



# HaKol

HA KOL IS THE NEWSLETTER OF HERZL-NER TAMID CONSERVATIVE CONGREGATION

## Scholar-in-Residence Program with Rabbi Eric S. Gurvis

December 9 - 11

Finding the Jewish Road to Character – A Path and a Discipline for our Complicated Times.  
What is Mussar? Why is it relevant in the 21st century? How can it inform and ground me in my life, my relationships and in the world I live in?

Learn more on [Page 4](#)



FOR AN INTERACTIVE, PRINTABLE CALENDAR OF ALL HNT  
EVENTS HAPPENING THIS MONTH, VISIT [H-NT.ORG/CALENDAR](https://h-nt.org/calendar).







# A Message from Rabbi Jacob Herber



Rabbi Jacob Herber

“What is the secret to [the Jews’] immortality?” asked a very wise Mark Twain. How is it possible that we’ve managed to survive the turbulent rise and fall of empires and the countless attempts to destroy us? The answer to this query can be found in a single sentence in the Talmud: Rav Yehuda said that Rav Asi said that Rav said: It is prohibited to count money opposite a Hanukkah light. (Bavli, Shabbat 22a)

Among all of the rituals and rites of Hanukkah the Talmud offers us this specific warning. Our Sages want us to know that the lights of Hanukkah can be used for only one purpose: to commemorate the miracle of Hanukkah. If we were to count money, light a fire, or depend on the hanukkiah for heat, we could be questioned as to our motive behind our lighting the candles. The Talmud makes clear that we should not derive any benefit from either the light or the warmth of the Chanukah lights.

This rabbinic principle applies to all of the Mitzvot. We don’t perform a mitzvah in order to benefit. While some commandments definitely have their side benefits, we shouldn’t take them into account consider when perform them.

Elsewhere the Talmud recounts that Rabban Shimon ben Gamliel considered whether keeping kosher had any benefits, or if any of prohibited foods carried any risks. He taught, “A person should not say, ‘I do not like pork’...instead one should say, ‘I would like to have it, but God has decreed me not to partake.’”

On the one hand we’re prohibited from considering the rewards of our commandments, on the other hand are there are hundreds of mitzvot (like lighting the hanukkiah) that

- by definition - may not provide any benefit. It’s normal for us to pray only when we feel prayerful, to give tzedakah only when we feel charitable, and to study only when we’re feeling curious. If we don’t feel like praying should we forego it? What happens if - for years - our faith remains in doubt?

In the same vein, if we only light our Chanukah candles because of their beauty, what happens when the beauty of the menorah no longer lasts? What happens when, after several days of lighting candles, we tire of the ritual all together? Only our sense of obligation can ensure that our tradition continues.

Our Sages and teachers believed that living a life of mitzvot will lead to a deep and meaningful connection with our traditions and with God. Our prayers become more meaningful, our texts become more enlightening, and our faith becomes stronger. What is the secret to the immortality of the Jewish People? It’s our trust in the wisdom of our ancestors and our loyalty to our traditions regardless circumstance.

This year, as we light our hanukkiah, let’s enjoy the beauty of the lights while also appreciating the meaning of what it actually means to perform the mitzvah of lighting of the candles.

Wishing you a very Happy Hanukkah!

-RABBI JACOB HERBER

## Honoring Rabbi Herber

Rabbi Herber will be receiving an honorary Doctor of Divinity degree from The Jewish Theological Seminary at a Convocation on Monday, December 5, 2022. The ceremony will celebrate Rabbi Herber's achievements over many years. In recognition of this momentous occasion, we invite our community to acknowledge the accomplishments of Rabbi Herber by registering to watch the livestream of the Convocation ceremony. If you have any questions, please contact [events@jtsa.edu](mailto:events@jtsa.edu).

You can register and donate here <https://inspired.jtsa.edu/event/jts-rabbinic-convocation-2022-livestream-and-tributes/e430093>

HERZL-  
NER TAMID

# THE 2023 LEGACY FUNDRAISER

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**SATURDAY, MARCH 11, 2023 AT 7:00PM**

Join HNT for a fun night of havdallah, music, cocktails and food and a celebration honoring **David and Lorna Isenberg** as the recipients of the **Bob Zimmerman Community Leadership Award**

Featuring performances by **Robby Soble, Ravi Sharma, David Pilla** and Food and Cocktails by **On Safari Foods**.

We are so happy to have you back! Your presence is warmly appreciated. Come join the party!

Please note, this will be an adult only celebration.

[RSVP / DONATE](#) ►►



# Scholar-in-Residence Program with Rabbi Eric S. Gurvis

December 9-11

Learn more and RSVP: [h-nt.org/SIR](https://h-nt.org/SIR)



## The Jewish Road to Character: The Study and Practice of Mussar as a Jewish Spiritual Path for Our Times

In our confusing and contentious time, many in our Jewish community are seeking to find a greater sense of grounding in core values and ideas which can guide us, uplift us, and inspire us to become the best persons we can be. Mussar has been a part of our rich Jewish heritage since Biblical times. Over the millennia it has grown from a concept in the Hebrew Bible to a vast literature; from a Movement born in 19th century Europe which in our time has been uncovered and recovered as an authentic and living Jewish spiritual practice. In our learning we will explore Mussar as an authentic Jewish spiritual path for our times, and our lives.

## Friday evening after Shabbat Dinner - Finding the Jewish Road to Character - A Path and a Discipline for our Complicated Times.

What is Mussar? Why is it relevant in the 21st century? How can it inform and ground me in my life, my relationships and in the world I live in?

## Shabbat Morning - Parshat Vayishlach - Torah Through a Mussar Lens

Rabbi Gurvis, a contributor to the 2019 publication, The Mussar Torah Commentary, will lead us in a discussion of how Mussar tradition provides an additional and little known lens through which to study our weekly parashah.

## Shabbat Luncheon - Mussar as a Tool in A Time of Anger

Rabbi Gurvis will lead an examination based on the teachings of contemporary Mussar master, Rabbi Shlomo Wolbe z"l on the subject of Anger or Patience. How can we employ Mussar as a tool in navigating our complex human emotions and reactions in uneasy situations and time? How can Mussar teachings and practice help us make better informed decisions in our day-to-day lives?

