

5777-2016

HIGH HOLIDAY YOUTH & FAMILY PROGRAMS

ALL PROGRAMS AT HERZL-NER TAMID

Featuring:
Ari Lesser

**Singer, Songwriter, Rapper,
and Spoken Word Artist**

**FINDING YOUR
INNER VOICE!**

For more information
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HERZL-NER TAMID
CONSERVATIVE CONGREGATION

FINDING YOUR
INNER VOICE!

High Holidays - 5777 / 2016
HNT Family and Children's Programs
Featuring Ari Lesser – Finding Your Inner Voice!

We are pleased to introduce the very talented Ari Lesser to our community during Rosh Hashanah and Yom Kippur. The theme of Ari's time with us is **Finding Your Inner Voice!** Throughout the High Holidays, we will be emphasizing the first question God asked our earliest ancestors in the Garden of Eden: *Ayeka?* Where are you? Adam answered by hiding behind a tree and later Moses answered, saying *Mi Anochi*, I am nothing. How do we move to a place of answering this important question by asserting *Hineni*, here I am, just like Abraham first did in Genesis 22? By claiming *Hineni*, we are full partners in **Finding Your Inner Voice!** Ari will work with our community throughout this process in a spirited, active, and inspirational way! Join us throughout Rosh Hashanah and Yom Kippur to engage in the process of **Finding Your Inner Voice!**

Here are a few highlights with our time together with Ari Lesser:

- Jewish New Year Rockin' Eve Series for Preschool/Kindergarten Families
- Revamped K-8th Grade Programming
- Middle School Creative Writing/Rapping Workshop 1:
4:30 PM - 6:15 PM on 10/5
- Middle School Writing/Rapping Workshop 2:
4:30 PM - 6:15 PM on 10/10
- FRS Sunday School Concert on Oct. 9 from 9:30 AM -10:30 AM at HNT
- USY Dinner on 10/9
- Yom Kippur, Jonah's Story, and Special New Programming
- Yom Kippur Neilah Service with USY and Ari Lesser



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Finding Your Inner Voice with Ari Lesser



Ari Lesser is a singer, songwriter, rapper, and spoken word artist from Cleveland, Ohio. He graduated with a BS in Political Science from the University of Oregon and more recently spent time in Israel studying at Yeshiva in Tzfat and Jerusalem. He has performed all over the world, and written hundreds of songs on a wide range of subjects. Ari's repertoire is expansive, touching on everything from politics, to religion, to animals. He will step into character

and rap from the perspectives of hundreds of different personalities living and dead, real and fictional, human and nonhuman. He has also created rhymed translations of about one third of the book of Psalms, translating their powerful ancient message into the realm of song. Ari's performance brings worlds to life in a way that is inspirational, accurate, and educational! For more information please visit: arithemc.bandcamp.com

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Jewish New Year's Rockin' Eve for Young Families

Sunday, October 2 • 3:00 PM - 4:00 PM • Room 10/11

Bring in the New Year the right way with spirit and joy as we celebrate together. Ari Lesser, Eliyahu Krigel, and Chava Mirel will weave music, stories, and tefillah together to enliven and enrich your experience. Join us as we celebrate all our accomplishments of this past year and look ahead to a future filled with hope and community. Parents/guardians are encouraged to stay with their children for this joyous family worship experience and all are welcome!

Rosh Hashanah Day 1

Monday, October 3: **Finding Your Inner Voice!**

• 10:00 AM - 12:30 PM: 1st-5th Grade

10:30 AM - 12:30 PM: Separate Middle School and High School Programs:

Join us for gripping discussion, out of the box prayer experiences, snacks, and more with Irit Eliav Levin (High School) and Zach Snyder, Assistant Director of Camp Solomon Schechter (Middle School).

11:00 AM - 12:30 PM: Special Family Service: Calling all babies, toddlers, preschool, and Kindergarten aged students and families: for this fun and interactive service led by the exceptional Michelle Younker.

12:45 PM - 1:00 PM: Family Tashlich service at Wittenberg Waterfront: for all children and parents after morning programs with Eliyahu and Ari Lesser.



FINDING YOUR INNER VOICE!



Rosh Hashanah Day 1 Activities and Stations:

Ari Lesser: Join Ari for a fun session devoted to finding your inner voice. Search deep within and let the rhymes and rhythm move you to greatness!

Sacred Crafts: Join our artist in residence Rabbi Sarah Rensin to create and explore on a profound level. All crafts are Yom Tov appropriate!

Zoo for YOU: Join Animal Encounters for their special Zoo for YOU program. Our special twist is focusing on the Garden of Eden and the creation story. Get up close and personal with these special and unique animals which will include the following: wallaby, sheep, Patagonian mara, mini pig, African pygmy goats, rabbits, guinea pigs, chinchillas, and bantam chickens.

Active Learning: Join Rachel Yedidia for active learning games complete with Hebrew and movement!

Hebrew Café: Celebrate the birthday of the world with birthday cake and a yummy nosh!



