maslan will be available to go with congregants to individual graves to recite memorial prayers.

JFS Food Drive:

Through Sunday, October 23

Over 1,300 households count on the Polack Food Bank each month. Let's work together to fill the food pantry shelves and provide families in need with healthy, nutritious food options. Dean & Gwenn Polik and the Estate of Valerie Polack are once again generously contributing a matching gift for every item we collect.

This year, we encourage everyone to consider donating a minimum of 2 bags of groceries. The food from 2 bags can mean up to 10 extra meals each month for a household. All kinds of non-perishable items are needed – and especially high quality proteins like peanut butter and canned fish like tuna or salmon. Please place items in the marked bins in the Upper & Lower Foyers. No glass containers please!

Volunteers Needed!

JFS Food Sort: Sunday, October 23

We'll meet at HNT at 9:45 AM to pack the collected food and transport it to the JFS warehouse, where we will help sort donations from across the city from 10:30 AM to 1:00 PM. Advanced registration is required. To volunteer, email FoodSort@h-nt.org.



Service Times

All SERVICES & PROGRAMS AT HNT ONLY

Please refer to the Youth & Family brochure for details on youth activities

Erev Rosh Hashanah, Sunday, October 2 Service.....6:00 PM

Young Families: Jewish New Year's Rockin' Eve 3:00 PM - 4:00 PM

Rosh Hashanah Day 1, Monday, October 3 Service8:15 AM

Youth programs begin 10:00 AM

Tashlich by the waterfront following the Concluding Service 1:15 PM

Mincha/Ma'ariv Services 6:00 PM

Rosh Hashanah Day 2, Tuesday, October 4 Service8:30 AM

Family Service (1st-5th Grade Families) 11:00 AM - 12:00 PM

Service concludes approximately 1:15 PM

Kol Nidre (Erev Yom Kippur), Tuesday, October 11 Service.....6:00 PM

Candle Lighting 6:47 PM

Family Service (1st-5th Grade Families) 6:30 PM - 7:30 PM

Youth programs for Middle School & High School 6:30 PM

Yom Kippur, Wednesday, October 12 Morning Service9:40 AM

Youth Programs begin 10:00 AM

Yizkor approximately 12:45 PM

Mincha 4:30 PM

Ne'ilah/Ma'ariv 6:30 PM

Final Tekiah 7:09 PM

**Children (newborn - 6 years old)
will meet in the Upper Foyer when called for the annual
Flashlight Brigade, Havdalah and Final Tekiah.**

Break-the-Fast

Enjoy a quick Break-the-Fast treat following the final tekiah as you exit the building. This delightful “pick-me-up” for the entire congregation is generously hosted by Peggy and Bruce Gladner.

Sukkot, Shemini Atzeret & Simchat Torah

ALL SERVICES & PROGRAMS AT HNT ONLY

Please refer to the Youth & Family brochure for details on youth activities

FESTIVE KIDDUSH LUNCH TO FOLLOW EACH OF OUR FESTIVAL HOLIDAY SERVICES

Sukkot, Monday & Tuesday, October 17 & 18

Service in the Feinberg Social Hall. 9:30 AM

Programs for Preschool - 5th Grade (Monday, October 17 only) . . 10:30 AM

Shemini Atzeret, Monday, October 24

Services including Yizkor in Feinberg Social Hall 9:30 AM

Erev Simchat Torah, Monday, October 24

Services in Gladstein Chapel 6:45 PM

Simchat Torah dancing in Feinberg Social Hall 7:00 PM

Simchat Torah, Tuesday, October 25

Services in Feinberg Social Hall 9:30 AM



Building the Sukkah in 2015

Frequently Asked Questions: Parking & Transportation

Who may park in the synagogue parking lot?

You may park in the synagogue parking lot if you are a Platinum, Gold or Silver level member, or a member of the choir, with a parking placard.

If I have a state disabled permit or must be dropped close to the door, what can I do?

Proceed into the main parking lot and use the Valet Parking service. Due to space limitations, there is no self parking for disabled permits. **No advance arrangements are necessary.**

Where do I park if I don't have a state disabled permit but I can't manage the walk from off-site parking?

Use our courtesy shuttle service from the Mercerwood Shore Club parking lot (4150 E Mercer Way). Marked shuttles will be running during the hours listed below. If you need further assistance, contact Melanie Miller at 206-232-8555 x200.

Rosh Hashanah Day 1 8:00 AM - End of Service
Kol Nidre (Erev Yom Kippur) 5:00 PM - End of Service
Yom Kippur Morning 9:15 AM - End of Service
Yom Kippur Afternoon 5:00 PM - End of Service

No shuttle service on Erev Rosh Hashanah or Rosh Hashanah Day 2

If I don't have a special need, where can I park?

ONLY these areas have been authorized:

- The SJCC parking lot (except where marked "No Parking 24/7")
- Mercerwood Shore Club, 4150 E Mercer Way (except "No Parking" area)

Please do not park anywhere that states "NO HNT Parking" as a courtesy to our neighbors as well as being mindful about parking in fire lanes or blocking driveways. If you park in any undesignated area you risk being towed at your own expense by the city. *The boat launch is not available for parking.* We encourage you to carpool and use our shuttle service.



