

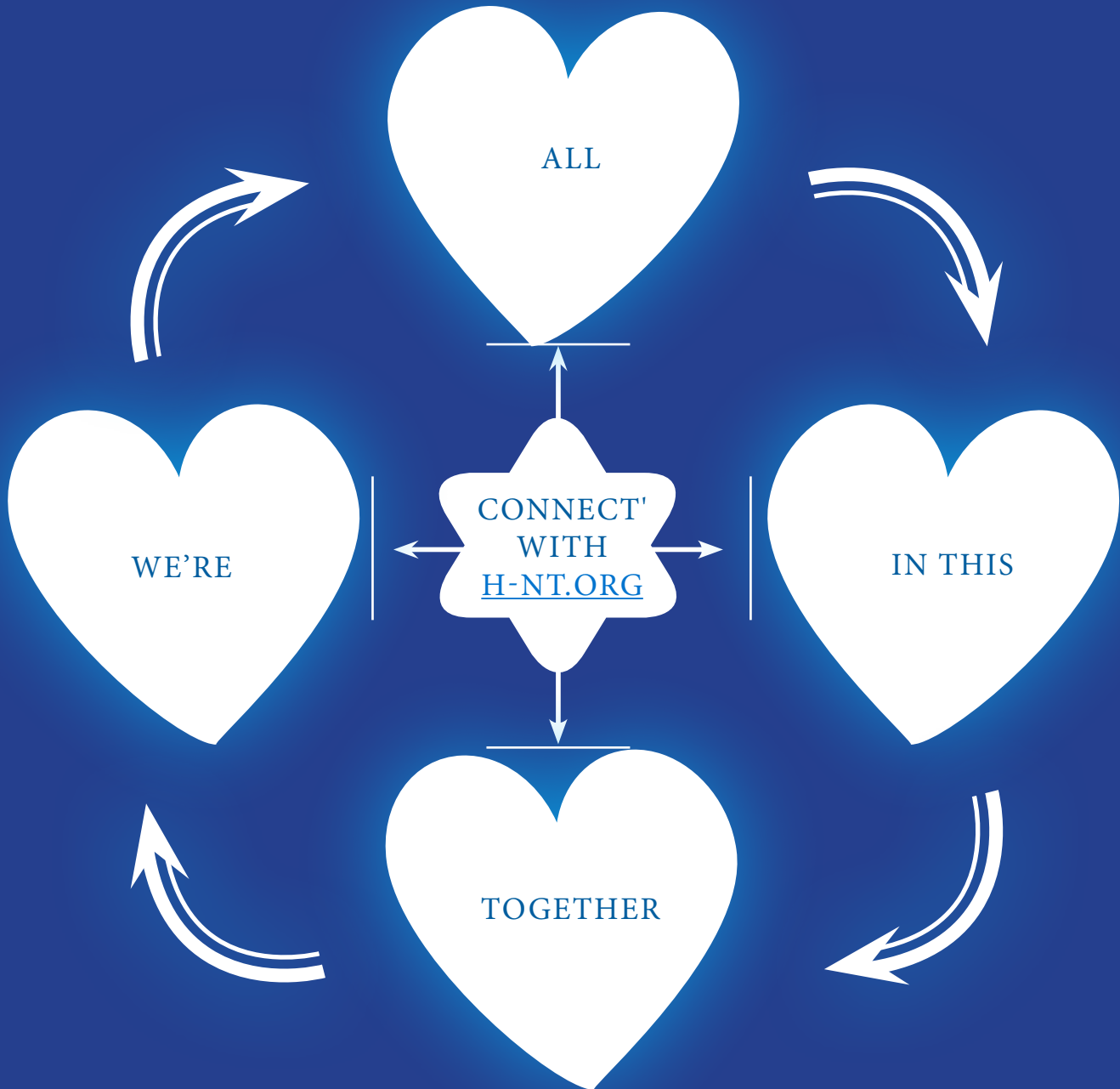
(((HaKol)))

3700 E. Mercer Way
Mercer Island, WA
98040

May 2020

HaKol is the newsletter of Herzl-Ner Tamid

Iyar / Sivan 5780



stay safe

Stay Home • Stay Healthy • Save Lives

You are invited

ANNUAL eMEETING 2020

Wednesday, May 6

at 7:00 PM

Join us for a Financial and Budget Report
presentation, a presentation of the
Slate of Officers and a

Message to the Congregation from incoming
HNT Senior Rabbi - Rabbi Jacob Herber

VOTING PROCESS:

**The voting process is by Absentee Voting
through this link only:**

<https://hnt.wufoo.com/forms/2020-annual-emeeting-ballot>

Each adult member (24+) is granted one vote per ballot item.
Each form entry is ONE person's vote. If there are two people
in the household who are voting, you should submit a second entry.

Please see page 16 for the slate of officers, a link to the budget information,
and information on how to participate in the virtual meeting.

A MESSAGE FROM INTERIM RABBI, RAV BARRY LEFF



The Passover holiday we celebrated last month is all about freedom, and we're deep into Spring, the season of renewal. Yet our lives remain very restricted, and renewal seems a ways off yet as we continue to struggle with the impact of the coronavirus.

We're in the midst of a period on the Jewish calendar known as the Sefirah, sefirat haomer, the counting of the Omer, a 49-day long period between Passover and Shavuot. The Sefirah connects the holiday that granted us freedom, Passover, with the holiday that celebrates the reason God gave us freedom – Shavuot when we commemorate receiving the Torah.

Traditionally the Sefirah was considered a time of semi-mourning, with a ban on weddings and festive gatherings and many adding other mourning restrictions as well, such as not listening to instrumental music or getting haircuts.

Following mourning rituals during the Sefirah is a relatively recent custom; it's not mentioned in the Talmud. The earliest reference is from the 7th century, and at that time the only restriction was on weddings. It seems during the Middle Ages the custom became more widespread.

The reason given for this period being a time of mourning is a story in the Talmud that says 24,000 students of Rabbi Akiva died from a plague during this time period. We now find ourselves observing many of the restrictions of the Sefirah whether we want to or not, because of a plague that has broken out in our days. We're not having festive gatherings, and we're not listening to live instrumental music, and we can't go out for a haircut.