Rosh Hashanah Day 1 Activities and Stations:

Grade	10:00 AM	10:30 AM	11:00 AM	11:30 AM	12:00 PM	12:45 PM
Preschool/ K	Service with Singing, Stories & Sweetness! Room 10/11 (adults must stay with their child or be in room 12)					
1st Grade	Sacred Crafts Room 8	Ari Lesser Room 6	Zoo for YOU School Courtyard	Active Learning Room 1	Hebrew Café Room 2	Family Tashlich Ceremony by the Wittenberg Waterfront Park with Ari Lesser and Eliyahu Krigel
2nd Grade	Hebrew Café Room 2	Sacred Crafts Room 8	Ari Lesser Room 6	Zoo for YOU School Courtyard	Active Learning Room 1	
3rd Grade	Active Learning Room 1	Hebrew Café Room 2	Sacred Crafts Room 8	Ari Lesser Room 6	Zoo for YOU School Courtyard	
4th Grade	Zoo for YOU School Courtyard	Active Learning Room 1	Hebrew Café Room 2	Sacred Crafts Room 8	Ari Lesser Room 6	
5th Grade	Ari Lesser Room 6	Zoo for YOU School Courtyard	Active Learning Room 1	Hebrew Café Room 2	Sacred Crafts Room 8	
Middle School	Specially designed middle school program of Awesomeness (& snack) HNT Board Room					
High School	Specially designed high school program of Awesomeness (& snack) HNT Youth Lounge					

Rosh Hashanah Day Two

Tuesday, October 4 • 11:00 AM - 12:00 PM • Room 10/11

Join Ari Lesser, Eliyahu Krigel, and Chava Mirel for a soulful family service geared towards **1st-5th grade students and their families!** Rosh Hashanah is our time to reevaluate and return to our most authentic selves. By celebrating our many blessings together we join as one community in appreciation and worship. Students are encouraged to be accompanied by an adult and all are welcome!

L'shanah Tovah: Happy New Year!

Kol Nidre (Erev Yom Kippur)

Tuesday, October 11

• 6:30 - 7:30 PM: Kol Nidre Family Service: Forgiveness can be achieved when we ask with a full and sincere heart. Join us to begin this process of teshuva (repentance) together with a beautiful family service with Eliyahu Krigel and Ari Lesser. This age-appropriate service is geared toward **1st-5th grade students and their families.** Students are encouraged to bring an adult and all are welcome!

6:30 PM - 7:30 PM: **Middle School** Kol Nidre Experience with Danniell Nativ from the SJCC 6:30 PM - 7:30 PM: **High School** Kol Nidre Experience: Self-reflections with Irit Eliav Levin.

Yom Kippur Day

Wednesday, October 12: Our journey to find our inner voice continues!

10:00 AM - 12:30 PM: 1st-5th Grade Children's Programs. We are back to explore new ways to find our inner voice through prayer and song.

11:00 AM - 12:30 PM: Special Family Service: Calling all babies, toddlers, preschool, and Kindergarten aged students and families for this fun and interactive service led by the exceptional Michelle Younker.

11:00 AM - 12:30 PM: High School Student Program with Irit Eliav Levin in the HNT Youth Lounge.

11:00 AM - 12:30 PM: Middle School Students Program with Danniell Nativ from the SJCC in the HNT Board Room.



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6:30 - 7:30 PM: High School/USY Neilah Service with Ari Lesser

Get up close and personal with one of the greatest Jewish hip hop artists of our time to find your inner voice!

Flashlight Brigade: 7:30 PM

Children will meet in the Upper Foyer when called for the beautiful HNT tradition of the annual flashlight brigade, havdallah and final tekiah. Some flashlights and glow sticks will be provided but please bring your own as well.

Break the Fast for Shtilim Families • Wednesday, October 12 • 7:30 PM

All families in Shtilim (Saplings), our new Kindergarten through Second Grade group at HNT, are invited to the home of Amanda and Mitchell Silverstein (2441 W. Mercer Way, Lower Unit, Mercer Island) for Break the Fast.

**Yom Kippur Activities and Stations
from 10:00 AM - 12:30 PM on October 12:**

Ari Lesser: Join Ari Lesser to continue the journey of finding your inner voice. What have you learned since Rosh Hashanah and what do you hope to work on in order to be the best you can be?

Yom Kippur Art: Join our artist in residence Rabbi Sarah Rensin to create and explore on a profound level. All crafts are Yom Tov appropriate!

The Voices of Israel: Yom Kippur is the holiest day of the year and Israel is the holiest land for the Jewish people. What is the Inner Voice of Israel? This learning center will be all about getting up close and personal by exploring the land of Israel through voice, pictures, songs, stories, and movement.

Hebrew Games: Join Rachel Yedidia for Hebrew games complete with movement and excitement!

Torah Yoga: Torah is the wisdom that has guided and directed our people for centuries. Yoga is the meditative practice of utilizing movement and breath in order to develop your muscle of attention. No experience with Yoga is necessary for this uplifting experience with Shanti Krigel!





