



# HaKol



HA KOL IS THE NEWSLETTER OF **HERZL-NER TAMID CONSERVATIVE CONGREGATION**



## AFFINITY GROUPS

HNT is building community with Affinity Groups, connecting members with shared interests or circumstances.

[Learn more on page 3 →](#)



# A Message from Rabbi Jacob Herber



Rabbi Jacob Herber

There's a well-known saying that's become ubiquitous around Purim and Passover: "They tried to kill us. We won. Let's eat."

The minor holiday of Purim and the major festival of Passover certainly warrant the aphorism. During Purim we read about wicked Haman failed at perpetrating genocide against us. During Passover we will read about Pharaoh and how he issued a decree to kill every male Israelite baby. The Jewish People survived both threats. Our survival was nothing short of remarkable, and it's more than worthy of celebration. It's a really good reason to feast.

Haman and Pharaoh, however, aren't the only dangers that we faced in the Purim and Passover stories. There was another danger — the threat of disappearing into the majority culture. Before the Passover story really began, Joseph had been living in Egypt for many years. When Jacob, Joseph's father, came to Egypt, Joseph introduced Jacob's grandchildren, Ephraim and Menasheh, to Jacob for the very first time. When Jacob first saw his grandchildren he asks Moses, "Who are they?" Traditional commentators interpret Jacob's query to mean that Jacob didn't recognize his grandsons because they looked like Egyptians. Later, in the beginning of the Passover story, we see that Moses is named not by his parents but by a daughter of Pharaoh. She gives him a name that's Egyptian, not Hebrew.

At Purim, we encounter two Jewish heroes. Both aren't known by their Hebrew names. Esther is her Persian name that is often associated with the Babylonian god Ishtar. The

text tells us that her Hebrew name was Hadassah, meaning myrtle. Mordechai is a Persian name that's often associated with the Babylonian god Marduk.

As Jews living in America we can learn a lot from these heroes. They had non-Jewish names and dressed like their neighbors but still managed to have strong Jewish identities and play essential roles in miraculous events that saved the Jewish People. Even though these Jews were perceived as completely assimilated, they found a way to live in both cultures. We learn from these two narratives that partaking in one civilization doesn't exclude one from the other. Living in both civilizations or cultures, Jewish and American, isn't only possible, it's enriching.

Many Jews throughout our history saw assimilation as a threat to Judaism. Now that we've experienced Purim and are on the threshold of Passover let's celebrate the fact that assimilation didn't kill us in ancient Egypt or in ancient Persia. With care, dedication, and intention we can live and thrive fully as Americans and Jews. Being a part of American culture doesn't have to destroy the Jewish part of who we are if we're careful to cultivate our Jewish identity, and also live by our Jewish values. Immersing ourselves in American and Jewish cultures can be a big win for us. So let's eat!

Wishing you a very Happy Passover!

-RABBI JACOB HERBER



# AFFINITY GROUPS



HNT is building community with Affinity Groups, connecting members with shared interests or circumstances. Groups are lay-led, can be virtual or in-person (following HNT's COVID policies), and can be year-round or seasonal at any frequency.

If you haven't already, please take a moment to fill out our survey, where you can show interest for our upcoming starter groups and suggest ideas for what else you'd like to see: <https://hnt.wufoo.com/forms/affinity-groups-survey>

## Current Affinity Groups:

Board Games • Bowling • Challah baking • Cycling • Gardening • Golfing • Hiking • Needle arts (knit, crochet, needlepoint...) • Skiing • Trains (real & model) • Zoom Shabbat Dinners

Sign up at <https://mailchi.mp/cd345936d6f5/rt8wj2u7j7>

Each of the potential groups below have several people interested, but don't have leaders. If you'd like lead one of these groups so it can be created, email [Rebecca@h-nt.org](mailto:Rebecca@h-nt.org):

Cooking • Mahjong • Walking

## Upcoming Events:

**Cycling Affinity Group Ride**  
**Sunday, April 3 • 10:00 AM**

The inaugural ride will be a lap around Mercer Island beginning from HNT. If you want a little longer ride you are certainly welcome to ride to HNT from home. This is casual and social, so we won't be racing and won't drop riders. Please register for the ride at <https://www.signupgenius.com/go/20f0f4ba4ab2ea5f49-april>.

**Virtual Shabbat Dinner**  
**Friday, April 29 • 7:15 PM**

Join us for the first Virtual Shabbat Dinner for this group! Many home Shabbat Tables will become one Virtual Community. A zoom link will go out that week. Please RSVP to Gail or Linda: [gailawiener@gmail.com](mailto:gailawiener@gmail.com) 206-819-2516, [jacobslr@comcast.net](mailto:jacobslr@comcast.net) 425-894-3631.

**Board Games Affinity Group**  
**Sunday, May 1 • Time TBD**

Please contact Ashley Rowland for more details: [ashley@h-nt.org](mailto:ashley@h-nt.org)





## *“Hametz” during Passover*



We are commanded not to eat, see, or possess any “hametz” during Passover. Hametz, usually translated as “leaven,” is technically any one of the five biblical grain species – wheat, barley, rye, spelt, or oats – that has been in contact with water for more than 18 minutes. That’s why matzah is OK during Passover, but bread isn’t. Alas, beer and whiskey, with rare exceptions, are made from these grains, so they are not kosher for Passover. So that we don’t have hametz in our possession, we put any hametz we want to put away for Passover in a separate space, and we sell it to a non-Jew for the duration of the holiday.

To sell your hametz fill out the form below. You can scan the form or just send the information requested in the form to [ashley@h-nt.org](mailto:ashley@h-nt.org) no later than 5:00 PM on Wednesday, April 13.

### *Fast of the Firstborn*

Since the firstborn of the Egyptians died so that our ancestors could get free from Egypt, there is a custom that Jewish first-born children fast as a sign gratitude that we weren’t killed. The fast of the firstborn is marked starting at sunrise on the day of the seder and continues until sundown. However, if you’re a firstborn you can be exempted from the requirement to fast by attending a seudat mitzvah, a “mitzvah meal.” We will hold a siyyum, the completion of a tractate of learning, on that morning (Friday, April 15) following our streamed morning minyan. Join us for a last pre-Passover bagel and l’hayim before Passover whether you’re fasting or not.