In the Conservative community we mostly don't follow the custom of mourning during the Sefirah. Some years ago the halachic authorities in the movement passed a paper saying the only time we should take on the mourning customs is the weekend before the 28th of Nisan, connecting it to Yom HaShoah, Holocaust Remembrance Day, on the 27th of Nisan (this year it was on April 21st). In light of the fact that the original custom was on shaky grounds to start with, and we also have reason to be joyful during this season with the founding of the state of Israel (celebrated on the 5th of Iyar, Yom Ha'Atzmaut), we do not need to observe a lengthy period as a time of mourning. Others observe some of the restrictions, but only until Lag b'Omer, the 33rd day of the Sefirah.

We as a community have adapted to the changed world as well as can be expected. Our virtual services and classes are well-attended. Everyone, staff and laypeople, has stepped up to help those in our community who need assistance or who are isolated.

On May 2nd we will celebrate our first Bat Mitzvah under stay-at-home orders. We will celebrate Shavuot with a "virtual Tikkun Leil Shavuot," an online learning session on the eve of Shavuot (Thursday, May 28).

On April 29, Rabbi Rosenbaum and I will kick off a six-session mini-course "Together and Apart: Understanding the Relationship between Israeli and American Jewry." Details on Page 4.

Stay healthy, stay safe, and I hope to see you soon, on Zoom if not in person!

Rav Barry

SHAVUOT LEARNING AND SERVICES

This year we will have an online Tikun Leil Shavuot, night of study on Shavuot. Watch your email for more information on the roster of sessions.

- Thursday, May 28, 2020. 8:00 PM

We'll start with Ma'ariv (the evening service) which will take about 15 minutes, and continue learning until 10:30 PM or 11:00 PM.

- Friday, May 29, 2020. 9:30 AM - Shavuot Day 1 service
- Saturday, May 30, 2020. 9:30 AM - Shavuot Day 2 service, Yizkor

VIRTUAL RYE & RASHI COCKTAIL HOUR

Thursday, May 14, 5:30 PM

Rav Barry will share his favorite commentaries from Rashi while sipping rye. You're welcome to join with whatever libation, alcoholic or non, that is your pleasure.

A little bit of learning followed by some time to socialize with your HNT community on Zoom:

<https://us02web.zoom.us/j/81565266195>



TOGETHER & APART

Understanding the Relationship between Israeli and American Jewry
Taught virtually by Rabbi Barry Leff and Rabbi Jay Rosenbaum

Each class will run 90 minutes from 12:00 PM - 1:30 PM

This Hartman course understands the challenge to Jewish unity today as the move from being a people with no permanent home to one with two permanent homes, Israel and North America. Through video lectures, interviews, and textual sources, this curriculum examines the forces dividing Israeli and American Jewry today, including nationalism, antisemitism, and identity politics; and, it imagines new conceptual frameworks that can help sustain and grow the story of our people for a new millennium.

Each class will run 90 minutes from 12:00 PM - 1:30 PM.

When you register for the class, you will be given a password that gives you access to the Hartman videos and source material.

For each class, we will ask you to watch the main 30-minute Hartman video lecture in advance.

During class we will review and discuss the lecture, watch a Hartman interview based on the lecture and discuss the video together.

Please register with this link:

<https://hnt.wufoo.com/forms/together-and-apart/>

Session 1 – From No Home to Two Homes • April 29, 2020

Session 2 – Universalism and Particularism • May 6, 2020

Session 3 – Antisemitism and Anti-Zionism • May 13, 2020

Session 4 – “What’s Good for the Jews?” Identity Politics in North America • May 20, 2020

Session 5 – From Family to Consumer • May 27, 2020

Session 6 – At-Homeness • June 3, 2020

For more information about the course, contact:

Rav Barry (ravbarry@h-nt.org) or

Rabbi Rosenbaum (rabbirosenbaum@h-nt.org)

MESSAGE FROM ZANE BROWN JR.

PRESIDENT, HERZL-NER TAMID

LAST MONTH AS HNT PRESIDENT TO FIRST MONTH AS IMMEDIATE PAST PRESIDENT

The world has changed in every imaginable way. The way we work, the way we socialize and gather, and of course the many ways we find to learn, pray, celebrate, and even grieve. Shopping is a hunting and gathering exercise, communicating mandates stretching our technological muscles and humor, song, art and theatre have suddenly reached all of us in our respective homes.

What has not changed is our need for community, our ability to respond to the greater good, and our desire to respond compassionately when we see need. What has also not changed are the ways our synagogue community can still be the platform upon which we can connect, learn, pray, and do good. From our online school, adult education, and religious services to our Tele-Mensch calling program, Passover Seder-in-a-Box and HaMotzi To-Go meals (see page 6) together with you we are navigating this new landscape for the long term.

Our synagogue has thrived and served its congregants and greater Seattle community through multiple global wars and 'conflicts,' the Great Depression and the Great Recession, the rise and fall and rise again of technology giants. And like those who came before us, we must continue to prioritize and

support this strong Jewish institution so that it may serve as a center of gravity for what nurtures our hearts, minds, and souls as well as providing for many the support so needed now.

As my term ends, I pass the gavel to Ilyse Wagner, our incoming synagogue President. I do so with appreciation for the many wonderful people with whom I have served in our congregation, on the board, through the Community Campus project, and in the greater community. Before this crisis and as we experience it, I'm humbled by the sincerity, passion, and generosity of so many of you. I've been supported by an amazing staff and inspired by our clergy. I leave this position in good hands to Ilyse, a lifelong member and leader not only at HNT but in the greater community. She brings to the task a role model in her mother, Pauline Reiter z'l, who honored us as our first female HNT president.

As I write this, I know many are suffering either due to health concerns or just in absorbing the pain of others struggling during this time. Please reach out to our clergy and staff. Let us be a support to you. Now is just the right time to remember that we can draw strength from one another, and that your synagogue family can continue to bring light and hope into each of our lives.