Frequently Asked Questions:

How do I include my guests in the services?

Go to h-nt.org/hh and fill out the form or call the office at 206-232-8555 with their contact information so we can send them an information packet. Due to enhanced security measures each adult attendee is asked to have this information.

Is there a cost for guests attending our services?

If you are a Platinum, Gold, Silver or Bronze level member we will not be suggesting a donation of your guests. To help defray costs, others will be asked if they wish to make a suggested donation of \$180 per person for each of the two holidays.

Reserved seats are designated by a blue slipcover

How can I reserve a seat?

If you:

- Are a Platinum or Gold Member (call the office to become either)
- Have a nameplate on a seat
- Use a wheelchair*
- Are unable to climb steps or maneuver the aisle*

* You may reserve seats by calling Melanie Miller at 206-232-8555 x200. Seats will be presumed unused one hour after the start of services, and released for general seating unless prior arrangements have been made. These seats may be held longer for health reasons if prior arrangements are made by calling the synagogue office.

Yizkor Services

For whom is Yizkor (the Memorial Service) recited?

Yizkor may be said for all deceased loved ones, parents, grandparents, other family and friends. Though some follow the tradition of leaving during the Yizkor service if their immediate family members are still alive, all are encouraged to stay.



Frequently Asked Questions

Will there be enough High Holiday Mahzorim (prayer books) for each congregant?

Thanks to the generous grant from the Goldstein Family Foundation, we have 500 volumes available for use on a first come, first serve basis in the upper & lower foyers. You are encouraged to purchase a personal copy of Mahzor Lev Shalem from the front office for \$33 in advance of the holiday.

Can I use the telephone?

Except in emergencies, telephone use is prohibited on Shabbat and holidays. For those who must carry cell phones, please set them to silent. If there is a 911 level emergency, see the security officer at any exit. There are also phones throughout the building for emergencies only.

Fragrance-Free

Please refrain from using fragrances (perfumes, colognes, etc.), as there are members who are highly allergic to these substances. Gum chewing is also inappropriate in the worship spaces.

In Case of Emergency

Notify an usher, a security officer or staff member. Telephones for emergency use are located in most rooms. First Aid kits are in the main office and kitchen at HNT. AEDs are located on each level across from the restrooms.



Please put your name and your phone number on your ritual items including your mahzor and talit so they can be returned if misplaced.

More Holiday Celebrations Ahead

Simchat Torah Dancing • Monday, October 24 • 7:00 PM

Following the 6:45 PM ma'ariv service in the Gladstein Chapel, be part of the HNT Simchat Torah experience by carrying a Torah, dancing the hora or the kazatzky, clapping along, marching in a hakafa, waving a flag, singing 'Hoshia na,' and having a nosh or drink prepared by HNT's most experienced bartenders.

Purim Shpiel • Saturday, March 11

The biggest and best shpiel in town! Mark your calendar for an evening of inventive costumes, live music, original cover song lyrics and clever punch lines. While you're here, enjoy a shot of shnaps and hamentashen galore! Look out for the announcement of this year's theme in the coming months.

Lag B'Omer Maccabia, BBQ Lunch & Bonfire • Sunday, May 14

On your mark, get set, GO! Anyone who attended last year's celebration will you, you won't want to miss this! Join us for an afternoon of competitive maccabia games led by SJCC staff, tasty BBQ and marshmallow roasting on our legendary bonfire! Registration will be available at h-nt.org/LBO



Lag B'Omer Tug of War 2016

The Year Ahead

Mark your calendar and look for more info at h-nt.org

December 10, 2016: Torahthon

A dynamic evening packed with adult learning and community building. Learn more at h-nt.org/Torahthon

January 29, 2017: Block Parties

Get to know other members in your neighborhood!

February 12, 2017: Legacy Brunch

Our 2017 annual fundraiser

March 4, 2017: Havdalah Dinner Circle

Host or attend an intimate dinner and warm havdalah in someone's home. Sign up at h-nt.org/SDC

March 11, 2017: Purim Shpiel

The biggest shpiel in town! Theme TBA

March 19, 2017: Annual Blood Drive

In memory of 16 year-old Ellen Yusim z"l

May 14, 2017: Lag B'Omer

Maccabia, BBQ & Bonfire

May 21, 2017: Day of Service

Volunteer projects available across our community. Email DOSchairs@h-nt.org to help plan a project

May 30, 2017: Tikkun Leil Shavuot

Dinner, Service & Study Sessions

*The Board of Directors and Staff wish you
and your family a happy and
healthy new year!*



**Jay Rosenbaum,
Rabbi**



**Bradlee Kurland,
Cantor**



**Eliyahu Krigel,
Director of Education**

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Shanah Tovah

This year, when you hear the shofar, imagine it echoing down through the years — powerful blasts that stirred the souls of Jews for generations.

Like the Shofar blasts, your Life & Legacy bequest will echo into the future and ensure that what you cherish most about Jewish life will resonate for generations to come.

May you be inscribed in the book of life and blessings and find only sweetness in the year ahead.



*Please remember HNT in your will and estate planning.
Assure our Jewish Tomorrows.*



Visit h-nt.org/lifeandlegacy for more information