

HaKol

HAKOL IS THE NEWSLETTER OF HERZL-NER TAMID CONSERVATIVE CONGREGATION

Shanah Towah WE LOOK FORWARD TO A NEW YEAR FILLED WITH HEALTH, HAPPINESS, PEACE & HOPE



SHERZL-NER TAMID Happy New Year



A Message from Rabbi Jacob Herber



Rabbi Jacob Herber

A syou receive this HaKol we are all beginning our preparations for the High Holy Days. We recognize that another year is coming to an end and as we look forward to 5782 we continue to be filled with both anticipation and anxiety. Now that we are emerging from the Covid-19 pandemic, while confronted by a highly contagious, new Delta Variant, what will this new Jewish year be like? Will we be blessed? Will we have lives filled with health and fulfillment? Or, on the other hand, will our lives be filled with more trouble, travail and frustration? Rosh Hashanah and Yom Kippur bring a moment of evaluation of the past and cautious anticipation of the future.

These sentiments are expressed in our services on Rosh Hashanah and Yom Kippur through the liturgy in the Mahzor, the High Holiday prayer book. A few years ago, a new Mahzor was printed. The Koren Rosh Hashanah Mahzor, edited by the late Chief Rabbi Lord Jonathan Sacks, was published as a new addition to the liturgy and commentary of the High Holidays. In his introduction Rabbi Sacks writes that "The genius of Judaism was to take eternal truths and translate them into time, into lived experiences." He suggests that "Rosh Hashanah, the anniversary of the creation

of humanity, invites us to live and feel the human condition in graphic ways."

He then outlines ten major lessons that are taught through the medium of Rosh Hashanah and the High Holiday season. Each of these themes is found in the Mahzor. They give us cause for contemplation, meditation and evaluation.

"The first thing it tells us is that life is short." Rabbi Sacks reminds us of the U'netane Tokef prayer and the stark reality that it paints for us of human mortality. Life and death are held in the balance at this time of year.

"The second is: life itself, each day, every breath we take, is the gift of God." He reminds us that we must take nothing for granted. We do not know what lies ahead not only for the next year, but even for the next day. Each day is a special gift.

"Third, we are free. Judaism is the religion of the free human being freely responding to the God of freedom." We have free choice and the ability to choose good or evil. We can willingly do teshuva, repentance. So much is in our hands.

"Fourth, life is meaningful." We are not put on this earth as mere accidents; we are here for a purpose. It is our responsibility to ensure that we live up to our greatest potential. We know that we can make of life something meaningful for ourselves, our families, our communities, and our world.

"Fifth, life is not easy." Unfortunately, too often we understand and learn this lesson the hard way as difficulties come our way. Each of us has moments of frustration, despondency and difficulty. The Messianic Age has not arrived and each of us is in need of healing.

"Sixth, life may be hard, but it can still be sweet, the way the challah and the apple are on Rosh Hashana when we dip them in honey." It is important to be optimistic, to look forward with hope and faith. This has always been the Jewish credo. To live as a Jew is to be concerned about the small things in life and to never stop giving back to the world. We have the opportunity to make life sweet for others as well.

"Seventh, our life is the single greatest work of art we will ever make." We are God's partners in the process of creation and renewal. This is no small task and it is no small challenge. We have the opportunity to create a new art form by living our lives in such a way that they are meaningful as well as aesthetic.

"Eighth, we are what we are because of those who came before us." As Jews we recognize that we are links in a long chain of history and tradition. We are not disconnected whatsoever from the past. While the Jewish people still exists, it is our responsibility to maintain the continuity of our people well into the future. Rabbi Sacks reminds us that the reason we recall on Rosh Hashana our patriarchs and our matriarchs, as well as Hannah and Jeremiah, is that they all bring us messages of hope for the future.

"Ninth, we are heirs to another kind of greatness too, that of the Torah itself and its high demands, its strenuous ideals, its panoply of mitzvot, its intellectual and existential challenges." Being a Jew is a privilege for we have received a remarkable heritage. We are called upon to be God's witnesses here on earth. As Judaism sets the bar high so must we in our standard of living and in our capacity to do good in the world.

"And finally comes the sound of the shofar, piercing our defense that is a wordless cry in a religion of words, a sound produced by a breath as if to tell us that that is all life is – a mere breath – yet breath is nothing less than the spirit of God within us." This intersection between God and us is part of both the theology and the liturgy of Rosh Hashana and also of Yom Kippur.

These are days of great challenge and of immense importance. We come together as a community recognizing our missteps and our weaknesses as well as the majesty of our uniqueness and our heritage. We come with hopes and dreams and pray that they may be fulfilled. While we don't know necessarily what to expect during the coming year, with hope and with faith we pray that our lot will be good, and our lives blessed.

As we prepare for the new year of 5782, I pray that it be a really good year for us all. May it be a year of blessing, a year of health and personal growth, a year of peace in our community and our country, a year of security and peace for the State of Israel, a year of well-being for the entire Jewish people and a year of much good health for us all.

-RABBI JACOB HERBER

Message from the President



N I'm not sure if ■ everyone is aware of this, but I typically write my article for the HaKol one month in advance. In regular times, I can reflect on what's still to come in the near term but will be behind us at the time of publication. I can also look forward to

what's coming up in the future, confident that it will occur as scheduled. We are not in normal times. Plans for services, High Holidays, and other programs have changed multiple times throughout the month of August (and as of this writing we're not even halfway through the month). I don't know what the future holds and don't feel comfortable referencing services or events that may not happen, but there are a couple of things I know for sure.