## Sunday Morning Brunch - Choices and Challenges

In this session we will look at some of the topics on the Mussar "curriculum" which is our life curriculum. How can I explore the study and practice of Mussar in 2022 and beyond? How can this part of our rich Jewish heritage inform my life, my decisions and my well-being.



## About Rabbi Gurvis:

Rabbi Eric Gurvis is a graduate of SUNY-Albany and was ordained at the Hebrew Union College Jewish Institute of Religion in New York. Rabbi Gurvis has served congregations in New York City; Jackson, MS; Teaneck, NJ; Newton, MA; and is currently the rabbi of Congregation Sha'arei Shalom in Ashland, MA.

He trained as a Mussar Facilitator with The Mussar Institute and now serves as Director of Chaverim and Engagement for The Mussar Institute. He is a contributor to The Mussar Torah Commentary (published 2019).

Rabbi Gurvis facilitates Mussar groups throughout the Greater Boston area and in Western Massachusetts. Rabbi Gurvis is also a graduate of the Shalom Hartman Institute's Rabbinic Leadership Initiative and is a Senior Rabbinic Fellow of the Institute. He and his wife, Laura Kizner Gurvis are blessed with four children and four grandchildren.

## Schedule:



### Friday

Friday services 6:00 PM • Dinner 7:15 PM • Presentation 8:15 PM

### Saturday

Sabbat services 10:00 AM • Lunch 12:15 PM • Presentation - 1:45 PM

### Sunday

Brunch 10:00 AM • Presentation - 10:45 AM





# THE GREAT CHANUKAH MELT

CELEBRATE CHANUKAH WITH HNT  
SUNDAY, DECEMBER 18  
5:00 PM – 6:00 PM  
IN THE FEINBERG SOCIAL HALL



For the first time in three years, HNT is having an in-person party to celebrate Chanukah as a community. Join us for some sufganiyot, latkes, mitzvah bag assembly with the Social Action Committee, and fun activities for all ages.

Bring your Chanukiya and two candles to light the night with us. Join us for the Chanukah blessings and songs and melt the winter freeze on the first night of Chanukah.

Kids are encouraged to wear any Frozen themed clothing or costumes if they have them.

RSVP below:

<https://h-nt.shulcloud.com/event/community-candle-lighting.html>





## Thank God It's Shabbat (TGIS)

Friday, December 2 • 6:00 PM at HNT

Join us for Thank God It's Shabbat (TGIS) at HNT for Shabbat services and dinner! TGIS builds community and creates new friendships! Pre-Neg starts at 5:30 PM for those wanting to schmooze before the service. TGIS is open to everyone in the congregation and beyond. The expense for TGIS per family is included in the FRS tuition for 3rd – 5th graders and their immediate families. 3rd – 5th graders will lead parts of the Shabbat service. The link to sign up and for more information: <https://h-nt.shulcloud.com/form/tgis-on-december-2.html>



## Daytimers Lunch & Film Series

Free during the day? Join us for good conversation, tasty lunch, and a Jewish-themed film!

**Wednesday, December 14: *I Never Sang For My Father***

A 1970 American drama film, based on the 1968 play of the same name. This film tells the story of a man who wants to move on with his life by moving to California and marrying his girlfriend, but finds it difficult as he still lives in the towering shadow of his aging father.

HNT's in-house caterer, Lirit Maslan Ziv of Purple Beet Catering, will prepare the meal for this special program.

\$10/person early bird (register by December 7) or \$12/person for lunch after December 7, served 11:30 AM – 12:30 PM, followed by the film. Film only admission is free, but registration is still appreciated. Because we pre-order food, refunds cannot be issued after Friday, December 9.

RSVP at <https://h-nt.shulcloud.com/form/daytimers-fall-2022.html> or call 206-232-8555.

## AFFINITY GROUPS

HNT is building community with Affinity Groups, connecting members with shared interests or circumstances. Groups are lay-led, can be virtual or in-person, and can be year-round or seasonal at any frequency.

### Current Affinity Groups:

Board Games • Bowling • Challah baking • Cycling • Gardening • Golfing • Hiking • Kayaking • Needle arts (knit, crochet, needlepoint...) • Skiing • Trains (real & model) • Zoom Shabbat Dinners

Sign up at <https://mailchi.mp/h-nt/affinity>



### Needlecraft Affinity Group

Thursday, December 15th • 9:30 AM - 12:00 PM in the HNT Skolnick Board Room

Thursday, December 29th • 9:30 AM - 12:00 PM in the HNT Skolnick Board Room

Knit, Crochet and more! The HNT Needle Arts Affinity Group is getting started. This is a wonderful opportunity to socialize with fellow crafters. Bring your projects, learn a new craft or get better at what you know. RSVP to [lrok7@msn.com](mailto:lrok7@msn.com)





# Message From the President

## Taking the Mystery out of the Board

A group of people are voted in at the Herzl-Ner Tamid Annual meeting. Their names show up in the HaKol and many other printed and on-line publications. You don't spend much time looking at the list except to scan it for names you recognize. "Oh, cool. So and so is on the Board." Of course, I'm talking about the Herzl-Ner Tamid Board of Directors.

So, what does the Board do? How does one get on the Board? Why is it important? I'm going to try to take some of the mystery out of it for those who haven't had the fortune of serving on the Board.

As spelled out in the HNT By-laws, the management and administration of the affairs of the Congregation are vested in its Board of Directors. The Board sets policy; it does not manage the clergy or staff running the daily operation. The responsibilities range from setting a strategic direction in line with fiduciary accountability – such as budgeting and controlling the assets of the Congregation – to establishing all professional staff positions defining duties, responsibilities and authority and establishing agreements covering their compensation and conditions of employment.