Thank You FRONTLINERS

Do you know front-line workers connected to our congregation?
Please email their names to Ashley@h-nt.org so we can thank them in the next HaKol!



A MESSAGE FROM NADINE STRAUSS, EXECUTIVE DIRECTOR OF HNT

For a while, like many of you I'm sure, I felt like I was constantly holding my breath, anxiously waiting for the next development in this health crisis each of us is experiencing. Waking each day, reading about the human costs, the warnings, and the pleas to stay home and stay safe, have taken their toll on everyone, each in our own way. This is a news cycle one cannot 'turn off' as one's life and the lives of others truly depend on our knowledge, compliance, patience and humility.

So, like many of you, I realized I could not continue to just hold my breath and wait and see. I needed to take back some control over this virus that has invaded, in such a brief time, everything we have come to understand as everyday living, and in fact living life at all has taken on new dimensions and urgency.

And, like many of you fortunate enough to be able to work from home, so too has our HNT staff decamped to our kitchens and dining rooms to serve our congregational family and seek ways to contribute to the needs of our community. Some of our efforts are in the HaKol section entitled 'Reaching Out and Reaching In' which also discusses some of our endeavors moving forward. Most heartwarming has been the outpouring of support to help keep us all connected via phone or email with 60 congregants and friends of the congregation calling each member to check in, say hello, form a new connection in this new reality in which we find ourselves. Please add to these efforts by sending me your ideas of how to maintain and enhance not only our connectiveness but also by reaching out to those more in need.

However, there is one area that has proved most challenging. In my many briefings with the Health Department and other

sources, there is a pervading theme; stay home as much as possible especially if you are in the risk group no matter how fit you are. It may save your life for sure but as importantly it may contain the spread. There is a desire among many faith groups to unify on that position but report the difficulty in convincing people to accept help from those not in the risk group. That's where the humility piece comes into play.

HNT has volunteers willing to shop for groceries or pick up essential items for you. For the first time in my 31-year tenure here at HNT, I signed up for the service we were offering. It wasn't comfortable to ask for help and to do so in my place of work. Brandy Moss kindly volunteered to be my shopping buddy which meant that she would check in with me to see if I needed anything at wherever she was going be at the grocery or pharmacy etc.... At first I said no – I was embarrassed and my independent spirit was too proud – until I realized that me going into a public space might endanger a doctor in an overcrowded ER, take up a space where someone who did not have a choice might land and generally prolong this national agony.

This is the moment to be humble and realize that asking for help may save lives beyond our own. But please, give help where you can – take some control over this virus – make ‘Tele-Mensch’ welfare phone calls and let us know what folks report, donate blood if able, contribute money or goods to the vulnerable and continue to support HNT so we can fulfill our mission especially in this moment, when our Jewish home is providing a platform for how to eat, pray, learn and live out our Jewish values in real time.

Stay safe, stay healthy, save lives. This is our superpower to beat back this virus.



A NEW SERIES: PERSONAL PERSPECTIVES ON LIFE DURING THE PANDEMIC

A Message from Guest Writer Debra Mailman

Yes - Sometimes It Is My Turn To Accept Support



I confess – simply writing that headline is anxiety producing. I need to see myself as strong, capable, and competent, even when everything clearly indicates that I require support. But these words set up a false dichotomy – painting the need for support as weakness. It is a lifelong struggle for me – that this Covid-19 crisis has brought into sharp focus.

So, another confession – I lied to my daughter Hannah, and she rightfully took me to task. When things got bad in Seattle, I decided to shelter in Portland, Maine, where Hannah's a medical resident. I decided to quarantine myself in an Airbnb upon arrival. But, after I arrived, I started to feel sick, and hid it from her. "I'm good, no need to worry her." You get the picture. Fast forward – the truth came out, she immediately helped me get tested (negative, thankfully), but the fall-out was completely unexpected. Instead of embracing Hannah's support, (and considerable skill), I effectively disempowered her, and the rejection was real and hurtful.

I am guessing you can relate to similar situations. But I am suggesting this does not have to be how we face the Coronavirus crisis. Not as Jews, not as an HNT community, (and lesson learned...), not with our families.

Let's go back in time. Hannah's probably eight, maybe nine. I'm subbing for the JDS adult softball team (not a good idea at baseline). I trip over first base – and when the dust settles, I've broken my nose, wrist, ankle, and fingers on the wrist I didn't break. Try hiding that damage; as a single mom, my options were non-existent. The community, (MY community,) didn't break stride. Hannah came home every night from JCC summer camp with a box of home-cooked meals. I hated it – and Hannah loved it. The food and support just

kept coming. Reluctantly, but ultimately, through her eyes I learned the art of allowing others to support me. That receiving is a powerful gift, one that needs to be modelled for our children. Sometimes, giving up control creates an opportunity for your community to feel needed, connected, and valued.

I'm going to repeat that: *Sometimes, (especially when you least want to do so), giving up control, and embracing support create an opportunity for your community to feel needed, connected and valued.*

I will leave you with one final example of how giving and receiving builds a world-wide chain of strength when you feel least empowered. After Hurricane Harvey, I headed to Houston to volunteer with Houston JFS. I called folks offering services – and unsurprisingly often heard, "Someone else needs this help more than we do." I'd recap what I knew to be their losses – apartment, furniture, car, job – and we'd (finally) agree that there'd be a time for them to help in return. For my part, I was in Houston courtesy of my high school friend, Tina, who lent me her spare bedroom, (and spare sports car – which is a story for another time...) for three months. She listened every night and poured the wine while I sobbed over the day's injustices. (Note to self: you're not cut out for social work). It was a gift I was convinced I'd never get to return.

But – not so fast. Turns out, in the wake of the pandemic, I have just that opportunity to pay it forward. A phone call – friends have South African family coming off a cruise ship, needing quarantine, with South Africa's borders closed. Exhausted, frightened, and uncertain next steps. Is my condo available? OMG! Right now, I feel I've got nothing to offer anyone, (no offense – but, hunkering down in Maine is not the same as hanging out in Seattle). Are you kidding? If all I can offer are my house keys, a bed that doesn't rock, and all the toilet paper you could ever want – you have no idea what a favor you're doing for me. I've been given the gift of empowerment, and yes, a sense of control in this chaotic world.

