



HAKOL IS THE NEWSLETTER OF HERZL-NER TAMID CONSERVATIVE CONGREGATION



FOR AN INTERACTIVE, PRINTABLE CALENDAR OF ALL HNT EVENTS HAPPENING THIS MONTH, VISIT H-NT.ORG/CALENDAR.



A Message from Rabbi Jacob Herber



Rabbi Jacob Herber

henever we reach the end of the High Holiday season there's always a big letdown. The Yamim Noraim, Sukkot, Shemini Atzeret, and Simhat Torah with their services and rituals and home festivities, create a sense of heightened spirituality and, especially this year, community. We anticipate with anxiety the High Holy Days and we look forward to the beautiful festival of Sukkot and to its conclusion with Simhat Torah, as we dance with the Sifrei Torah.

After these holidays there's a long gap before the next major festival, which is actually the holiday of Passover. With stops along the way - including Hanukkah, Tu BiShvat, and Purim - we have some opportunities for home rituals and sacred worship opportunities.

But with much of September and October filled with the holiday season, we're challenged to create those moments of spirituality and community solidarity during the rest of the year as well. It's not as easy as the month of Tishrei, but it can still be done. In fact, the rest of the year offers us many opportunities for synagogue involvement, community volunteer opportunities, and intellectual growth.

Recently, I shared a book with a member of our Board, who in turn shared it with her fellow Board members. The book, written by Dr. Ron Wolfson, a professor of education at the American Jewish University in Los

Angeles is entitled Relational Judaism: Using the Power of Relationships to Transform the Jewish Community. Ron, a dedicated Conservative Jew and a wonderful educator, suggests that the goal of synagogue life is to allow its members to become a Relational Jew, a Jew who views Judaism as impacting virtually all of one's relationships. He suggests that there are indicators of Jewish identification and internal Jewish identity which are shaped by the relationships of life:

"Do I see myself as Jewish? Does my Jewishness influence the way I live my life: my work, my purpose, my hobbies, my indulgences, the food I eat, the music I listen to?

Do I see myself as part of a Jewish family? How do I relate to being a Jewish father, daughter, grandfather, sister, partner, spouse?

Do I locate myself among a network of good friends, friends who will be there for me in good times and bad?

Do I engage in lifelong learning about Judaism? Do I try on Jewish practice? Do I commit to living a Jewish life? Does Jewish observance shape the way I live: the rhythm of my week, the calendar of my year?

Do I support the community, a synagogue, JCC, Federation, Jewish defense organization?

Do I connect to the Jewish people, the "tribe"?

Do I care about the State of Israel?

Do I work to repair the world? Do I wrestle with God?"

These questions should challenge us after the High Holy Days to get involved in our synagogue and community programs and take advantage of the opportunities we have. I encourage you to participate in our many opportunities for communal prayer. Make time for our Shabbat services – Friday night, Shabbat morning and Shabbat afternoon – opportunities to join with the community in celebrating the sanctity of Shabbat and holidays.

I also want to encourage you to grow in your Jewish learning. There are many wonderful, adult education offerings available to you. Join us for Scholar-In-Residence weekends in the Winter and Spring. All of us, regardless of our level, can always grow in our knowledge.

I hope you will take advantage of the many opportunities to be involved with our Social Action Committee. We are part of a larger family and we should be there for all the members of our Jewish community and the world beyond.

There is no reason that after the holiday season there should be a lull in the time that we spend in the synagogue or with our involvement in Jewish rituals and living. In fact, the holiday season should merely be a catalyst for us to become more involved, more learned, and better Relational Jews in the months to come.

I hope to see you often around the synagogue throughout the course of 5783.

JE HE

-Rabbi Jacob Herber



New Member Brunch

Sunday, November 13 • 10:00 AM

All new members who have joined the synagogue since late 2019 (who, due to COVID-19, did not get to attend this event in-person) are invited to an informal New Member Brunch to get to know our clergy and staff, as well as meet other new families and synagogue members. The whole family is invited so please come have some brunch and do some schmoozing!

Please let us know whether or not you can make it at https://h-nt.shulcloud.com/form/nmb

Welcome back Home! HNT's 2023 Legacy Fundraiser

Save The Date: Saturday, February 11, 2023

Join us in person on February 11, 2023 for a night of fun, celebration and community. We are so happy to have you back! Come join the party! More Details to come soon!



Scholar-in-Residence Program with Rabbi Eric S. Gurvis

December 9-11

Learn more and RSVP: https://h-nt.shulcloud.com/form/sir

The Jewish Road to Character: The Study and Practice of Mussar as a Jewish Spiritual Path for Our Times

In our confusing and contentious time, many in our Jewish community are seeking to find a greater sense of grounding in core values and ideas which can guide us, uplift us, and inspire us to become the best persons we can be. Mussar has been a part of our rich Jewish heritage since Biblical times. Over the millennia it has grown from a concept in the Hebrew Bible to a vast literature; from a Movement born in 19th century Europe which in our time has been uncovered and recovered as an authentic and living Jewish spiritual practice. In our learning we will explore Mussar as an authentic Jewish spiritual path for our times, and our lives.

Friday evening after Shabbat Dinner - Finding the Jewish Road to Character – A Path and a Discipline for our Complicated Times.

What is Mussar? Why is it relevant in the 21st century? How can it inform and ground me in my life, my relationships and in the world I live in?

Shabbat Morning - Parshat Vayishlach - Torah Through a Mussar Lens

Rabbi Gurvis, a contributor to the 2019 publication, The Mussar Torah Commentary, will lead us in a discussion of how Mussar tradition provides an additional and little know lens through which to study our weekly parashah..

Shabbat Luncheon - Mussar as a Tool in A Time of Anger

Rabbi Gurvis will lead a examination based on the teachings of contemporary Mussar master, Rabbi Shlomo Wolbe z"I on the subject of Anger or Patience. How can we employ Mussar as a tool in navigating our complex human emotions and reactions in uneasy situations and time? How can Mussar teachings and practice help us make better informed decisions in our day-to-day lives?

