



HaKol

HA Kol IS THE NEWSLETTER OF HERZL-NER TAMID CONSERVATIVE CONGREGATION

COMMUNITY-WIDE PPE DRIVE FOR KLINE GALLAND

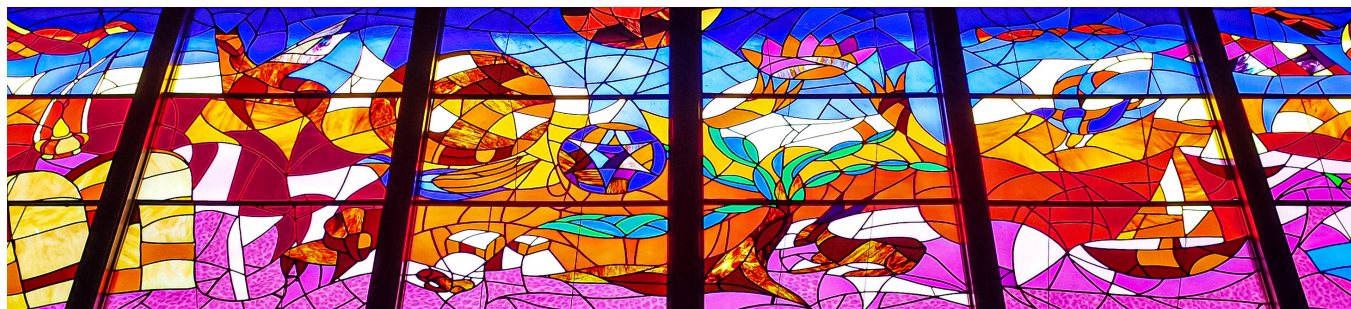
Friday, November 20 • 1:00 PM – 2:30 PM

Kline Galland serves the Greater Seattle community, Jewish and non-Jewish alike, with nursing, respite and rehab services, and it's our shared responsibility to ensure its residents and staff are kept safe through this crisis. During this season of gratitude, here is a way to honor the loved ones who can't safely be at our tables this year.

[See full details on page 10](#)



A Message from Rabbi Jacob Herber



“Gratitude,” Cicero once wrote, “is not only the greatest of virtues, but the parent of all the others.” This statement actually reflects a very Jewish sentiment. Gratitude is a core value of our tradition. Another core value, of course, is faith in God and that God is our creator. The natural endowments and blessings we received at birth aren’t merely credited to us, but to the One who creates all. The gift of our intelligence is not just our doing. The physical prowess we may have been born with, endowed by another source. Our creativity, a blessing we received. We can choose to cultivate our gifts, or ignore them. We can use them for good, or for evil. Therein lies the measurement for a life well lived. But the existence of so many blessings in our lives can’t be credited to us. This should all lead us to appreciation – to a sense of gratitude for our lives.

In his magnum opus, *God in Search of Man*, Rabbi Abraham Joshua Heschel argues that the principal characteristic of religious life is a sense of wonder. This perspective toward the world seeks to cultivate a way of seeing and relating to all of creation. It’s wonder that broadens our awareness to include concerns beyond our selves. It pushes us to be attentive to the still, small voice of God asking us to enter into partnership for the betterment of the world. Wonder keeps alive our awareness of what Heschel refers to as “the great fellowship of all beings.” Religious wonder asks that we

attempt to identify the blessings present in our own lives, despite the very real and difficult personal challenges that we all face in our world today. There is a direct relationship between the acknowledgment of God, the wonder of the created world, and the concept of gratitude.

So, gratitude is partially defined as the ability to say thank you to God and to others. It implicitly signifies our recognition that we’re not at the center of the universe. It implies that we depend on each other and need each other’s help, deepening our connections. Gratitude leads to humility, to compassion and to kindness. It leads to a sense of fulfillment, peace and happiness. As Cicero claimed, it is the parent of all virtues. A little thankfulness can, indeed, go a long way.

Gratitude also stands at the center of our great texts, like the Torah. Parashat Ki Tavo, for example, begins with the ceremony of the first fruits, which was to occur after the Israelites entered the land. As the Torah prescribes every Israelite farmer, upon presenting their first fruits, would recite a brief summary of the sacred history: focusing on the descent of the patriarchal family to Egypt, the suffering they endured there, the exodus of the nation, and their arrival into the land God gave them. The great Medieval scholar, Nahmanides, teaches that the farmer is giving gratitude to God with the



specific fruit he brings, acknowledging at that moment that God has blessed us not only with the fruit we are about to eat, but also the fulfillment of the promise that we will inherit the land of Israel. Gratitude is crystallized by the concrete offering of the fruit.

Our whole system of blessings is set up in similar fashion. We say a blessing in appreciation for all of the food we eat, fragrant smells we encounter, wondrous sights we see, wise people we meet. The list goes on. The pages of our prayer book are filled with praises, with thanks to God. “Tov Lehodot Lashem”, the Psalmist says, “It is a privilege (good) to thank God.” Because - even in the face of deeply challenging times - there is still For so much for which to be thankful! As Thanksgiving approaches

and Hanukkah, after that, when we sit with our loved ones to eat or to exchange gifts, let's take a little time, or maybe a lot, to thank God for what we have and to thank each other for being in our lives. Let's release all of the wonderful blessings a little gratitude can inspire. Happy Thanksgiving!