And so, please consider this: When your friends, your family, or the HNT community offer you support – build on this world-wide chain of support and do a bigger mitzvah than you realize – *say YES.*

REACHING IN & REACHING OUT

For the past two months of the COVID-19 pandemic, our HNT family has been working intensely to find new ways to be there for each other, even when we can't physically *be there*. Those receiving support have felt impact of many 'mitzvah acts,' and the volunteers lending a hand (or five) have felt it a labor of love and soup for the soul. Here is a snapshot of some of the ways we have been reaching in and reaching out – *and* how we will be reaching onward.

Reaching In:

- 90 members filled out our Needs Assessment with ways they'd like to receive support and offer support to others. The results of this survey have fueled many of the efforts below.
- 50 seders-to-go provided 100 people with the needed ritual items and traditional dishes for their own Zoom seder.



- Generous donors fully covered the cost difference for seders which were subsidized or given away to those in need. Todah rabbah to: Ruth & Mike Bovarnick, Marvin & Lisa Brashem, Marilyn Corets & Adam Mihlstin, Efrem & Linda Krisher, Mindy & David Landsman, Lauren & Will Leahy, Beth Lippman, Rita & Bob Lowy, Bill Mowat, Pat & Nolan Newman, Mimi & Jeff Rubenstein, Craig Weinstein, Joanne Werner, Gail Wiener, and Judy & Jeff Ziedman.
- 10 volunteer drivers made deliveries of groceries, prescriptions, seders, and Passover goods to 24 households through mid-April. Todah rabbah: Nevet Basker, Bonnie Cape, Zach Cooper & Jenna Schweizer, Marilyn Corets, Jonathan Langman, Boaz Malakoff, Dan Mintz, Brandy Moss, and Kindra Perkins.
- Several 'Zoom Expert' volunteers have worked with those of us who were new to the technology, enabling more face to face connections from a distance.

- Over 60 Tele-Mensches have been making calls on a regular basis to members in the high-risk group. We are looking for even more volunteers to help us expand to the entire congregation (see Reaching Onward below). Todah rabbah to: Michael Adler, Polly Amkraut, Norene Arnold, Bettie Baroh, Davida Bilgrad, Phil Chanen, Lainey Christman, Marilyn Corets, Ettie Davis, Susan Edelheit, Tracy Fishman, Barbara Goldberg, Larry Granat, Sheynan Graves, Ellie Halevy, Louise Irving, Kellie Israel, Linda Jacobs, Sheri Kittay, Linda & Efrem Krisher, Barbara Lahav, Adena Levi, Mindy Landsman, Beth Lippman, John Livingston, Rachel Lockhart, Rita Lowy, Ann Meisner, Dan Mintz, Sara McGregor, Nancy Morse, Al Moss, Brandy Moss, Sharon Mossman, Judy Neuman, Geri & Sam Newson, Aileen Okrent, Alan Peizer, Faye Plum, Robin Rogel-Goldstein, Moises Saul, Judy Schwarz, Barbara Sherer, Sue Solomon, Dafna Tarlowe, Tina Vinnick, Ilyse Wagner, Craig Walker, Judy Weiser, Gail Wiener, Judi & Alan Wilensky, and Robert Wilkes.

- Orders have been rolling in for 'Motzi To-Go' meals for Shabbat and Yom Ha'atzmaut in April (see Reaching Onward below for May meals). In addition to feeding our community – offering one less meal to plan for anyone who wants, along with subsidized pricing for those in need – we are supporting our caterers who have all seen a sharp drop in business.

Reaching Out:

- Last month, the Social Action – Social Justice Committee allocated \$16,000 of the 2019 Social Action Appeal funds in grants to our partner organizations: Congregations for the Homeless, Leschi Elementary School, Sophia's Way, and Jewish Family Service. With the COVID-19 outbreak creating such a large humanitarian need in the area, funds were made available for emergency relief, as well as for project-based requests.
- Linda Krisher, head of our Leschi Elementary tutoring program, coordinated donors sending grocery and gas gift cards for Leschi families in need. To date, generous donors have sent \$400.
- For the second month in a row, Nathalie Bentov and family have made dinner in their kitchen at home to drop off and feed 80 teens at Teen Feed and ROOTS young adult shelter. They do so with a delighted, light-hearted kindness that we can all aspire toward.

Reaching Onward:

Tele-Mensches

Help us keep in touch with the entire congregation! Email Ashley@h-nt.org or leave a message at: 206-232-8555x208 with your name and the number of calls you'd like to make each week. These calls enable us to continue supporting our congregational family through this ever-unfolding situation, both connecting members to offered services and learning what new services there is a need to develop.



Yom Ha'atzmaut HaMotzi To-Go Meal, Catered by Eli Lahav

HaMotzi To-Go – May Dinners Open for Ordering

Celebrate Shabbat on May 8, 15, 22 and Shavuot on May 28 with festive meals that *you* don't need to prepare! These meals support our caterers who serve us year-round and are proving popular. We appreciate your ordering early so we can meet the need. Place your order at:

<https://h-nt.org/may-meals> .

Grateful appreciation to the Alfred and Tillie Shemanski Trust Fund and many donors for subsidizing meals for those in need.

B'tayavon: My Kitchen to Your Table

Managing this crisis has been especially challenging for families who balance parents working from home, home-schooling their kids, providing all the 'after school' entertainments and still needing to prepare healthful meals that satisfy the whole family. We at HNT want to help by matching each interested family with a volunteer "B'tayavon Buddy" who will provide a meal 2-3 times in the next month. One less night, one less hassle. Interested families and B'tayavon Buddies can sign up at h-nt.org/kitchen.