Sunday Morning Brunch - Choices and Challenges

In this session we will look at some of the topics on the Mussar "curriculum" which is our life curriculum. How can I explore the study and practice of Mussar in 2022 and beyond? How can this part of our rich Jewish heritage inform my life, my decisions and my well-being.

About Rabbi Gurvis:

Rabbi Eric Gurvis is a graduate of SUNY-Albany and was ordained at the Hebrew Union College Jewish Institute of Religion in New York. Rabbi Gurvis has served congregations in New York City; Jackson, MS; Teaneck, NJ; Newton, MA; and is currently the rabbi of Congregation Sha'arei Shalom in Ashland, MA.

He trained as a Mussar Facilitator with The Mussar Institute and now serves as Director of Chaverim and Engagement for The Mussar Institute. He is a contributor to The Mussar Torah Commentary (published 2019).

Rabbi Gurvis facilitates Mussar groups throughout the Greater Boston area and in Western Massachusetts. Rabbi Gurvis is also a graduate of the Shalom Hartman Institute's Rabbinic Leadership Initiative and is a Senior Rabbinic Fellow of the Institute. He and his wife, Laura Kizner Gurvis are blessed with four children and four grandchildren.

Schedule:

Friday

Friday services 6:00 PM - 6:45 PM • Dinner 7:15 PM - 8:15 PM Presentation 8:15 PM

Saturday

Sabbat services 10:00 AM - 12:15 PM • Lunch 12:15 PM - 1:15 PM Presentation - 1:15 PM

Sunday

Brunch 10:00 AM - 10:45 AM • Presentation - 10:45 AM





Thank You to Everyone Who Donated to Our Annual Appeal!

We're just \$20,000 away from reaching our goal! If you wish to make a donation please go to https://h-nt.shulcloud.com/form/appeal

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Thank You to Everyone Who Donated to Our Social Action Appeal!

Make donation at https://h-nt.shulcloud.com/form/appeal

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Todah Rabbah to Everyone Who Helped Prepare the Space and the Services for High Holidays!

Todah Rabbah to Matan Assin, Ariel Assin, Uri Bar-Joseph, Deborah Beder, David Beder, Melissa Brown, Ruth Burstiner, Mickey Friedman, Raphael Ghelman, Barbara Goldberg, Eric Hasson, Elana Hornstein, Kennis Koldewyn, Phil Kouse, Bryan Kulp, Debbie Margolis, Ed Margolis, Peter Michel, Dan Mintz, Brian Moss, Aaron Packer, Jeff Packer, Dan Piha, Charles Sherer, Mona Pearl Trayball, Jerry Weiser and FRS families for helping build the sukkah, move the bima, prepare the sanctuary and so much more.

Todah Rabbah to Talya Kurland for her voice and song during services.

Todah Rabbah to Alan Wilensky, Chuck Caplan, Sherri Shulman, Efrem Krisher and Kennis Koldewyn for leading services during the High Holidays.

Todah Rabbah to Darryl Abrams, Susan Ben-Rubin, Marv Brashem, Paul Burstein, Ettie Davis, Adam Droker, Jeff Droker, David Fish, Jeff Frankel, Amy Hartman, Jeff Packer, Ilene Sloan, Craig Walker, and Alan Weinstein for Ushering and Greeting at services

Todah Rabbah to Bruce and Peggy Gladner for sponsoring the Break the Fast after Yom Kippur services.

Todah Rabbah to our vendors that help make the days run smoothly and safely

Todah Rabbah to Purple Beet Catering for the delicious sukkot food

Thank you to all of you who played a part in making the High Holidays happen successfully this year.

Todah Rabbah to High Holiday Committee Brenda Luper, Aaron Okrent, Judi & Alan Wilensky, Marilyn Kritzer, Dan Mintz, llyse Wagner, Robert Glowitz, and Tara Reck

Todah Rabbah to Shofar blowers Ken Alterman, Michael Berkenwald, Adam Droker, Jeff Kay, Rabbi Jay Rosenbaum, Scott Stone

Todah Rabbah to HNT Staff for planning, preparing and organizing everything to make the holidays happen.





Daytimers Fall Lunch & Film Series

Free during the day? Join us for good conversation, tasty lunch, and a Jewish-themed film the third Wednesday of the month!

Wednesday, November 16: Joseph And The Amazing Technicolor Dreamcoat

This 1999 British direct-to-video film version of the 1972 Andrew Lloyd Webber musical of the same name is a humorously musical retelling of the Biblical story of Joseph.

Wednesday, December 14: I Never Sang For My Father

A 1970 American drama film, based on the 1968 play of the same name. This film tells the story of a man who wants to move on with his life by moving to California and marrying his girlfriend, but finds it difficult as he still lives in the towering shadow of his aging father.

HNT's in-house caterer, Lirit Maslan Ziv of Purple Beet Catering, will prepare the meal for this special program.

\$10/person early bird (register by a week prior) or \$12/person for lunch, served 11:30 AM – 12:30 PM, followed by the film. Film only admission is free, but registration is still appreciated. Because we preorder food, refunds cannot be issued after the Friday before each film.

RSVP at https://h-nt.shulcloud.com/form/daytimers-fall-2022.html or call 206-232-8555.

AFFINITY GROUPS

HNT is building community with Affinity Groups, connecting members with shared interests or circumstances. Groups are lay-led, can be virtual or in-person, and can be year-round or seasonal at any frequency.

Current Affinity Groups:

Board Games • Bowling • Challah baking • Cycling • Gardening • Golfing • Hiking • Kayaking • Needle arts (knit, crochet, needlepoint...) • Skiing • Trains (real & model) • Zoom Shabbat Dinners

Sign up at https://mailchi.mp/h-nt/affinity









Thursday, November 3 • 10:00 AM - 12:00 PM in the HNT Skolnick Board Room

Knit, Crochet and more! The HNT Needle Arts Affinity Group is getting started. This is a wonderful opportunity to socialize with fellow crafters. Bring your projects, learn a new craft or get better at what you know.