### **Authorization to Sell Hametz**

Instructions: you may fill out this form and scan it or take a picture of it and email it back to Ashley Rowland ([ashley@h-nt.org](mailto:ashley@h-nt.org)) or just send the requested information in an email to Ashley. Please email or call Ashley to arrange dropping off form and/or check

I, \_\_\_\_\_, hereby authorize Rabbi Jacob Herber to act as my agent to sell in my name and on my behalf, all hametz owned and possessed by me (knowingly or unknowingly), wherever it may be (at home, place of business, or elsewhere) in accordance with the requirements and provisions of Jewish law.

Name \_\_\_\_\_

Address (Home) \_\_\_\_\_

Address (Business) \_\_\_\_\_

The Torah prohibits the ownership of leaven during Passover; therefore requiring the most preparation of any holiday. The Rabbinic Assembly Passover Guide is intended to help families maintain a Pesahdik home according to the principles of Conservative Judaism and its understanding of Jewish Law. With significant changes in the nature and manufacture of kitchen products and foodstuffs, new policies are required to maintain a Kosher-for-Passover kitchen. The full guide is available at: <https://www.rabbinicalassembly.org/sites/default/files/2022-03/pesah-guide-5782.pdf>

I enclose \$ \_\_\_\_\_ for the Maot Hittim (checks may be made out to Herzl-Ner Tamid). Please mail this form to the synagogue office so it arrives no later than Wednesday, April 13.



# Message from the President



## Welcome back!

While we've been operating, to some extent, in person for a while now, this is the month where we're making some more significant changes. For some of us, we will be seeing each other's faces

without having to look through a screen, we will be eating together, and we will be opening our homes. Because we all have different levels of comfort,

each of these activities depends on personal choice and we want to honor and respect those choices. We will continue to offer Shabbat services on our YouTube channel and our daily minyan on Zoom. Please stay tuned for more opportunities to fulfill our mission of connecting our members with Judaism, other Jews, and the world.

I look forward to seeing everyone soon, B'eizat HaShem.

- ILYSE WAGNER,  
PRESIDENT, HNT BOARD OF DIRECTORS

 **HERZL-NER TAMID**  
Women's League

*Book Club*



Come join the HNT Women's League Book Club which meets the first Monday of every month at 7:00 PM online [h-nt.org/book-club](https://h-nt.org/book-club)

- April 4: *Florence Adler Swims Forever* by Rachel Beanland – discussion leader – **Ettie Davis**
- May 23: *People Love Dead Jews* by Dara Horn – discussion leader – **Linda Krisher**

## New ShulCloud Database

All members should be receiving an email soon with an invitation to activate their new ShulCloud account. Within ShulCloud, you will be able to set up payments, make tributes, register for events, view a member directory, and so much more all through a secure and private portal. Please stay tuned and thank you for your patience during this migration period.

Join HNT & CSS for a community wide

# LAG B'OMER

## & End of School Celebration

**Sunday, May 15**

**For the first time in 3 years...everyone is invited to join us at the HNT Wittenberg Waterfront to celebrate! Enjoy maccabia games, BBQ lunch, and marshmallow roasting on our legendary bonfire!**

**Check-in: 11:15 AM – 12:15 PM**

**Maccabia: 11:30 AM**

**Lunch: 12:15 PM**

**Register at <https://h-nt.shulcloud.com/form/lbo>**

**by May 5 for early bird pricing**

Note: teachers will bring FRS students down to the waterfront. Parents are encouraged to check-in for their family and join the maccabia when it begins at 11:30 AM and must be present and checked-in by 12:15 PM if their children are staying for lunch.



HERZL-  
NER TAMID

CAMP SOLOMON  
EST. 1954  
SCHECHTER



## High School Shabbat

**Friday, May 6 • 6:00 PM Services Followed by Dinner**

Join the entire HNT community as we celebrate this year's graduating high school seniors with a special Shabbat Service and dinner.

If you have a graduating senior, please RSVP yes or no at:

[h-nt.org/HSS-RSVP](https://h-nt.org/HSS-RSVP) and fill out our survey at:

[h-nt.org/HSS-Booklet](https://h-nt.org/HSS-Booklet) by Sunday, April 24.

Make the celebration even better by getting involved! Know a name we missed? Want to volunteer? Like to make a donation to help keep this event inclusive for all? Email [Rebecca@h-nt.org](mailto:Rebecca@h-nt.org).

### Mazel Tov Class of 2022 • Our Graduating High School Students

Ethan Bensussen	Sophia Dondisch	Lillian Gotel	Evan Lamin	Mickey Scherzer
Miranda Brown	Talia Fain	Hazel Harris	Kayla Levin	Ilaina Schwartz
Dalia Cape	Aleah Farac	Emerson Hickman	Brooke Mhlstin	Shira Shecter
Daniel Chivo	Andrew Fisher	Siena Kessary	Nathaniel Newman	Molly Sherr
Gavriel Cook	Anna Glasser	Benjamin Kinder	Julia Perry	Alexander Weiss
Elijah Deutsch	Leah Glasser	Emily LaBarge	Gabriel Raskind	

*Since this list is generated by birth date and parent suggestions only, please let us know if you notice any names that are missing or should be removed from this list by emailing [Rebecca@h-nt.org](mailto:Rebecca@h-nt.org).*

## Annual Meeting 2022, Save the Date!

**Please join us for the first In-Person Annual Meeting since 2020!**

**Tuesday, May 24th at 7:00 PM - Sanctuary**

Bring an HNT friend and help us get a quorum. Hear synagogue updates. Exercise your voting power and vote on our new Board slate and budget. Recognize and thank our outgoing board members. Enjoy some schmoozing time and snacks with your HNT friends. Keep your eyes peeled for more information on the voting, ballots, and other Annual Meeting information coming soon! There will also be a virtual option to view the meeting.