What's the makeup of the Board? The Executive Committee consists of the Officers – the President, Executive Vice President, Treasurer/Financial Vice President, Membership Vice President, and Secretary – and the Immediate Past President. Officers are elected for one-year terms and cannot serve for longer than three consecutive terms. The Executive Committee closely monitors the operations of, and has general supervision over, the affairs of the Congregation. It evaluates congregational issues, does preliminary investigation, prioritizes, and brings to the Board subjects that need reporting, discussion, further work such as on committees or task forces, and Board approval. The Executive Committee must report its decisions and reasons for taking action to the Board on a timely basis.

The Rabbi and the Executive Director also attend monthly meetings of the Executive Committee and any ad hoc meetings providing

important input and typically bringing forth issues that affect policy or where some guidance is needed.

The Board of Directors consists of

- the Officers
- the Immediate Past President of the Congregation
- duly appointed representatives of the following: Women's League, the Ritual Committee, the Cemetery Committee, the Endowment Committee, and the Religious School Committee
- and ten elected members, five of whom are elected annually for overlapping terms of two years.

All 21 people have a vote with the exception of the President who votes in case of a tie. Chairs of other committees are invited to attend Board Meetings but are not considered Directors and do not have a vote.

In addition to their participation at monthly Board meetings, each Director holds a portfolio, typically where they have a strong interest or special skill. A portfolio may be in fundraising, outreach, youth programs, the Religious School, adult education, ritual functions or any ad hoc committee or task force the Board may designate from time-to-time.

**How do you get on the Board?** As defined in the by-laws, there is a Nominating Committee consisting of eight persons – the Immediate Past President as the chair, three members of the Board, and four members elected from the membership at large by the Congregation at the previous annual meeting. Members of the Nominating Committee cannot serve more than one year and cannot nominate someone from the committee to be a Director.

The Nominating Committee will seek out members from the Congregation at-large. There are really only two criteria:

- Demonstrating involvement in some area of synagogue participation. That could mean anything from regular services



attendance to active participation on the FRS parents committee.

- Having needed skills. The Board works best with a mix of people from different backgrounds and skillsets. Real estate and building experts. Lawyers and doctors. Business professionals and those involved in local government. Parents of youth who understand the religious school needs. People with strong marketing and communication skills.

So, who is currently on the Board:

### Officers

President - Mickey Friedman (Cathy, 2 adult children)

Executive Vice-President - Aaron Kiviat (Leigh Anne, 3 children, ages 11-16)

Financial Vice-President - Jeffrey Packer (Kathy, 2 children, ages 10-14)

Membership Vice-President - Michael Tarlowe (Dafna, 2 children, ages 14-18)

Secretary - Ilene Sloan (Garrett, 2 children, ages 13-15)

Immediate Past President - Ilyse Wagner (Greg, 3 children, ages 17-21)

### Elected Directors

Adam Droker (Alyson, 3 children, ages 6-12)

Rachel Dobrow Stone (Scott, 3 children, ages 10-16)

Susan Edelheit (Lonnie, 1 adult child member, 2 grandchildren)

Amy Hartman (Benjamin, 3 children, ages 9-19)

Jonathan Langman (Karen, 3 children, ages 7-12)

Nancy Morse (Wayne, 2 adult children, several grandchildren)

Lindsay O'Neil (Barry, 2 children, ages 11-13)

Sonny Putter (Rochelle)

Jaime Slutzky (Samuel, 2 children, ages 13-16)

Gail Wiener

### Appointed Board Members

Women's League Chair - Susan Ben-Rubin

Endowment Chair - David Isenberg

FRS Committee Co-chair - Jenn Rosenwald

Cemetery Chair - Elaine Weinstein

Ritual Committee Chair - Open

### Nominating Committee (non-Board Members)

Rachel Blum, Linda Jacobs, Martha Javnoz, Nissim Neuman

As you can see, the Board is purposely built as a diverse group of congregants. The goal is to bring in smart, caring people which we have no lack of at HNT. If you are interested, tell a Board Member or Nominating Committee member.

Being on the Board isn't for everyone, and it often isn't the first step. You are most effective as a Board Member once you know the synagogue and some of its inner workings. There are many ways of being part of the HNT community such as attending services, social action activities, religious school, youth programs, mitzvah corps, and educational opportunities for spiritual enrichment. But the Board provides an important role in keeping the synagogue financially sound, operating effectively, and built for the future.



- MICKEY FRIEDMAN,  
PRESIDENT, HNT BOARD OF DIRECTORS

## 2022 Year End Financial Contributions

Your Support of HNT is greatly appreciated!

### Stock Transfers and 2022 Tax Statements

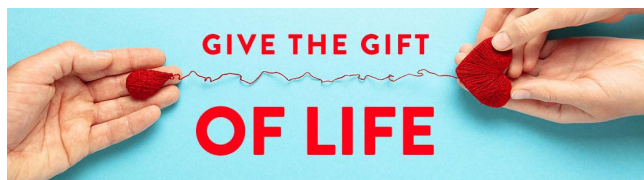
Please allow three weeks for stock transfers to settle during the month of December. If you need transfer instructions, please contact Accounting@h-nt.org. All checks post-marked or received by HNT as of December 31, 2022 will be included in this year's Tax Statement. We will send out Tax Statements prior to January 31, 2023.







## Social Action Opportunities



### Pop-Up Blood Donor Center at HNT

December 21 - 22

There is an emergency need for donors to stabilize the blood supply. Your donation is vital to the health of our community. This one-hour donation appointment is a safe and essential action, with masks and appointments required. Additionally, no guests or people under age 16 are permitted onsite. Click here <https://schedule.bloodworksnnw.org/DonorPortal/GroupLanding.aspx?s=8069> to book your appointment.

### Congregations for the Homeless Shelter Meals

Captained by Julie Ellenhorn

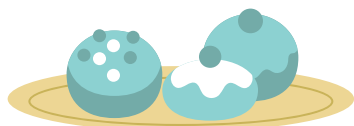
The shelter serves 100 men each night and needs lot of help to keep everyone well fed. Food is dropped off outside, so it's easier than ever to help. Sign up to be a captain at <https://tinyurl.com/5n8nyan4> or email [ShelterMeals@h-nt.org](mailto:ShelterMeals@h-nt.org) to learn how easy it is to captain a meal with a group of friends.



