



HaKol

HA KOL IS THE NEWSLETTER OF HERZL-NER TAMID CONSERVATIVE CONGREGATION



FOR AN INTERACTIVE, PRINTABLE CALENDAR OF ALL HNT EVENTS
HAPPENING THIS MONTH, VISIT [H-NT.ORG/CALENDAR](https://h-nt.org/calendar) OR SEE PAGE 18.



A Message from Rabbi Jacob Herber



Rabbi Jacob Herber

Passover beckons us to contemplate the existential meaning of freedom and liberation. By way of food, wine, and prayer the *Seder* takes us back to an ancient time and place. Passover, however, isn't just history. Like all our rituals, *Pesah* encourages us to think about ourselves and our own limitations.

Egypt is known in Hebrew as *Mitzrayim*. According to the Zohar, Judaism's most important mystical work, *Mitzrayim* is derived from *m'tzarim*, which means "narrow straits" (mi, "from," tzar, "narrow" or "tight"). So the Exodus celebrates our removal from the place of constricted opportunities, tight control, and narrow-mindedness, the place where movement and thought were severely limited.

All of us dwell in our own *mitzrayim*, the external or physical narrow straits of financial or health limitations or, maybe, personal tragedy and travail. Like the dual nature in virtually all of Passover's symbols, they work in two ways. They turn us into both slaves and oppressors, of ourselves and others. Passover leads us on a spiritual journey to question the values and attitudes to which we subscribe, and which hold us to those roles. Unfortunately, the more constrained we are, the more likely we are to

oppress others. The oppressed, far too often, turn into tormentors.

What constrained Pharaoh? His own ego, which led him to destroy everything he valued, his family and himself. His own officials recognized the catastrophe his attitude brought. "Let the men go," they advised him. "Don't you realize that Egypt is being destroyed?" (Exodus 10:7) The problem was his arrogance simply got in his way.

People don't like change because it's hard. Pharaoh decides to let the people go and then each time he changed his mind. After the plague passed, he withdrew his permission. We do the same. We pledge ourselves to positive change, but once the crisis has passed, we go back to same old destructive habits. Barely a week out of Egypt, and the Israelites were ready to forego freedom and return to slavery. They yearned for the comfort of a familiar evil over fear of the unknown.

Ironically slavery offers a kind of freedom that can be attractive: freedom from responsibility for ourselves and for others, freedom from having to establish goals or to think beyond the moment. It's human nature to want to stay put within the stability of the status quo.

The danger is that in those situations we often don't know that we're mired in a negative situation, and we don't realize our peril until it's too late. We delude ourselves by saying we'll look for a better job, sign up for community service, be much nicer to the people in our lives. Jacob never intended to make *Mitzrayim* his home. His sojourn there ended up having catastrophic consequences for his people. At *Pesah* we should acknowledge inertia for what it is and not lull ourselves into complacency about our situation or that of others.

Passover, with its message of hope, reminds us that, like the ancient Israelites we can escape from our

straits. Once they tasted freedom by way of the paschal lamb, they gave up the comfort of the familiar. Without concern for supplies of food and other items necessary for a long, successful trek to freedom they left Egypt with faith because they believed a better life awaited them somewhere else. As Rabbi Nachman of Breslov once taught, when you are about to leave "*mitzrayim*" you should not worry about how you will manage in a new "place."

I want to wish you and your loved ones a very Happy Passover,



-RABBI JACOB HERBER



Celebrate Israel's 75th Birthday!

Sunday, April 30 2:00 PM

IAC Seattle and StandWithUs Northwest invite you to celebrate Israel's 75 years of independence!

This event is sponsored by HNT

[Learn more →](#)

Save the Date • Lag B'Omer BBQ and Fun

Sunday, May 7 • Check-In begins at 11:15 • HNT Waterfront

Join us for a delicious barbecue, s'mores and fun games to celebrate Lag B'Omer

We are partnering with Camp Solomon Schechter for an afternoon of fun!

Stay tuned for more details and a sign up link coming soon!