RSVP to lrok7@msn.com

Board Games Affinity Group

Sunday, November 6 • 2:00 PM in the HNT Skolnick Board Room

B'nai Mitzvah See service times and links on page 20

Avi Mezistrano · November 5



Avi Nathan Mezistrano will become Bar Mitzvah on Saturday, November 5, 2022. Avi is 13 years old and a 7th grader at JDS. Avi is excited to share this day with his grandmothers Marilyn Mezistrano and Ruth Tessel, Brothers Dan and Levi, Parents Hoda and Joel and even Marcelo his dog! Avi loves playing sports including Basketball, Soccer, Wrestling, Ju Jitsu, and Tennis. He is also a diehard Seahawks fan! Avi has a wonderful sense of humor and just generally hilarious and fun to be around. He also likes giving back to the community by being an avid volunteer for Friendship Circle.

**

Tobias (Toby) Diament · November 26



Toby Diament will be called to the Torah as a Bar Mitzvah on November 26th, 2022. Celebrating with Toby will be his parents, Benjamin and Trea Diament, and sisters Nettie and Madeline. Toby will be joined by both sets of grandparents, Paul and Carol Diament, and Joe and Judy Schocken. Toby attended the Jewish Day School through 6th grade and is now a 7th grader at Basis Independent. When he isn't at school or water polo practice, Toby can be found playing online chess, teaching his dog Hiccup new tricks, or exploring the North Bend Forest. Toby's favorite time of the year is summer when he goes to Camp Solomon Schechter.

Toby's mitzvah project is one with deep roots to the Herzl-Ner Tamid community. He is honored to take over the War Heros Yahrzeit project, founded by Ellis Corets z"I. Toby will create a list annually to honor those who gave all for our country.

Chanukah College Packages

Addresses Due by Sunday, November 13

If you have an undergraduate college student, fill in their information at <u>h-nt.org/college</u> so they can receive some goodies for chanukah! Chaq sameach!





Because It's the Right Thing to Do

Schindler's List. Like many of you, I've watched the movie many times. Though entertaining, clearly, I don't watch it because it's enjoyable. Schindler's List is a reminder of a time we can never forget. And that, of course, is important. But Schindler's List is also about hope and the inherent goodness of people.

I always remember the details of a particular scene towards the end of the movie. The war is essentially over. The Nazis have left the factory; only the Jews and Schindler remain. It's Friday night. Schindler has the Rabbi light the candles and chant Kiddush. Everyone seems to be in disbelief as they lived in fear of being sent to the gas chamber every moment for the last few years. And now they are openly celebrating their Jewishness. It's quite moving.

As Schindler is getting ready to leave knowing a poor fate awaits him, he is presented a gift from everyone – a gold ring with the inscription in Hebrew "Whoever saves one life saves the world entire", taken from the Talmud. https://youtu.be/jsHYWSYAZMo Schindler breaks down saying he could have done so much more. A gold pin could have saved two lives. The car could have saved 10 lives. The scene always brings tears to my eyes.

Having the impact of an Oskar Schindler is rare. But we do have the ability and opportunity to make peoples' lives better and, in return, make our own lives better. And where better to start than in our own community.

Most of us hear about HNT's Mitzvah Corps, but

few really know who is involved and what they do. This group of volunteers is the secret gem of HNT. That is ... secret until you need them. They help when someone in our community has a need. The need doesn't need to be big. The needy doesn't need to be young or old. It's just whenever, we as a community can help make life a little easier when another in our community hits a low spot.

Here's just a small sampling of Mitzvah Corps activities:

- Providing meals during Shiva, Shabbat, or a "a thinking of you meal" for someone who isn't feeling well after surgery or is unable to grocery shop or cook for themselves
- Offering to visit a person who is alone and wants some company or is in an assisted living facility such as the Summit or Kline-Galland and would like company or a meal
- Providing rides to services or to medical appointments or even to the grocery store
- Sending cards for a speedy recovery or a "thinking of you" for someone having a difficult time due to caregiving for a family member
- Reaching out on the High Holidays to provide goody bags filled with challah, apples, and honey to wish L'Shanah Tovah
- Delivering challah and wine or grape juice for a Shabbat meal

The other day I was having coffee with Judy Ziedman, the chair of the Mitzvah Corps. She told me a story which represents what Mitzvah Corps is about. In her words: "Several years ago, I made a delivery of challah and wine to a congregant as requested by Rabbi Rosenbaum; a family member had passed away so Rabbi wanted to let them know we were thinking of him. I had never met the individual though he was a longtime HNT member. I spent several hours just chatting with his wife. She was so appreciative of HNT's thoughtfulness and understood the real value the Mitzvah Corps brought during a tough time that she immediately signed up as a volunteer. She continues to be involved and has helped out so many times on different Mitzvah Corps projects!"

So how can the Mitzvah Corps affect you personally? I suggest thinking about the Mitzvah Corps in three ways:

- If you feel something would help your situation like a ride, food, company, or whatever, do not hesitate to contact the office or anyone in a leadership role at HNT.
- 2. If you know someone is a Mitzvah Corps volunteer, thank them for their kindness and their time.

3. Sign up to help. You do not have to make a big time commitment. Get on the Mitzvah Corps mailing list. You can be a teenager, a senior citizen, or anyone in between. When you see an opportunity to volunteer that fits your schedule and appeals to you, volunteer. It can be once a month or once a year. But if you don't know about the opportunity, you'll never have the chance to volunteer and do a real mitzvah.

To learn more about the Mitzvah Corps, go to h-nt.org, cursor over Gather on the main menu, and choose Volunteer. There is a short description and contact information.

OR you can directly contact Judy at: Judy Ziedman <u>jraez@comcast.net</u> 425.883.6482

Not everyone can be an Oskar Schindler. But everyone can help fellow members of our community and perform mitzvot. Sign up today ... because it's the right thing to do.