First, the High Holidays are upon us. This is a great time for a fresh start and a chance to reflect on the past year. No matter how we each end up observing the holidays this year, I encourage everyone to take some time and think about this past year. We've all heard a lot about silver linings and it's a great opportunity think back on what you've learned. We can also look to the coming year. There are, no doubt, things we have experienced that will help as we move forward in our lives.

Second, I continue to be impressed by, and thankful for, our leadership - the staff, clergy, board members, and lay leaders. This past year we've had some difficult conversations that have led to hard decisions, but we continue to work together to do what's best for the health and safety of our community while working to preserve our traditions.

Thank you to everyone for your support this past year. May your holidays be sweet!

- ILYSE WAGNER,
HERZL-NER TAMID PRESIDENT

Sukkot Orders: Lulav & Etrog, S'chach, & Sukkah Kit Pick-Up

Orders will be ready for pick-up at HNT on: Friday, September 17: 1:00 PM - 3:00 PM or Monday, September 20: 9:30 AM - 1:00 PM

If you placed an order for lulavim/etrogim, please use our self-service pick-up during one of the above times by buzzing into the Lower Foyer entrance. Orders for s'chach and sukkah kits are available for pick up at your convenience beginning September 17 after 1:00 PM in the upper courtyard. Please note that payment must be completed prior to pick-up.

Sukkah Reservations

We are happy to offer a sukkah in the HNT courtyard for families to celebrate a Sukkot meal. This family-sized sukkah, in place of our usual giant sukkah, is available for individual households to reserve at no cost. Reservations are required to ensure tables and chairs can be sanitized between each use. Make a reservation at <u>h-nt.org/sukkah</u>.

Message from Merav Canaan, Executive Director

Dear friends.

I was lucky that my start as the new Executive Director of Herzl-Ner Tamid coincides with the Jewish new year, an ideal time to reflect on what I have achieved in the past and determine where I want to go from here.

To achieve goals, both personal and professional, we must undertake an honest assessment of our abilities to deliver expectations, what aspects of our efforts require renewal and what new opportunities we want to realize.

As I learn about the history of HNT, I can see that its greatest strength lies within its community. As is written in HNT's vision statement, "We are a congregation of leaders who actively practice the principle of repairing the world (tikkun olam). We are firmly dedicated to the ideals of social justice, equality, and a strong support for Israel. Our purpose is one of connection. We connect Jews to Judaism, Jews to each other, Jews to the world".

Looking forward, I am eager to harness the deep passion that I have for Judaism, tikkun olam and Israel. I believe very strongly that, as a people, we have a collective responsibility to give back to our Jewish community, to honor the sacrifices made by those who came before us and to establish an unbreakable link with future generations.

Rosh Hashanah is a time of new beginnings, fresh starts and new opportunities. I am eager to begin our work together, to build on past successes and realize new visions through our collective efforts.

I wish you and your family a Shanah Tovah u'Metukah, a good and sweet year. May you have a year of good health, happiness and many accomplishments.

Merav Canaan HNT Executive Director

Todah Rabbah to...

- Meal delivery drivers who have made trips near and far to drop off meals to those who are not able to leave their homes in July: Nevet Basker, Jason Kravitz, Elliott Moss, and Jessica Prince.
- Julie Ellenhorn, Linda & Efrem Krisher, and Sue & Bob Solomon for running the HaMotzi To-Go pick-up process in July.
- Cheri Levy, Barbara Sherer, & Judy Ziedman for proofing the Memorial Book.
- Elliott & Ryan Moss for their help digitizing HNT membership records.

HaMotzi To-Go



These meals are a win-win: you get the night off from cooking AND help make sure our kosher caterers stay in business! Available for contactless pick-up, or contactless delivery to those who need. Guarantee your meal by placing your order a week in advance.

Grateful appreciation to the Alfred and Tillie Shemanski Trust Fund and other generous donors for subsidizing meals for those in need.

Place your order for September: h-nt.org/sept-meals

Place your order for October: h-nt.org/oct-meals

Meru

SEPTEMBER MEALS

Friday, September 3

Limited supply available

Healthy Summer Small Plate Shabbat* by Mangia Bene Catering

Monday, September 6

Limited supply available

Erev Rosh Hashanah** by Eli Lahav Large Round Challahs available for separate purchase

Friday, September 24

Sukkot Shabbat* by Mangia Bene Catering Large Challahs available for separate purchase

OCTOBER MEALS

Friday, October 1

Vegetarian Mexican Shabbat* by On Safari Foods Large Challahs available for separate purchase

Friday, October 8

Middle Eastern Shabbat** by Purple Beet Catering

Friday, October 15

Regional Italian Fall Shabbat* by Mangia Bene Catering Large Challahs available for separate purchase

Friday, October 22

Indian Shabbat* by Eli Lahav

Friday, October 29

Chicken Soup Shabbat** by On Safari Foods
Families with kids newborn – 5th grade, see page 12

*Dairy/pareve, not made in kosher kitchen

** Made in the HNT kitchen

Social Action Opportunities



JFS High Holiday Food Drive

Drop-Off in Bin Outside Upper Foyer:

Now - September 26

Food Drive-By: Friday, September 24 • 1:00 PM - 2:00 PM

Meet at HNT to Deliver Food to the JFS Georgetown

Warehouse: Sunday, September 26 • 10:00 AM

Over 1,300 households count on the Polack Food bank each month. Let's work together to fill the food pantry shelves and provide families in need with healthy, nutritious food options.

Please donate only the specific items JFS has requested: nut butters, canned vegetables or fruit, canned soup, canned tomato, canned tuna or chicken, dried pasta, toilet paper, cereal, oatmeal, rice, and kosher foods. Please no glass containers, opened packaging, perishable, or expired foods. Acme Food Sales and the Estate of Valerie Polack are generously contributing a matching gift, pound for pound.