We are thrilled to announce that our annual Legacy Fundraiser was an incredible success thanks to the unwavering support of our amazing community. We are overjoyed to share that we have raised an astounding \$183K, which will go a long way in supporting our shul and its mission. We are grateful for every single person who donated and showed their love and dedication to our community. Your generosity and commitment are truly inspiring, and we cannot thank you enough for making this fundraiser such a resounding success. Let's keep up the fantastic work and continue to make a positive impact together!

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RUTH WINSTON
JUDY & JEFF ZIEDMAN
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Todah Rabbah to

**OUR 2023 LEGACY FUNDRAISER
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SUSAN EDELHEIT
MICKEY FRIEDMAN
BRUCE GLADNER
RABBI JACOB HERBER
DAN MINTZ
JEFF PACKER
DONNA PEHA
SONNY PUTTER
RABBI JAY ROSENBAUM
ILENE SLOAN
MICHAEL TARLOWE
ILYSE WAGNER

SPECIAL THANK YOU TO

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BARBARA SHERER, JUDY WEISER FOR ROOM DECORA-
TION AND SET UP

HERB WEISBAUM FOR EMCEEING OUR LEGACY EVENT

SAMANTHA TARLOWE FOR SPEAKING SO BEAUTIFULLY
AT THE EVENT

LINDSAY O'NEIL AND ILENE SLOAN FOR VIDEO AND
MARKETING WORK FOR THE FUNDRAISER

SOCIAL ACTION COMMITTEE FOR THEIR SUPPORT OF
THE MARY'S PLACE BOOK DRIVE DURING THE FUND-
RAISER

TOMER CANAAN FOR HIS PHOTOGRAPHY DURING THE
FUNDRAISING EVENT



Todah Rabbah for the Month of March

ANN MEISNER FOR HER DEDICATION AND WORK AS THE B'NAI MITZVAH SCHEDULE COORDINATOR

JOEL KONIKOW, ALAN WILENSKY, SHERRI SHULMAN, EFREM KRISHER, ERIC ROSENBLUM, KENNIS KOLDEWYN, ANDY ROBINSON, AMY WASSER, RABBI
BOB MASLAN & DEAN POLIK FOR ALL OF YOUR HELP WITH DAVENING AND TORAH READING WHILE CANTOR KURLAND IS OUT.

MORAH ANDI NEUWIRTH, MORAH SHERRI SHULMAN, MORAH SHERI KITTAY & MORAH KATHY PACKER FOR TAKING OVER B'NAI MITZVAH LESSONS WHILE
CANTOR KURLAND IS OUT.

ELLIOTT MOSS FOR HIS CONTINUED HELP DIGITIZING THE MEMBERSHIP RECORDS.

ELLA TOKER FOR HER ASSISTANCE WITH MAILINGS.

B'not Mitzvah See service times and links on [page 15](#)



Sally Aronchick • April 22



Sally is the daughter of Becky and David Aronchick and the sister of Henry and Alice. Her grandparents are Sheila and Craig Sternberg of Bellevue, Washington, and Michele and Paul Meyer of Balboa Island, California.

Sally is a seventh grader at University Prep. She attends Frankel Religious School and Camp Ramah in Ojai, California. Her hobbies include skiing, reading, tennis, Taylor Swift, and playing soccer. Sally is always surrounded by friends, cousins, and her beloved dogs, Desi and Fred. As a mitzvah project, Sally is an ongoing volunteer with Assistance League as an Assistent. Without studying for her service, Sally is going to have a lot more time to listen to Taylor Swift.

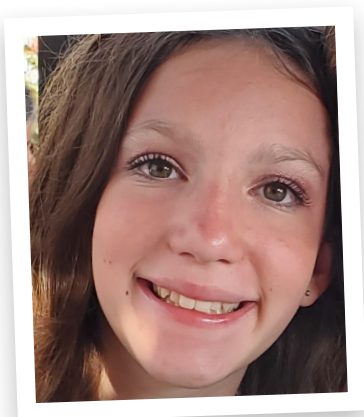
Anne Findley • April 22



Anne is the daughter of Judy and Aaron Findley and the sister of Jonathan and Andrew. Her grandparents are Sheila and Craig Sternberg of Bellevue, Washington, and Miriam (z"l) and David Findley of Palo Alto, California. She is sharing her bat mitzvah with her cousin, Sally Aronchick.

