

5779 (2018)

HIGH HOLIDAYS

FAMILY & YOUTH PROGRAMS

YOUTH PROGRAMS AT HERZL-NER TAMID*

***Unless Otherwise Noted**



BLESSINGS *of the*

Strange & Unusual

**"Blessed are they who see beautiful things in
humble places where other people see nothing!"**

- Camille Pissarro

*(The Rebbe of the Impressionists,
Jewish Danish-French Painter, 1830-1903)*

FOR MORE INFORMATION PLEASE VISIT: H-NT.ORG

High Holidays - 5779 / 2018 HNT Family & Youth Programs

Youth high holiday programs this year will focus on exploring the hidden blessings of the strange and unusual. All living beings were created Btzelem Eloheim, in the image of God. When we focus on life being a blessing, we are optimistically moving to a place of thankfulness and gratitude. Blessings in our tradition help us symbolically press the pause button and slow down. We are encouraged to say over 100 blessings a day. Blessings remind us of the abundance in our lives so we can fully appreciate our actions and behaviors.

The strange and unusual are often shunned and cast aside. When regarding animals or people, many times we avoid the strange and unusual because we don't understand their significance. How is the stranger supposed to be treated in our tradition? Why is there a specific blessing to recite when we see a strange and unusual creature? What can we learn from our tradition that will help reinforce the idea of welcoming the stranger into our midst in a sacred way? What can the strange and unusual teach us?

Earth, air, fire and water all represent both challenges and opportunities. In a similar way, even though the porcupine, vulture, scorpion and snake are indeed strange and unusual, they all have beneficial characteristics. By seeing past the strange and unusual surface we can begin to uncover the hidden blessing within. We will explore these concepts and more together throughout the youth program during the high holidays as we take a journey together down a strange, unusual and sacred path!

We are thrilled to welcome Rabbi Miriam Green to our community as our new Assistant Rabbi / Rabbi for Community Engagement. Regarding youth programming, Rabbi Green will be working with the middle and high school students during the high holidays.

For more information about youth or teen programming at HNT, please contact Dr. Eliyahu Krigel, Director of Education, at elياهو@h-nt.org, 206-232-8555 x220, or 425-559-3739.



Connecting with our friends and trying our best is what FRS is all about!



Jewish New Year's Rockin' Eve for Young Families

**Sunday, September 9 • 10:00 AM - 11:00 AM •
Room 10/11 - Featuring Chava Mirel!**

Join us for a New Year's celebration with spirit and joy. Our service will weave music, stories and t'fillah together to enliven and enrich your experience. We will honor our accomplishments of this past year and look ahead to a future filled with hope and community. Parents/guardians are encouraged to stay with their children for this joyous family worship experience. Everyone is welcome!



Calling all young students to join Pre-Gan (Pre-Kindergarten) every Sunday FRS is in session during the year!

Rosh Hashanah Day 1

Monday, September 10: Blessings of the Strange and Unusual

10:00 AM - 12:30 PM: 1st - 5th Grade

Join us for age-appropriate youth programming as we rotate according to the program descriptions and schedule on pages 4 & 5.

10:30 AM - 12:30 PM: Separate Middle School & High School Programs

Join us for gripping discussions, out of the box prayer experiences, snacks and more in the board room (middle school) and youth lounge (high school).

LOCATED AT THE SJCC -- PLEASE NOTE NEW LOCATION

11:00 AM - 12:30 PM: Special Family Service (K & under) at the SJCC

Calling all families with babies, toddlers, preschool and Kindergarten aged students: Join us for this fun and interactive service at the SJCC.

12:45 PM - 1:00 PM: Family Tashlich Service at Wittenberg Waterfront park

All youth & parents/guardians are invited by the water after the morning program for Tashlich.

Rosh Hashanah Day 1 Activities & Stations

Monday, September 10 • 10:00 AM – 12:30 PM

Sacred Crafts: Create and explore using your artistic ability to express yourself. All crafts are Yom Tov appropriate!