-RABBI JACOB HERBER



Rabbi Jacob Herber

Message from the President



Ilyse Wagner HNT President

Thank you to everyone who already contributed to this year's Annual Appeal. Your support means a lot, especially during these difficult times. And for those of you who have not yet donated, it's not too late! Now more than ever, those of us who are financially able to contribute towards the work and mission of HNT are greatly needed. Fortunately, our fiscally conservative policies and streamlined staff (we have retained all our staff positions) have kept us afloat; but to truly meet this moment of communal need, we need your support to bridge our financial gap. This enables us to remain inclusive and expand our reach when our community is more in need than ever.

You can donate either online [here](#) or by contacting accounting@h-nt.org.

Our legacy will be greatly influenced by how well we rise up to heal and help one another. Being a contributing member of a synagogue community such as ours can be a platform for each of us to do our part.

Thank you,
Ilyse

A handwritten signature of Ilyse Wagner in black ink.

2021 Annual Legacy Fundraiser

Save the date: Sunday evening, March 14, 2021

Meeting the Moment: Honoring Frontline Workers Among Us

Calling all frontline workers and their families connected to HNT!

This year's fundraiser will honor those among us who have put the health, safety, and wellbeing of the greater community first. Being a frontline worker, or the family member of one, takes enormous sacrifice and faith that we and our loved ones will come home healthy and safe at the end of each day. We at HNT want to pay tribute to the brave men and women whose work each day leaves a proud legacy to follow.

If you are a frontline worker, or the parent, grandparent, spouse, child, sibling, aunt, or uncle of a frontline worker, please fill in the quick form at h-nt.org/frontline.



Regarding On-Site Bar/Bat Mitzvah Shabbat Morning Services

Dear Friends,

When the Coronavirus pandemic hit our community and nation in March with the first community spread in Kirkland our state and local governments responded by issuing stay-at-home orders. Businesses, offices, schools, and religious institutions were closed in order to prevent the spread of the virus and to protect the lives and health of Washingtonians. Our congregation supported these efforts because *pikuah nefesh*, saving human life is Judaism's highest mitzvah.

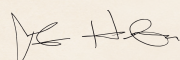
While the physical doors of our building closed, we remained open to you, providing you and your loved ones with care, concern, support, and moving our educational and religious services online to Zoom. We then made another major pivot when we livestreamed our High Holy Day services using a one-way broadcast platform. At every step, we have endeavored to keep you informed of our plans. That's why we are writing to you now. We want you to know that beginning in November we will be offering families the option to hold their Shabbat morning Bar or Bat Mitzvah on-site, in our sanctuary. With the onset of inclement weather we recognize that holding their simhah at home becomes less of a viable option for our families. Livestreaming the service on the new platform in our sanctuary will also provide us with a more stable and higher quality broadcast. Families will also have the option to stream their Bar or Bat Mitzvah from the sanctuary as well as from their homes via Zoom. Regardless of their choice, our Friday night Kabbalat Shabbat services will continue to be broadcast on Zoom.

We also want to reiterate that the health and safety of our membership, clergy, staff, and guests remains paramount. Our re-opening for B'nei and B'not Mitzvah is and will continue to be guided by the State of Washington and King County's COVID-19 rules and regulations for religious institutions, and protocols adopted by our congregation's Board of Directors. Those attending services will be restricted to the Bar/Bat Mitzvah family and a very limited number of their guests. On-site services will not be open to the congregation at large. We will require wellness checks, the wearing of masks, and social distancing throughout the sanctuary, including on the bimah. We also want to assure you that the sanctuary and other areas of the building visited by those in attendance will be thoroughly cleaned and sanitized after each use.

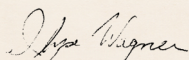
No one yet knows when the pandemic will subside or when a vaccine will be available. And with COVID-19 infection rates on the rise, and medical experts warning of a substantial third wave there is a real possibility that Washington's Phase 2 re-opening will be rolled back or that new, restrictive rules will be issued, forcing us to put on hold or to suspend our onsite option for B'nei and B'not Mitzvah. Our commitment to being responsible stakeholders of our community, to doing our part to fight against the spread of the Coronavirus, and to protecting our congregation remains our highest priority. And, like you, we yearn for the day when we can again worship together, joyously and safely. We hope that day will come soon!

Wishing you and your loved ones much good health and wellness.

B'shalom,



Jacob Herber
Senior Rabbi



Ilyse Reiter Wagner
President



Virtual New Member Gathering

Sunday, November 8 • 4:30 PM

All new members who have joined the synagogue in the last 12 months are invited to an informal virtual gathering to get to know our clergy and staff, as well as meet other new families and synagogue members. Listen for your doorbell earlier that day, when volunteers will deliver a sweet treat for the whole family! RSVP to h-nt.org/NMG



Welcome to the following new members who have joined in the last year!

Ann Burstiner	Orliyah & Daniel Finnegan
Zach Cooper & Jenna Schweizer	Marissa Beck Gandert & Nate Gandert
Peter de Jong & Viola Eberle	Melissa & Yuval Mazor
Alyson & Aaron Dieckman	

B'nai Mitzvah

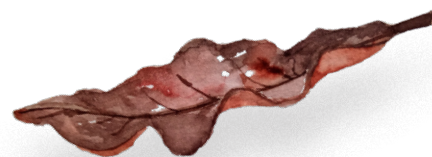


Anna Hasson Katz *November 7*

Anna Hasson Katz is the daughter of Eydie and Craig Katz and sister to Benjamin (14). She is the granddaughter of Annette Hasson and Barry Hasson z'l of Bellevue, Patty Glimcher z'l and Mayer Glimcher z'l of Columbus, Ohio, and Veronica Katz and Walter Katz z'l of Powell, Ohio.