We need many drivers to deliver our food donations to the JFS warehouse in Georgetown on September 26! Sign up at h-nt.org/volunteers.

Congregations for the Homeless (CFH) Shelter Meals

Sunday, September 5 • Captained by Nathalie Bentov

The shelter needs meal donations more than ever, as they now serve 100 men each night. Food is dropped off outside, so it's easier than ever to help. Sign up for the meals listed above at h-nt.org/calendar or email ShelterMeals@h-nt.org to learn how easy it is to captain a meal with a group of friends.

Teen Feed: Cook-At-Home Edition

Sunday, September 26

Through the pandemic, our Teen Feed leaders have been cooking meals for 80 in their homes, but they'd love to have your help! Choose to make a main, side, or dessert for 80 in your home and drop off (contactless) at the home of this month's Teen Feed leader.

Email TeenFeed@h-nt.org for details and to sign up.

Afghan Crisis Information and Support

JFS is continuing to build their general volunteer on-call list to support the refugee team. Possible volunteer assignments include: sorting donations, picking up furniture, move in help and grocery shopping. If you would like to be added to this list, please fill out the volunteer application located here as well as read and sign the Volunteer Handbook located here. Feel free to scan or take a photo and send it back to volunteer@jfsseattle.org. You can also consider other ways to support our efforts by making a donation here or purchasing an item from our Amazon Wish List (please note that these resources go towards all of the refugees we serve and not Afghan refugees exclusively).

Spetember 2021





SummeRun for Ovarian Cancer Research

Todah rabbah to team captains Nancy & Wayne Morse and 39 teammates who raised \$3,136, well over our goal of \$2,000! Thank you for supporting our HNT Team and recognizing the importance of the fight against ovarian cancer. Together we are making a difference, and we look forward to seeing everyone in person next year!

Teen Feed

Thanks to July Teen Feed Leader Brian Lurie, and the rest of our volunteers including Norene & Rich Arnold, Mariann Drucker, Natalie Levy, Rochelle Romano, and Susan Tapper, for providing a drop-off dinner for 70 homeless teens.

Shelter Meals

Thanks to our August shelter meal captains, Julie Ellenhorn and Nadine Strauss, for feeding 125 meals for Congregations for the Homeless and Elizabeth Gregory Home.

Pop-Up Blood Drive

Many thanks to the 89 donors who rolled up their sleeves at our August Pop-Up Blood Drive! Those donations have the potential to save 225 lives. Stay tuned for details on our next blood drive.

September Anniversaries

1	Will & Lauren Leahy	26	7	Benjamin & Trea Diament	13
1	Ken & Mathy Lustig	25	8	Adam Szpiro & Anne Pesenson	13
1	Jeff & Melanie Miller	8	8	Eliyezer & Ruth Kohen	34
1	Paul & Andrea Blustein	36	8	Norman & Lisa Judah	40
1	Carl & June Silverberg	<i>37</i>	9	David & Karen Rosenzweig	42
1	Aaron & Judy Findley	19	10	Yuval & Melissa Mazor	15
1	Tzachi & Lara Litov	30	10	Joe & Judy Schocken	52
1	Norman & Barbara Walker	64	10	Barry & Marcy Bockow	44
2	Greg & Jenn Rosenwald	14	11	David & Vivian Blum	45
2	Jonathan & Karen Langman	14	12	Gary & Sharon Constantine	40
2	David & Judy Benami	35	13	Eli Livne & Esti Karson	34
4	Ryan & Jodi Sternoff	16	13	Joey & Marcia Mayo	48
4	Bryan & Michelle Kulp	10	14	Liron Ziv & Lirit Maslan Ziv	7
4	Edward & Elaine Epstein	55	14	Jeff & Andrea Cordova	<i>3</i> 5
5	Aaron & Leigh Anne Kiviat	17	14	Adam & Annette Sherr	24
5	Seamus & Avra Dolan	10	15	Albert & Betty Hasson	64
5	Marty & Melissa Nelson	22	17	Mike & Elisabeth Spring	16
5	Drew & Dena Herbolich	28	18	Arie & Amy Salomon	<i>32</i>
5	Sam & Rachel Blum	11	18	Justin Magaram & Amy Schottenstein	<i>27</i>
5	Jerry & Judy Weiser	45	21	Kevin Bachus & Chanel Summers	24
5	Eitan & Ella Toker	61	21	Sam & Jaime Slutzky	18
5	Scott Stone & Rachel Dobrow Stone	17	23	Amos & Barbara Szpiro	54
5	Billy & Dana Pruchno	28	24	Wayne Gotel & Alisa Margolis	18
5	Marc Shecter & Kindra Perkins Shecter	22	26	Avi Dunn & Daisy Matsa-Dunn	25
6	David & Michele Skinner	31			

ANNUAL APPEAL

We are moving towards a very exciting time in our congregation. Rabbi Herber has now been our Senior Rabbi for a full year, and hopefully many of you are getting a chance to finally meet him. Merav Canaan has become our new Executive Director, and you can expect to hear more from her soon. And many of us were able to return to the building, albeit briefly! With new leadership in place and the hope of expanded on-site offerings, the needs of our community and our building will continue to grow. There are many HNT families that are still suffering financially from the impact of the pandemic.

HNT has a longstanding tradition of welcoming all members of the congregation regardless of financial means. We are proud of this tradition, and to be able to support our congregation who cannot afford their full membership commitment. It is possible, only through the generosity of those who are able to give additional amounts above the invoiced annual commitment. We hope

many of you will consider an additional level of support.

We are also aware that many people in our greater community are in need, and any act of kindness, no matter how small, does make a difference. We hope, that in the coming year, you will be part of our efforts to make a difference in our community by donating your time and your financial support to HNT's Social Action initiatives.