## Todah Rabbah to...

- Meal delivery drivers who have made trips near and far to drop off meals in February: Elliott Moss and Dean Poor
- Julie Ellenhorn, Lisa Brashem, Linda & Efreim Krisher for running the HaMotzi To-Go pick-up process in February
- Vivian & David Blum for their donation to the Legacy Fundraiser
- Nevet Basker & Gabe Scherzer for their Supporting level donation to the Legacy Fundraiser



# HaMotzi To-Go

**Seder-in-a-Box\*\* by Leah's Catering**  
**Friday, April 15**

We can only order a maximum of 60 Seder-To-Go boxes (each serving 2), and many are already spoken for! Place your order ASAP.

*Grateful appreciation to the Alfred and Tillie Shemanski Trust Fund and other generous donors for subsidizing meals for those in need.*

Place your order at:

[h-nt.org/meals](https://h-nt.org/meals)



## April Anniversaries

2	Nancy & Wayne Morse	33
6	Alan Weinstein & Susan Amira-Weinstein	36
8	Larry & Shelley Bensussen	38
14	Jeffrey & Katharin Cohn	8
19	Dean & Gwenn Polik	36
20	Lester & Keiko Permut	31
21	Michael & SuEllen Ansley	23
21	Aurora Bearse & Ian Crosby	17
27	David Pulda & Amy Glick	42

*Passover Seder*

☆

**SEDER-IN-A-BOX\*\***  
**BY LEAH'S CATERING**  
**FRIDAY, APRIL 15**

- All Individual Ritual Seder Plate Items - Lamb Shank/Chicken Neck, Charoset (1/4 lb. Per Person), Salt Packet, Roasted Egg, Parsley, Romaine, Horseradish (Chunks & Grated)
- Hardboiled Eggs
- Gefilte Fish
- Vegetarian Matzah Ball Soup
- Chicken Breast Marbella (Boneless With Skin & Wing)
- Passover Seder• Roasted New Potatoes & Yams
- Roasted Vegetables With Fresh Basil
- Flourless Chocolate Cake

Full price: \$124 seder for two  
 Subsidized price (for those in need, HNT & TDHS members only): \$60 seder for two

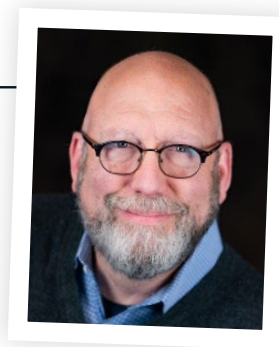
\*\* Made in the HNT kitchen  
 or other kosher kitchen

Place your order at:  
[h-nt.org/meals](https://h-nt.org/meals)



# Adult Education

## Scholar-in-Residence Weekend with Rabbi Jeffrey Salkin "On Israel, Zionism, and the Jewish People"



### April 1-3

#### Friday, April 1st

##### 6:00 PM – 6:45 PM Friday Night Services

Please join us for dinner as Rabbi Herber's guest (register below) following services.

##### 7:45 PM Presentation: "The Z Word: Israel Without Apology."

What is it about Israel and Zionism that is so troublesome, to so many people? Israel was supposed to be the great Jewish unifier. Why is it the source of so much discord within the American Jewish community? A candid conversation about the many narratives that comprise the Israel conversation today.

#### Saturday, April 2nd

##### 10:00 AM – 12:15 PM Saturday Morning Shabbat Services

Sermon: "American Jews are from Mars; Israeli Jews are from Venus." You know how siblings can be very different from each other? That's American Jews and Israel. Why are we so different, and how can we still sit together at the same family table?

##### 12:15 PM – 1:00 PM Kiddush Lunch

1:00 PM – 1:45 PM Presentation: "The Oldest Ism." Anti-Semitism is alive and well in many places. Why? What is it about the Jews – and Judaism – that arouses so many strong feelings? How does Antisemitism present itself – in subtle and unsubtle ways?

#### Sunday, April 3rd

Please join us for brunch as Rabbi Herber's guest (register below).

##### 10:00 AM Brunch

10:30 AM – 11:30 AM Presentation: "Some Of Our Best Friends" Jewish history is more than "they hated us; they tried to kill us; we won; let's eat!" In every age, there have been gentiles who have nourished and nurtured Jewish life – and Jewish lives.

Please register for Scholar-In-Residence here:

<https://hnt.wufoo.com/forms/x1grfhbb0m9p21e/>

### About Rabbi Jeffrey Salkin

With the regular appearance of his award-winning blog, "Martini Judaism: for those who want to be shaken and stirred," published by the Religion News Service, Jeffrey Salkin has risen to the forefront of being one of American Judaism's most prolific and most-quoted rabbis and thought leaders.

Ever since his first book, *Putting God on the Guest List: How to Reclaim The Spiritual Meaning of Your Child's Bar or Bat Mitzvah* (Jewish Lights Publishing), Rabbi Salkin has been known for his writing, teaching and activism. His books are on such subjects as making Jewish ritual meaningful; struggling with the meaning of masculinity in today's world; interpreting Israel and Zionism to Jews and non-Jews; and the task of reclaiming Judaism's central role as a takes-no-prisoners, speak-truth-to-power-and-culture religious tradition.

Because of his national reputation as an American Jewish thought leader, the Chautauqua Institution, America's iconic educational and cultural community, invited Rabbi Salkin to deliver the keynote address for its week on religion, in summer, 2020.

Rabbi Salkin's essays have appeared in the *Washington Post*, *The Huffington Post*, *Tablet*, *Mosaic*, *Forward*, and *JTA*. He has discussed the American political scene on CNN and the BBC. He has contributed articles to scholarly journals. Several of his books have won national awards.

His colleagues have described him as "courageous," "always relevant," and "one of American Judaism's true public intellectuals."

Rabbi Salkin serves as the rabbi of Temple Israel in West Palm Beach, Florida. His hobbies include playing guitar, reading voraciously, and consuming vast quantities of coffee.

See more Adult Education on [page 14](#)



## Social Action Opportunities

### Elizabeth Gregory Home Monthly Second Sunday Lunch

Sunday, April 10 • Captained by Nadine Strauss

This facility acts as a permanent address for so many in need of social services, job applications, etc... as well as providing access showers, laundry, computers, and referrals for needed services. We provide a hot lunch for 25-30 which can be dropped off Friday afternoon or Sunday morning by 10:30 AM in the U District, or arrange an earlier drop off with the captain(s). Sign up at [h-nt.org/calendar](https://h-nt.org/calendar) to participate by bringing a dish.