Anna is a seventh grader at Islander Middle School. Anna's favorite activities are spending time with friends and family, baking, shopping, arts and crafts, basketball, biking, making TikToks, and playing with her puppy Ollie. She is proud to volunteer for Friendship Circle. Anna is a fourth generation BB camper. She looks forward to spending her summers at camp near the Oregon coast.

Anna is excited to have her family and close friends gather in the synagogue to share her Bat Mitzvah service.



B'nai Mitzvah



Lilah Simpson

November 14

Lilah Standing Bear Simpson is the daughter of Ian Crosby and Aurora Bearse, the younger sister of Sarah Rose Simpson, and the granddaughter of David and Maureen Crosby and Peter and Myrna Bearse (z"l). She is a 7th grader at Lead Prep in Kirkland, WA.

Until the pandemic, Lilah was a long-time member of Island Girls Choir, where she sang and danced in multiple Broadway-style shows. She also loved spending her summers at Jewish summer camps, both Camp Ramah in Ojai, CA, and Camp Kalsman, in Arlington, WA. While stuck at home, she enjoys cake decorating, candle making, and other crafts. She is a devoted and supportive sister and loves caring for her two dogs. For her Bat Mitzvah project, in 6th grade she started as a volunteer for Friendship Circle WA, a group that pairs special needs children with peers. She also volunteered multiple times at Teen Feed, which serves meals to homeless teens and young adults. Because of the pandemic, Lilah will also be doing a socially-distanced project, collecting pet food and supplies at a drop-off donation drive on the afternoon of November 13, 2020, at Herzl-ner Tamid, with her friend (and bat mitzvah buddy), Brynn Sloan.



Brynn Sloan

November 14

Brynn Sloan is the daughter of Garrett and Ilene Sloan, and the older sister of Gemma. Brynn is a 7th grader at Islander Middle School on Mercer Island.

Brynn loves to be active. She spends time outdoors biking, hiking, camping, fishing, skiing, and playing tennis. In addition, Brynn is a competitive center midfielder and plays soccer year-round for Eastside FC. She also loves to read, spend time with friends and family, and plays the cello. Brynn is a dedicated volunteer and has taken on multiple volunteer opportunities. Brynn donates her time to the Friendship Circle, an organization that pairs friends with special needs children; Grace Place, a senior living facility on Mercer Island; The Sophia Way, which provides services to homeless women on the Eastside; the Atlantic Street Center, a nonprofit agency that provides services to children, youth, and their families; Northwest Harvest, an agency that provides equitable access to nutritious food; Operation Gratitude, by writing letters of gratitude to military and first responders; Team Ewan Guild, by writing supportive letters to child cancer patients and their siblings; and the Seattle Humane Society.

To make her Bat Mitzvah even more meaningful, Brynn decided to twin through Yad Vashem. By doing so, Brynn has undertaken the tremendous honor and responsibility of helping to keep Leni Valk's memory alive. Leni never had the opportunity to have a Bat Mitzvah as she was one of the 1.5 million children who perished in the Holocaust.

Just Around the Corner...

College Care Packages

Visit h-nt.org/college by November 30

This has been a turbulent year for us all, not least of which for undergrads who are having an entirely different college experience from what they would have expected. Whether your college kids are learning from campus or from home, we'd love to send them a care package for Chanukah to let them know their HNT family is thinking of them.

Since many housing situations have changed since last year, we are asking ALL undergraduate students (or their parents) to please fill out the form at: h-nt.org/college so they can receive a care package!

Virtual Shabbat Mixer

Friday, December 4 • 7:00 PM

Do you miss getting to know other members over Shabbat dinner? Schmoozing with friends? Sign up for HNT's first ever Virtual Shabbat Mixer! Participants will be matched in groups of four households (Zoom screens) to chat over dinner, with groups shuffling before dessert. Sign up at h-nt.org/mixer by Nov 29.

Cut out your dinner prep time by ordering a HaMotzi To-Go meal for that evening! Online ordering opens beginning November 10 at h-nt.org/dec-meals.

Chanukah As One

Sunday, December 13 • 5:00 PM – 5:15 PM via Zoom

Join together to light Chanukah candles as one community from home. In a year with so much darkness, we will bring light into the world and celebrate with music from Cantor Kurland, Talya Kurland, and Julia Perry, and words of hope from Rabbi Herber. Take out your favorite Chanukiot and display them to light up all of our screens as one. RSVP at h-nt.org/chanukah

Other Ways to Celebrate Chanukah

Friday, December 11 • 1:00 PM – 2:30 PM

Order a Chanukah Shabbat meal through HaMotzi To-Go, featuring latkes and sufganiot, when online ordering opens beginning November 10 at h-nt.org/dec-meals.

Since Chanukah is a traditional time for rededication, dedicate yourself to those most vulnerable by donating kids & adult sized winter clothing for Leschi Elementary & ROOTS young adult shelter. We'll even put some Chanukah gelt in your trunk as a thank you! See page 9 for details.