Zoo for YOU Cuddly Addition: The mitzvah of *Tza'ar Ba'alei Chayim* teaches us we are meant to care for all creatures on earth. We must take animal suffering seriously. During this fun petting zoo, pet furry creatures on a touch table and appreciate the blessing of life! Thank you to *Animal Encounters* for this special opportunity to celebrate the miracle of life!

Weird Animals: Join Animal Encounters for their special Zoo for YOU program with a special twist focusing on strange and unusual animals. What is the special blessing we recite when we see an unusual animal or creature? This informative presentation will have some hands-on interaction! Weird animals in this rotation will include an African pygmy hedgehog, a blue tongued skink, a Brazilian rainbow boa, a Giant Tanzanian cave spider, Madagascar hissing cockroaches and a giant vinegaroon. We will also have an opportunity see and touch (but not hold) a chinchilla, the world's softest animal.

Active Learning: Active learning games complete with Hebrew and movement!

An Unusual Café: Celebrate the birthday of the world with a birthday cake, yummy nosh and opportunity to bond with friends. During the unusual café, we will also explore strange and unusual stories regarding the peculiar and inspiring life of Eliyahu Hanavi, or Elijah the Prophet. Can you hear the still small voice? Strange and unusual stories will be used and acted out to explore and uncover the inner hidden blessings within.



Welcome to Rabbi Miriam Green, our new Assistant Rabbi / Rabbi for Community Engagement.

Rosh Hashanah Day 1 Activities and Stations:

Grade	10:00 AM	10:30 AM	11:00 AM	11:30 AM	12:00 PM	12:45 PM	
Preschool/ K			Service with Singing, Stories & Sweetness! <i>SICC (adults must stay with their child)</i>			Family Tashlich Ceremony by the Wittenberg Waterfront park	
1 st Grade	Sacred Crafts Room 8	Weird Animals Room 6	Zoo for YOU Cuddly School Courtyard	Active Learning Room 1	Unusual Café Room 2		
2 nd Grade	Weird Animals Room 6	Unusual Café Room 2	Sacred Crafts Room 8	Zoo for YOU Cuddly School Courtyard	Active Learning Room 1		
3 rd Grade	Active Learning Room 1	Sacred Crafts Room 8	Zoo for YOU Cuddly School Courtyard	Weird Animals Room 6	Unusual Café Room 2		
4 th Grade	Zoo for YOU Cuddly School Courtyard	Active Learning Room 1	Weird Animals Room 6	Unusual Café Room 2	Sacred Crafts Room 8		
5 th Grade	Weird Animals Room 6	Zoo for YOU Cuddly School Courtyard	Active Learning Room 1	Sacred Crafts Room 8	Unusual Café Room 2		
Middle School		Specially designed middle school program (& snack) HNT Board Room					
High School		Specially designed high school program (& snack) HNT Youth Lounge					



L'shanah Tovah: Happy New Year!

Rosh Hashanah Day 2 Family Service

Tuesday, September 11 • 11:00 AM - 12:00 PM

• Room 10/11

With Special Guest Chava Mirel!

Join us for a soulful family service geared towards 1st-5th grade students and their families! Rosh Hashanah is our time to reevaluate and return to our most authentic selves. By celebrating our many blessings together, we join as one community in appreciation and worship. Adults are encouraged to accompany kids and all are welcome!

Kol Nidre (Erev Yom Kippur)

Tuesday, September 18

6:30 PM - 7:30 PM: Kol Nidre Family Service

Forgiveness can be achieved when we ask with a full and sincere heart. Join us to begin this process of teshuva (repentance) together at a family service. This age-appropriate service is geared toward 1st-5th grade students and their families. Students are encouraged to come with an adult and all are welcome!

6:30 PM - 7:30 PM: Middle School Kol Nidre Experience

Self-reflections and thoughtful discussions.