- MICKEY FRIEDMAN,

Michaelpielmer

PRESIDENT, HNT BOARD OF DIRECTORS

Veterans Day Flags

Contact Marilyn by November 6

In honor of Veterans Day on November 11, American flags will be placed at the graves of U.S. Service Members buried at Herzl Memorial Park. Please help Marilyn Corets update the veterans list previously maintained by her father, Ellis Corets z"l. Notify her of any veteran buried at Herzl Memorial Park since 2018. Members are also welcome to confirm that a veteran is already included on the list of 100+ names. Contact Marilyn at mcorets@outlook.com by November 6.



Winter Coat Drive for Leschi Elementary & ROOTS Shelter

November 1 - November 27



Leschi Elementary School (K-5th) wants to give each child in need a new coat as part of their Giving Garland program. ROOTS (Rising Out Of The Shadows) is a shelter for young adults, many of whom have aged out of the foster system. Help us give these kids and young adults clothing to keep them warm this winter:

- Greatest needs: Warm winter coats in sizes youth x-small to adult x-large in a variety of colors.
- **Also appreciated:** kids-sized new or gently used rain jackets, new sweatpants with elastic waistbands, socks and underwear; adult-sized new socks, gloves, and scarves.

Drop off in the red bins inside the Upper Foyer. Thank you for pre-bagging donations by child vs. adult sizes.

No time to shop? Email <u>Sosna@h-nt.org</u> to make a donation by November 15 and volunteers will purchase coats on your behalf.

Teen Feed

Sunday, November 27 • 5:30 PM



Help us provide dinner for 60 homeless teens. Email <u>TeenFeed@h-nt.org</u> to be added to our monthly email list, and to let them know if you want to cook, or purchase, items and deliver to the home of this month's Teen Feed leader. For additional details and location information, check out: https://h-nt.shulcloud.com/event/teen-feed4.html



JFS High Holiday Food Drive

Thank you to everyone who supported the Polack Food Bank at this annual drive. Together our community donated 61 bags of food and toiletries to help fight food insecurity in Washingon.

Todah rabbah to **Elana Hornstein** and **Sue Solomon** for volunteering to load our donations and **Brian Lurie** and **Carol Michel** for delivering our HNT community's entire load of donations to the JFS warehouse.

Shelter Meal Shoutouts

Thanks to our shelter meal captains, **Nathalie Bentov, Ellie Halevy & Larry Kalman & Family, Nadine Strauss,** and many volunteers for feeding 190 meals for Elizabeth Gregory Home, Congregations for the Homeless, and Teen Feed in October. Ask any of these captains – it's easy to do, and we need more of you!

Sign up for future months at https://h-nt.org/shelter-meals and we will follow up with details, or email Sosna@h-nt.org for questions.



Getting To Know You:

Keith L. Battle
Owner, Battleline Protection



About Keith:

What is your favorite part of working at HNT?

The welcome feeling I receive from all the members of the congregation. Being able to feel like I am part of this community.

Who Inspires you?

My Grandfather was my biggest inspiration, James Sneed, was always the person that I looked up to the most growing up. Grandpa was a Dallas Sheriff and would come to the house and park and let me sit in the front of the patrol car while he worked. He was a man of wisdom and integrity.

What is a fun fact that most people do not know?

I started out as a songwriter, winning a Billboard song writers contest for the ballad "Why is it wrong for a grown man to cry?" I Wrote and produced music for other artists and have stayed involved in the music industry for many years.

What's one item you can't live without?

I am not a materialistic person so there is not an item that comes to mind. But I know that I cannot live without my kids; My daughters, Karmen, Tierra and my son Braylon.

What is your proudest moment?

Being able to introduce my mother to her favorite music artist "Al Green" during one of his shows. I will not forget the look on her face when he called her name when we were backstage, and she was able to take a picture with him. It was a priceless moment.

If you could have dinner with one person alive or deceased, who would it be?

Martin Luther King, Jr., He was a sage for the centuries and was adamant about the importance of all men being treated equal no matter the color of their skin or their religion.

A special thank you to Emmanuel's Inc. for donating the cost of cleaning our High Holidays Torah covers





Emmanuel's Rug & Upholstery Cleaners 231 South Hinds Street Seattle, WA 98134 206-322-2200

http://www.emmanuelsrug.com/



Nosh and Sing: Relaunched!

Tuesday November 29th • 11:30AM - 12:30PM

Like to sing? Like to hear others sing? Like to learn "new to you" songs? Join Cantor Kurland for Nosh and Sing: Relaunched.

Join for the first session on Tuesday November 29th 11:30AM to 12:30PM

Sign up at https://h-nt.shulcloud.com/event/nosh-and-sing-with-cantor-bradlee-kurland.html

Stay tuned for upcoming dates as well





Come join the HNT Women's League Book Club which meets the first Monday of every month at 7:00 PM online on our <u>Cloud HD Video Meeting</u>

Upcoming meetings for the Women's League Book Club.

November 7: The Beauty of What Remains by Steve Leder - discussion leader - Sharon Mossman

Judaica Shop

Buy gifts and give twice – proceeds benefit HNT youth programs! We have the largest Judaica Shop in the Seattle area with many beautiful and meaningful Judaica and gifts in all price ranges. The Judaica Shop is open appointment only by contacting Kari Haas: 206-719-2224.

November Anniversaries

2	Adam & Wendy Rosen	36	11	Itshak & Eva Sarfati	51
2	Adam Droker & Aly Cohen Droker	14	3	Jason & Amanda Stoffer	15
16	Alesa & Harvey Trager	37	25	Joel & Rachel Chiprut	21
13	Bekah & Marc Burdick	12	10	Larry & Rochelle Sturman	67
2	Beth & Allan Las	36	12	Marcia & David Beberfall	42
7	Charles & Louise Kiss	58	12	Matt & Deborah Mandel	12
24	Chuck & Barbara Maduell	32	24	Michael & Julie Mayo	21
9	Craig & Kimberly Fisher	25	18	Richard & Lynn Du Bey	49
13	Dan & Elaine Mintz	34	19	Saul & Joyce Rivkin	27
8	Daniel & Orliyah Finnegan	13	11	Stan & lantha Sidell	46
3	Don Shifrin & Bobbi Chamberlin	20	26	Susan & Albert Ceccacci	19
18	Gerry & Sandra Ostroff	55	29	Terry & Marcie Wirth	47
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A Message from Director of Education Dr. Eliyahu Krigel, CJE



A Dvar

"The opposite of love is not hate, it's indifference. The opposite of art is not ugliness, it's indifference. The opposite of faith is not heresy, it's indifference. And the opposite of life is not death, it's indifference!"