Todah Rabbah to... תודה רבה

- High Holiday volunteers who we missed in last month's HaKol: Efrem Krisher & Mark Sandler
- Faye Plum for coordinating the Happy New Year Call project, and to all of our volunteer callers for reaching everyone in our congregation to wish them a Shanah Tovah: Shelley Bensussen, Vanessa Bloomsburg, Zane Brown Jr., Julie Chivo, Lore Coe, Marilyn Corets, Ettie Davis, Aly Dieckman, Susan Edelman, Orly Feldman, Alan Fingerroot, Susan Fish, Mickey Friedman, Peggy Gladner, Bruce Gladner, Pam Glowitz, Lynn Howell, Linda Jacobs, Linda Krisher, Jonathan Langman, Elaine Mintz, Dan Mintz, Nancy Morse, Judy Neuman, Aileen Okrent, Donna Peha, Faye Plum, Tara Reck, Mark Sandler, Judy Schwarz, Gwenda Smith, Jodi Sternoff, Michael Tarlowe, Michael Vinnick, Ilyse Wagner, Joanne Warner, Alan Weinstein, Ettie Weinstein, Judy Weiser, Gail Wiener
- Debra Mailman for helping with the Sukkot Order pick-up
- Michele Glasser and Dan & Elaine Mintz for running the HaMotzi To-Go pick-up process each week in October
- Meal delivery drivers who have made trips near and far to drop off meals to those who are not able to leave their homes between June and September: Michael Avzaradel & Lauren Carr, Nevet Basker, Paul Bloom, Florence Katz Burstein, Laura Cannon, Zach Cooper & Jenna Schweizer, Marilyn Corets, Trea Diamant, Julie Ellenhorn, Jordan Friedman, Susan Glick, Kari Haas, Ellie Halevy, Eric Heinberg, Kellie Israel, Jonathan Langman, Lauren Leahy, Steve Luper, Dan & Elaine Mintz, Nancy & Wayne Morse, Brandy & Brian Moss, Ruth & David Peckarsky, Jessica Prince, Raymond Rothlisberger, Nathan Rosenbaum, Laura Senft, Barbara Sherer, Sue Solomon, Corinne Stroum, Craig Walker, Joanne Warner-Loewenthal, Sarah Weeks, Judy Weiser, Judi Wilensky

Social Action Opportunities

Congregations for the Homeless Shelter Meals

Wednesday, November 11 • Captained by Cheri Levy & Sharon Sandler

The shelter needs meal donations more than ever, as they now serve 100 men each night. Instead of bringing the food and serving, we kindly ask that you drop off the food on the table under the blue tent at the entrance of the shelter. Sign up for the November 11 meal at h-nt.org/calendar or email ShelterMeals@h-nt.org to learn how easy it is to captain a meal with a group of friends.

Brynn Sloan & Lilah Simpson's B'not Mitzvah Fill-A-Trunk Drive For Pets In Need To Benefit The Seattle Humane Society & Emerald City Pet Rescue

Friday, November 13 • 1:00 PM – 2:30 PM • HNT Upper Portico

With more people struggling and out of work, many are forced to choose between caring for their pets and feeding themselves. Brynn & Lilah want to help people keep their pets and help rescued and relinquished pets thrive by collecting:

- Wet or dry dog or cat food
- Kitty litter
- Dog or cat toys
- Small & medium pet beds
- Collars & leashes

Brynn & Lilah and their families will be there to greet you, collect your contribution from your trunk, and replace it with a sweet treat to enjoy. Be sure to wish them well on their upcoming November 14th B'not Mitzvah. If you order HaMotzi To-Go Meals, you can pick up your meal at the same time.

Teen Feed: Cook-At-Home Edition

Sunday, November 22

Through the pandemic, our Teen Feed leaders have been cooking meals for 80 in their homes, but they'd love to have your help! Choose to make a main, side, or dessert for 80 in your home and drop off (contactless) at the home of this month's Teen Feed leader. Email TeenFeed@h-nt.org for details and to sign up.

Winter Clothing Drive-By for Leschi Elementary & ROOTS Shelter

Friday, December 11 • 1:00 PM – 2:30 PM

Leschi Elementary School (K-5th) has 80 homeless children in need. ROOTS (Rising Out Of The Shadows) is a shelter for young adults, many of whom have aged out of the foster system. Help us give these kids and young adults clothing to keep them warm this winter: new socks, gloves, scarves, and new or nearly new winter coats.

Please bring donations in your trunk on December 11 and we will unload for you, or drop off earlier that week in the red bins outside the foyer. Thank you for pre-bagging donations by child vs. adult sizes.

Pop-Up Blood Donor Center at HNT

Monday, December 21 – Wednesday, December 23

Local, state, and national leaders are unanimous – donating blood remains a critical and safe activity for community health and is exempt from stay-at-home orders. All donations are by appointment only to provide the safest donation environment and adhere to all social distancing guidelines. Additionally, no walk-ins, guests, or people under age 16 are permitted onsite. Book your appointment at <https://schedule.bloodworksnnw.org/DonorPortal/GroupLanding.aspx?s=8069>.



COMMUNITY-WIDE PPE DRIVE

for Kline Galland

Why?

Because Kline Galland serves the Greater Seattle community, Jewish and non-Jewish alike, with nursing, respite and rehab services, and it's our shared responsibility to ensure its residents and staff are kept safe through this crisis. During this season for gratitude, here is a way to honor the loved ones who can't safely be at our tables this year.

When?

Friday, November 20 • 1:00 PM – 2:30 PM

Where?