Anne is a seventh grader at University Prep. She attends Frankel Religious School and Camp Ramah in Ojai, California. Anne is an ongoing volunteer with Assistance League as an Assistent. She enjoys competitive swimming, hanging out with friends, participating on her school's track and field team, learning tennis, and spending time with her dog Lucy.

Victoria Langman • April 29



Victoria Talia Langman will be called to the Torah for her Bat Mitzvah on Saturday, April 29, 2023. Victoria is the daughter of Karen and Jonathan Langman, big brother to Caleb and Joshua, and granddaughter to Gail and Arnold Kraft and Lynette and Max Langman. She is in 7th grade at Rose Hill Middle School. Outside of school, Victoria volunteers at her former elementary school and on Sundays at FRS. She loves singing, traveling, and spending time with friends and family. Victoria loves animals so has chosen for her mitzvah project to donate supplies to Pasado's Safe Haven, an organization that fights to end animal cruelty.





Message From the President

Pray, Eat, Play

In mid-March, the Women's League decided to sponsor something new ... a Shabbat community activity appropriately named Pray, Eat, Play. A nice concept. Pray at the Shabbat service Saturday morning. Afterwards, enjoy a nice Kiddush lunch. Then play some games together with friends. Mah Jong. Board Games. Cards. Many options were on the table.

And it was a success. Services had nice attendance. More people showed up at the Kiddush than expected. Several tablecloths had to be commandeered from the back (thank you Rabbi) to accommodate everyone. And about 20 people stayed after and participated in the games. And the participants were cross-generational!

I was there on that Shabbat morning. I enjoyed the service and found the sermon inspiring. I chatted afterwards in the sanctuary and showed up to the Kiddush late, per usual. I spent an hour talking to several people and left through the lower level exit forgetting about the games going on in the foyer upstairs ... my loss.

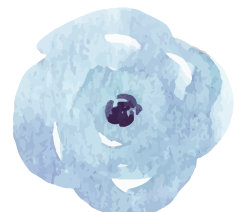
The Women's League is planning to build on the initial success and continue Pray, Eat, Play monthly. I encourage everyone to check it out.

But why wait for the once a month "event" or think it's only about games. The theme is a really nice one – make Shabbat that "slow-down" time, that time of reflection, spending time with family and friends, and, yes, fun, too. Talk to friends in advance. Schedule an afternoon hike, a picnic, a book club, or whatever you enjoy. Have your Saturday revolve around the

synagogue, your friends, your community. Attend services in the morning for two hours of spiritual time, personal prayer, and an inspiring sermon. Grab some food and meet a new friend or two. And then relax and play. Guaranteed you'll be energized for the challenges of the week ahead.

Chag Pesach Sameach.

– MICKEY FRIEDMAN,
PRESIDENT, HNT BOARD OF DIRECTORS





Friday Night Healing Service at HNT for Cantor Kurland

Friday, April 14 • 6:00 PM

Join us in person or watch the service on youtube at h-nt.org/youtube

MITZVAH CORPS

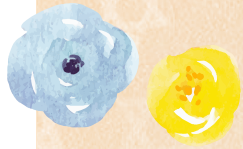
MAKING A DIFFERENCE IN YOUR COMMUNITY



Our Mitzvah Corps volunteers are here to help make your life a little easier! Need a Shiva or Shabbat meal? We can provide those. Need a friendly face to visit with? We can provide that. Need a ride to services or appointments? We can provide that too.

Our *helping hands* reach out to our HNT community whenever the need arises. Who doesn't need a bit of TLC at one time or another?

Contact Judy Ziedman, HNT Mitzvah Corps Chair jraez@comcast.net • 425.883.6482 (home phone) • New volunteers are always welcome!



Daytimers Lunch & Film Series

Wednesday, April 19: *Women in Gold*

11:30 AM - 2:30 PM • HNT Feinberg Social Hall

Women in Gold is a drama film based on a true story of Maria Altmann, an elderly Jewish woman who hires a young lawyer to help reclaim a famous painting that was seized from her family by the Nazis during World War II. The legal battle takes Maria and her lawyer to Austria, where they face resistance from the Austrian government and the museum. Through their efforts, they uncover the truth about the painting's history and the extent of the injustice suffered by Maria's family. The film explores themes of loss, memory, and justice, and highlights the ongoing impact of the Holocaust on individuals and families.