This past year, we have demonstrated how well HNT can continue to fulfill our mission of connecting Jews to Judaism, to each other, and to the greater community from the comfort of our homes. Your financial support will ensure that we can continue to do more, for our membership and beyond, in the coming year.

Please donate to the Annual Appeal at h-nt.org/appeal and to the Social Action Appeal at h-nt.org/sa-appeal, or using the pledge cards mailed to you in August.

COVID-19 Vaccine Scheduling Help

Do you need help navigating the process of scheduling a COVID-19 vaccine appointment? Check out our COVID-19 Vaccine Resources document for helpful links and numbers. If you're still having trouble, Dafna Tarlowe, an HNT volunteer, would love to help you! Contact Dafna at VaccineHelp@h-nt.org or 206-383-2695.



A Message from Director of Education Dr. Eliyahu Krigel, CJE

A Dvar

"No person is like another. From the day of the creation of the first human and onward, no person can fix this world what is the responsibility of another to fix. Everyone has their destiny and assignment in life."

-NETIVOT SHALOM, LECH LECHA

abbi Sholom Noach Berezovsky (1911-2000) was known as the Slonimer Rebbe. In his most famous work called Netivot Shalom (Paths of Peace) in the quote above, the Slonimer Rebbe reminds us of our great potential to follow our own unique path in life. We do this at FRS by aiming to make the experience relevant and engaging for all our students so they can find their own place in their learning process. When the learning is relevant then it has the potential to last for a lifetime. What happens when we want to go in a certain direction and then our plans change for a variety of reasons beyond our control? We are all becoming experts in answering this guestion. The challenge of Covid-19 is also an opportunity. All obstacles are potential doorways for growth and additional learning. In the Torah in Parsha Ki Tavo there are curses and blessings. If you count the words in the curses, there are 676 words. What might 676 represent? The numerical value of God's name squared. 26 multiplied by 26 equals 676! Even in the curses there is a blessing! Within the curses is the power to do teshuva and return to our greatest potential! Thanks for joining me on this journey of turning the challenging situation of Covid into a blessing this year by being engaged with FRS virtual school.

We have been working diligently over the summer to plan for FRS. As you know already all FRS related activities and programming have now been moved online to a virtual format until second semester. If the serious risk posed by the Delta variant subsides and it's safe to pivot to the hybrid model before the end of the Fall semester, we will do just that. In August 2021 the Executive Committee and Board made the very difficult decision to pivot FRS for the Fall term out of deep concern for our unvaccinated children. Our decision was based, in part, on the recommendation of two well respected physicians in the community.

Following your destiny begins when we learn each other's name. Many of us have not seen each other in the past year and so we are thrilled to be in the process of opening back up even though we will be in a virtual format. The silver lining of Zoom is that now we see each other's name right away on the screen from our own homes. We also are able to bring speakers and guests to FRS from across the country in a virtual context. Rhythm 'N' Ruach is our new music program based on the east coast. Rhythm 'N' Ruach offers music programming that is engaging, fun, and educational. Founded in 2011 by Shelley Dean, we are excited to offer this program on Zoom within the FRS program this year.

The Midrash in Kohelet Raba says that a person has three names: One name a person is called by their parents, one name people in the community know this person by, and one name a person acquires for themselves. What will be your name you work hard to acquire for yourself this year as we re-open virtually and imagine the possibilities ahead? We have reimagined FRS to be a joyful place where best friends abound. We can only do this with your full participation and cooperation. We look forward to creating a warm and enriching environment online so we can continue our learning together. I look forward to working with you as partners in this process! L'Shanah Tovah, Happy New Year to you and your family!



Dr. Elizahu Krigel



Register for the Frankel Religious School on Zoom

First Day of FRS, September 12 • 9:30am - 12:15pm

Thank you for registering for FRS for the 2021-2022 academic school year with this link below so we can plan accordingly: https://campscui.active.com/orgs/HerzlNerTamid?orglink=camps-registration#/selectSessions/2987340



Tot Shabbat

Fridays @ 9:45-10:30am

Presented by Stroum Jewish Community Center, Herzl-Ner Tamid Conservative Congregation, PJ Library, and Jewish Federation of Greater Seattle

Join Chava Mirel and Dr. Eliyahu Krigel for Tot Shabbat. Fun for the entire family right in your own living room! Watch via the <u>SJCC Facebook Live link</u> by tuning in. Email Dr. Eliyahu Krigel at <u>eliyahu@h-nt.org</u> for the Zoom link.



The Virtual High Holiday Youth Program 5782

All youth programming and family services will be virtual on Zoom this year

All participants will have the unique opportunity to learn with Scott Fried during the virtual program this year. Scott is an internationally award-winning speaker and youth advocate! Scott's affirming message of hope and resilience will motivate and inspire. More info about Scott can be found by clicking Scott Fried! The middle school program will be facilitated by Dr. Sherri Shulman, the 7th grade teacher at FRS. Ari Joshua will facilitate the high school program. More info about Ari Joshua can be found by clicking Ari Joshua! Separate programming for middle and high school students will include compelling discussions and a prayer experience. Please see links and times below for the virtual school! Use the standard password for all the links.