Choose the contactless drop off location nearest you:

- Mercer Island: Herzl-Ner Tamid & Island Synagogue
- Bellevue: Temple De Hirsch Sinai (Eastgate) & Temple B'nai Torah (Crossroads)
- Kirkland: Kol Ami
- Seattle: Temple De Hirsch Sinai (Capitol Hill), Kavana Cooperative (Queen Anne), Hillel UW (U District), Bikur Cholim Machzikay Hadath (Seward Park), Congregation Ezra Bessaroth (Seward Park), Sephardic Bikur Holim (Seward Park), & Kol HaNeshamah (West Seattle)

What?

In-kind donations of:

- MEDICAL GRADE MASKS*
- N-95 MASKS*
- FACE SHIELDS*
- HAND SANITIZER*
- SANITIZING WIPES*

Or donate funds directly at klinegalland.org/heroes:

- \$100 BUYS A COVID TEST
- \$75 BUYS 20 MASKS
- \$36 BUYS 3 FACE SHIELDS
- \$10.75 BUYS ONE CONTAINER OF SANITIZING WIPES

*Kline Galland is unable to accept PPE (Personal Protective Equipment) items with opened packaging

MANY THANKS TO ALL OF OUR PARTNERING ORGANIZATIONS:



Social Action Updates

JFS Food Drive

Many thanks to Mike Adler & Mindy Landsman for celebrating their birthdays with a Food Drive- By for the Polack Food Bank, and to everyone who donated! Together our community donated 70 boxes filled with dry and canned goods, totaling ~1,500 lbs, which is two days of food for 330 families.

Todah rabbah to Michelle Goldberg, Dave Landsman, and Elaine Soeun for sorting the donations, and to Chhoeuk & Elaine Soeun, Louise Irving, and Mike Adler for hauling and delivering donations.

“A big thank you to all who donated food and made our birthday celebration so special!”

- Mike Adler & Mindy Landsman

CFH Shelter Meals

Todah rabbah to Eli Lahav for continuing to prepare meals several times each month for the men's shelter.

תודה רבה



Introducing Havdalah B'Yachad:

Camp Solomon Schechter's year-long initiative to bring the magic of camp into homes around the Northwest

Just because we can't be together doesn't mean we can't celebrate in style — camp-style! Camp Solomon Schechter, in partnership with community partners around the PNW, will be hosting a series of virtual Havdalot on the first Saturday of each month. Each event will be hosted through Zoom video conferencing and will also be streamed on Schechter's Facebook page. So grab your candles and spices and get ready to celebrate Havdalah, sing some of our favorite camp songs, and connect with community members throughout the Northwest and beyond! Dr. Krigel will be joined by Rabbi Herber as special guests for this fun program!

- When: Join us for our first Havdalah on **November 7th at 5:45 pm**
- Where: <https://us02web.zoom.us/j/82928773094?pwd=S2lTam00MHUyUGRNdXI2TS9CL2lXdz09>
- Passcode: **387124**



HaMotzi To-Go

This month we are featuring ethnic vegetarian delights, local seasonal specialties, and homestyle favorites like Bubbe used to make. Please note that we will take a break from meals the week of Thanksgiving** and pick up again in December.

In addition to giving you the night off from cooking, these meals support our caterers who serve us year-round. Available for contactless pick-up, or contactless delivery to those who need. Place your order at: h-nt.org/nov-meals by the Friday before to guarantee your order.

Grateful appreciation to the family of Diane Lilly z"l, the Alfred and Tillie Shemanski Trust Fund and other generous donors for subsidizing meals for those in need.

Place your order at:
<https://h-nt.org/nov-meals>



**If you are looking for a to-go option for Thanksgiving or that Shabbat, Leah's Catering is offering meals. Please order directly from <https://www.leahcookskosher.com/passover/new/>.

Menu

Friday, November 6
Vegetarian Mexican Shabbat*
by On Safari Foods

Friday, November 13
Fall Farmers Market Shabbat*
by Mangia Bene Catering

Friday, November 20
Homestyle Shabbat**
by Purple Beet Catering

*Dairy/pareve, not made in certified kosher kitchen

** Made in the HNT kitchen

Place your order at:
<https://h-nt.org/nov-meals>

A Message from Director of Education Dr. Eliyahu Krigel, CJE



Dr. Eliyahu Krigel



Thanks to Tzedek America for the incredible collaboration. Our first presenter during the Masa class was Dr. Mayim Bialik. She talked about successful ways teens can cope and deal with mental illness.



We love sounding the shofar at FRS. Great work to the following FRS students for blowing shofar during the holidays: Samson Ahrens Dorf, Simon Ahrens Dorf, Asher Cook, Toby Diamant, Maya Fein, Gabriel Kalman, Judah Mirel-Murphy, Jack Moss, Aubrey Segal, Kayla Segal, Simon Sherer, and Caroline Szpiro! Kol HaKavod, way to go, to Michael Berkenwald for sounding the final tekiah gadol for the youth program on the second day of Rosh Hashanah! May the sound of the shofar bring us all together and closer to our best selves!

A Dvar

"More than the Jews have kept Shabbat, Shabbat has kept the Jews."

-Rabbi Jonathan Sachs

As we all continue to live through these extraordinarily challenging and uncertain times due to Covid-19, the rhythm of Shabbat is an opportunity to anchor your experience each week in a peaceful place. Shabbat is a chance to press the pause button and slow down. While we continue to either work from home or manage our children and families at home, Shabbat offers a unique space to relate to time in a different way on a consistent basis. Repetition is critical to maintain Shabbat observance.