-Elie Wiesel (Romanian born American professor, author, Nobel Laureate, and Holocaust Survivor, 1928-2016)

The quote above from Elie Wiesel reminds us all of the need to dramatically and courageously step up and stand up when we witness injustice. Rather than being bystanders and not acting, when injustice occurs, we are all obligated to do something about it and become upstanders. School in general, whether we're talking about middle school, high school, or college, is a time to question and explore. What if your exploration is tainted and forced in a negative direction while in school? This unfortunate challenge might be the experience of being Jewish for students in contemporary high schools and colleges today. As a consequence of growing antisemitism, the Anti-Defamation League conducted a survey of Jewish youth to explore the question of racism in middle and high schools and also on the University campus in our own time. The reality of being a Jewish youth in America in the 21st Century is that the probability of experiencing racism firsthand is unfortunately very likely. The ADL found that many middle and high school students regularly faced antisemitic comments and harassment in their schools and communities. Instead of standing up for these injustices, many youth continue to remain silent in the face of this type of oppression. The ADL created Words to Action® to confront growing antisemitism in American schools and also on the college and university level.

In an effort to combat the challenge of antisemitism, HNT will be hosting Words to Action[®], for all Jewish middle and high school students. This program is open to the community. Rob Hicks, ADL Assistant Regional Director, will be at HNT on November 6 from 12:30-3:30 to facilitate the program, Sign up today for this interactive educational program designed to help Jewish youth examine their identities and be equipped with constructive and effective responses to combat antisemitism and anti-Israel bias in their lives. FRS is a No Place for Hate School through the ADL. We value inclusion and diversity. We encourage inquiry and asking good questions. Thanks for joining us for Words to Action® so we can do our best to make sure our middle and high school students know what to do if they ever experience or encounter racism in their lives.

Find out more about the program with this link: https://www.adl.org/education-and-resources/resources-for-educators-parents-families/words-to-action

Join us for this important workshop on November 6th from 12:30 PM - 3:30PM! Kosher pizza from Island Crust will be served. Please RSVP by November 2 by clicking here: https://h-nt.shulcloud.com/form/adlwordstoactions

Dr. Elizahu Knigel - Dr. ELIYAHU KRIGEL

FRS Registration

This year we are offering a robust FRS school program with options for in-person and online (Zoom) learning. All HNT members can simply log into Shul Cloud account and go to the "start school enrollment" area. After enrolling, please go back into Shul Cloud account and set up the payment schedule. Here is the direct link for members: https://h-nt.shulcloud.com/school_enrollment.php. Don't forget to follow us at Frankel Religious School on Facebook.

FRS Parent Coffee with the FRS Parent Committee



Sunday, November 6 • 10:00 AM in the Upper Foyer at HNT

Join the FRS Parent Committee and Dr. Eliyahu Krigel for schmoozing and coffee on November 6 at 10:00am after our morning assembly in the Upper Foyer at HNT. Bond with FRS families, share stories and resources, and strengthen friendships and connections with other parents. All are welcome! We will continue holding these informal gatherings all year on the first Sunday of the month when FRS is in session. Just like we want all our students to be best friends, we also want our parents to be in partnership and connected as well. For more information about the FRS Parent Committee, please contact Lindsay O'Neil (lindsayoneil@gmail.com) or Brooke Pariser (brookesidell@hotmail.com).

Garinim Calendar of Events

Garinim is our group for families with young children kindergarten and below. Garinim is open to everyone and non-members are welcome to participate. Please email Dr. Eliyahu Krigel at eliyahu@h-nt.org for more information

Mitzvah Bags and Potluck Dinner: November 16 from 5:00-7:00pm at HNT

Join us for a chance for your kids to learn about the important value of tzedakah by assembling Mitzvah Bags for those in need. The evening will also include a musical service and a vegetarian/dairy potluck. Bring an item for the mitzvah bags AND sign up for the dinner here:

https://docs.google.com/spreadsheets/d/19QatMgH12LYiSqZSVdE7Si9-W2BIUZ-PgOo7T4IG7mQ/edit#gid=0



Tot Shabbat

Presented by Stroum Jewish Community Center, Herzl-Ner Tamid Conservative Congregation, PJ Library, and Jewish Federation of Greater Seattle

Fridays • 9:45 AM - 10:30 AM In Person at the SJCC

Join Chava Mirel and Dr. Eliyahu Krigel for Tot Shabbat at the SJCC! Open to everyone. Bring your extended family. Thank you to the Jewish Federation of Seattle, PJ Library, the SJCC, and HNT for sponsoring this program. Experience the magic and wonder!





Better Together: A Virtual Program For Teens And Participants Over 65 Years Old!

Monthly Sundays, 11:00 AM - 12:00 PM on Zoom & In-Person at HNT • Next date: Sunday, November 6

Join us for the Better Together program at HNT. Now is the time to sign up! Better Together is geared towards students ages 11-18 and participants over 65 years old. The FRS fifth grade will be joining the group this year. Sign up below to be included in our plans and activities. Please register for the Better Together program for next year with this link: https://hnt.wufoo.com/forms/better-together/



- Great work to USY for meeting in the Sukkah over Sukkot. Thanks to our new USY advisor Joel Jacobs for organizing!
- So wonderful to celebrate Sukkot in the HNT Sukkah with our Garinim friends. We really appreciate Josh Niehaus for bringing the ruach and playing music with us to help enliven the holiday experience.
- Our first Sunday back after the new year. Join us for a family service every Sunday FRS is in session from 9:30-10:00. Mazal tov to the 3rd Graders and their families on 3rd Grade Consecration during Simchat Torah.
- Just a small modern miracle with three kids from the same family look at the camera at the same time. We love all our HNT friends!
- A very special thanks to Chhoeuk and Elaine Soeun for helping to move the Bima back and for all the support behind the scenes.
- Always fun when we have special visitors like Judah visiting us with Chava Mirel during Tot Shabbat. Join us every Friday at the SJCC for Tot Shabbat at 9:45! Tot Shabbat is presented by Stroum Jewish Community Center, Herzl-Ner Tamid Conservative Congregation, PJ Library, and Jewish Federation of Greater Seattle.
- In honor of Simchat Torah, we opened up the Torah and took a peek instead during Tot Shabbat!
- Look who is in center! Thank you Rabbi Herber for joining us to move the Bima!