Social Action Opportunities Supporting our Larger Community

Three-Day Hygiene/Toiletry Drive for the Refugees through Jewish Family Service: May 20-22

We are collecting the items below, which cannot be purchased with food stamps, for an intensive three-day drive supporting the critical needs of the refugee community. Unemployment among refugee families has skyrocketed and JFS is trying to fill the needs for almost 60 families, a six-fold increase from what is typical. Please drop off a bag or two of items in the bin outside the Lower Foyer doors. If you are picking up a HaMotzi To-Go meal that day, bag items in your trunk and email Rebecca@h-nt.org so we know to grab them. We are collecting:

- Full sized shampoo & conditioner
- Liquid hand soap & bar soap
- Liquid laundry detergent (small or medium sized)
- Toothpaste & toothbrushes
- Paper towels
- Toilet paper
- General cleaning spray
- Liquid dish soap
- Sanitary napkins/maxi pads (no tampons please)
- Sponges
- Dish rags/towels

Teen Feed: Help from Home

Teen Feed is in need of warm clothing and portable snacks to keep young people nourished and warm. Visit their Amazon Wish List at:

https://smile.amazon.com/hz/charitylist/ls/XF6KZKVP061O/ref=smi_ext_lnk_lcl_cl

Congregations for the Homeless

In addition to their regular needs, the shelter has reached out to request the items below to see them through this crisis. Please drop off donations to CrossFit Amped 399 114th Ave NE, Bellevue, where you'll see the CFH Donation Area sign:

- Toilet Paper
- C-fold/Tri-Fold paper towels
- Hand soap (Pump or large refill bottles)
- Hand sanitizer
- Hand Lotion (Pump style bottle is preferred)
- Non-perishable foods (noodles, ramen, rice, canned food, soup, etc.)
- Bandanas
- Rain Ponchos
- Safety Goggles (These can be sourced from garage, sheds, etc; do not have to be "new")
- Masks – N95, Medical
- Towels (These can be gently used but cannot be stained)

A MESSAGE FROM DIRECTOR OF EDUCATION, DR. ELIYAHU KRIGEL, CJE



In this unprecedented time of transition and change we are all facing because of Covid-19, now is the time to consciously press the pause button and slow down. Shabbat is our opportunity each week to pause and to reflect. We cease to work during Shabbat so we have the possibility of gaining greater clarity when we

begin to work after Shabbat. Once we mark the conclusion of Shabbat with Havdalah which means separation, we can start fresh with a clean slate. When we engage in Havdalah as a family, we can reflect on the difference between chol (ordinary) and kodesh (holy). The mundane and the sacred need the other to assist with definition and boundary. The ordinary becomes extraordinary when we bring intention and meaning into our actions. Modifying the ordinary into the extraordinary is challenging in this period of physical distancing. The boundary between average and holy is blurred in this time we are all facing which can lead to uncertainty, doubt, and anxiety.

Proverbs 12:25 teaches, "If there is anxiety in a person's mind, let them squash it and turn it into joy with a good word." The way we can do this is by gently embracing and talking about our feelings regarding our present situation with openness and without shame. When so many of our societal norms, our day-to-day routines, and our daily rituals are upended, the possibility for transformation to occur is present. Covid-19 has placed us all in a time of continued pause, but we have adapted courageously. We can squash our anxiety by giving it sacred attention. The more we can show compassion and lead with love and patience instead of anxiety and doubt the better we will all be in the long run. Though we are physically confined, our desire for freedom knows no bounds. Though we are kept apart from family and friends, we find ways to draw even closer together. May this spring and summer bring sweetness and renewal to you and your family! Please let me know if I can be of any assistance to you as we all navigate this uncharted territory together.

FRS Virtual School

The resiliency of our students is apparent in the joy present in FRS Virtual School. FRS has now fully transitioned to FRS Virtual School on Tuesdays and Sundays. Middle School students have a special virtual Shabbat service with activities and discussions each Shabbat morning FRS is in session. Thank you, FRS teachers and teaching assistants, for going above and beyond to provide meaningful and quality education for our youth in a virtual format. Materials have been sent home and our transition to virtual learning is an ongoing process. We transitioned to FRS Virtual School so we could keep the momentum of our learning moving forward in a positive trajectory.

Virtual Shabbat for Kids

Shabbat for Kids has gone virtual. We will send out a pre-recorded Shabbat for Kids service once a month along with suggested activities to do at home related to the Torah portion of the week.

Virtual Tot Shabbat • Fridays • SJCC Facebook Page

Join Morah Chava Mirel virtually on the SJCC Facebook page for this fun opportunity to sing, dance, and move at home.

Becoming a Leader Trip

August 25-27 • Camp Solomon Schechter

Join Dr. Eliyahu Krigel for the sixth annual Becoming a Leader Trip from August 25-27, 2020 at Camp Solomon Schechter. This trip has become an enduring touchstone experience for middle and high school students within our community. The trip is geared toward sixth through eighth grade students from HNT and beyond. The trip focuses on the b'nai mitzvah journey, both before and after, and how it relates to the coming of age experience on a personal level. For students about to become a b'nai mitzvah and for students who have already experienced this meaning.

HIGH SCHOOL SHABBAT

High School Shabbat will be held on Friday, May 22. We will be honoring all of our graduating seniors at Friday night services (6:00 PM, online). Please join us to give our graduating seniors a splendid send-off to the next phase of their lives!

FRS VIRTUAL SCHOOL



- We are proud of all our FRS students, teachers, teaching assistants, and parents. At the beginning of the year, we had no idea we would be here starting our first day of FRS Virtual School in this way in March. Can't slow us down! Great work to the FRS teachers and teaching assistants for working so hard to get FRS up and going virtual. What a team effort. Thanks for parents and students participating and for your important feedback!



- Thank you to Josh Niehaus from Camp Solomon Schechter for leading the FRS community in Schechter Ruach. Great work to all our incredible FRS teachers and teaching assistants for making all the virtual the lessons relevant, meaningful, and engaging. Keeps getting better. We are truly making lemonade out of lemons.