HNT's in-house caterer, Lirit Maslan Ziv of Purple Beet Catering, will prepare the meal for this special program.

Pricing:

\$10/per person early bird (register by April 14th) or \$12/per person for lunch, served 11:30 AM – 12:30 PM, followed by the film.

Film only: free admission, but your registration is still appreciated.

Register at <https://h-nt.shulcloud.com/form/April>

April Anniversaries

We join them in celebrating the occasion of their anniversary, along with the congregation, on Friday, April 28th.

April 2nd - Nancy Highiet Morse & Wayne Morse - Celebrating 34 Years

April 5th - Stan & Heather Alpert - Celebrating 5 Years

April 6th - Susan Amira-Weinstein & Alan Weinstein - Celebrating 37 Years

April 14th - Jeff & Kit Cohn - Celebrating 9 Years

April 19th - Dean & Gwenn Polik - Celebrating 37 Years

April 20th - Lester & Keiko Permut - Celebrating 32 Years

April 21st - Aurora Bearse & Ian Crosby - Celebrating 18 Years

April 27th - David Pulda & Amy Glick - Celebrating 43 Years

You are Invited Volunteer Appreciation and Annual Meeting

Tuesday, May 16 • Dinner at 6:00 PM – Meeting at 6:45 PM • HNT

You are Invited! ...and encouraged to join us!

This year we are bringing back a celebration of YOU,

Join us on Tuesday, May 16th for Dinner and 6:45 for our Annual Meeting

Please bring friends to celebrate with you.

Stay tuned for more details, and voting information coming via email in the coming weeks.



Social Action Opportunities

Teen Feed

Captain Needed

Help us provide dinner for 60 homeless teens. Email TeenFeed@h-nt.org to be added to our monthly email list, and to let them know if you want to cook, or purchase items and deliver to the home of this month's Teen Feed leader. For additional details and location information, check out: <https://h-nt.org/shelter-meals>



Elizabeth Gregory Home Monthly Second Sunday Lunch

Captained Needed

This facility acts as a permanent address for so many in need of social services, job applications, etc... as well as providing access showers, laundry, computers, and referrals for needed services. We provide a hot lunch for 25-30 which can be dropped off Friday afternoon or Sunday morning by 10:30 AM in the U District, or arrange an earlier drop off with the captain(s). Sign up at <https://h-nt.org/shelter-meals>

Congregations for the Homeless Shelter Meals

Captain Needed

The shelter serves 100 men each night and needs lot of help to keep everyone well fed. Food is dropped off outside, so it's easier than ever to help. Sign up to be a captain at <https://h-nt.org/shelter-meals> or email ShelterMeals@h-nt.org to learn how easy it is to captain a meal with a group of friends.



Social Action Shout Outs



Shelter Meals Shout Outs

Thank you to everybody who contributed funds to help serve 130 meals for Teen Feed, Congregations for the Homeless and Elizabeth Gregory Home in February. Special thanks go to **Norene Arnold** and **Nathalie Bentov**, our shelter meal leaders. Ask any of these captains – it's easy to do, and we need more of you! Sign up for future months at <https://h-nt.org/shelter-meals> and we will follow up with details, or email Sosna@h-nt.org for questions.



A Message from Director of Education Dr. Eliyahu Krigel, CJE



The Gwenn and Dean Polik and Valerie Polack z”l Israel Trip 2023

We had an incredible trip in February to Israel with HNT students! Our great appreciation and thanks goes out to Gwenn and Dean Polik for believing in the vision of this program. Thank you so much to the HNT leadership, clergy, parents, and students for all the support! We loved working with [Ramah Israel](#). [Ilan Block](#) was our exceptional tour guide. Thank you to Aliza Glatter, Camp Director at the SJCC, for joining us as our second chaperone on the trip and doing such an incredible job. Check out pictures from our transformative journey by going to the [HNT Facebook page](#). Complete students reflected in this google doc below:

<https://docs.google.com/document/d/1GSSt1UAIQ2l--WEIAifuA9wyDMUfbzZ4gwB5HNdU8Y5g/edit?usp=sharing>

Read a brief summary of their experience below:

Thank you so much for this influential trip. This experience will have a lasting impact on me and I'm so glad that I am so fortunate to have gone on this experience. Even though I have previously been to Israel I found a new perspective and am so thankful for this opportunity. Seeing what I have been learning for so long is so eye-opening and inspiring and I am super grateful for it. My heartfelt gratitude for this experience in never-ending.