September 6:

10:00-11:00am: New Year's Eve for Young Families with Laura Cannon: https://zoom.us/j/3448064876

September 7:

10:00-11:00am: 1st Grade – 5th Grade Service with Scott Fried and Laura Cannon: https://zoom.us/i/9750526089

11:00-12:00pm: Middle School Program: https://us02web.zoom.us/j/3688530574

11:00-12:00pm: High School Program: https://zoom.us/j/2916677376

11:00-12:00pm: Rosh Hashanah Family Service for Families with Young Children (Kindergarten and Below) with Laura Cannon along with a Puppet Show from Cindy Droker: https://zoom.us/j/3448064876

September 8:

11:00-12:00pm: Rosh Hashanah 2nd Day Family Service for all Families with Laura Cannon: https://zoom.us/j/3448064876

September 15:

6:30-7:30pm: Kol Nidrei Family Service for all Families with Laura Cannon: https://zoom.us/i/3448064876

6:30-7:30pm: Middle School Program: https://us02web.zoom.us/j/3688530574

6:30-7:30pm: High School Program: https://zoom.us/i/2916677376

September 16:

10:00-11:00am: 1st Grade – 5th Grade Service with Scott Fried and Laura Cannon: https://zoom.us/i/9750526089

11:00-12:00pm: Middle School Program: https://us02web.zoom.us/j/3688530574

11:00-12:00pm: High School Program: https://zoom.us/j/2916677376

11:00-12:00pm: Yom Kippur Family Service for Families with Young Children (Kindergarten and Below) with Laura Cannon along with a Puppet Show from Cindy Droker: https://zoom.us/j/3448064876

Please contact Dr. Eliyahu Krigel with questions at eliyahu@h-nt.org or for the password. Thanks for your participation. L'Shanah Tovah, Happy New Year!

Challahluyah Shabbat Made Simple

Friday, October 29 • Order & register at h-nt.org/simple

2:30 PM - 3:30 PM

Pick-up your Chicken Soup Shabbat Kit (order required)

Families with kids newborn through 5th grade are invited to order a Chicken Soup Shabbat Kit, which includes a chicken soup Shabbat dinner* sized for a family of four, with the option to add more for larger families, Shabbat ritual items and a kids activity.

Subsidized Shabbat Kit Price:

\$18 per family of four (open to all)

'Give-More' Shabbat Kit Price:

\$60 per family of four (for those who opt to pay more towards the actual cost) Guarantee your order by October 22.

*Prepared in the HNT kitchen by On Safari Foods.



5:00 PM - 5:30 PM

Welcome Shabbat with Claudia Friddell,

Josh Niehaus, and Dr. Eliyahu Krigel

As you prepare for Shabbat, enjoy a special Zoom Noar with guest children's author Claudia Friddell, along with music and fun with Josh Niehaus. Claudia will be reading *Saving Lady Liberty*. The book is a story of Jewish immigrant publisher Joseph Pulitzer and his crowdfunding campaign to build the pedestal for the Statute of Liberty. All families registered at h-nt.org/simple will be entered to win one of two copies of the book! Invite Bubbe and Zayde and your extended family.

Funding for Challahluyah: Shabbat Made Simple was made possible, in part, by a grant from the Jewish Federation of Greater Seattle.

The Alef-Bet of Gen Z Parenting with Scott Fried

First Day of FRS, September 12 • 10:00am - 11:00am on Zoom

For the Zoom Parenting session, use the standard password and here is the link: https://zoom.us/ji/9750526089 Start out the year with educator Scott Fried when FRS students head to class after our morning assembly. Scott will work with our parents on learning helpful parenting techniques in the age of Covid-19. See flyer for more detail. Scott will tailor this talk to FRS parents with elementary school students. Join other FRS parents together when the students head to class to come together for support and encouragement in this difficult time. For more information about this parenting program for FRS parents, please email Dr. Eliyahu Krigel at eliyahu@h-nt.org. Click https://htt.wufoo.com/forms/the-alefbet-of-gen-z-parenting-with-scott-fried/



The Gwenn and Dean Polik and Valerie Polack, z"l Israel Class: Understanding, Advocating, and Connecting to Israel

9/19, 10/24, 11/14, 12/12, 1/23, 2/6, 3/27, 4/24, 5/15 4:00pm - 5:00pm on Zoom

Our trip is now full, but the class is still open to all 8-12th graders from HNT and beyond! This advocacy class is an opportunity for our students to develop their relationship with Israel. The following topics will be explored during our 8 sessions of learning at HNT:

- Ancient Israel: Exploring the biblical connection to Israel
- 2. Israel Advocacy: Address, Reframe, Message
- 3. Jerusalem: City of Peace
- 4. Israeli Society: Who is considered an Israeli?
- 5. Yad Vashem: Uncovering the roots of anti-Semitism
- 6. Israel through the ages: How can archeology help us understand the past in Israel?
- 7. Dual Narrative: Understanding the Palestinian narrative.
- 8. Reflections and Appreciations

This class will be beneficial to students even if they are not attending the trip because it will give them the valuable tools needed to talk intelligently and passionately about Israel as well as an opportunity to further explore and deepen their connection with Israel. The cost of the class which includes special guest speakers on relevant topics related to Israel is \$400 for HNT members and \$500 for non-members. Thanks to Gwenn and Dean Polik for supporting this program in honor of the memory of Valerie Polack, z"l. To register for the class, please click below: https://hnt.wufoo.com/forms/the-masa-program-israel-class/



Better Together: A New Virtual Program for Teens and Elders!

9/26, 10/31, 11/21, 12/12, 1/30, 2/13, 3/27, 4/24, 5/15 11:00am - 12:15pm on Zoom

We are excited to announce HNT has received a grant to bring the Better Together program to our community. Better Together (https://www. bettertogetherinabox.com/) is a grant program with an all-inclusive curricular guide to enable teens to run safe virtual programs between tweens/teens and the elderly. Calling all students in ages 12-18 to participate as well as interested elders in our community. This program will connect teens and elders in a meaningful way in order to benefit and support both age groups. Better Together is new program we are starting at HNT in order to empower teens to reach out to the elderly, befriend them, and make their day a little brighter which in turn, brightens the teens' lives immeasurably. Better Together is a program developed and operated by a well-respected national foundation. Teens and elders meet together on Zoom from 11:00-11:45 and then teens meet from 11:45-12:15 on Zoom to process and continue the learning.