6:30 PM - 7:30 PM: High School Kol Nidre Experience

Looking inward and a time to pause.



Thank you to Cantor Kurland for sharing your knowledge and wisdom with our FRS students throughout the year.



Yom Kippur Day

Wednesday, September 19

Our journey to investigate the blessings of the strange and unusual continues!

10:00 AM - 12:30 PM: 1st-5th Grade Children's Programs

We are back to explore new ways to understand and experience the hidden blessings of the strange and unusual through learning, experience and prayer. We will rotate according to the program descriptions and schedule on pages 8 & 9.

LOCATED AT THE SJCC - PLEASE NOTE NEW LOCATION

11:00 AM - 12:30 PM: Special Family Service (K & under) at the SJCC

Calling all families with babies, toddlers, preschool and Kindergarten aged students for this fun and interactive service located at the SJCC.

11:00 AM - 12:30 PM: Middle School Students Program

HNT Board Room.

11:00 AM - 12:30 PM: High School Student Program

HNT Youth Lounge.

6:30 PM - 7:30 PM: High School/USY Neilah Service

Join our growing USY group as we experience the last moments of Yom Kippur together in the HNT youth lounge.

7:30 PM: Flashlight Brigade

Youth and families will meet in the Upper Foyer when called for the HNT tradition of the annual flashlight brigade, havdalah and final tekiah. Some flashlights and glow sticks will be provided but please bring your own as well.



Mazal Tov to the new USY Seattle Achim chapter board! For more information about USY, please contact our Youth Director Michaela Covner at mcovner@uscj.org.



Yom Kippur Activities and Stations:

Grade	10:00 AM	10:30 AM	11:00 AM	11:30 AM	12:00 PM
Pre-school/ K			Service with Singing and Stories! SJCC (adults must stay with their child)		
1 st Grade	Sacred Crafts Room 8	Inquiry Room Room 6	Blessing of Israel Room 4	Hebrew Games Room 1	Full Heart Room 2
2 nd Grade	Full Heart Room 2	Sacred Crafts Room 8	Inquiry Room Room 6	Blessing of Israel Room 4	Hebrew Games Room 1
3 rd Grade	Hebrew Games Room 1	Full Heart Room 2	Sacred Crafts Room 8	Inquiry Room Room 6	Blessing of Israel Room 4
4 th Grade	Blessing of Israel Room 4	Hebrew Games Room 1	Full Heart Room 2	Sacred Crafts Room 8	Inquiry Room Room 6
5 th Grade	Inquiry Room Room 6	Blessing of Israel Room 4	Hebrew Games Room 1	Full Heart Room 2	Sacred Crafts Room 8
Middle School	Specially designed middle school program of awesomeness HNT Board Room				
High School	Specially designed high school program of awesomeness HNT Youth Lounge				

Yom Kippur Day Activities & Stations

Wednesday, September 19 • 10:00 AM – 12:30 PM

Inquiry Room: What have you learned since Rosh Hashanah and what do you hope to work on in order to be the best you can be?

Yom Kippur Art & Sacred Crafts: Use your hands and an open heart to create with passion and joy. All crafts are Yom Tov appropriate!

The Blessing of Israel: Yom Kippur is the holiest day of the year and Israel is the holiest land for the Jewish people. What are the unusual places in Israel? How is the stranger treated in Israel? Thank you to the Jewish National Fund and Alissa Hartnig for this learning opportunity.

Hebrew Games: Play games with movement and excitement.

Praying with Intention: Yom Kippur is our opportunity to reevaluate the way we live. What does that mean to you on a personal level? Join this track for a discussion and prayer service based around the important themes of Teshuva (Repentance), Tzedakah (Sacred Giving) and T'fillah (Prayer).



Masa students on their trip last year to LA. Join 8th -12th grade students this year April 7-11 in Philadelphia and Washington, D.C. Thank you Gwenn and Dean Polik for supporting this trip and once a month learning experience.