WITHIN THE SHUL FAMILY

We Celebrate:

- Grandparents Mark & Rhonda Gottschalk on the birth of Jet Solomon Gottschalk in September and Harris Tobis Gottschalk in February

We Offer Condolences for:

- John Grunbaum z"l, brother of Karen Robins
- Syril Burn z"l, sister of Efrem Krisher
- Sarah Frimer Kellerman z"l, mother of Isaac Kellerman
- Margorie Offer z"l
- Michele Peterson z"l, sister of Mark Gottschalk
- Maria Wenger z"l, mother of Ricardo Wenger

We Wish a Refuah Shelemah to Congregants:

Kay Adam, Marion Aronson, Ruth Becker, Sandy Bing, Margaret Castellanos, Larry Epstein, Valeria Epstein,

Paula Feldman, Mimi Fisher, Neal Gafter, Talby Gelb, David Gilman, Lois Glass, Larry Glosser, Irving Hirsch, Andy Jacobs, Joyce Kligerman, Diane Lilly, Bob Plum, Susanne Rosenkranz, Sylvia Siegel, Jeanne Snyder, Netta Sonkin, Bridget Wellen, Ina Willner

If you or someone you know is on the Refuah Shelemah list and no longer needs healing prayers, we would be delighted to remove their name. Please contact Ashley@h-nt.org or leave a message at 206-232-8555 x208 to request that a name be removed.

B'NAI MITZVAH



May 2

Sadie Michelle Howard is the daughter of Mimi Sternberg and Billy Howard and the sister of Ari Howard. Her grandparents are Sheila and Craig Sternberg and Alyce (z"l) and Bernard (z"l) Howard. Sadie is a seventh grader at Eckstein Middle School.

She enjoys soccer, volleyball, skiing, and summers at Camp Ramah in Ojai, California. For Sadie's mitzvah project, she volunteers with the Assistance League of Washington, which provides clothing and supplies for underprivileged students. Sadie is excited to share her Bat Mitzvah with her family and friends.

T'FILOT

MORNING MINYAN: WEEKDAYS: 8:00 AM • SUNDAYS: 9:00 AM

During this time when houses of worship in our state are not allowed to join together in person for prayer, we have moved all of our prayer services, including on Shabbat, to an online format. We form a minyan using two-way voice/video technology, and conduct the full traditional service, including an opportunity for people to say Kaddish.

Friday, May 1
6:00 PM Services
Birthday Shabbat
Saturday, May 2
10:00 AM Services
Bat Mitzvah of
Sadie Howard
Friday, May 8
6:00 PM Services
Saturday, May 9
10:00 AM Services

Friday, May 15
6:00 PM Services
Saturday, May 16
10:00 AM Services
Friday, May 22
6:00 PM Services
Saturday, May 23
10:00 AM Services
Thursday, May 28
8:00 PM Shavuot
Ma'ariv

Friday, May 29
9:30 AM Shavuot Day 1
Service
6:00 PM Services
Saturday, May 30
9:30 AM Shavuot Day 2
Service, Yizkor

HOW TO CONNECT:

- You can join our Virtual Services on any desktop computer, laptop, tablet, or smartphone at: <https://zoom.us/j/814064429>.
- If this is your first time using Zoom, read through our How To Use Zoom guide. If you run into further problems, please email RavBarry@h-nt.org before or after Shabbat and he'll either try and talk you through it or get a volunteer to help you.
- You can use a landline to have an audio-only connection by dialing **+1669-900-6833, 814064429#**. If you have a lot of background noise, or are having a side conversation, please mute yourself so we can limit distractions from the service.

IN SUPPORT OF ONE ANOTHER

These generous tributes were made through March 31, 2020

Atlas Scholarship Fund

In Memory of
Miriam Wilenzick
Wendy & Daniel Rosen

Amy Mackoff Campership Fund

In Honor of
Pat & Nolan's
Granddaughter
Sharon & Mark Sandler

In Memory of
Joyce Strobel
Alesa & Harvey Trager
Marty Duitch
Ilyse & Greg Wagner
and Family

Cantor's Discretionary Fund

In Appreciation of
Cantor Kurland
Larry Lemchen

In Memory of
Joyce Strobel
Marty Duitch
Bob & Cindy
Abramowitz
Maria Wenger
Carol Michel
Jerry Solomon
Dan & Elaine Mintz

Jan Jaski
Anne Harris
Larry Schmidt
Diane & Mason Lilly
Abner Angel
Esther Lott
Harry Weiser
Jerry & Judy Weiser
Sol Konikow
Joel & Barbara Konikow

Danny Lewis Fund

In Memory of
Arthur Getz
Jonathan & Stacie Stutz

In Memory of
Ann Lewis
Lewis Family

Eileen Mintz Kitchen Fund

In Memory of
Jewel Gottschalk
Victor Lamin
Dan & Elaine Mintz
Bev Lemchen
Elaine Mintz

Endowment Fund Donations

In Memory of
Alan Barer
Arnold & Carol Barer

Executive Director Discretionary Fund

In Memory of
Judith Fink
Susan & Lonnie Edelheit

Frankel Library Fund

In Memory of
Suzie Amaraggi
The Morse Family
Maria Wenger
Wayne & Nancy Morse

Frankel Scholarship Fund

In Memory of
Rena Kramer
Bob & Talby Gelb
Miriam Wilenzick
David & Marci Mosbach

General Fund

In Appreciation of
Mishloach Manot
Scott & Joyce Hayman
Laura Finegold
Shira Burtness

In Honor of
Ryan Kinder's Bar
Mitzvah
Eric & Leslie Kinder

In Memory of
Rena Kramer
Raquel Shapiro
Suzie Amaraggi
Ron & Lori Kaufman
Louis Fish
Sylvia Fish
David & Susan Fish

Howard Cohodas
Deborah Seres
Max Granat
Faye Plum
Lotte S. Katz
Florence Katz Burstein
William Kraft
Karen & Jonathan
Langman
Sam Burstein
Paul Burstein
Franz Wenger
Ricardo Wenger
Dr. George Glass
Werner Glass