Please register for the Better Together program with this link:

https://hnt.wufoo.com/forms/better-together/

Adult Education

Introduction to Judaism Taught by Rabbi Jacob Herber

Sundays, beginning October 3 10:30-11:30am via Zoom

This course is open to all, and is perfect for interfaith couples, those raising Jewish children, spiritual seekers, individuals considering conversion, and Jews who want a meaningful chance to reconnect with their Judaism as an adult. This class will be held online using Zoom to meet and learn together. Those who register will be sent login information prior to the first class on October 3. Please be sure to purchase the books listed on the registration page prior to the first class. Please register for this class by clicking below: https://hnt.wufoo.com/forms/introduction-to-judaism/

Lunch & Learn with Rabbi Jacob Herber

Wednesdays, beginning October 13 12:00-1:00pm via Zoom

Join Rabbi Herber for the series, "The Walking With," created by the Ziegler School of Rabbinic Studies in partnership with the United Synagogue of Conservative Judaism, the Rabbinical Assembly, the Women's League for Conservative Judaism, and the Federation of Jewish Men's Clubs. Topics will include: Walking With Life, Walking With the Jewish Calendar, Walking With Mitzvot, Walking With History. Participants should read "Lifecycle, Covenant Cycle in preparation for the first session.

You can access the text here: https://www.aju.edu/sites/default/files/sites/default/default/docs/Walking%20
With%20God/Walking%20With%20Life/2%20-%20
WwLife%20Introduction%20%5BUnit%201%5D.pdf

A link will be sent to out once registered. To sign up for Lunch & Learn, please use this link:

https://hnt.wufoo.com/forms/lunch-learn-with-rabbi-herber/

Foundations for a Thoughtful Judaism Taught by Rabbi Jacob Herber

Every Other Wednesday, beginning October 20 7:00-8:80pm via Zoom

Join Rabbi Herber for Foundations for a Thoughtful Judaism, The Shalom Hartman Institute's latest curricular project, which offers a sophisticated yet accessible introduction to philosophical ideas in Jewish peoplehood, practice, faith, and ethics. Within these four rubrics we will explore the following questions:

Peoplehood

Explores questions related to the collective experience of Jewish life: What does it mean to be part of the Jewish community? To what extent can communities hold diverse and shared values at the same time? What does Jewish Peoplehood mean today, when the centers of Jewish life, North America and Israel, are so different and independent from one another?

Faith

Explores questions related to what a relationship in God and a life of faith entails: Where does faith come from? What are the models in Jewish tradition for a complex relationship with God which includes reverence and joy, but also anger and argument? Where does doubt fit into a life of faith? Where do Jews who do not believe fit in?

Practice

Explores questions that are fundamental to Jewish practice: What is the system of mitzvot trying to accomplish? Why the need for ritual action beyond belief? How have Jewish thinkers conceived of the meaning of mitzvot in an age of radical human autonomy?

Ethics

Explores questions related to ethical obligation and decision-making: How has Jewish tradition conceived of what we owe other people? How might we approach ethical dilemmas which test our loyalties to values and to people?

Please register for this class by clicking below: https://hnt.wufoo.com/forms/foundations-for-a-thoughtful-judaism/

Adult Education

Adult Hebrew at HNT on Zoom

Take your Hebrew acquisition to the next level during this difficult pandemic. We are open to accepting new students. Now is the time to learn Hebrew! All classes are taught by Morah Janine Rosenbaum virtually through Zoom. The following link below contains all the adult Hebrew classes for the 2021-2022 academic vear. The Zoom link is within the wufoo link below or email Janine with questions. Classes include Modern Hebrew, Biblical Hebrew, Prayer book Hebrew, and Beginning Hebrew. We have the right class for you. If you do not see a class that meets your scheduling needs, please email Morah Janine at Janinerosenbaum@ comcast.net or call her at 206-963-4933. Thank you for your interest in learning Hebrew. Sign up today this this link: https://hnt.wufoo.com/forms/ae-hebrew-classes- at-hnt-virtual-20212022/

Christians & Jews in Conversation

In response to the growth of antisemitism sentiment in the Puget Sound community and nationally in America, we are offering a series of classes and interactive experiences which address the historic Christian-Jewish relationship in all of its complexity. This is a continuation and deepening of the work we began together in January 2021. Two Paths to One God is a pre-requisite course for new classes with Rabbi Jay and Rev. Elizabeth coming in 2022.

Coming in February:

Making Spirit Matter: The Relationship between Body and Soul in Judaism and Christianity

Taught by Rabbi Jay Rosenbaum and Rev. Elizabeth Riley

Coming in the Spring:

Israel Matters: How Christians and Jews May Think Similarly and Differently About the People and the Land

Taught by Rabbi Jay Rosenbaum and Rev. Elizabeth Riley

Two Paths to One God: Jews and Christians Exploring Holy Difference

Wednesdays, September 30, October 7, 14, 21, & 28 7:00 PM – 8:45 PM via Zoom Taught by Rabbi Jay Rosenbaum and Rev. Elizabeth Riley

Fifty years ago, the Christian world revolutionized its relationship with the Jewish people by rejecting the teaching of contempt, the belief that Jews were to be blamed for the death of Jesus. This led to a dramatic decrease in Christian antisemitism. But, in recent decades, antisemitism has once again been on the rise both in our local community, and globally. In our age of polarization, the profound transformation of Jewish-Christian relations can serve as a model for all of us.