## Social Action Shout Outs

### Teen Feed Shout Outs

Thanks to November Teen Feed Leader **Nathalie Bentov** for providing a drop-off dinner for 60 homeless teens.



### Teen Feed

Sunday, December 25 • Captained by Natalie Levy

Help us provide dinner for 60 homeless teens. Email [TeenFeed@h-nt.org](mailto:TeenFeed@h-nt.org) to be added to our monthly email list, and to let them know if you want to cook, or purchase, items and deliver to the home of this month's Teen Feed leader. For additional details and location information, check out: <https://h-nt.shulcloud.com/event/teen-feed5.html>

### Elizabeth Gregory Home Monthly Second Sunday Lunch

Captain Needed!

This facility acts as a permanent address for so many in need of social services, job applications, etc... as well as providing access showers, laundry, computers, and referrals for needed services. We provide a hot lunch for 25-30 which can be dropped off Friday afternoon or Sunday morning by 10:30 AM in the U District, or arrange an earlier drop off with the captain(s). To sign up as a host, please go here: <https://tinyurl.com/5n8nyan4>



### Shelter Meal Shout Outs

Thank you to everybody who contributed funds to help serve 130 meals for Congregations for the Homeless and Elizabeth Gregory Home in November. Special thanks go to **Judy Weiser**, our shelter meal leader. Ask any of these captains – it's easy to do, and we need more of you!

Sign up for future months at <https://h-nt.org/shelter-meals> and we will follow up with details, or email [Sosna@h-nt.org](mailto:Sosna@h-nt.org) for questions.

## HERZL-NER TAMID Women's League

### Book Club

Come join the HNT Women's League Book Club which meets the first Monday of every month at 7:00 PM online on our [Cloud HD Video Meeting](#)

Upcoming meetings for the Women's League Book Club.

- Monday, December 5: *The Lost Shtetl* by Max Gross - discussion leader - Nancy Cohen-Vardy
- Thursday, January 5: *People of the Book* by Geraldine Brooks - discussion leader - Elana Hornstein
- Monday, February 6: *Lot Six* by David Adjmi - discussion leader - Astrid Davidson



### Judaica Shop

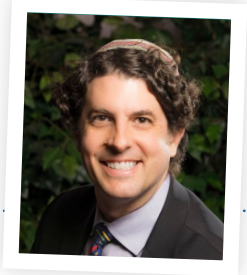
Buy gifts and give twice – proceeds benefit HNT youth programs! We have the largest Judaica Shop in the Seattle area with many beautiful and meaningful Judaica and gifts in all price ranges. The Judaica Shop is open appointment only by contacting Kari Haas: 206-719-2224.

## December Anniversaries

15	Abramowitz, Robert & Cindy	26	Lipsen, Jeff & Maureen	30
18	Appelbaum, Michele & Andrew	31	Lott, Jordan & Andrea	17
17	Becker, Michael & Susan	39	Lubner, Alan & Andrea	37
27	Bloch, Perry & Sandra	41	Malakoff, Lewis & Feder, Michelle	25
14	Brazg, Clive & Lynne	45	Michel, Peter & Carol	38
22	Burstein, Paul & Florence Katz	46	Miller, Phillip & Susan	48
16	Fishman, Michael & Tracy	32	Newman, Nolan & Patricia	40
11	Goldman, Susie & Arthur	34	Peha, Robert & Donna	37
26	Goodstein, Jack & Sara	46	Peizer, Alan & Elaine	40
1	Gould, Ronald & Suzanne	54	Rosen, Douglas & Deborah	47
26	Irving, Gordon & Louise	43	Rosen, Stan & Michele	47
24	Karpman, Allen & Olga	22	Shujman, David & Stephanie	9
17	Kouse, Philip & Yosefa	46	Spektor, Michael & Wendy	43
23	Krisher, Efreem & Linda	49	Spokoyny, Pauline & Al	68
27	Krivosha, Ron & Linda	52	Sternberg, Craig & Sheila	55
22	Levy, Michael & Cheri	49	Wasser, Amy & Stern, Marvin	4



# A Message from Director of Education Dr. Eliyahu Krigel, CJE



## A Dvar

*"And Moses stretched out his hand over the sea; and God caused the sea to go back by a strong east wind all night, and made the sea dry land, and the waters were divided."*

**Exodus 14:21**

There are many layers of commentary on this important verse in the Torah from the book of Exodus. Two sources from the Talmud describe what happened at the sea. The first version asserts eagerness on behalf of the leaders to enter the sea and escape the ensuing Egyptians. In Sotah, chapter seven, the Talmud says, "Rabbi Meir said: 'when the Israelites were standing at the Sea, the tribes were arguing with one another. One said I will go into the sea first; the other said I will go first. So, the tribe of Benjamin jumped into the Sea...' Later on, in the second version, the text continues, "Rabbi Yehuda says: 'It didn't happen this way. It happened that one said, "I am not going first," and the other said, "I am not going first." (Until finally) Nachshon jumped into the Sea first.'" The marvelous aspect about the Talmud is that both opinions were included so as to give a choice of views regarding the events of the parting and eventual journey to Israel.

When it's time to take out the trash, who steps forward in your house to accomplish the task? Is your household similar to Rabbi Meir's version? Are your kids all arguing to determine who can take out the trash? Or is your household more like mine, when various family members step forward at unique times to follow through, like Nachshon? By utilizing the commentaries as models for living

healthy in a Jewish context, each version encourages leadership by taking responsibility in a different way to make sure things get accomplished! Nachshon, who was the first person to enter the sea before it parted in the second interpretation, speaks to my experience of raising kids. In this scenario, the sea splits only when Nachshon is up to his head in water. It takes a brave leader like Nachshon to fully submerge into the water based on the principle of Emunah (faith) for the passage of freedom to begin.