### Teen Feed

Sunday, April 24

Through the pandemic, our Teen Feed leaders and volunteers have been cooking meals for 60-80 in their homes, and they'd love to have your help! Choose to make a main, side, or dessert in your home and drop off (contactless) at the home of this month's Teen Feed leader. Sign up at [h-nt.org/calendar](https://h-nt.org/calendar) or email [TeenFeed@h-nt.org](mailto:TeenFeed@h-nt.org) to be added to our monthly email list.

### Birthday Dreams Volunteer Event for 3rd - 5th Graders

Sunday, April 24 • 12:15 PM - 2:00 PM at HNT

Birthday Dreams wants to ensure that every child gets to experience this occasion, no matter what their circumstances. This organization has fulfilled more than 5,000 birthday dreams for children experiencing homelessness in our community. Come help decorate and assemble goody bags and put together party games for kids who aren't able to have traditional birthday parties. We will start off this event with a pizza lunch (\$10/person) and then assemble the goody bags and games. RSVP at <https://h-nt.shulcloud.com/form/birthday-dreams> and sign up to donate supplies at <https://www.signupgenius.com/go/20F0549A8A62AA0F94-birthday>



## Social Action Shout Outs



### Teen Feed

Thanks to Natalie Levy for leading February Teen Feed and many volunteers for providing a drop-off dinner for 70 homeless teens.

### Shelter Meals

Thanks to our March shelter meal captains, Rachel Hartman Ashberg & FRS, Nathalie Bentov, and Nadine Strauss, and many volunteers for feeding 330 meals for Elizabeth Gregory Home and Congregations for the Homeless.

### Support for Ukraine



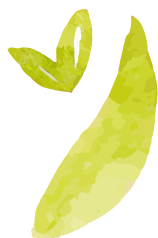
HNT is proud to support Ukraine emergency efforts by donating \$2,000 to the Masorti Olami Ukraine Emergency Campaign from HNT Mitzvah Corps, and \$2,000 to the American Jewish Joint Distribution Committee's Ukraine Emergency Fund from HNT Social Action funds. Donations are encouraged at [https://jewishinseattle.secure.force.com/donate/rc\\_connect\\_campaign\\_designform?id=7015b000005BErGAAW&form=00P5b0000017Un6cEAC](https://jewishinseattle.secure.force.com/donate/rc_connect_campaign_designform?id=7015b000005BErGAAW&form=00P5b0000017Un6cEAC) or <https://masortiolami.org/one-time-donation/> or <https://www.jdc.org/>.

See [page 12](#) for more details.





## Social Action Shout Outs



**Together as a community, we collected home essentials for 21 refugee families to set up their first American homes! Todah Rabbah to everyone who contributed:**

- **Mindy Landsman & Dafna Tarlowe** for their leadership, time, and support of this project.
- **Those who captained/sponsored/packed up one or more refugee family lists:** Michael Adler & Michelle Goldberg, Brown, Brown Jr., and Berkman families, Trea Diamant & family, Susan & Lonnie Edelman, Lisa, David, Talia & Emily Fain, Ellie Halevy, Larry, Orli & Gabe Kalman, Rabbi Jacob Herber, Lilah & Elana Hornstein, Linda & Efram Krisher & family, Andrea Lott & family, Kathleen Mercer, the Ostroff and Brody families, Elysa Piha & Family, Susanne Rosenkranz & family, the Shalom Project, the Shujman family, the Sternoff, Wolf, and Howe families, Bonnie Tarlowe, Dafna, Michael, Samantha & Erica Tarlowe.
- **Those who donated items or funds:** Jen Adut & family, Heather Alpert & family, Norene & Rich Arnold, Rachel Hartman Ashberg & family, Mark & Ruth Balter, Jessica Barber & family, Nevet Basker & Gabe Scherzer, Deborah Beder & family, Leanne & Carl Berkenwald, Melanie Boehler & family, Bekah Burdick & family, Merav Canaan, Audrey Covner & Dianne Dougherty, Jessica Duitch & family, Judy Findley & family, Shey Graves & family, Robin Handaly & family, Amy Hartman & family, Judy & Jim Heber, David & Lorna Isenberg, Kellie Israel, Toby Israel, Martha Javnozoon & family, Marsha Karr Rabinovitch & David Rabinovitch, Leigh Anne Kiviat & family, Denise & Les Klaff, Rivka Klaff & family, Rachel Koldewyn & family, Barbara & Joel Konikow, Dr. Eliyahu Krigel & family, Miriam Krisher, Amy LaBarge & family, Mindy & David Landsman, the Langman family, Cheri & Mike Levy, Deborah Lurie & family, Rabbi Bob Maslan, Melissa Mazor & family, Melanie Miller, Robin Medin & family, Dan & Elaine Mintz, Nancy & Wayne Morse, Janet Neumann & Ricardo Wenger, Jon Newman & family, Jill Nogi & family, Chelsea Nov & family, Lindsay O'Neil & family, Kathy Packer & family, Brooke Pariser & family, Kelly Piha & family, Dale & Andrew Robinson, Lisa Rosen & family, Jenn Rosenwald & family, Ashley Rowland, Judy & Barry Schwarz, Kara Schultz & family, Deborah Seres & family, Emily Shapiro & family, Sheryl Shulman & Neal Nelson, Ilene Sloan & family, Bob & Sue Solomon, Ilyse & Greg Wagner, Herb & Debra Weisbaum, Judy & Jerry Weiser, Gail Wiener, and the many non-HNT members who contributed to this drive.

# Seattle Jewish Community Ukraine Challenge



**T**he Russian invasion of Ukraine has caused one of the largest humanitarian crises since World War II. Over three million people have been forced to flee for their lives. And the number is rising every day. Ukraine is home to nearly 400,000 Jews.