USY Seattle Achim

Shabbat Dinner Potluck with USY

Friday, November 4 • 6:00 PM at the home of Bailey Wagner

Shabbat is our time to recharge and gain perspective. Gather at the home of our USY president for a dairy/vegetarian Shabbat potluck dinner. Click below to RSVP and let us know what you can bring to the potluck by November 2: https://docs.google.com/spreadsheets/d/1_ks5kp2_SRtQwqAmPIK_jolkJxedXZqQof6wnRIR7cY/edit?usp=sharing

Seattle Achim USY goes to Reality Break Escapes

Sunday, November 20 • 4:00 PM - 6:00 PM • Meet at Reality Break Escapes at 225 106th Ave NE, Bellevue, WA 98004

Meet up at Reality Break Escapes and then go on a scavenger hunt all around Bellevue with your USY friends.

Please RSVP by clicking below: https://h-nt.shulcloud.com/form/USYrealitybreak

Words to Actions by ADL for Middle and High School Students

November 6 • 12:30-3:30 at HNT (includes lunch)

Calling all middle and high school students to join us for an important workshop from ADL's Pacific Northwest Office, Words to Action®, presented by Rob Hicks, ADL Assistant Regional Director. Words to Action® is an interactive education program designed to help Jewish youth examine their identities and be equipped with constructive and effective responses to combat antisemitism and anti-Israel bias in their lives, including:

- recognizing the implications of antisemitism on oneself and community;
- responding to stereotypes and prejudice;
- · processing internalized antisemitism; and
- situating antisemitism inside a broader matrix of oppression.

Join us for this important workshop! Kosher pizza from Island Crust will be served. For more information, please email Dr. Eliyahu Krigel at eliyahu@h-nt.org. Find out more about the program with this link: https://www.adl.org/education-and-resources/resources-for-educators-parents-families/words-to-action

Please RSVP by November 2 by clicking below: https://h-nt.shulcloud.com/form/adlwordstoactions





With questions about USY at HNT please email USY Advisor Joel Jacobs at <u>USYadvisor@h-nt.org</u> or Dr. Eliyahu Krigel, Director of Education at HNT, at <u>eliyahu@h-nt.org</u>.



Adult Education

Introduction to Judaism

Taught by Rabbi Jacob Herber Sundays beginning October 23, 10:30 AM - 11:30 AM, in-person & via Zoom

This course is open to all, and is perfect for interfaith couples, those raising Jewish children, spiritual seekers, individuals considering conversion, and Jews who want a meaningful chance to reconnect with their Judaism as an adult. This class will be held in-person and online using Zoom to meet and learn together. Those who register will be sent login information prior to the first class on October 23rd. Please be sure to purchase the books listed on the registration page prior to the first class. Click the registration link below for a list of books to purchase for the course.

Learn more and register with this link: https://h-nt.shulcloud.com/form/Introduction-to-Judaism

Lunch & Learn: Walking with Mitzvot

Taught by Rabbi Jacob Herber Wednesdays beginning October 26, 12:00 PM – 1:00 PM, in-person & via Zoom

Join Rabbi Herber for the series, "The Walking With," created by the Ziegler School of Rabbinic Studies in partnership with the United Synagogue of Conservative Judaism, the Rabbinical Assembly, the Women's League for Conservative Judaism, and the Federation of Jewish Men's Clubs.

Learn more and register with this link: https://h-nt.shulcloud.com/form/Lunch-and-Learn

Foundations for a Thoughtful Judaism: Faith & Practice

Taught by Rabbi Jacob Herber Wednesdays beginning November 2, 7:00 PM - 8:30 PM, in-person & via Zoom

Join Rabbi Herber for Foundations for a Thoughtful Judaism, The Shalom Hartman Institute's latest curricular project, which offers a sophisticated yet accessible introduction to philosophical ideas in Jewish peoplehood, practice, faith, and ethics. Click the registration link below for more information regarding the four rubrics we will be exploring which include Peoplehood, Faith, Practice, and Ethics.

Adult Hebrew at HNT on Zoom

Taught by Morah Janine Rosenbaum

Take your Hebrew acquisition to the next level during this difficult pandemic. We are open to accepting new students. Now is the time to learn Hebrew! Classes begin in October, taught by Janine Rosenbaum virtually over Zoom. Classes include Modern Hebrew, Beginning Hebrew, Prayerbook Hebrew, and Biblical Hebrew. We have the right class for you. If you do not see a class that meets your scheduling needs, please email Janinerosenbaum@comcast.net or call 206-963-4933. Sign up at: https://h-nt.shulcloud.com/form/Hebrew-Classes





Adult Education

The Jew Among the Nations: Where are We Headed?

Facilitated by Rabbi Jay Rosenbaum • Monthly Thursday beginning October 27, 7:00 PM - 8:30 PM, via Zoom

For the past two millennia, the Jewish posture toward the nations of the world has been dominated by the need to defend ourselves. Times have changed. With the success of Israel and American Jewry, we have a unique moment of opportunity to have a collective impact for good on the world. Yet, antisemitism and anti-Zionism have not disappeared. If we could formulate a foreign policy for the Jewish people today, how much of it would be shaped by our need to defend ourselves? And, how much of it would be shaped by dreams of transforming the world?