The Piezetzner Rebbe once posed the question, "Where is God?" This great Hassidic master answered by commenting, "God is where you let God in." When we make room, metaphorically, in our relationship with something greater than just ourselves, we are making the rituals kadosh (holy or distinct). Whether we relate Jewish parenting to Rabbi Meir's account or the story of Nachshon, the journey is full of sacrificing and compromising. If we don't let holiness into the parenting process, we run the risk of taking things for granted. May we all continue to be positive role models for our children and community and have a safe and joyful secular new year!

*Dr. Eliyahu Krigel* -DR. ELIYAHU KRIGEL



## FRS Parent Coffee with the FRS Parent Committee

**Sunday, December 4 • 10:00 AM in the Upper Foyer at HNT**

Join the FRS Parent Committee for schmoozing and coffee on December 4 at 10:00am after our morning assembly in the Upper Foyer at HNT. Bond with FRS families, share stories and resources, and strengthen friendships and connections with other parents. All are welcome! We will continue holding these informal gatherings all year on the first Sunday of the month when FRS is in session. Just like we want all our students to be best friends, we also want our parents to be in partnership and connected as well. For more information about the FRS Parent Committee, please contact Lindsay O'Neil ([lindsayoneil@gmail.com](mailto:lindsayoneil@gmail.com)) or Brooke Pariser ([brookesidell@hotmail.com](mailto:brookesidell@hotmail.com)).



## Garinim Calendar of Events

Garinim is our group for families with young children kindergarten and below at HNT and beyond. Garinim is open to everyone. Non-members are welcome to participate. Join us for any of the programming below. Please sign up to be on the Garinim email list with this link: <https://h-nt.shulcloud.com/form/JoinGarinim>

### Tot Shabbat

**Presented by Stroum Jewish Community Center, Herzl-Ner Tamid Conservative Congregation, PJ Library, and Jewish Federation of Greater Seattle**

**Fridays • 9:45 AM - 10:30 AM In Person at the SJCC**

Join Chava Mirel and Dr. Eliyahu Krigel for Tot Shabbat at the SJCC! Open to everyone. Bring your extended family. Thank you to the Jewish Federation of Seattle, PJ Library, the SJCC, and HNT for sponsoring this program. Experience the magic and wonder!



### HNT Garinim Frozen Chanukah Party

**Sunday, December 18 • 4:30 PM at HNT Youth Lounge**

Join Garinim friends for a "Frozen" Chanukah Party in the HNT youth lounge before the Synagogue wide Chanukah party. We will meet at 4:30 to make edible dreidels and get ready for our "Frozen" parade. Dress in your favorite "Frozen" outfit. At 5:00 we will join the HNT Chanukah party. Bring your Chanukiah and candles and light with all of us together. Enjoy Latkes, Sufganyot, and Chanukah songs with our community from 5:00-6:00. Please click below if you are able to attend: <https://h-nt.shulcloud.com/form/Garinim%20Frozen%20Chanukah%20Party>



## Better Together: A Virtual Program For Teens And Participants Over 65 Years Old!

**Monthly Sundays, 11:00 AM - 12:00 PM on Zoom & In-Person at HNT • Next date: Sunday, December 11**

Join us for the Better Together program at HNT. Now is the time to sign up! Better Together is geared towards students ages 11-18 and participants over 65 years old. The FRS fifth grade has joined the group this year. Sign up below to be included in our plans and activities. Please register for the Better Together program for next year with this link: <https://hnt.wufoo.com/forms/better-together/>

Please contact Dr. Eliyahu Krigel with questions at [elياهو@h-nt.org](mailto:elياهو@h-nt.org) about any of the information above. Thanks for your participation and support!





- So wonderful to see the Torah up close and personal with the Pre-Gan students! Thanks Morah Cindy for the special Torah presentation.
- Better Together continues to meet monthly. Calling all adults 65 years and older to please email Dr. Eliyahu Krigel at [eliyahu@h-nt.org](mailto:eliyahu@h-nt.org) to participate!
- Thank you to the ADL for the thoughtful presentation on combating antisemitism for middle and high school students last month!
- Great work to the HNT Garinim crew for getting together for a potluck dinner and the opportunity to make Mitzvah Bags. Grab a few to have in your car to give away to people in need next time you are at HNT.
- Todah Rabah to Josh Niehaus for sharing your beautiful music with us. Josh will continue to be at FRS for Shechter Ruach once a month.
- Mazal Tov, many blessings of congratulations, to the FRS 1st graders for leading their Shabbat and Havdalah program. Great work to Morah Kathy for preparing the students. Thanks Shey, Ina, Dahlia, and Victoria for all your help as well!
- Thank you very much to Ann Meisner for being our B'nai Mitzvah coordinator this year. Great to meet with the FRS 5th grade parents last month to being the scheduling process for dates in 2024-2025!



# USY Seattle Achim

## Shabbat Dinner Potluck with USY

Friday, December 9 • 6:00 PM at the home of Bailey Wagner

Shabbat is our time to recharge and gain perspective. Gather at the home of our USY president for a dairy/vegetarian Shabbat potluck dinner. Click below to RSVP and let us know what you can bring in the comments section to the potluck by December 8: <https://h-nt.shulcloud.com/form/Shabbat%20with%20USY>

## Chanukah with Seattle Achim USY and the Greater HNT Community

Sunday, December 18 • 5:00 PM at HNT

Join the HNT community for Chanukah activities, social action, food, song, and Chanukiyot lighting!

RSVP and learn more by clicking below:

<https://h-nt.shulcloud.com/event/community-candle-lighting.html>

## Chanukah Night 2 with Seattle Achim

Monday, December 19 • 6:00 PM at HNT

Join us to light Chanukah candles and play dreidel!

Click below to RSVP by December 18:

<https://h-nt.shulcloud.com/form/Chanukah%20with%20Seattle%20Achim%20USY>



With questions about USY at HNT please email USY Advisor Joel Jacobs at [USYadvisor@h-nt.org](mailto:USYadvisor@h-nt.org) or Dr. Eliyahu Krigel, Director of Education at HNT, at [elياهو@h-nt.org](mailto:elياهو@h-nt.org).



Thanks Reality Break Escapes for some serious fun in the escape room. Working together is the only way to make it through!