The quote above from Ahad Ha'am emphasizes the unifying purpose of Shabbat. Ahad Ha'am was the pen name of Asher Ginsberg (1856-1927). Ginsberg used the name Ahad Ha'am, or one of the people, from Genesis 26:10 to relate to all people. He was raised in a Hasidic family and was strongly influenced by modern philosophy and science. Known as a pivotal Zionist writer and leader, Ahad Ha'am is asserting the viewpoint in the quote above that Shabbat has kept the Jews together by focusing on the aspect of Shabbat that is bigger than any one person or family. Shabbat has kept the Jews because it's our way of taking care of ourselves and our community. When we put intention into the experience, Shabbat helps to provide perspective to our week.

Regardless of your observance level, there are many ways to bring Shabbat into your home each week. No judgement and start wherever you are ready. Begin small and stay consistent. Baby steps. Here are ten ideas to try at home with your kids:

1. Light candles and recite the Shabbat blessings.
2. Make challah at home.
3. Dress up in costumes and have a theme night.
4. Eat delicious food you wouldn't normally eat.
5. Play board games or work on a puzzle together.



6. Take a family walk or hike.
7. Create your own Shabbat experience.
8. Elevate your conversation by spending time discussing the weekly Torah portion.
9. Watch HNT services on Zoom at 6:00 PM on Friday night and 10:00 AM on Saturday and participate from home using the directions on page 16
10. Join me for Zoon Noar on Friday night with this link: <https://us02web.zoom.us/j/9750526089>

Each week FRS families gather for Shabbat on Friday night for Zoom Noar. Noar means youth. This time on Friday nights from 5:00-5:30 is an opportunity to celebrate and begin Shabbat together. We might be isolated at home, but we can still get together virtually by way of celebrating Shabbat in one community. Grandparents and relatives from across the country and globe are encouraged to participate. Everyone is welcome and please help spread the word. We have had families join us locally and from out of state as well. Zoom Noar is an ideal time to connect to other families with children in a friendly and informal way. Afterwards stay on for adult happy half hour with other parents and continue socializing together.

Please stay in touch and let me know if you tried any of these suggestions. May Shabbat continue to be a source of great inspiration and support of all of us. Looking forward to seeing you at Zoom Noar!

FRS Zoom Noar

Fridays, November 4, 11 & 18 • 5:00-5:30pm

Zoom link:

<https://us02web.zoom.us/j/9750526089>

RSVP with this link:

<https://hnt.wufoo.com/forms/zoom-noar/>



-Dr. Eliyahu Krigel

USY Seattle Achim: Israel Program

November 15 • 1:00-3:00pm on Zoom with normal password: <https://us02web.zoom.us/j/9750526089>

The Seattle Achim leadership team has had a strong fall season so far with our virtual high holidays event and all three chances to hang out throughout October. Coming up in the month of November, there will be a super fun Israel themed virtual get together on the 15th! From 1:00 to 3:00 pm, attendees will be able to relax after a long week of school, socialize with friends, and learn a lot about Israel from Seattle Achim's Israeli Affairs Vice President. As always, if you want to stay up to date on all youth group information, email jackson@h-nt.org to be added to the email list!

November Anniversaries

2	Allan & Beth Las	34
2	Adam Droker & Aly Cohen Droker	12
2	Adam & Wendy Rosen	34
3	Don Shifrin & Bobbi Chamberlin	18
3	Todd & Jennifer Greenberg	13
3	Jason & Amanda Stoffer	13
5	Ian & Mollie Mahler	3
7	Charles & Louise Kiss	56
8	Daniel & Orliyah Finnegan	11
9	Craig & Kimberly Fisher	23
10	Larry & Rochelle Sturman	65
10	Andy & Abby Yahna	7
11	Stan & Iantha Sidell	44
11	Itshak & Eva Sarfati	49
12	Matt & Deborah Mandel	10
12	David & Marcia Beberfall	40
13	Marc & Bekah Burdick	10
13	Sandy & Cynthia Levy	27
13	Dan & Elaine Mintz	32
16	Harvey & Alesa Trager	35
18	Gerry & Sandra Ostroff	53
18	Stan & Fran Schill	30
18	Richard & Lynn Du Bey	47
19	Saul & Joyce Rivkin	25
20	Gordon & Trisha Cohen	27
24	Chuck & Barbara Maduell	30
24	Michael & Julie Mayo	19
25	Joel & Rachel Chiprut	19
26	Albert & Susan Ceccacci	17
28	Bill & Judy Harris	49
29	Terry & Marcie Wirth	45

Adult Education

Introduction to Judaism Taught by Rabbi Jacob Herber

Sundays, beginning November 8

• 10:30 AM -11:30 AM on Zoom

This course is open to all, and is perfect for interfaith couples, those raising Jewish children, spiritual seekers, individuals considering conversion, and Jews who want a meaningful chance to reconnect with their Judaism as an adult. This class will be held online using Zoom to meet and learn together. Those who register will be sent login information prior to the first class on November 8. Participants should purchase the books listed on the registration link which will be used during our course of study.