For more information and to register, please click this link: https://h-nt.shulcloud.com/form/Rabbi-Rosenbaum-class

Israel Matters: How Christians and Jews May Think Similarly and Differently About the People and the Land

Interfaith discussion with Rabbi Jay Rosenbaum and Rev. Elizabeth Riley Five Mondays beginning November 7, 7:00 PM - 8:45 PM at Emanuel Episcopal Church

We will explore Jewish and Christian perspectives on what Jews call The Land of Israel and what Christians (and sometimes Jews) often refer to as The Holy Land. Topics include:

- · Israel in Judaism and Jewish History
- The Jewish experience outside the Land of Israel
- The Israeli/Palestinian/Arab/Muslim Conflict

What are the roots of our perspectives? Where do we differ? And where can we find common ground? Register here: https://emmanuelmi.breezechms.com/form/14d83f77



Within the Shul Family

We Celebrate:

- Parents Rebecca & Jamie Frankel and Grandparents Mike & Cheri Levy on the birth of Isabella Hailey Frankel
- Grandparents Florence Katz Burstein & Paul Burstein on the birth of Elena Hunter Katz Lucero
- Grandparents Alan & Judi Wilensky on the birth of Raya Pearl Weinstein
- Lauren Bernstein and Grandparents Josie and Alan Bernstein on the birth of Gracie Love Remy Bernstein

We Offer Condolences for:

- · Judith Goldsmith z"l, mother of Deborah Peres
- Mason Lilly z"l, father of Joel Lilly
- Allan Shumofsky z"l, father of Julie Chivo

Refuah Shelemah to Congregants:

Marion Aronson, Sandy Bing, Margaret Castellanos, Lore Coe, Larry Epstein, Valerie Epstein, Paula Feldman, Lois Glass, Cantor Bradlee Kurland, Esther Lott, Elaine Peizer, Joyce Rivkin, Susanne Rosenkranz, Sylvia Siegel, B. Sloan, Jeanne Snyder, Ella Toker, Robert Wilkes, George Woolcott

- * HNT members are listed above. For a complete list email Ashley@h-nt.org
- * If you or someone you know is on the Refuah Shelemah list and no longer needs healing prayers, we would be delighted to remove their name. Please contact the office to request that a name be removed.

Ways to Participate in T'filot:

HNT offers both in-person Shabbat services in our Sanctuary, and a virtual option available to view at h-nt.org/youtube

Morning Minyan is also offered both in-person and virtually at h-nt.org/services



November T'filot

Pre-negs: Fridays at 5:30 PM
Kiddush lunch: Saturdays following services
Sponsor opportunities are available.
Please contact Melanie at Melaniem@h-nt.org
for more information

Friday, November 4
6:00 PM Services
Birthday Shabbat

Saturday, November 5
9:30 AM Services
Bar Mitzyah of Avi Mezistrano

Friday, November 11 6:00 PM Services

Saturday, November 12 10:00 AM Services

Friday, November 18 6:00 PM Services

Saturday, November 19 10:00 AM Services

Friday, November 25 6:00 PM Services Anniversary Shabbat

Saturday, November 26
9:30 AM Services
Bar Mitzvah of Toby Diament

Morning Minyan:

Weekdays: 7:30 AM, Sundays & Secular Holidays: 9:00 AM

^{*} HNT members are listed above. For a complete list email <u>Ashley@h-nt.org</u>

^{*} HNT members who are direct mourners are listed. For a complete list of mourners, email Ashlev@h-nt.org



IN SUPPORT OF ONE ANOTHER

These generous tributes were made through October 20, 2022

AMY MACKOFF CAMPERSHIP FUND

For the Yahrzeit of

Andy Fingeroot from Alan Fingeroot

In Memory of

Julius Scherzer from Larry Kalman & Ellie Halevy Amy Mackoff from Robert & Polly Amkraut

CANTOR'S DISCRETIONARY FUND

For the Yahrzeit of

Rose Jassen from Carol Reynolds Sylvia Miller from Chuck & Marilyn Caplan

In Honor of

Esther Lott's Big Birthday from Nissim & Judy Neuman

Refuah Shelemah to

Frances Zelekovsky from Ella Toker

In Appreciation of

Cantor Kurland's warmth and kindness and help from Esther Lott

EILEEN MINTZ KITCHEN FUND

In Memory of

Allan Shumofsky from Ilyse & Greg Wagner



FRANKEL LIBRARY FUND

In Honor of

The marriage of Linda and Efrem Krishers son Josh to Laura from Toby Israel

FRANKEL SCHOLARSHIP FUND

For the Yahrzeit of

Max Efron from David Efron

GENERAL FUND

In Honor of

The HNT staff for all you do! from Carol Reynolds

In Memory of

Samuel Akresh from Akresh, Abraham Lillian Levy from David & Elaine Higdon Ann Galanti from Helene Behar Jack Reiter from Agi Day Ann Galanti from Larry Kalman & Ellie Halevy

For the Yahrzeit of

Francis Florsheim from Bruce Florsheim Benjamin Asia from Daniel Asia Royce Willhoyt from Mark & Ruth Balter

MASLAN MEMORIAL FUND

In Appreciation of

Rabbi Maslan for the Cemetery Pilgrimage from Mike & Cheri Levy

For the Yahrzeit of

Peter Maslan from Bob Maslan

MEMORIAL FUND

For the Yahrzeit of

Saul Shapiro from Mike & Cheri Levy
Esther Barer from Arnold Barer
Israel Barer from Arnold Barer
Benjamin Asia from Daniel Asia
Florence Maslan from Fred Maslan
Sarah Shapiro from Mike & Cheri Levy
Audrey Grace Rappoport from Barbara Rappoport
Jean Putter from Sonny Putter & Rochelle Roseman

In Memory of

Allan Shumofsky from Dan & Elaine Mintz
Judith Goldsmith from Bruce & Peggy Gladner
Ann Galanti from Austin Kulman
Ann Galanti from Robbie & Bonnie Cape
Harold Newson from Sam Newson
& Geri Schnitzer-Newson