-Lyla Cohen

I had the most amazing time exploring Israel's rich history atop of Masada and when running through Jerusalem in the mornings, experiencing Israel's vibrant culture, and stunning natural beauty.

-David Javnozov

It was amazing going to Israel. Seeing all the beautiful views was very inspiring. My favorite part was going through the underground water tunnel. The hikes were a great experience and always rewarding in the end. It was great seeing all the museums and learning so much about our past.

-Uri Yunker

This trip to Israel opened up a whole new side of the Jewish world to me that I had heard so much about. This opportunity to travel all around this beautiful country has been amazing, and there are so many things that I have enjoyed.

-Emerson Hickman

I really enjoyed the museum of Jewish history. It helped me be able to see the true impact Judaism has on my life. And the freedom we had in the malls and docks was so much fun. It gave me peace for a bit. This trip gave me peace I couldn't find at home. I definitely enjoyed my time so much!

-Andrea Kassner

I loved being back in Israel for 10 days! Every single day was jammed packed with fun activities and amazing views. One of my favorite moments was visiting the Holocaust Museum and letting out my tears and learning more than ever about the Shoah. Everyone's tears were accepted. It was inspiring to go to the Jewish people's museum and learn about how many important Jewish leaders there are to the creation of a Jewish state.

-Kaela Krigel

I really enjoyed this trip. It's such a cool experience to be around this many Jews. Immediately I felt at home. It was so fun to experience all the new food, my favorite was the falafel. I also loved shopping in the Shuk (marketplace). I found lots of jewelry for a great price! The hikes and sightseeing were so beautiful. Even though Masada was a bit scary it was worth it. I also really liked the activity we did where we got to see what Masada looked like a long time ago.

-Elena Vasquez

There were hundreds to thousands of special moments, but a few favorites include our shabbat service, our hikes, counting cats, dancing on a party boat, and hanging out 24/7 with close friends. I loved how the rabbi of the service during Shabbat made a special effort to include everyone in the service for example I was the page turner while others opened the ark and were called up for an Aliyah. Being involved is always special but even more so in Israel at a synagogue I've never been to.

-Josh Beder

Dr. Eliyahu Krigel -DR. ELIYAHU KRIGEL

Better Together: A Virtual Program for Teens and Participants over 65 years old!

Sunday, April 30 and Sunday, May 14 • 11:00 AM - 12:00 PM In-Person at HNT

Join us for the Better Together program at HNT. Now is the time to [sign up](#)! Better Together is geared towards students ages 11-18 and participants over 65 years old. The FRS fifth grade has joined the group this year. Sign up to be included in our plans and activities.

FRS Parent Coffee & Meet Rabbi Rosenberg

Sunday, April 2 • 10:00 AM - 10:30 AM in the Upper Foyer at HNT

Join the FRS Parent Committee for schmoozing and coffee on April 2 at 10:00am after our morning assembly in the Upper Foyer at HNT. Get to know our candidate over a cup of coffee and casual conversation. All are welcome!



Tot Shabbat

Presented by Stroum Jewish Community Center, Herzl-Ner Tamid Conservative Congregation, PJ Library, and Jewish Federation of Greater Seattle

Fridays • 9:45 AM - 10:30 AM In Person at the SJCC

Join Chava Mirel and Dr. Eliyahu Krigel for Tot Shabbat at the SJCC! Open to everyone. Bring your extended family. Thank you to the Jewish Federation of Seattle, PJ Library, the SJCC, and HNT for sponsoring this program. Experience the magic and wonder!