**Our community cannot stay on the sidelines. We must act and act now.**

In response to the crisis, Jewish organizations in Seattle, including ours, have joined forces in an unprecedented partnership. We are raising funds to help Jews still in Ukraine, those fleeing the country, as well as Ukrainian refugees who resettle in Washington State.

**These are extraordinary times. They require extraordinary efforts.**

A group of Jewish leaders in Seattle has heard the call of history and contributed over **\$1,100,000** to **match your donation for Ukraine, dollar for dollar**. The Jewish Federation of Greater Seattle has generously agreed to serve as the administrative partner and will forward **100 percent** of the funds raised for Ukrainian children and families.

**Will you join us? Every dollar you contribute will unlock another dollar to double your impact for Ukrainians.**

## [Double Your Dollars](#)

We are proud to be a key partner in the **Seattle Jewish Community Ukraine Challenge** alongside Hillel at UW, Holocaust Center for Humanity, Jewish Family Service of Seattle, Kline Galland, Stroum Jewish Community Center, and others.

**Ukrainian families need our help right now.**

With your contribution, all funds designated for humanitarian aid will be sent overseas to Jewish organizations on the ground who are helping

Ukrainians as they face the worst crisis of their lives. Overseas funding will provide urgently needed temporary housing, medical supplies, and food for refugees who have fled Ukraine to surrounding countries, as well as assist those wishing to make Aliyah (immigrate to Israel).

In anticipation of Ukrainian refugees arriving in Washington State, you may also designate a percentage of your gift to Jewish Family Service, the only Jewish refugee resettlement organization in Washington State. Any gifts designated to JFS will be used entirely to support Jewish and non-Jewish Ukrainian resettlement efforts through JFS. When these efforts are complete, any remaining funds not needed for local resettlement will be sent overseas for humanitarian aid.

**All gifts, regardless of how they are designated, will be matched one to one. [Double your impact now.](#)**

Many of us have family who were refugees from Ukraine and Russia decades ago. Some of us still have family there now. We feel a direct connection to the women, children, and elderly people who pack the trains heading toward—and hopefully safely across—Ukraine's border right now, and with their husbands, sons, and fathers who have stayed behind to fight. For everyone, the pain, terror, and trauma on the faces of Ukrainians are impossible to ignore.

Your gift will help the people of Ukraine during these desperate times. **Your gift will be doubled.** Please make a gift today and we will meet this moment together ... as the strong and powerful community that we are.

You can find **FAQs** about the **Seattle Jewish Community Ukraine Challenge** [here](#).





# A Message from Director of Education Dr. Eliyahu Krigel, CJE



## A Dvar

*"It is a great mitzvah to be happy always, and to strengthen oneself to push away the sadness and the black bitterness with all of one's might."*

**-Rebbe Nachman in Likutei Hamorah, Part II 24:I:I (1772-1810)**

As we prepare for Passover and the time representative of the birth of our communal nation, bringing happiness and joy into our lives is more important than ever. Simcha or joy is critical to leading a fully meaningful life. Rebbe Nachman in the quote above stresses the need to continually strive to be happy. Notice the second part of the sentence in the quote above after the comma. Rebbe Nachman focuses in on the process of strengthening oneself to actually push away the sadness. In this case the quest to be happy is a concerted effort that is continually made. While some people naturally wake up happy in the morning, for many pushing away the sadness and the black bitterness indeed takes all of one's might. To do this we can ask for help, rely on our network of support, and have confidence in ourselves to maintain our expectations and strive to achieve our goals.

I often love asking students what is the meaning of life? Some shout out 42 as a nod to the Hitchhikers Guide to the Galaxy by Douglas Adams. Some say to always follow your passions. Others suggest doing what you love brings you great happiness and meaning. What do you do to bring happiness and meaning into your life? Finding time and space to bring activities of joy and happiness into our lives and into the lives of our children helps the whole family system. If living a happy meaningful life equals X over Y, then what is X and what is Y? X symbolizes our aspirations while

Y represents our achievements. Your achievements can be great but if your aspirations were too large then you might continually be unhappy. Striking the right balance is unique to each person.

Below are the multiple names for happiness or joy in Hebrew. Just as the Eskimos have many names for snow because snow influences so many of their experiences, so too do we have many names in Hebrew for the word joy or happiness. As we start to move from pandemic to endemic, bring happiness into our lives is more important than ever. The joy and laughter of FRS students filling our hallways at HNT is what makes me happy. May we all have the power and strength to bring more happiness into our lives on a consistent basis! I hope you and your family have a meaningful and happy Passover! Hag Pesach Sameah!

Simcha (Hebrew: שמחה), happiness more generally, or a celebration (e.g. a wedding, bar/bat mitzvah), it is also a name for both males and females

Osher (Hebrew: אושר), a deeper, lasting happiness

Orah (Hebrew: אורה), either "light" or "happiness"

Gila (Hebrew: גילה), an exuberant outburst of joy or the happiness of discovery

Rina (Hebrew: רינה), refreshing happiness

Ditza (Hebrew: דיצה), a sublime joy

Sasson (Hebrew: ששון), a sudden unexpected happiness

Tzahala (Hebrew: צהלה), either "happiness" or "dancing"

Chedva (Hebrew: חדווה), the happiness of togetherness

*Dr. Eliyahu Krigel*

-DR. ELIYAHU KRIGEL

## The 8th Annual Becoming a Leader Trip

**August 23-25 • White Water Rafting  
and Camp Solomon Schechter**

Calling all middle and high school students to join us for the 8th annual Becoming a Leader Trip. The trip is focused on middle school students and led by high school students. [White Water River Rafting](#) on the Upper Skagit. We'll spend time at [Camp Solomon Schechter](#) on the ropes course and waterfront. High school students receive 24 hours of community service for their efforts in helping to facilitate the trip. Alumni of the trip are welcome to participate. For more information and to please reserve your spot today:

<https://hnt.wufoo.com/forms/becoming-a-leader-2022/>



## Tot Shabbat

Presented by Stroum Jewish Community Center, Herzl-Ner Tamid Conservative Congregation, PJ Library, and Jewish Federation of Greater Seattle

**Fridays • 9:15-10:00am In Person at the SJCC**

Join Chava Mirel and Dr. Eliyahu Krigel for Tot Shabbat at the SJCC. If at home watch via the [SJCC Facebook Live link](#) by tuning in. Email Dr. Eliyahu Krigel at [elياهو@h-nt.org](mailto:elياهو@h-nt.org) for the Zoom link.