MITZVAH CORPS FUND

In Memory of

Anne Harris from Bruce & Peggy Gladner
Carol Flash from Nolan & Pat Newman
Ann Galanti from Barbara Maduell

MORNING MINYAN FUND

In Memory of

Lester Wiener from Gail Wiener



IN SUPPORT OF ONE ANOTHER

These generous tributes were made through October 20, 2022

In Appreciation of

Brenda Luper and her team for coordinating High Holiday Services from Gail Wiener

PAY IT FORWARD FUND

In Appreciation of

Rabbi Maslan leading the Cemetery Pilgrimage from Larry Lemchen



PRESIDENT'S DISCRETIONARY FUND

In Memory of

Wally Levin from Tony & Lynn Wartnik

RABBI HERBER'S DISCRETIONARY FUND

In Appreciation of

Rabbi Herber's kindness and help from Esther Lott

SOCIAL ACTION - MISC

In Appreciation of

Thank you for Dean Polik's thoughtful contributions from Esther Lott

YOUTH ACTIVITIES FUND

In Honor of

the birth of Rebecca & Jamie Frankel's daughter from Ilyse & Greg Wagner





BELOVED DEPARTED

Memorialized with Yahrzeit Plaques at HNT

SHABBAT OF November 4/5

- 5 Jacob Siegel
- 6 Fannie Katz
 Alex Olbaum
 Ruth Oppenheimer
 Ben Spring
- 7 Bertha Ambrose Morris Berch Hannah Block Mendelsohn Rose Cohen Israel Lewis
- 8 Louis Goldburg Samuel Jaffe
- 9 Andrea Ambrose Fanny Applebaum Shirley Merielle Eastern Chaye Rubinowitz
- 10 Samuel Fischler
 Clara Gertrude Lancaster
 Leon D. Peha
 Louis Silverstein
 Ronald Tat
 Solis Tobis
- 11 Hilde Droker
 Sam Fishman
 Anna Kubey
 Therese H. Rapaport

SHABBAT OF November 11/12

- 12 Nathan Bender Pansy Lamken Michael Lemberg Bessie Reibman Neil Schneider
- 13 Sophie Karp Ruth Peizer Morris Willner
- 14 Aron Kornblit

 Mollie Lemberg

 Gertrude Pintus

 Walter Rosenstock

 Esther Schwartz
- 15 Lawrence Barsher Minnie Rivkin Chaim Weizmann
- 16 Manuel Drucker Jonas Liwschitz-Liff Paul Malakoff
- 17 Eva Marylander Miller Zachariah Weretnikove
- 18 Tillie Jaffe Leo Meltzer

SHABBAT OF November 18/19

- 19 Arthur Bovarnick
 Aaron Louis Englesberg
 Alexander Glancz
 Max Kahn
 Chaya Lander
 Max Streitman
 Sam Wittenberg
- 20 Sharon Lee Angel Loretta Arnold Gustav Falkenstein Esther Lewis Simon Lotzkar Berl Roffe Hadassa Rosen Hayim Rosen
- 21 Shirley Arshon Fanny Berger Sadie Roth
- 22 Harry Grashin Walter Herrnstadt Harry Lewis Barnett Shapiro Michelle Sloan
- 23 Anna Arshon Richard Fleck Muriel Schuffler Sophia Sternoff Dora Walker
- 24 Abe Dumanis
- 25 Reuben Goldman Pauline Kritzer Tzipa Linsky

SHABBAT OF November 25/26

- 26 William Eisenstein
- 27 Jacob Kremen Mr. Sherwin Kremen Rose Lerner Alice Nossen David Sidell Mrs. Netta Sonkin Goldie Topp
- 28 Max Breall

 Jennie Fisher

 Fannie Gladstein

 Daniel Lewis
- 29 Annette Axelrad Cohen Sarah Englesberg Burton Glazer Abraham Marcus Kreina Merport Mrs. Elsie Rosenstein
- 30 Charles Balter
 Julia Frankfurt
 Irving Greenberg
 Beatrice Gula
- 1 Ellis Corets
- 2 Henry Schocken



Herzl-Ner Tamid Conservative Congregation

Affiliated with The United Synagogue of Conservative Judaism

3700 East Mercer Way Mercer Island, WA 98040 Phone: 206-232-8555 info@h-nt.org • h-nt.org

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Jay Rosenbaum, Rabbi Emeritus / <u>RabbiRosenbaum@h-nt.org</u>

Bradlee Kurland, Cantor / Cantor@h-nt.org

Merav Canaan, Executive Director / Merav@h-nt.org

Dr. Eliyahu Krigel, CJE, Director of Education / Eliyahu@h-nt.org

Arianne Slayter, Director of Finance / $\underline{\text{Arianne@h-nt.org}}$

Sosna Woldemariam, Program Manager / Sosna@h-nt.org

Melanie Miller, Operations Director / MelanieM@h-nt.org

Ashley Rowland, Administrative Assistant to the Clergy / Ashley@h-nt.org

Rei Walker, Accounting Assistant / Rei@h-nt.org

Glindon Marten, Communications Manager / Glindon@h-nt.org

2022-2023 Executive Committee

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Adam Droker
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Amy Hartman
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Nancy Morse
Lindsay O'Neil
Sonny Putter
Jaime Slutzky
Elaine Weinstein
Gail Wiener

HERZL MEMORIAL PARK

16747 Dayton Avenue North, Shoreline, WA 98133

If there is a death in the family, contact the Seattle Jewish Chapel at 206-725-3067.

For more information about the Herzl Memorial Park, contact Elaine Weinstein at 425-455-4703.

In times of loss, or in need of pastoral care, HNT members should call the HNT office at 206-232-8555.



Herzl Memorial Park Cemetery Committee

Elaine Weinstein, President Harris Klein

Jennifer Malakoff, Vice President Michael Weinstein

Peter Michel, Secretary Philip Kouse

Steve Burns, Treasurer

To always have a well-maintained cemetery, please consider remembering Herzl Memorial Park in your Will, or by contributing to the cemetery's Endowment Care.