# Adult Education

## Introduction to Judaism

Taught by Rabbi Jacob Herber

Sundays, 10:30 AM - 11:30 AM, in-person & via Zoom

This course is open to all, and is perfect for interfaith couples, those raising Jewish children, spiritual seekers, individuals considering conversion, and Jews who want a meaningful chance to reconnect with their Judaism as an adult. This class will be held in-person and online using Zoom to meet and learn together. Those who register will be sent login information prior to the first class on October 23rd. Please be sure to purchase the books listed on the registration page prior to the first class. Click the registration link below for a list of books to purchase for the course.

Learn more and register with this link:

<https://h-nt.shulcloud.com/form/Introduction-to-Judaism>

## Foundations for a Thoughtful Judaism: Faith & Practice

Taught by Rabbi Jacob Herber

Wednesdays, 7:00 PM - 8:30 PM, in-person & via Zoom

Join Rabbi Herber for Foundations for a Thoughtful Judaism, The Shalom Hartman Institute's latest curricular project, which offers a sophisticated yet accessible introduction to philosophical ideas in Jewish peoplehood, practice, faith, and ethics. Click the registration link below for more information regarding the four rubrics we will be exploring which include Peoplehood, Faith, Practice, and Ethics.

Learn more and register with this link:

<https://h-nt.shulcloud.com/form/Foundations-with-Rabbi-Herber>

## Lunch & Learn: Walking with Mitzvot

Taught by Rabbi Jacob Herber

Wednesdays, 12:00 PM - 1:00 PM, in-person & via Zoom

Join Rabbi Herber for the series, "The Walking With," created by the Ziegler School of Rabbinic Studies in partnership with the United Synagogue of Conservative Judaism, the Rabbinical Assembly, the Women's League for Conservative Judaism, and the Federation of Jewish Men's Clubs.

Learn more and register with this link:

<https://h-nt.shulcloud.com/form/Lunch-and-Learn>

## Adult Hebrew at HNT on Zoom

Taught by Morah Janine Rosenbaum

Take your Hebrew acquisition to the next level during this difficult pandemic. We are open to accepting new students. Now is the time to learn Hebrew! Classes begin in October, taught by Janine Rosenbaum virtually over Zoom. Classes include Modern Hebrew, Beginning Hebrew, Prayerbook Hebrew, and Biblical Hebrew. We have the right class for you. If you do not see a class that meets your scheduling needs, please email [Janinerosenbaum@comcast.net](mailto:Janinerosenbaum@comcast.net) or call 206-963-4933. Sign up at: <https://h-nt.shulcloud.com/form/Hebrew-Classes>





# Adult Education

## The Jew Among the Nations: Where are We Headed?

Next Meeting Thursday, December 15 • Facilitated by Rabbi Jay Rosenbaum • Monthly Thursdays, 7:00 PM - 8:30 PM, via Zoom

For the past two millennia, the Jewish posture toward the nations of the world has been dominated by the need to defend ourselves. Times have changed. With the success of Israel and American Jewry, we have a unique moment of opportunity to have a collective impact for good on the world. Yet, antisemitism and anti-Zionism have not disappeared. If we could formulate a foreign policy for the Jewish people today, how much of it would be shaped by our need to defend ourselves? And, how much of it would be shaped by dreams of transforming the world?

For more information and to register, please click this link: <https://h-nt.shulcloud.com/form/Rabbi-Rosenbaum-class>

## Israel Matters: How Christians and Jews May Think Similarly and Differently About the People and the Land

Interfaith discussion with Rabbi Jay Rosenbaum and Rev. Elizabeth Riley

December 5, 7:00 PM - 8:45 PM at Emanuel Episcopal Church

We will explore Jewish and Christian perspectives on what Jews call The Land of Israel and what Christians (and sometimes Jews) often refer to as The Holy Land. Topics include:

- Israel in Judaism and Jewish History
- The Jewish experience outside the Land of Israel
- The Israeli/Palestinian/Arab/Muslim Conflict

What are the roots of our perspectives? Where do we differ? And where can we find common ground?

Register here: <https://emmanuelmi.breezechms.com/form/14d83f77>



## Healing both Sides of Harm

Sunday, December 11 7:00 PM - 8:30 PM

Join Collective Justice and Multifaith Coalition for Restorative Justice for a virtual panel discussion on restorative justice principles and practices. Visit [bit.ly/HealingBothSidesOfHarm](https://bit.ly/HealingBothSidesOfHarm) to learn more about restorative justice and accountability.

Dear Friends,

A year ago, the Multifaith Coalition for Restorative Justice showed Gilda Sheppard's "Since I Been Down" to 1300 households in the Puget Sound area. We aimed to stimulate a robust public discussion on criminal justice in the state of Washington. Our ultimate goal is a justice system that keeps our community safe while focusing on healing, restoration and transformation, rather than punishment for its own sake. We hope you will join us!

-Rabbi Jay Rosenbaum

# Within the Shul Family

## We Celebrate:

- Joe and Judy Schocken on receiving the Voices for Humanity award through the Holocaust Center for Humanity
- Zane Brown Jr, Melissa Brown and Mira Brown for chairing the Voices for Humanity fundraiser for the Holocaust Center for Humanity
- Rabbi Jacob Herber for receiving his honorary Doctor of Divinity degree through the Jewish Theological Seminary
- Carol and Peter Michel on the birth of their grandson
- Grandparents Laurence & Valerie Epstein on the birth of Spencer Leo Mervis
- Parents David & Lorna Isenberg on the wedding of Jacob Isenberg to Julia Berkson
- Grandparents Patricia Willner Martin & Neil Martin on the birth of Chana Miriam

\* HNT members are listed above. For a complete list email [Ashley@h-nt.org](mailto:Ashley@h-nt.org)

## We Offer Condolences for:

- Lois Joan (Menter) Zachary z"l, mother of Lisa Fain
- Lloyd Robinson z"l, father of Jeff Robinson
- Morton 'Marty' Wolf z"l, brother of Faye Plum
- Robert Wilkes z"l, husband of Nancy Tipton

\* HNT members who are direct mourners are listed. For a complete list of mourners, email [Ashley@h-nt.org](mailto:Ashley@h-nt.org)

## Refuah Shelemah to Congregants:

Marion Aronson, Sandy Bing, Margaret Castellanos, Lore Coe, Larry Epstein, Valerie Epstein, Paula Feldman, Lois Glass, Esther Lott, Elaine Peizer, Joyce Rivkin, Susanne Rosenkranz, Sylvia Siegel, B. Sloan, Jeanne Snyder, Ella Toker

\* HNT members are listed above. For a complete list email [Ashley@h-nt.org](mailto:Ashley@h-nt.org)

\* If you or someone you know is on the Refuah Shelemah list and no longer needs healing prayers, we would be delighted to remove their name. Please contact the office to request that a name be removed.