Yom Kippur Activities and Stations:

Grade	10:00 AM	10:30 AM	11:00 AM	11:30 AM	12:00 PM
Preschool/ K			Service with Singing and Stories!		
1st Grade	Sacred Crafts Room 8	Ari Lesser Room 6	Israel Voice Room 7	Hebrew Games Room 1	Torah Yoga Room 2
2nd Grade	Torah Yoga Room 2	Sacred Crafts Room 8	Ari Lesser Room 6	Israel Voice Room 7	Hebrew Games Room 1
3rd Grade	Hebrew Games Room 1	Torah Yoga Room 2	Sacred Crafts Room 8	Ari Lesser Room 6	Israel Voice Room 7
4th Grade	Israel Voice Room 7	Hebrew Games Room 1	Torah Yoga Room 2	Sacred Crafts Room 8	Ari Lesser Room 6
5th Grade	Ari Lesser Room 6	Israel Voice Room 7	Active Learning Room 1	Torah Yoga Room 2	Sacred Crafts Room 8
Middle School	Specially designed middle school program of Awesomeness				
High School	Specially designed high school program of Awesomeness				

HNT Board Room

HNT Youth Lounge

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Sukkot Day 1 Sukkah Visit : Mon., Oct.17 • 10:30 AM - 12:00 PM
For Preschool, Grades K-2, and 3rd - 5th Grades

Inviting guests and dwelling in the Sukkah is our special time to be hospitable and gracious. Join us for age-appropriate Sukkot services which will include a visit to our beautiful sukkah, the opportunity to shake the lulav and etrog, and a chance to create our own edible sukkahs! Help us welcome our honored ushpazim (guests) to our home away from **home at the HNT Sukkah.**

Sukkot Day 7 : Sun., Oct. 23 • 3:00 to 5:00 PM In the HNT Sukkah

Open Sukkah for Young Families! Meet up with all your Garinim friends (**families with infants and preschoolers**) for an afternoon of schmoozing, art projects, and light refreshments. Please register at h-nt.org/calendar

Simchat Torah Family Torah Celebration: October 24 • 7:00 PM

Join us for our colorful, songful, and festive **family-friendly** celebration. Bring the whole mishpacha (family) for an opportunity to shower the Torah with love. Hug a Torah at HNT. Don't forget to bring your dancing shoes!

Thank you to the following Morim for your dedication & support!

Ari Lesser, Eliyahu Krigel, and these wonderful High Holiday Teachers will lead groups and classes during the Haggim: Chava Mirel, Michelle Younker, Andi Neuwirth, Rachel Yedidia, Lucas Waggoner, Rabbi Sarah Rensin, Irit Eliav Levin, Shanti Krigel, Danniell Nadiv From the SJCC and Zach Snyder from CSS!



Moreh Eliyahu Krigel, CJE and Ed.D. Candidate



Moreh Eliyahu joined the HNT community last year and has truly hit the ground running. HNT is the fourth Conservative Synagogue community he has been honored to serve over the past sixteen years. He grew up in Kansas City, MO and along with a BA from Naropa University in Religious Studies, Moreh Eliyahu holds a Masters of Education from the Jewish Theological Seminary.

He is a graduate of the Mandel Teacher Educator Institute and he is on the Board of Directors of the Jewish Educators Assembly, the Conservative movement's professional network for Jewish educators. In addition, Moreh Eliyahu is a trained and certified Soulful Educator through Ayeka. Along with his work with HNT and the greater community, Moreh Eliyahu is in the process of completing his Doctorate of Jewish Education from Gratz College.

Over the past decade and a half, Moreh Eliyahu has instilled Jewish life with meaning and opportunities for self-identification, community enhancement, and relationship development. He is enthusiastic and



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passionate about transforming the teacher and student learning process into a dynamic collaboration.

Working with babies to bobbies to educate and enrich is what Moreh Eliyahu is all about. He believes interfaith and non-traditional families have an important place at the table of Jewish learning within our engaged community of life-long learners. He is a nature enthusiast, marathon runner, and an experienced percussionist who is married to Shanti Krigel with two beautiful children ages eleven and fifteen.

The Frankel Religious School

Our mission is to build a vibrant school where students actively live Jewish lives expressed through their actions and values. The Frankel Religious School creates a foundation for fostering deeper connections to Judaism, Herzl-Ner Tamid, Israel and the modern world.

We strive to foster a welcoming and enthusiastic community where all family members can find multiple ways to connect to their congregation's social and learning events, parents activities, volunteering, social action, and friendships.

Interfaith and non-traditional families have an important place at the table of learning in FRS as we engage in continuous learning from babies to bobbies.



**Weekly preschool
and regular
programming for
young families**



**Enriching informal
encounters,
leadership retreats,
and high school trips**



FRANKEL
RELIGIOUS SCHOOL
WHERE JEWISH LEARNING FLOURISHES



RELIGIOUS SCHOOL FOR PREK THROUGH 8TH GRADE

BUILDING ON PRIOR KNOWLEDGE, DEEPENING UNDERSTANDING AND EMPOWERING POSITIVE JEWISH IDENTITY

Interfaith and non-traditional families welcome

Register at: www.h-nt.org/FRS-Registration

For more information contact Elyahu Krigel, Director of Education, at:

206-232-8555 x220 or Eliyahu@h-nt.org