## Garinim Gathering

**May 1 • 2:00-4:00PM • The New Playground at  
Mercerdale Park (3009 77th Ave SE, Mercer Island,  
WA 98040)**

We had so much fun at the park at our last event; what a terrific turn out! Thank you for your participation. Join us in May for our next Garinim Gathering. Open to families with young children in kindergarten and below. Siblings are welcome to attend as well. Please feel free to share this event widely, with members and non-members of HNT. We will have an art project, snack for kids, and time to bond with friends. With questions or for more information about HNT please email Dr. Eliyahu Krigel, Director of Education, at [elياهو@h-nt.org](mailto:elياهو@h-nt.org) or call 425-559-3739. Please RSVP by clicking below: <https://hnt.wufoo.com/forms/garinim-may-2022/>

## Better Together: A Virtual Program for Teens and Elders!

**4/24 and 5/15 • 11:00am - 12:15pm on Zoom**

The [Better Together](#) program started in September, and we are still open for additional teenagers ages 12-18 and participants over 65 years old. Please register for the Better Together program with this link: <https://hnt.wufoo.com/forms/better-together/>



## Birthday Dreams Volunteer Event for 3rd – 5th Graders

**Sunday, April 24 • 12:15 PM – 2:00 PM at HNT**

See details on [page 10](#).

Please contact Dr. Eliyahu Krigel with questions at [elياهو@h-nt.org](mailto:elياهو@h-nt.org) about any of the information above. Thanks for your participation and support!



# USY Seattle Achim

## Post-Pesach Party with USY Achim!

April 24, 1:00 PM - 3:00 PM, Location TBD

Come join Seattle Achim USY for our first ever carbo-party!! Sunday, April 24th from 1-3 will be a unique and exciting event to celebrate Pesach, after Pesach! From socializing, to a Prince of Egypt viewing, to carbo-loading on all those Pesach-forbidden bread treats, come join us for a great time. Hope to see you there! Please feel free to email Jackson at [jackson@h-nt.org](mailto:jackson@h-nt.org) for more information and to get involved!



# Adult Education

## Foundations For A Thoughtful Judaism Taught by Rabbi Jacob Herber

Wednesday, April 6 & 27 @ 7:00 PM - 8:30 PM • via Zoom

Join Rabbi Herber for Foundations for a Thoughtful Judaism, The Shalom Hartman Institute's latest curricular project, which offers a sophisticated yet accessible introduction to philosophical ideas in Jewish peoplehood, practice, faith, and ethics.

Please register at: <https://hnt.wufoo.com/forms/foundations-for-a-thoughtful-judaism>



## Lunch & Learn with Rabbi Jacob Herber

Wednesday, April 13 @ 12:00 PM - 1:00 PM via Zoom

Join Rabbi Herber for the series, "The Walking With," created by the Ziegler School of Rabbinic Studies in partnership with the United Synagogue of Conservative Judaism, the Rabbinical Assembly, the Women's League for Conservative Judaism, and the Federation of Jewish Men's Clubs. Topics will include: Walking With ...Life, ... the Jewish Calendar, ... Mitzvot, ... History.

Please register to receive the link at:

<https://hnt.wufoo.com/forms/lunch-learn-with-rabbi-herber/>

## Adult Hebrew at HNT on Zoom

Take your Hebrew acquisition to the next level during this difficult pandemic. Now is the time to learn Hebrew! All classes are taught by Morah Janine Rosenbaum. The link below contains all the adult Hebrew classes for the 2021-2022 academic year and includes the Zoom link to participate. Classes include Modern Hebrew, Biblical Hebrew, Prayer book Hebrew, and Beginning Hebrew. If you do not see a class that meets your scheduling needs, please email Morah Janine at [Janinerosenbaum@comcast.net](mailto:Janinerosenbaum@comcast.net) or call 206-963-4933.

Sign up today at: <https://hnt.wufoo.com/forms/ae-hebrew-classes-at-hnt-virtual-20212022/>

# Dr. Krigel's Special Mentions



- Students in Pre-Gan / Gan dressing up for Purim!
- 5th Grade students celebrating Purim in style!
- Tot Shabbat at the SJCC with Chava and Dr. Eliyahu is so much fun live in and in person!
- FRS students exchanging Mishloach Manot for Purim.
- Moses visited the 2nd grade class and they had a wonderful time celebrating Purim together.
- Wonderful Purim costumes 1st Graders!
- Thank you to Nevet Basker for being our special guest presentation the Masa class in person in March.
- Check out our Gan students overflowing with joy and happiness!



# Within the Shul Family

## We Celebrate:

- Grandparents David & Susan Fish on the birth of Ari Alexander Newman
- Parents Stacey & Ken Rudee on the engagement of Eliana Rudee to Menachem (Menny) Rapoport

\* HNT members are listed above. For a complete list email [Ashley@h-nt.org](mailto:Ashley@h-nt.org)

## We Offer Condolences for:

- Patty Packer z"l, mother of Jeff Packer
- Max Calderon z"l, partner of Lainey Christman
- Stella Eskenazi z"l, grandmother of Eric Hasson
- Sandra Glazer-Lake z"l, sister of Janet Lackman

\* HNT members who are direct mourners are listed. For a complete list of mourners, email [Ashley@h-nt.org](mailto:Ashley@h-nt.org)

## Refuah Shelemah to Congregants:

Marion Aronson, Sandy Bing, Margaret Castellanos, Esther Deutsch, Larry Epstein, Valerie Epstein, Paula Feldman, Lois Glass, Charles Kiss, Esther Lott, Bob Lowy, Adam Rosen, Susanne Rosenkranz, Sylvia Siegel, B. Sloan, Jeanne Snyder, Eitan Tokar, Ella Tokar, Shayna Wagner, George Woolcott

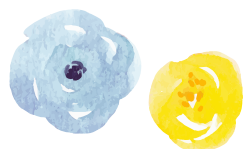
\* HNT members are listed above. For a complete list email [Ashley@h-nt.org](mailto:Ashley@h-nt.org)

\* If you or someone you know is on the Refuah Shelemah list and no longer needs healing prayers, we would be delighted to remove their name. Please contact the office to request that a name be removed.