- What led to the teaching of contempt in the first place?
- What has harm has come from anti-Semitism? How is it reemerging?
- What is the work we still have to do to create a more compassionate relationship?
- How is it possible for Jews and Christians to feel passionately about our own religion without denigrating each other's traditions?
- Can there be more than one truth about God?
- How can a deepening understanding between Jews and Christians create opportunities for us to work together to build a better world?

Open to anyone who was not part of our First Cohort to take this course in January 2021, \$50 per person.

Please register for this course with this link: https://sjcc.org/event/two-paths-to-one-god/2021-09-30/

For more information about any of these programs, please email Dr. Eliyahu Krigel at eliyahu@h-nt.org.

Within the Shul Family

We Celebrate:

- Grandparents Janet Gray & Bradley Rind on the birth of Atlas Jae Rind
- Parents Mark & Sharon Sandler on the Marriage of Jon Sandler to Jamie Jessup
- The engagement of Ashley Rowland to Johnathan Cocks
- * HNT members are listed above. For a complete list email Ashley@h-nt.org

We Offer Condolences for:

- Max Lewis z"l, grandson of Saul & Joyce Rivkin
- Sydney Godel z"l, father of Bonnie Cape
- Selma Stroum z"l
- Debra Rickles Davis z"l, sister of Valerie Epstein
- Lynda Wegodsky z"l, sister of Sharon Sandler
- Edward Richman z"l, father of Karyn Barer

Refuah Shelemah to Congregants:

Marion Aronson, Sandy Bing, Margaret Castellanos, Ellis Corets, Larry Epstein, Valerie Epstein, Myriam Feldman, Paula Feldman, David Gilman, Lois Glass, Esther Lott, Saul Rivkin, Susanne Rosenkranz, Sandy Samuel, Stan Sidell, Sylvia Siegel, Jeanne Snyder, Netta Sonkin, Eitan Toker, Bridget Wellen, Michelle Younker

- * HNT members are listed above. For a complete list email Ashley@h-nt.org
- * If you or someone you know is on the Refuah Shelemah list and no longer needs healing prayers, we would be delighted to remove their name. Please contact the office to request that a name be removed.

How To Connect to Virtual T'filot:

*Services with an asterisk (right) can be accessed via one-way livestream by visiting <a href="https://hencledge.com/hencledge.c

Join all other virtual services via two-way Zoom on any desktop computer, laptop, tablet, or smartphone at: h-nt.org/services or use a landline to have an audio-only connection by dialing +1669-900-6833, 814064429#

September T'filot

Morning Minyan:

Weekdays: 7:30 AM, Sundays & Secular Holidays: 9:00 AM

Friday, September 3
Birthday Shabbat
6:00 PM Services

Saturday, September 4 10:00 AM S 10:00 AM Services

Monday, September 6 6:00 PM Erev Rosh Hashanah Services*

Tuesday, September 7 8:15 AM Rosh Hashanah Day 1 Services* 1:15 PM Tashlich

6:00 Mincha/Ma'ariv Service*

Wednesday, September 8 8:30 AM Rosh Hashanah Day 2 Services*

> Friday, September 10 6:00 PM Services

Saturday, September 11 10:00 AM Services

Wednesday, September 15 6:30 PM Kol Nidre Services*

Thursday, September 16
9:30 AM Yom Kippur Services*
5:00 PM Mincha*
6:30 PM Ne'ilah/Ma'ariv*

Friday, September 17 6:00 PM Services

Saturday, September 18 10:00 AM Services

Tuesday, September 219:30 AM Sukkot Day 1 Services

Wednesday, September 22 9:30 AM Sukkot Day 2 Services

Friday, September 24
Anniversary Shabbat
6:00 PM Services

Saturday, September 25 10:00 AM Services

Tuesday, September 28
9:30 AM Shemini Atzeret Services
7:15 PM Erev Simchat Torah
Services

Wednesday, September 29
9:30 AM Simchat Torah Services

Friday, October 1 Birthday Shabbat 6:00 PM Services

Saturday, October 2 10:00 AM Services

^{*} HNT members who are direct mourners are listed above. For a complete list of mourners, email <u>Ashley@h-nt.org</u>



BELOVED DEPARTED

Memorialized with Yahrzeit Plaques at HNT

SHABBAT OF	Shabbat of	Shabbat of	Shabbat of
September 3/4	September 10/11	September 17/18	September 24/25
4 Joseph Lander Ada Sanft Benton Sterling 5 Irwin Wirth Sam Zarkin 6 Jack Lewis Charles Leopold Irwin Poll 7 Abraham Fish 8 Harry DuBonne Jennie Lazansky 9 Ruvim Kushner 10 Birdye Wienir Shimon Weinberger Hermina Orchinsky Lawrence Kuznetz Anne Sorsky Samuel Wienir	11 Sara Weinthrop Margaret Klatzker 12 Celia S. Champagne 13 Marlene Robinson Louie Sanft Sophie Lentzer Samuel Roth Louis Rosenblatt Hetty Lighter 14 Freda Stoffer Zelma Schocken Dora Bloch Herbert Danz 15 Fanny Sanft Sora Pomeraniec Simcha Pomeraniec Simon Finkelstein Musha Pomeraniec Izchak Pomeraniec Arie Pomeraniec Arie Pomeraniec Nathan Sharin Regina Powazek Meir Pomeraniec Sol Topolovitz 16 Fanny Frankel Sally Jungster Betty Jungster Hermann Oppenheimer Annie Pearl Werner Frankel Peter L. Thomas Lucy Sytman 17 Mark Feldman	18 Murray Seymour Goldman 19 Kurt Leeser Riva Spokoiny Pauline Margolis Nora Eilenberg 20 Sophie Dwoskin Eleanore Friedman 21 Leah Solomon Anny Shifrin George Miller Abraham Wise Sidney Tat 22 Rita Rickles Lena Mutchler 23 Morris Pearl Joseph Arshon Salo Matzdorff 24 Sophie Mesher Lydia Vinnick Anita Harris	25 Jean Putter Betty Lesch Charles Waldman Marcus Lobl Ida Sadick Rebecca Mesher 26 Morris Mesher Herman Tapper David Droker Max Efron Abraham Lemchen Meyer Rothstein Shirley Ungerleider 27 AI Sanft Judah Delson Mary Wittenberg Rita Schlesinger Abraham Sterling 28 Nathan Sobel Ludwig Stern M. Joseph Ungerleider Rena Gerson Lily Kremen 29 Sophie Levin Loren Galanti Louie Hasson 30 Marsha Rivkin Ida Ginsberg Esther Goldstein 1 Samuel Stoffer Fanny Pinchev Joseph Coyne