## Ways to Participate in T'filot:

HNT offers both in-person Shabbat services in our Sanctuary, and a virtual option available to view at [h-nt.org/youtube](https://h-nt.org/youtube)

Morning Minyan is also offered both in-person and virtually at [h-nt.org/services](https://h-nt.org/services)

## December T'filot

Pre-negs: Fridays at 5:30 PM  
Kiddush lunch: Saturdays following services  
Sponsorship opportunities are available.  
Please contact Melanie at [Melaniem@h-nt.org](mailto:Melaniem@h-nt.org) for more information

### Friday, December 2

6:00 PM Services  
Birthday Shabbat

### Saturday, December 3

10:00 AM Services

### Friday, December 9

6:00 PM Services

### Saturday, December 10

10:00 AM Services

### Friday, December 16

6:00 PM Services, **In Person only!**

### Saturday, December 17

10:00 AM Services, **In Person only!**

### Friday, December 23

6:00 PM Services

### Saturday, December 24

10:00 AM Services

Aufruff of Alyssa Kay and Aaron Seavey

### Friday, December 30

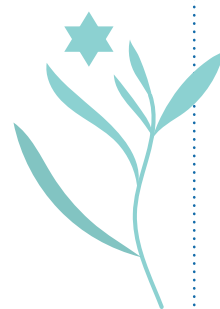
6:00 PM Services  
Anniversary Shabbat

### Saturday, December 31

10:00 AM Services

## Morning Minyan:

Weekdays: 7:30 AM, Sundays & Secular Holidays: 9:00 AM







# IN SUPPORT OF ONE ANOTHER

These generous tributes were made from October 21 through November 20, 2022

## BUILDING FUND

### For the Yahrzeit of

Ron Fish from David & Susan Fish

## CANTOR'S DISCRETIONARY FUND

### In Honor of

Alan Bunin's 80th birthday  
from Chuck & Marilyn Caplan

### In Memory of

Robert Wilkes from Iris Langman  
Marty Wolf from Sharon Mossman

### For the Yahrzeit of

Nessie Mutchler from Doug & Ellie Davis

## DANNY LEWIS FUND

### For the Yahrzeit of

Danny Lewis from Merle Hooley  
Philip Stratiner from Steve & Jan Lewis  
Danny Lewis from Steve & Jan Lewis

## ENDOWMENT FUND DONATIONS

### In Memory of

Marty Wolf from Eric & Renee Radman

## FRANKEL LIBRARY FUND

### In Honor of

Avi Mezistrano's Bar Mitzvah  
from Ilyse & Greg Wagner

## FRANKEL RELIGIOUS SCHOOL FUND

### For the Yahrzeit of

Alexander Swartz from David & Susan Fish

### In Memory of

Lois Zachary from Jocelyn Feldman  
Morton Wolf from Rusty & Jan Russ

## FRANKEL SCHOLARSHIP FUND

### In Memory of

Allan Shumofsky from Bruce & Peggy Gladner

## GENERAL FUND

### In Honor of

Avi Mezistrano's Bar Mitzvah  
from Joel & Hoda Mezistrano  
Judith Goldsmith from Ed Harris

## MEMORIAL FUND

### In Memory of

Marty Wolf from Astrid Davidson  
Lois Zachary from Carol Starin  
Sam Fishman from Ilyse & Greg Wagner

### For the Yahrzeit of

Simon Shifman from Michael & Debbie Kovsky  
Morris Willner from Patty Willner-Martin & Neil Martin  
Jack Galanti from Leslie Galanti  
Ernest Stiefel from Doris Stiefel  
Gertrude Pintus from Doris Stiefel  
Harry Grashin from Shirley Zarkin

Bennett (Sonny) Bovarnick  
from Mike & Ruth Bovarnick

Arthur Bovarnick from Mike & Ruth Bovarnick  
Sharon Lee Angel from Gerry & Sandra Ostroff  
Ida Sadick from Loretta Kuznetz  
Larry Kuznetz from Loretta Kuznetz  
Stephen Kalatsky from Garrett & Ilene Sloan  
Brenda Kalatsky from Garrett & Ilene Sloan  
Morris Willner from Andrew & Nancy Willner  
Ruth Oppenheimer from Efrem & Linda Krisher  
Sylvia Krisher from Efrem & Linda Krisher

## MEMORIAL FUND

### For the Yahrzeit of

Walter Oppenheimer from Efrem & Linda Krisher  
Ivan Melman from Leslie & Denise Klaff  
Harold Siegel from Larry Lemchen  
Florence Marsh from Muriel Epstein  
Arthur Norman Marsh from Muriel Epstein  
Jacob Siegel from Larry Lemchen

## MITZVAH CORPS FUND

### In Memory of

Lois Zachary from Ilyse & Greg Wagner

### For the Yahrzeit of

Florence Marsh from Muriel Epstein  
Arthur Norman Marsh from Muriel Epstein





# IN SUPPORT OF ONE ANOTHER

These generous tributes were made from October 21 through November 20, 2022

## MORNING MINYAN FUND

**For the Yahrzeit of**  
Elsie Rosenstein from Ellen Rosenstein Brin

**In Memory of**  
Lloyd Robinson  
from Ricardo Wenger & Janet Neumann

**In Honor of**  
the birth of Rebecca and Jamie Frankels new daughter  
from Peter & Carol Michel

## RABBI HERBER DISCRETIONARY FUND

**In Honor of**  
Rabbi Herber receiving his honorary doctorate  
from Craig Weinstein

Rabbi Herber receiving an honorary Doctor of Divinity  
degree from JTS from Michael & Dafna Tarlowe

