

What You Need To Make Challah

Gear

Must have

- Kneading bowl, or stand mixer, or bread machine
- Measuring cups and spoons
- Brush (like a basting brush)
- Plastic wrap
- Baking spray
- Oven & baking sheet or pan

Nice to have

- Silicone mat
- Dough knife
- Rolling pin
- Toothpicks or “pen-style” thermometer
- Parchment paper
- Scale (for the perfectionists)

Ingredients/Shopping List

Dough

- 1 cup water
- 4 Tbsp vegetable oil
- 1 egg yolk + 1 large egg
- ½ cup sugar
- 1 ½ tsp salt
- 4 cups all-purpose flour (Red Mill or King Arthur brands recommended)
- 2 ¼ tsp (or 1 sachet) instant or bread machine yeast

Egg wash

- 1 egg yolk
- 1 Tbsp water