The Strange & Unusual

Sukkot Day 1

Sukkah Visit: Monday, September 24 • 10:30 AM - 12:00 PM
For Preschool, Grades K-2, and 3rd - 5th Grades

Inviting guests and dwelling in the Sukkah is our special time to be hospitable and gracious. Join us for age-appropriate Sukkot services which will include a visit to our beautiful sukkah, the opportunity to shake the lulav and etrog and a chance to create our own edible sukkahs! Help welcome our honored ushpazim (guests) to our home away from home at the HNT Sukkah.

Hoshanah Rabbah

Sukkah Open Sukkah for Young Families!

Sunday, September 30 • 3:00 to 5:00 PM In the HNT

Meet up with all your Garinim friends (families with infants and preschoolers) for an afternoon of schmoozing, art projects and light refreshments.

Simchat Torah

Family Torah Celebration and Third Grade Consecration

October 1 • 7:00 PM

with Special Guest Chava Mirel!

Join us for our colorful, spirited and festive family-friendly celebration. Bring the whole mishpacha (family) for an opportunity to shower the Torah with love. Hug a Torah at HNT. Don't forget to bring your dancing shoes! Third graders will have Consecration that night and will be collectively called up to the Torah as a group to honor their transition to midweek Hebrew school.



Parents take an active role in learning at FRS.

Thank you to Rabbi Rosenbaum for teaching FRS parents throughout the year.



Dr. Eliyahu Krigel, CJE (Conservative Jewish Educator)

Dr. Krigel joined the HNT community in 2015 and has truly hit the ground running. HNT is the fourth Conservative Synagogue community he has been honored to serve over the past eighteen years. He grew up in Kansas City, MO and along with a BA from Naropa University in Religious Studies,

Dr. Krigel holds a Masters of Education from the Jewish Theological Seminary and a Doctorate in Jewish Education from Gratz College. Dr. Krigel is currently a rabbinical student at the Academy for Jewish Religion in California.

He is a graduate of the Mandel Teacher Educator Institute and he is on the board of directors of the Jewish Educators Assembly, the Conservative movement's professional network for Jewish educators. In addition, Dr. Krigel is a trained and certified Soulful Educator through Ayeka.

Dr. Krigel instills Jewish life with meaning and opportunities for self-identification, community enhancement and relationship development. He is enthusiastic and passionate about transforming the teacher and student learning process into a dynamic collaboration.

Working to educate and enrich is what Dr. Krigel is all about. He is a nature enthusiast, marathon runner and an experienced percussionist. He is married to Shanti Krigel. Shanti is a therapist at JFS in Seattle. They have two children ages thirteen and seventeen.

Dr. Eliyahu Krigel, CJE - Director of Education - eliyahu@h-nt.org - 206-232-8555 x220

Mission Statement

Our mission is to build a vibrant school where students actively live Jewish lives expressed through their actions and values. The Frankel Religious School creates a foundation for fostering deeper connections to Judaism, Herzl-Ner Tamid, Israel and the modern world. We strive to provide a welcoming and enthusiastic community where all family members can find multiple ways to connect. Interfaith and non-traditional families have an important place at the table of learning in FRS as we engage in continuous learning from babies to bobbies.



FRS students in Kindergarten through first grade last year at the Kline Galland Home in Seattle on their annual a spring holiday concert.

**Weekly
preschool & regular
programming for
young families**



**Enriching
informal encounters,
leadership retreats and
high school trips**

HEBREW SCHOOL FOR PRE-K THROUGH 8TH GRADE

Building on prior knowledge, deepening understanding & empowering positive Jewish identity *Interfaith and non-traditional families welcome*



FRANKEL
RELIGIOUS SCHOOL
WHERE JEWISH LEARNING FLOURISHES



Register at: h-nt.org/FRS-Registration

For more information contact Director of Education, Dr. Eliyahu Krigel CJE at:
206-232-8555 x220 or Eliyahu@h-nt.org