IN SUPPORT OF ONE ANOTHER

These generous tributes were made through July 31

Building Fund

In Memory of

Max Lewis Faye Plum

Amy Mackoff Campership Fund

In Honor of

Barbara & Howard Shulman's

new grandchild
Ilyse & Greg Wagner

In Memory of Max Lewis

Ettie Davis, Sheri & Julie

Cantor's Discretionary Fund

In Honor of

Bill Jaffe's Special Birthday Freya Libby

In Memory of

Lawrence Robinson

Andrew Robinson

Joyce Kligerman

Cheryl Lamin & Family

Max Lewis

Michael & Shainie Schuffler Susan & Lonnie Edelheit

Sydney Godel

Richard & Barrie Galanti

Yevgenia Verlinsky

The Verlinsky Family

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Rose Siegel

George & Sylvia Siegel

Robert Schuffler

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Eileen Mintz Kitchen Fund

In Memory of

Beloved Zeppelin (Zeppy)
Dan & Flaine Mintz

Endowment Fund Donations

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Max Lewis

Carol & Arny Barer

Sydney Godel

Carol & Arny Barer

Flowers Fund

In Memory of

Rose Siegel

Larry Lemchen

Frankel Library Fund

In Memory of

Max Lewis

Wayne & Nancy Morse

General Fund

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Gert Frank

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Dean & Gwenn Polik

Raquel Shapiro, Daniel & Sina Shapiro

& Elan & Emily Shapiro

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Ellie Halevy, Larry, Orli and Gabe Kalman

Jill & Chuck Friedman

Stacy & Mike Vinnick

Selma Stroum

Faye Plum

Zeena Bookspan

Cheri & Mike Levy

Norman H. Cutson

Israel & Betsy Rosen

- - - -

Samuel Teichman

Joel & Barbara Konikow

Charles Permut

The Permut Family

Memorial Fund

In Memory of

Rhoda Appelbaum

Andrew Appelbaum

Marshall Wartnik

Norman Wartnik

Anthony Wartnik

Alec Barrat

Barbara Solomon

Bess Pollock

Brian Pollock

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IN SUPPORT OF ONE ANOTHER

These generous tributes were made through July 31

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Hyman Lewis

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Mitzvah Corps Fund

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In Memory of

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Peggy & Bruce Gladner

Morning Minyan Fund In Memory of

Lawrence Robinson

Andrew Robinson

Max Lewis

Arlene Schuster

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Craig & Sheila Sternberg

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Ilyse & Greg Wagner & Family

Larry Lemchen

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Pay It Forward Fund

In Appreciation of

Nadine Strauss

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In Honor of

Nadine Strauss' Retirement

Jeff Robinson & Carol Stockton

Nadine's 3+ Decades of Service

Michelle Younker's 50th Birthday

Joanne & Larry Glosser

Joanne Glosser

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In Memory of

Max Lewis

Dan & Elaine Mintz

France Cokan

Gail Wiener

Sydney Godel

Susan & Lonnie Edelheit

Victor Putter

Larry Lemchen

Laura Weiss

Marcia & Dr. Bruce Levy

Judith Kalb

Mindy, Dave & Sam Landsman

Stanley Adler

The Adler Goldberg Family

Rabbi Herber's Discretionary Fund

In Memory of

Lawrence Robinson

Andrew Robinson

Janet Neumann & Ricardo Wenger

Sydney Godel

James & Robin Parsons

Rabbi Rosenbaum's **Discretionary Fund**

In Memory of

Sydney Godel

Jenna Sytman

Frankel Religious School Fund

In Memory of

Sydney Godel

Audrey Covner

Max Lewis

Ron & Lori Kaufman

Youth Activities Fund

In Memory of

Debra Shira Putter

Larry Lemchen





Herzl-Ner Tamid Conservative Congregation

Affiliated with The United Synagogue of Conservative Judaism

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Bradlee Kurland, Cantor /Cantor@h-nt.org
Merav Canaan, Executive Director /Merav@h-nt.org
Dr. Eliyahu Krigel, CJE, Director of Education /Eliyahu@h-nt.org
Rebecca Frankel, Program Director /Rebecca@h-nt.org

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HERZL MEMORIAL PARK

16747 Dayton Avenue North, Shoreline, WA 98133

If there is a death in the family, contact the Seattle Jewish Chapel at 206-725-3067. For more information about the Herzl Memorial Park, contact Elaine Weinstein at 425-455-4703. In times of loss, or in need of pastoral care, HNT members should call the HNT office at 206-232-8555.



Herzl Memorial Park Cemetery Committee

Elaine Weinstein, President

Jennifer Malakoff, Vice President

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Steve Burns, Treasurer

Harris Klein

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To always have a well-maintained cemetery, please consider remembering Herzl Memorial Park in your Will, or by contributing to the cemetery's Endowment Care.