USY Seattle Achim

USY Goes to Dave and Buster's!

Sunday, April 16 • Dave and Buster's (11639 NE 4th St, Bellevue, WA 98004)

Open to 8th – 12th grade from HNT and beyond. Join us to hang out and play games at Dave and Buster's! Play classic arcade games and bond with your USY community! RSVP by April 13: <https://h-nt.shulcloud.com/form/USY%20Dave%20and%20Busters%20April%2016>

Shabbat Dinner Potluck with USY

Friday, April 21 • 6:00 PM at the home of Bailey Wagner

Shabbat is our time to recharge and gain perspective. Open to 8th – 12th grade from HNT and beyond. Gather at the home of our USY president for a dairy/vegetarian Shabbat potluck dinner. Click below to RSVP and let us know what you can bring in the comments section to the potluck by April 19: <https://h-nt.shulcloud.com/form/Shabbat%20with%20USY%20April%2021>

Pesach College Packages

Addresses Due by Monday, April 3

If you have an undergraduate college student, fill in their information at h-nt.org/college so they can receive some goodies for Pesach! Chag Pesach sameach!



With questions about USY at HNT please email USY Advisor Joel Jacobs at USYadvisor@h-nt.org or Dr. Eliyahu Krigel, Director of Education at HNT, at elياهو@h-nt.org.



We had such a wonderful time on The Gwenn & Dean Polik and Valerie Polack z"l Israel Trip 2023! Student spoke of their transformative experience back at HNT on March 17 during Shabbat services. View all our pictures on the [HNT Facebook page](#)!

Adult Education

-Foundations for a Thoughtful Judaism: American Jewish Identity and Israel taught by Rabbi Herber

Wednesdays, April 19, May 3, May 17, May 31, June 14, June 21, 7:00PM – 8:30PM via Zoom

-Lunch & Learn: Walking with Mitzvot taught by Rabbi Jacob Herber

Wednesdays, April 26, May 10, 12:00PM-1:00PM, via Zoom

-Adult Hebrew taught by Janine Rosenbaum

Date and time information available at <https://h-nt.shulcloud.com/form/Hebrew-Classes>

Please go to <https://h-nt.org/year-round-adult-learning/> for information on all of our Adult Education offerings.

HERZL-NER TAMID Women's League

Book Club

Come join the HNT Women's League Book Club which meets the first Monday of every month at 7:00 PM online on our [Cloud HD Video Meeting](#)

Upcoming meetings for the Women's League Book Club.

- Monday, May 1: *The Violin Maker's Daughter* by Sharon Maas - discussion leader - Helene Rubens
- Monday, June 5: *The Thread Collectors* by Alyson Richman and Shaunna J. Edwards - discussion leader - Linda Krisher
- Monday, July 3: *"Nice" Jewish Girls* by Julie Merberg - discussion leader - Lynn Howell

Judaica Shop

Buy gifts and give twice – proceeds benefit HNT youth programs! We have the largest Judaica Shop in the Seattle area with many beautiful and meaningful Judaica and gifts in all price ranges. The Judaica Shop is open appointment only by contacting Kari Haas: 206-719-2224.

AFFINITY GROUPS

HNT is building community with Affinity Groups, connecting members with shared interests or circumstances. Groups are lay-led, can be virtual or in-person, and can be year-round or seasonal at any frequency.

Current Affinity Groups:

Board Games • Bowling • Challah baking • Cycling • Gardening • Golfing • Hiking • Kayaking • Needle arts (knit, crochet, needlepoint...) • Skiing • Trains (real & model) • Zoom Shabbat Dinners

Sign up at <https://mailchi.mp/h-nt/affinity>



Needlecraft Affinity Group

Thursday, April 20th and April 27th • 9:30 AM - 12:00 PM in the HNT Skolnick Board Room

Knit, Crochet and more! The HNT Needle Arts Affinity Group is getting started. This is a wonderful opportunity to socialize with fellow crafters. Bring your projects, learn a new craft or get better at what you know. RSVP to lrok7@msn.com

Zoom Study Group

Saturday, April 15th • 7:00 PM - 9:00 PM

Are you tired of studying alone and craving a dynamic and engaging study experience? Look no further! Join our exciting Zoom study group, where you'll get the chance to collaborate and learn alongside other motivated individuals. This month we're reading "Song of Songs". If you're interested, contact Astrid Davidson at Astriddavidson18@gmail.com to join in on the fun!