Please register at: <https://hnt.wufoo.com/forms/introduction-to-judaism/>

Lunch & Learn with Rabbi Herber

Wednesdays, beginning November 12

• 12:00 PM -1:00 PM on Zoom

Join Rabbi Herber on Zoom for the series, “The Walking With,” created by the Ziegler School of Rabbinic Studies in partnership with the United Synagogue of Conservative Judaism, the Rabbinical Assembly, the Women’s League for Conservative Judaism, and the Federation of Jewish Men’s Clubs. Topics will include: Walking With God, Walking With Justice, Walking With the Jewish Calendar, Walking With Mitzvot, Walking With History. Participants should read “Walking With God: An Introduction” in preparations or the first session.

You can access the text at: https://www.aju.edu/sites/default/files/sites/default/default/docs/Walking%20With%20God/1%20-%20Walking_With_God_-_An_Introduction.pdf

A link will be sent to out once registered. Please register at: <https://hnt.wufoo.com/forms/lunch-learn-with-rabbi-herber/>

Chevraya 2020: A Jewish Learning Journey Co-led by Rabbi Samuel Klein and Rabbi Jay Rosenbaum

Monthly Sundays beginning November 8

• 10:00 AM – 12:00 PM on Zoom

Cost: \$75 per person

**Chevraya 2: Learning Together
Mitzrayim and Meitzarim: Inner and Outer
Transformation in the Book of Exodus**

In the Jewish Tradition, there is an intimate connection between overcoming external oppression (exodus from Egypt/Mitzrayim) and overcoming internal obstacles (Meitzarim/anything which constrains us emotionally, intellectually, or spiritually). Covid-19 has imposed on us both external restrictions and an inner feeling of being confined by outer realities. And to achieve a society of racial equity we need both a change of behavior and a transformation of attitudes.

In our study of Exodus, we are going to explore the relationship between tikkun olam/changing the world and tikkun atzmi/changing ourselves. Among the topics we will discuss are:

- What is the nature of slavery and freedom?
- What is “Egypt” in our lives?
- When is subversion of authority necessary for growth and when does it lead to chaos?
- What guidance can Exodus offer us in the tumultuous times in which we live?

Please register at:

<https://hnt.wufoo.com/forms/chevraya-2020-a-jewish-learning-journey/>



Adult Hebrew at HNT on Zoom

Take your Hebrew acquisition to the next level during this difficult pandemic. We are open to accepting new students. Now is the time to learn Hebrew! All classes are taught by Morah Janine Rosenbaum virtually through Zoom. After you register for each class, a Zoom link will be sent to you. The following link below contains all the adult Hebrew classes for the 2020-2021 academic year. Modern Hebrew, Biblical Hebrew, Prayer book Hebrew, and Biblical Hebrew. We have the right class for you. If you do not see a class that meets your scheduling needs, please email Morah Janine at Janinerosenbaum@comcast.net or call her at 206-963-4933. Thank you for your interest in learning Hebrew. Sign up today this link: <https://hnt.wufoo.com/forms/ae-hebrew-classes-at-hnt-virtual-20202021/>

For more information about any of these programs at HNT, please email Dr. Eliyahu Krigel at elياهو@h-nt.org.

Within the Shul Family

We Celebrate:

- Zach Cooper & Jenna Schweizer on their marriage
- David Rossen & Joyce Kligerman on their marriage
- Dean & Gwenn Polik for receiving the Rivkin Center's 2020 Babs Fisher Valor Award

* HNT members are listed above. For a complete list email Ashley@h-nt.org

We Offer Condolences for:

- Ted Rosenblume z"l, husband of Gloria Rosenblume

* HNT members who are direct mourners are listed above. For a complete list of mourners, email Ashley@h-nt.org

Refuah Shelemah to Congregants:

Marion Aronson, Ruth Becker, Sandy Bing, Margaret Castellanos, Ellis Corets, Larry Epstein, Valerie Epstein, Myriam Feldman, Paula Feldman, David Gilman, Lois Glass, Irving Hirsch, Joyce Kligerman, Alan Peizer, Susanne Rosenkranz, Sylvia Siegel, Jeanne Snyder, Netta Sonkin, Bridget Wellen

* HNT members are listed above. For a complete list email Ashley@h-nt.org

* If you or someone you know is on the Refuah Shlemah list and no longer needs healing prayers, we would be delighted to remove their name. Please contact the office to request that a name be removed.

T'filot

Morning Minyan:

Weekdays: 8:00 AM, Sundays: 9:00 AM

November 26 & 27: 9:00 AM start for Thanksgiving and the day after

FRIDAY, NOVEMBER 6

- BIRTHDAY SHABBAT
- 6:00 PM SERVICES

SATURDAY, NOVEMBER 7

- BAT MITZVAH OF ANNA KATZ
- 10:00 AM SERVICES*

FRIDAY, NOVEMBER 13

- 6:00 PM SERVICES

SATURDAY, NOVEMBER 14

- B'NOT MITZVAH OF LILAH SIMPSON & BRYNN SLOAN
- 10:00 AM SERVICES*

FRIDAY, NOVEMBER 20

- 6:00 PM SERVICES

SATURDAY, NOVEMBER 21

- 10:00 AM SERVICES

FRIDAY, NOVEMBER 27

- ANNIVERSARY SHABBAT
- 6:00 PM SERVICES

SATURDAY, NOVEMBER 28

- 10:00 AM SERVICES

How To Connect:

* Services marked above can be accessed via one-way livestream by visiting h-nt.org/youtube or searching for the Herzl-Ner Tamid channel within the YouTube app. For more details, visit h-nt.org/calendar and click the services with an asterisk above.