**For the Yahrzeit of**  
Goldie Mintz from Dave Mintz

## YOUTH ACTIVITIES FUND

**For the Yahrzeit of**  
Barney Siegel from Larry Lemchen

**In Honor of**  
the birth of Wendy and Michael Spektor's first  
grandchild. from Bob & Talby Gelb  
Adam Kiviat's Bar Mitzvah from Ilyse & Greg Wagner





## BELOVED DEPARTED

Memorialized with Yahrzeit Plaques at HNT

SHABBAT OF December 2/3	SHABBAT OF December 9/10	SHABBAT OF December 16/17	SHABBAT OF December 16/17	SHABBAT OF December 30/31
3 Samuel Epstein Sophia Ross	10 Ida Kushner Fanny Leopold	17 Ida Liff	24 Albert Bienn Dora Winikoff	31 Florence Mezistrano Mollie Streitman
4 Ellis Davis Jacob Glesin	Rose Mutchler David Neff	18 Anna Klatzker Nat Rubenstein	David Zweig	1 Alice Kiksmann Miriam Kohm
5 Rebecca Burstein Hyman Cohen Ada Liberman	11 Sarah Cohen Eva Getzen	Rae Tover	25 William Barrat Heather Cohen Mike Cohen Myer Grashin	Joyce Lander Eva Losk Lina Magdal
6 Albert Benezra Stella Fein Jake Gold Gertrude Rosefield	12 Max Kahn Herman Klatzker Rosalind (Roz) Mintz Sofii Moscovici Louis Ostroff Ben Powazek	19 Julius Deutsch Felix Katschke Nathan Kuznetz Lucille Wallace Lazarus Mrs. Paula Rose Herbert Stein	26 Saul Burston Max Lewin Mildred Lowy Anna Poll Morris Ringold	2 Chaim Bender Marion Ringold Esther Stalin
7 Jacqueline Barish Issac Lurie Izhack Nagel	13 Lynne Coe Minnie Cohn Mikel Luster Isaac Markow Herman Nossen	20 Gordon Lamken Rahel Marcus Philip Tworoger	27 Gordon Gaponoff Louis Lott Marcy Backer Schwartz	3 Myrna Kaufman Bearse Alexander Kessler Dr. Victor Lamin Ms. Mollie Leopold Mr. Samuel Leopold Judith Maslan Mr. Joseph Minkove Ms. Myrna Lee Schaevitz Mr. Walter Schwarz Ms. Gazella Senescu Ms. Jennie Neff Shussin
8 Phyllis Danz Isaac Davis	14 Isidore Dwoskin Luba Lackman William Reich Shamay Thomas Bessie White	21 Dora Baker Tessy Goldberg Mr. Morton Kuznetz Bessie Neshaver Fanny Wienir Louis Zeidman	28 Leon Feldman George Frankel Dr. Lawrence Halpern Abe Polik	4 Sara Kreina Brodskaya Mr. Irving Ginsberg Mr. Joseph Ginsberg Phinehas Maslan Morris Polack Menachem (Mendy) Weinberger
9 Gisa Spektor	15 Virginia Kahn Ida Kline Harry Lerner Golda Schiller Sam Senescu	22 Bernard Gladstein Rabbi Philip Langh Gladys Pruchno	29 Abraham Emmerman Fred Friedlander Jeffrey Herrman Ethel Lavine Abraham Liff Rose Lurie Barbara Ross	5 Jacob Arshon Florence Brown
	16 Ellen Friedman Frieda Kiksmann Salo Kiksmann Tsirl Rosenberg Amy Sidell	23 Sarah Paloy Jack Weiskind	30 Blanche Antler Bella Bierman Morris Director Benjamin D. Glazer Leona Goldberg Martha Lublin Frank Parker	5 Anna Goldberg Herbert Kahn Harold Miller Lena Rothstein Rosa Wise





## Herzl-Ner Tamid Conservative Congregation

Affiliated with The United Synagogue of Conservative Judaism

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Jay Rosenbaum, Rabbi Emeritus / [RabbiRosenbaum@h-nt.org](mailto:RabbiRosenbaum@h-nt.org)  
Bradlee Kurland, Cantor / [Cantor@h-nt.org](mailto:Cantor@h-nt.org)  
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Glindon Marten, Communications Manager / [Glindon@h-nt.org](mailto:Glindon@h-nt.org)

### 2022-2023 Executive Committee

Mickey Friedman – President  
Aaron Kiviat – Executive Vice-President  
Jeffrey Packer – Financial Vice-President  
Michael Tarlowe – Membership Vice-President  
Ilene Sloan – Secretary  
Illyse Wagner – Immediate Past President

### 2022-2023 Board of Directors

Susan Ben-Rubin	Nancy Morse
Adam Droker	Lindsay O'Neil
Rachel Dobrow Stone	Sonny Putter
Susan Edelheit	Jenn Rosenwald
Amy Hartman	Jaime Slutzky
David Isenberg	Elaine Weinstein
Jonathan Langman	Gail Wiener



# HERZL MEMORIAL PARK

16747 Dayton Avenue North, Shoreline, WA 98133

If there is a death in the family, contact the Seattle Jewish Chapel at 206-725-3067.

For more information about the Herzl Memorial Park, contact Elaine Weinstein at 425-455-4703.

In times of loss, or in need of pastoral care, HNT members should call the HNT office at 206-232-8555.



### Herzl Memorial Park Cemetery Committee

Elaine Weinstein, President	Harris Klein
Jennifer Malakoff, Vice President	Michael Weinstein
Peter Michel, Secretary	Philip Kouse
Steve Burns, Treasurer	

To always have a well-maintained cemetery, please consider remembering Herzl Memorial Park in your Will, or by contributing to the cemetery's Endowment Care.