Within the Shul Family

We Celebrate:

- Grandmother Cheryl Cohn on the birth of Elijah Miguel
- Grandmother Dana Levy on the birth of Marleaux Alice

* HNT members are listed above. For a complete list email Ashley@h-nt.org

We Offer Condolences for:

- Diane Faye Jaffe Shear z"l
- Jacob Mailman z"l
- Marsha Rome Miller z"l
- Robert 'Bob' Lieberman z"l, father of Deborah Beder
- Morton Shecter z"l, father of Marc Shecter
- Michael Moss z"l father of Al Moss

* HNT members who are direct mourners are listed. For a complete list of mourners, email Ashley@h-nt.org

Refuah Shelemah to Congregants:

Marion Aronson, Sandy Bing, Margaret Castellanos, Lore Coe, Paula Feldman, Lois Glass, Cantor Brad Kurland, Esther Lott, Joyce Rivkin, Betty Rosen, Susanne Rosenkranz, Sylvia Siegel, B. Sloan, Jeanne Snyder, Ella Tokar, Rebecca Weiser

* HNT members are listed above. For a complete list email Ashley@h-nt.org

* If you or someone you know is on the Refuah Shelemah list and no longer needs healing prayers, we would be delighted to remove their name. Please contact the office to request that a name be removed.

Ways to Participate in T'filot:

HNT offers both in-person Shabbat services in our Sanctuary, and a virtual option available to view at h-nt.org/youtube

Morning Minyan is also offered both in-person and virtually at h-nt.org/services



April T'filot

Pre-negs: Fridays at 5:30 PM

Kiddush lunch: Saturdays following services

Sponsorship opportunities are available.

Please contact Melanie at Melaniem@h-nt.org for more information

Friday, March 31

6:00 PM Services
Anniversary Shabbat

Thursday, April 13

10:00 AM Passover and Yizkor
Services
In-person only

Saturday, April 1

10:00 AM Services

Friday, April 14

6:00 PM Healing service
for Cantor Kurland

Wednesday, April 5

Erev Pesach
First Seder

Saturday, April 15

10:00 AM Services

Thursday, April 6

10:00 AM Passover Services
In-person only

Friday, April 21

6:00 PM Services

Friday, April 7

10:00 AM Passover Services
In-person only
6:00 PM Services
Birthday Shabbat

Saturday, April 22

9:30 AM Services
B'not Mitzvah of Sally Aronchick
& Anne Findley

Saturday, April 8

10:00 AM Services

Friday, April 28

6:00 PM Services
Anniversary Shabbat

Wednesday, April 12

10:00 AM Passover Services
In-person only

Saturday, April 29

9:30 AM Services
Bat Mitzvah of Victoria Langman



Morning Minyan:

Weekdays: 7:30 AM, Sundays & Secular Holidays: 9:00 AM



IN SUPPORT OF ONE ANOTHER

These generous tributes were made from February 21 through March 20, 2023

AMY MACKOFF CAMPERSHIP FUND

For the Yahrzeit of
Marty Duitch from Zach & Jessica Duitch

CANTOR'S DISCRETIONARY FUND

For the Yahrzeit of
Samuel Berch from Gena Gorasht

In Appreciation of
Cantor Bradlee Kurland from Jason & Amanda Stoffer

Refuah Shelemah to
Cantor Kurland from Dick & Marilyn Brody
Cantor Kurland from Michael & Jo Anne Sandler
and Family

Cantor Kurland from Aaron & Judy Findley
Cantor Kurland from Amy & Anita Reich
Cantor Kurland from Toby Israel