Maslan Memorial Fund

In Memory of
Anna Silver
Rabbi Bob Maslan,
Melissa, Michelle, Lirit,
& Families

Memorial Fund

In Memory of
Esther Askanzi
Adi & Mark Askenazi
Kate Langman
Ralph Langman
Alan Langman
Bronka Sytman
Pavel Sytman
Alex Sytman
Ida Balter
Balter Family
Gail Stulberg
Barry, Hannah and
Noah Stulberg
Seymour Weinberger
Beth Lippman
Yetta Donin
Carol Barer
Sam Crespino
Carolyn Kessler
Joseph Steinberg
Cheryl Cohen
Noralee Weinstein
Craig Weinstein
Sunny Hartman
David Hartman
Tony Hansen
Janet Hansen
David Isenberg
Nathan Ross
Don Shifrin & Bobbi
Chamberlin

Richard Pintus
Doris Stiefel
Julia Willner
Dr. Andrew & Mrs.
Nancy Willner
Clara Kane Israel
Edward & Carol Kane
Max Oppenheimer
Efrem & Linda Krisher
Vivian Ordell
Elaine & John Cohn
Shirley Berch
Samuel Berch
Gena Gorasht
Emma Ostroff
Gerry Ostroff
Ida Winston
Gillian Witus
Dave Ross
Harold & Ferne Ross
Aaron Klein
Harris Klein
Rhoda Eisen
Ilyse & Greg Wagner
and Family
Albert Israel
Irv & Bev Benzion
Helene Katims
Jennifer Carpentieri
Joseph Okrent
Joan Okrent
Elizabeth Cohn
John & Elaine Cohn
Norma Zall
Judy & Nissim Neuman
Frimeth Bensussen
Julie Hirsch
Herbert Kotkins
Karen Rosenzweig
Irene Alter Goldstein
Kathy Goldstein
Nathan Schwartz
Kenneth Schwartz
Robert Korb
Lance & Sandra Korb
Rose Greenberg
Esther Sturman
Larry & Rochelle
Sturman
Harry Friedman
Lea Fuller
Ann Etsekson
Lois Mayers

IN SUPPORT OF ONE ANOTHER

These generous tributes were made through March 31, 2020

Sylvia Perl

Lynne Brazg

Fortuna Policar

Marc Policar

Gerald Lancaster

Marcie Wirth

Harry Friedman

Marlene Burns

Helene Katims

Michelle Will

Jacob Bovarnick

Rose Bovarnick

Mike & Ruth Bovarnick

Miriam Neuman

Nissim & Judy Neuman

Elias Traub

Pat & Nolan Newman

Philip Maslan

Rabbi Bob Maslan,
Melissa, Michelle, Lirit,
& Families

Bernard Guberek

Raquel Shapiro

Edward DuBey

Richard DuBey

William Panick

Richard Panick

David Coe

Ronald & Barbara Coe

John White

Ruth & Mike Bovarnick

George Winston

Gerald Lancaster

Ruth Winston

Mary Barrat

Joseph Touriel

Sandra & Lance Korb

Manuel Lott

Sandra Lott Ostroff

Ethel Lerner

Sheryl Stern

Guta Esther Sentner

Shirley Zarkin

Ruth Wershkoff

Susan Edelheit

Mitzvah Corps Fund

In Memory of

Suzie Amaraggi

Jeff & Judy Ziedman

Morning Minyan Fund

In Honor of

Nolan & Pat Newman's
granddaughter

Cheri & Mike Levy

In Memory of

Jerome Solomon

Craig Weinstein

James Connelly

Rena Kramer

Pat & Nolan Newman
and family

Samuel Mendelsohn

Hannah Bernstein

Rabbi Jacob Bernstein

Ruth Bernstein

Rabbi Herber Discretionary Fund

In Memory of

Gary Schmidt

Howard Lilly

Mason & Diane Lilly

Frankel Religious School Fund

In Honor of

Pat & Nolan Newman's
new granddaughter

Efrem & Linda Krisher

In Memory of

Miriam Wilenzick

Louis & Claudia Isquith

Hans Nussbaum

Marcia, Brian, Terri, and
Russell

Harry Kaufman

Ron Kaufman

Youth Activities Fund

In Honor of

Carol Reynold's new
granddaughter

Jeff & Judy Ziedman

In Memory of

Joyce Strobel

Greg & Ilyse Wagner
and Family

HERZL MEMORIAL PARK

16747 DAYTON AVENUE NORTH, SHORELINE, WA 98133



If there is a death in the family,
call the Seattle Jewish Chapel at 206-725-3067

The Cemetery Committee:

Elaine Weinstein, President 425-455-4703
Shirley Sidell, Vice President 206-801-7009
Peter Michel, Secretary 425-788-3249
Steve Burns, Treasurer 206-799-3300
Harris Klein 206-232-2026
Michael Weinstein 425-455-4703
Jennifer Malakoff 206-232-8490

Help us to always have a beautiful, well-maintained cemetery
for our loved ones and ourselves. Please consider remembering
Herzl Memorial Park in your Will, or by contributing to the
cemetery's Endowment Care.

For information contact Elaine Weinstein, 425-455-4703

BELOVED DEPARTED MEMORIALIZED WITH YAHRTZEIT PLAQUES AT HNT

Shabbat of May 1/2

May 2 Jack Levy
Maurice Rosenfeld
Morris Plotkin

May 3 Rachel Bender
Rose Caris

May 4 Annie Cohn

May 5 Arthur Lesch
Jay Miller

May 6 Yetta Shapiro
Koppel Lentzer
Alex Mesher

May 7 Sandra Fisher
David Levinson
Wayne M. Droker
Morris Litt

May 8 Sam Mesher
Edward Solomon
Herman Cohen
Samuel Slotnick

Shabbat of May 8/9

May 10 Bertha Brice
Joseph Spektor

May 11 Nellie Curtis
Fannie Greenberg

May 12 James Rosenbaum
Jerome Katz
Steve Kessler
Dora Meltzer
Sara Schenkar
Jerrold Tat
Sophie Caplan
Aaron Bernstein