## Ways to Participate in T'filot:

HNT offers both in-person Shabbat services in our Sanctuary, and a virtual option available to view at [h-nt.org/youtube](https://h-nt.org/youtube)

Morning Minyan is also offered both in-person and virtually at [h-nt.org/services](https://h-nt.org/services)



## April T'filot

### Morning Minyan:

Weekdays: 7:30 AM, Sundays & Secular Holidays: 9:00 AM

**Friday, April 1**  
6:00 PM Services  
Scholar in Residence

**Saturday, April 2**  
10:00 AM Services  
Scholar in Residence

**Friday, April 8**  
6:00 PM Services

**Saturday, April 9**  
10:00 AM Services

**Friday, April 15**  
6:00 PM Services  
Erev Pesach • Night of the First Seder

**Saturday, April 16**  
10:00 AM Services  
Pesach Day 1 • Night of the Second Seder

**Friday, April 22**  
6:00 PM Services  
Pesach Day 7

**Saturday, April 23**  
10:00 AM Services  
Pesach Day 8

**Friday, April 29**  
6:00 PM Services

**Saturday, April 30**  
10:00 AM Services



## BELOVED DEPARTED

Memorialized with Yahrzeit Plaques at HNT

SHABBAT OF April 1/2	SHABBAT OF April 8/9	SHABBAT OF April 15/16	SHABBAT OF April 22/23	SHABBAT OF April 29/30
2 <i>Harry Gold</i> <i>Abraham Gottlieb</i>	9 <i>Helene Nita Katims</i> <i>Aaron Chiprut</i>	16 <i>Gerda Yuval</i>	23 <i>Zlata Silver</i> <i>Morris Adler</i>	<i>Franklin D. Roosevelt</i> <i>Sydney Barrat</i>
4 <i>Janet Wacks</i> <i>Mendel (Max) Katz</i> <i>Goldie Cohn</i>	<i>Felix Hahn</i> 10 <i>Rose Bovarnick</i> 11 <i>Fannie Delson</i> <i>Louis Snider</i> <i>Augusta Suffion</i>	17 <i>George Ginsberg</i> <i>Frank Harris</i> <i>Herman Schocken</i> <i>Lorraine Himelhoch</i> <i>Sonia Bender</i>	<i>Abraham Samuelson</i> 24 <i>Lily Wirth</i> <i>Bessie Cohen</i> <i>Rae Cohen</i>	1 <i>Sherwin Losk</i> 2 <i>David Leib Silver</i> <i>Sadie Keisler</i>
5 <i>Riva Emmerman Klein</i> <i>Carl Rubinstein</i>	12 <i>Isaac Lackman</i> <i>Harry Aaron Jaffe</i> <i>Rhoda Fishman Eisen</i> <i>Rose Brown</i> <i>Jack Kaplan</i> <i>Nessie Warshall</i> <i>Louis Rutt</i>	18 <i>Eddie Miller</i> <i>Max Tover</i> <i>Abraham Lebow</i> <i>Wolfe Warshal</i> <i>Morris Weiser</i> <i>Melanie Lowinger</i> <i>Adam Yuval</i>	25 <i>Benjamin Jaffe</i> <i>Toby Sigman</i> <i>Martha Atlas</i>	3 <i>Anna Sternberg</i> <i>Selwyn Cohen</i> <i>Arnold Covner</i> <i>Fanny Horowitz</i>
6 <i>Vivian Ordell</i> <i>Marie Friedlander</i>	13 <i>Ruby Gladstein</i> <i>Jennie Lander</i> <i>Julius Myers</i> <i>Fani Rosenbaum</i> <i>Lenore Casserd</i>	19 <i>Emma Ostroff</i> <i>Fanny Burian</i> <i>Irving Burian</i> <i>Cyril Fink</i> <i>Edward Sternoff</i> <i>Ilse Herrstadt</i>	26 <i>Rose Ringold</i> <i>Vera Petrow</i> <i>Nettie Cohn</i> <i>Henry Kubey</i>	4 <i>Etta Brown</i> <i>Morrie Schulman</i> <i>Mark Corets</i> <i>Laura Berch</i>
7 <i>Dave Ross</i> <i>Joseph Fisher</i> <i>Edith Polack</i> <i>Rachel Wise</i> <i>Louis Kolpack</i> <i>Nathan Schwartz</i>	14 <i>Gerald Braverman</i> <i>Chaim Pinchev</i> <i>Irving Hirsch</i>	20 <i>Gerald Lancaster</i> <i>John White</i> <i>Richard Pintus</i>	27 <i>Sophie Block</i> <i>Winnie Rosenbaum</i> <i>Joseph Kanoff</i> <i>Suse Rosenstock</i> <i>Jack Grund</i>	5 <i>Melvin Wener</i> <i>Dalbert Rychter</i> <i>Rochel Lupowitz</i> <i>Anna Masin</i> <i>Benjamin Abraham Maslan</i>
8 <i>Joseph Golden</i> <i>Sarah Green</i>	15 <i>Samuel Berger</i> <i>Nettie Gladner</i> <i>Marion Glazer</i> <i>Altha Rosenberg</i> <i>Margaret Olbaum</i> <i>Henry Arshon</i> <i>Rose Saslow Kornblit</i>	22 <i>Jacob Karp</i>	28 <i>Rebecca Shulman</i> <i>Sarah Rebecca Vyborny</i> <i>Sol Kay</i> 29 <i>Mrs. Helen L. Lott</i> <i>Frieda Levinson</i> <i>Martin Landweber</i> <i>Nat Antler</i> <i>Max Finegold</i> <i>Bessie Garaway</i> <i>Leon Garrie</i>	6 <i>Ben Joseph</i> <i>Taube Lewin</i> <i>Rosa Adler</i> <i>Sylvia Weiner</i> <i>Marilyn Siegel</i> <i>Benjamin Brown</i> <i>Rachel Calof</i> <i>Velvel Lupowitz</i> <i>Roberta Corets</i> <i>Rose Reiter</i>