Join all other virtual services via two-way Zoom on any desktop computer, laptop, tablet, or smartphone at: <https://us02web.zoom.us/j/814064429?pwd=dGlndXVCSm1Pb3pYSTlQNktSc3BaUT09> or use a landline to have an audio-only connection by dialing +1669-900-6833, 814064429#

If you have a lot of background noise, or are having a side conversation, please mute yourself so we can limit distractions from the service.

ANNUAL APPEAL 2020 – THANK YOU!

We would like to thank the following generous donors who have made a contribution to HNTs Annual Appeal as of October 25th!

It is not too late! If you would like to join these folks, go to h-nt.org/appeal to submit your donation information!

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SHABBAT OF November 6/7	SHABBAT OF November 13/14	SHABBAT OF November 20/21	SHABBAT OF November 27/28
7 <i>Mollie Lemberg</i> <i>Aron Kornblit</i> <i>Esther Schwartz</i> <i>Walter Rosenstock</i> <i>Gertrude Pintus</i> 8 <i>Minnie Rivkin</i> <i>Chaim Weizmann</i> 9 <i>Paul Malakoff</i> <i>Manuel Drucker</i> <i>Jonas Liwischitz-Liff</i> 10 <i>Zachariah Weretnikove</i> <i>Eva Marylander Miller</i> 11 <i>Tillie Jaffe</i> <i>Leo Meltzer</i> 12 <i>Alexander Glancz</i> <i>Max Streitman</i> <i>Aaron Englesberg</i> <i>Chaya Lander</i> <i>Sam Wittenberg</i> 13 <i>Simon Lotzkar</i> <i>Hayim Rosen</i> <i>Sharon Lee Angel</i> <i>Berl Roffe</i> <i>Loretta Arnold</i> <i>Gustav Falkenstein</i> <i>Esther Lewis</i> <i>Hadassa Rosen</i>	14 <i>Fanny Berger</i> <i>Sadie Roth</i> <i>Shirley Arshon</i> 15 <i>Harry Lewis</i> <i>Walter Herrstadt</i> <i>Harry Grashin</i> <i>Barnett Shapiro</i> <i>Michelle Sloan</i> 16 <i>Muriel Schuffler</i> <i>Dora Walker</i> <i>Richard Fleck</i> <i>Abe Dumanis</i> <i>Anna Arshon</i> <i>Sophia Sternoff</i> 17 <i>Pauline Kritzer</i> <i>Tzipa Linsky</i> <i>Reuben Goldman</i> 18 <i>William Eisenstein</i> 19 <i>Rose Lerner</i> <i>Alice Nossen</i> <i>Goldie Topp</i> <i>Sherwin Kremen</i> <i>Jacob Kremen</i> <i>David Sidell</i> 20 <i>Max Breall</i> <i>Daniel Lewis</i> <i>Fannie Gladstein</i> <i>Jennie Fisher</i>	21 <i>Abraham Marcus</i> <i>Elsie Rosenstein</i> <i>Burton Glazer</i> <i>Annette Axelrad Cohen</i> <i>Sarah Englesberg</i> <i>Kreina Merport</i> 22 <i>Charles Balter</i> <i>Julia Frankfurt</i> <i>Beatrice Gula</i> <i>Irving Greenberg</i> 24 <i>Henry Schocken</i> 25 <i>Sophia Ross</i> <i>Samuel Epstein</i> 26 <i>Ellis Davis</i> <i>Jacob Glesin</i> 27 <i>Ada Liberman</i> <i>Rebecca Burstein</i> <i>Hyman Cohen</i>	28 <i>Stella Fein</i> <i>Jake Gold</i> <i>Albert Benezra</i> <i>Gertrude Rosefield</i> 29 <i>Izhack Nagel</i> <i>Issac Lurie</i> <i>Jacqueline Barish</i> 30 <i>Phyllis Danz</i> <i>Isaac Davis</i> 1 <i>Gisa Spektor</i> 2 <i>Fanny Leopold</i> <i>Rose Mutchler</i> <i>David Neff</i> 3 <i>Eva Getzen</i> <i>Sarah Cohen</i> 4 <i>Louis Ostroff</i> <i>Ben Powazek</i> <i>Herman Klatzker</i> <i>Sofii Moscovici</i> <i>Max Kahn</i> <i>Rosalind (Roz) Mintz</i>



Herzl-Ner Tamid Conservative Congregation

Affiliated with The United Synagogue of Conservative Judaism

3700 East Mercer Way, Mercer Island, WA 98040
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 Phone: 206-232-8555
info@h-nt.org • h-nt.org

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 Bradlee Kurland, Cantor / Cantor@h-nt.org
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 Secretary - Aaron Kiviat
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HERZL MEMORIAL PARK

16747 Dayton Avenue North, Shoreline, WA 98133

If there is a death in the family, contact the Seattle Jewish Chapel at 206-725-3067.

For more information about the Herzl Memorial Park, contact Elaine Weinstein at 425-455-4703.

In times of loss, or in need of pastoral care, HNT members should call the HNT office at 206-232-8555.



Herzl Memorial Park Cemetery Committee

Elaine Weinstein, President	Steve Burns, Treasurer
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To always have a well-maintained cemetery, please consider remembering Herzl Memorial Park in your Will, or by contributing to the cemetery's Endowment Care.