May 13 Pauline Reiter
Eva Minsk
Erwin Roos

May 14 Yetta Finkelstein
May 15 Allan Vinnick
Pinchas Mutchler
Ben Walker

Morris Latts
Joseph Stroum
Simon Lewinski

Shabbat of May 15/16

May 16 Jenny Fuchs
Annabell Becker Benezra

May 17 Louis Jaffe
Therese Jacobi
Izidor Feldman
Selma Egnal

May 18 Louis Levy
Frances Cordova
Mordechai (Max) Gleser
Ben Rogel

May 19 Herman Tobias
Sam Eilenberg

May 20 Solomon Sentner
May 21 Charles Lowenthal
Samuel Stern

May 22 Walter Schoenfeld
Leah Pinchev

Shabbat of May 22/23

May 23 Judith Bensky
Nathan Bovarnick
Rosalie DuBonne

May 25 Albert Lott
May 26 Pearl Konigsberg
Marc G. Mayers

May 27 Ludvig Weinberger
Grace Zweig
Malvina Weinberger

Herman Weinberger
Frida Weinberger
Gizella Weinberger
Sam Arshon
Rose Woolfe

May 28 Manney Berman
Joe Pinch
Reuben Erdrich

May 29 Sam Kahn
Bernard Krasnowsky
Julius Blum

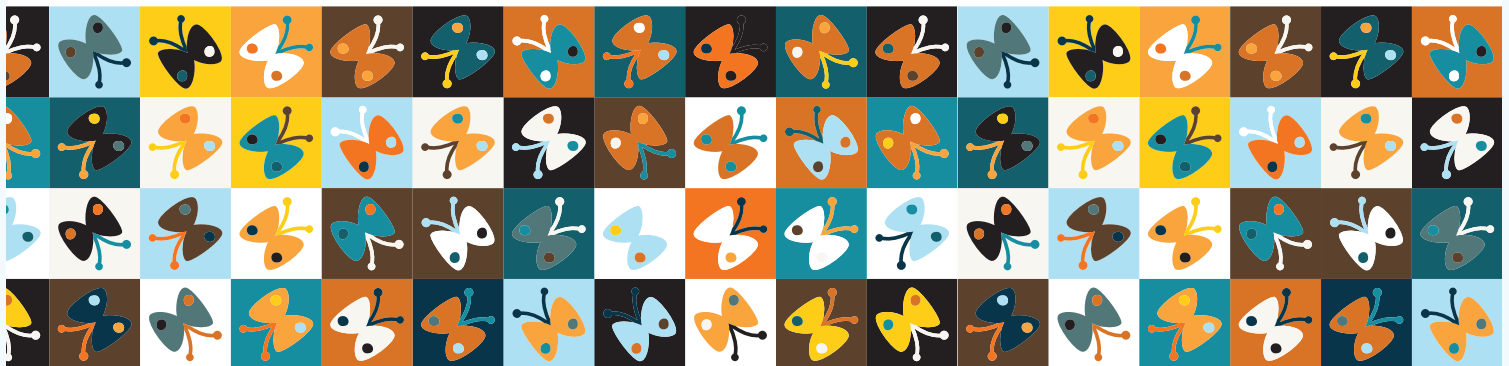
Shabbat of May 29/30

May 30 Beatrice Levinson
May 31 Louis Wise
Samuel Minkove

Anna Berman
Jun. 1 Abraham Silver
Jacob Sadick
Sophie Lax
Isadore Brown

Jun. 2 Charlie Tucker
Joseph Lewis
Joseph Woolfe
Jun. 3 Anna Bovarnick
Anna Finegold
Harry Ash

Jun. 4 Walter Kiksmann
Jun. 5 Leonard Lighter
Gertrude Pody
Tillie Kahn
Aron Shifrin



Annual Meeting

SLATE OF OFFICERS:

Nominations to the 2020-2021 Executive Board for a one (1) year term:

President: Ilyse Wagner

Executive Vice President: Susan Edelheit

Treasurer/Financial Vice-President: Mickey Friedman

Membership Vice-President: Marilyn Corets

Secretary: Aaron Kiviat

Immediate Past President: Zane Brown Jr.

Nominations to the 2020 - 2021 Board of Directors for a two (2) year term:

Orly Feldman, Jonathan Langman, Mark Sandler, Marissa Shachmurove, Jaime Slutzky
Jodi Sternoff, Michael Tarlowe

Nominations to the 2020 - 2021 Nominating Committee:

Trea Diamant, Aaron Okrent, Sonny Putter, Jane Rosenstein

2020-2021 BUDGET:

<https://h-nt.org/wp-content/uploads/2020/04/Budget-for-Annual-Meeting.pdf>

VOTING PROCESS:

To participate from the comforts of your home in real-time either visit:

<https://zoom.us/j/2321699533>

with Meeting Password: **HNTAnnual**

OR

call-in at **253-215-8782** and when prompted,
enter the meeting ID (**232 169 9533**) and
Password (**414733**) on your phone keypad.

Herzl-Ner Tamid Conservative Congregation

Affiliated with The United Synagogue of Conservative Judaism

3700 East Mercer Way, Mercer Island, WA 98040

Mercer Island, WA 98040

Phone: 206-232-8555

info@h-nt.org • h-nt.org

Barry Leff, Interim Senior Rabbi / RavBarry@h-nt.org

Jay Rosenbaum, Rabbi Emeritus / RabbiRosenbaum@h-nt.org

Bradlee Kurland, Cantor / Cantor@h-nt.org

Nadine Strauss, Executive Director / Nadine@h-nt.org

Dr. Eliyahu Krigel, CJE, Director of Education / Eliyahu@h-nt.org

Rebecca Frankel, Program Director / Rebecca@h-nt.org

2019-2020 Executive Committee

Zane Brown Jr., President

Ilyse Wagner, Executive Vice-President

Mickey Friedman, Treasurer/Financial Vice-President

Marilyn Corets, Membership Vice-President

Aaron Kiviat, Secretary

Donna Peha, Immediate Past Co-President

Michele Glasser, Immediate Past Co-President

2019-2020 Board of Directors

Lisa Fain

Aileen Okrent

Rachel Dobrow Stone

David Isenberg

Tara Reck

Michael Tarlowe

Linda Krisher

Mark Sandler

Michael Vinnick

Jonathan Langman

Barak Schriger

Elaine Weinstein

Nancy Morse

Marissa Shachmurove

VOLUNTEER TO MAKE A DIFFERENCE

<https://h-nt.org/needs-assessment>