# IN SUPPORT OF ONE ANOTHER

These generous tributes were made through February 2022

## Cantor Kurland's Discretionary Fund

### In Memory of

Robert T. Rosenfeld  
Leslie & Ken Gordon

Meyer Miller  
Marilyn & Chuck Caplan

Sylvia Perl  
Perl Family

Edith Dichter  
Robin, Denielle  
& Max Zambrowsky

## Eileen Mintz Kitchen Fund

### In Memory of

Maurice Epstein  
Muriel Epstein

## Frankel Scholarship Fund

### In Honor of

Ella Toker  
Ilyse & Greg Wagner

## General Fund

### In Honor of

Ben Scapa becoming Bar Mitzvah  
Rainey Rosenwald becoming

Bat Mitzvah  
Elle O'Neil & The O'Neil Family

### In Memory of

Ellis Corets  
Nathan & Trina Torgelson

Ralph Langman  
Alan & Iris Langman

Sam Berch  
Gary Berch

Martha Kravitz  
Jason Kravitz

## Maslan Memorial Fund

### In Memory of

Philip Maslan  
Rabbi Bob, Melissa, Michelle, Lirit  
& Families

## Memorial Fund

### In Memory of

Ada Newman  
Bruce & Peggy Gladner

Paula Stern  
Erna Levine

Annette Vinnick  
Rachelle Mezistrano

Stuart Packer  
Scott Stone & Rachel Dobrow  
Stone

Deborah Guttman

Bronca Sytman

Pavel Sytman  
Alex Sytman

Gail Stulberg  
Barry, Hannah & Noah Stulberg

Noralee Weinstein  
Craig Weinstein

Robert Fain  
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Sylvia Fish

Louis Fish  
David & Susan Fish & Family

Fred Kahn

Esther Kahn  
Erna Levine

Samuel Berch  
Gena Gorasht, Bonnie Berch &  
Gary Berch

Jean Wilkenfeld  
Gloria Polsky, Joel Polsky  
& Ellen Stone

Ethel Lerner  
Hylan Moises

Irving Epstein  
Irene Epstein

Cornelis deJong  
Janine Jacobs

Leah Epstein  
Larry & Valerie Epstein

Abner Angel  
Louise Angel Kiss

John Policar  
Marc Policar

Esther Kiviat  
Mark Kiviat

Ida Balter  
Mark, Ruth, Charles  
& Lauren Balter

Harold Wilenzick  
Mel Wilenzick

William Panick  
Richard Panick

Myrna Flory  
Sara McGregor

Jenny Bernthal

Bedrich Lowenbein  
Shimon & Marta Lowy

Jennie Stern  
Susan Lurie Hall

## Mitzvah Corps Fund

### In Appreciation of

Marilyn & Dick Brody's Assistance  
with Zoom  
Lynn Wartnik

### In Memory of

Beverly Lemchen  
Larry Lemchen

Harry Lederman  
Judy Weiser

Herbert Kotkins  
Karen Rosenzweig

## Morning Minyan Fund

### In Honor of

Dean Polik  
Ilyse & Greg Wagner & Family

### In Memory of

Jack Leff  
Elaine & Dan Mintz

## President's Discretionary Fund

### In Memory of

Estelle Glasser  
Dan & Elaine Mintz

## Rabbi Herber's Discretionary Fund

### Refuah Shelemah to

David Rossen  
Nancy Rossen

## Frankel Religious School Fund

### In Memory of

Annette Vinnick  
Joan Okrent

Marcia Nussbaum  
The Estate of Marcia  
Nussbaum z"l

David Coe  
Ron & Barbara Coe

## Youth Activities Fund

### In Memory of

Nancy Sherman  
Elaine Mintz

Sophie Lemchen  
Lawrence Lemchen

## Herzl-Ner Tamid Conservative Congregation

Affiliated with The United Synagogue of Conservative Judaism

3700 East Mercer Way  
Mercer Island, WA 98040  
Phone: 206-232-8555  
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Jay Rosenbaum, Rabbi Emeritus / [RabbiRosenbaum@h-nt.org](mailto:RabbiRosenbaum@h-nt.org)  
Bradlee Kurland, Cantor / [Cantor@h-nt.org](mailto:Cantor@h-nt.org)  
Merav Canaan, Executive Director / [Merav@h-nt.org](mailto:Merav@h-nt.org)  
Dr. Eliyahu Krigel, CJE, Director of Education / [Eliyahu@h-nt.org](mailto:Eliyahu@h-nt.org)  
Rebecca Frankel, Program Director / [Rebecca@h-nt.org](mailto:Rebecca@h-nt.org)

### 2021-2022 Executive Committee

President: Ilyse Wagner  
Executive Vice President: Mickey Friedman  
Treasurer/Financial Vice-President: Jeff Packer  
Membership Vice-President: Michael Tarlowe  
Secretary: Aaron Kiviat  
Immediate Past President: Zane Brown Jr.

### 2021-2022 Board of Directors

Marilyn Corets	Aileen Okrent
Rachel Dobrow Stone	Mark Sandler
Susan Edelheit	Ilene Sloan
Amy Hartman	Jaime Slutzky
David Isenberg	Jodi Sternoff
Jonathan Langman	Elaine Weinstein
Nancy Morse	

# HERZL MEMORIAL PARK

16747 Dayton Avenue North, Shoreline, WA 98133

If there is a death in the family, contact the Seattle Jewish Chapel at 206-725-3067.

For more information about the Herzl Memorial Park, contact Elaine Weinstein at 425-455-4703.

In times of loss, or in need of pastoral care, HNT members should call the HNT office at 206-232-8555.



### Herzl Memorial Park Cemetery Committee

Elaine Weinstein, President	Harris Klein
Jennifer Malakoff, Vice President	Michael Weinstein
Peter Michel, Secretary	Jane Rosenstein
Steve Burns, Treasurer	

To always have a well-maintained cemetery, please consider remembering Herzl Memorial Park in your Will, or by contributing to the cemetery's Endowment Care.