Cantor Kurland from Esther Lott, Bob Solomon
& Sue Solomon

Cantor Kurland from Barbara Rappoport and family
and Jerry Peha

FLOWERS FUND

In Memory of
Johnny Cohn from Diane & Dennis Warshal

FRANKEL ENDOWMENT FUND

For the Yahrzeit of
Sarah Walker from Larry Lemchen



GENERAL FUND

For the Yahrzeit of
Max Granat from Faye Plum
Ida Balter from Mark & Ruth Balter

In Memory of
Jacob Mailman from David & Elizabeth Director

MEMORIAL FUND

For the Yahrzeit of
William Joseph Tillis from Mona Pearl Treyball
Charles William Treyball from Mona Pearl Treyball
Augusta Levinson from Marci Rogozen
Yetta Donin from Carol Barer
Vivian Ordell from Elaine Cohn

In Memory of
Howard Cohodas from Andy & Debbie Seres
Rita Reich from Agi Day

MITZVAH CORPS FUND

For the Yahrzeit of
Herbert Kotkins from David & Karen Rosenzweig
Alan J Rappoport from Barbara Rappoport, Mindy
& Ethan Gross and Lyra, Jamie Rappoport & Igor
Ryzhikov and Alden

In Appreciation of
Cantor Kurland from Faye Plum
Lauren & Micky Katz & Family from Toby Israel

In Memory of
Barbara Bunny Epstein from Larry Lemchen
Mildred Peha from Barbara Peha Rappoport, Mindy
& Ethan Gross and Lyra, Jamie Rappoport & Igor

Ryzhikov and Alden, and Jerry Peha

Helen and Julius Gelfand from Barbara Rappoport
and family

Refuah Shelemah to
Cantor Kurland from Carol Reynolds
Cantor Kurland from Jan Alloy

PAY IT FORWARD FUND

In Honor of
Herb Weisbaum's "retirement" from Ilyse & Greg
Wagner

In Memory of
Jacob Mailman from Michael Adler & Michelle
Goldberg

FRANKEL RELIGIOUS SCHOOL FUND

For the Yahrzeit of
Elizabeth Bradley from Sandra Bradley

In Appreciation of
Sheri Kittay from Jason & Amanda Stoffer

WITTENBERG WATERFRONT FUND

For the Yahrzeit of
Dorothy Wittenberg from Amy Wittenberg

YOUTH ACTIVITIES FUND

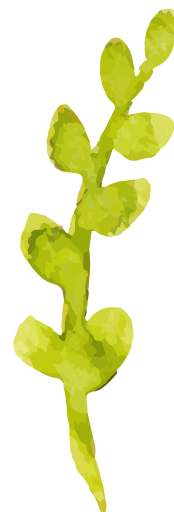
In Memory of
Morton Shecker from Ilyse & Greg Wagner and Family
Joe Rogel from Raychel Gray
Arnold Barer from Raychel Gray
Bob Leiberman from The Wagner Family



BELOVED DEPARTED

Memorialized with Yahrzeit Plaques at HNT

SHABBAT OF Mar 31/Apr 1	SHABBAT OF April 7/8	SHABBAT OF April 14/15	SHABBAT OF April 21/22	SHABBAT OF April 28/29
1 Fannie Delson Louis Snider Augusta Suffion	8 Abraham Lebow Melanie Lowinger Eddie Miller Max Tover Wolfe Warshal Morris Weiser Adam Yuval	15 Martha Atlas Benjamin Jaffe Toby Sigman	22 Sadie Keisler David Leib Silver	29 Jack Levy Morris Plotkin Maurice Rosenfeld
2 Rose Brown Rhoda Fishman Eisen Mr. Harry Gold Harry Aaron Jaffe Jack Kaplan Isaac Lackman Louis Rutt Nessie Warshall	9 Fanny Burian Irving Burian Cyril Fink Ilse Herrmstadt Helene Nita Katims Emma Ostroff Edward Sternoff	16 Nettie Cohn Henry Kubey Vera Petrow Rose Ringold David Rosenstein	23 Selwyn Cohen Arnold Covner Fanny Horowitz Anna Sternberg	30 Rachel Bender Rose Caris
3 Lenore Casserd Ruby Gladstein Jennie Lander Julius Myers Fani Rosenbaum	10 Gerald Lancaster Richard Pintus John White	17 Sophie Block Jack Grund Mr. Michael Israel Joseph Kanoff Winnie Rosenbaum Suse Rosenstock	24 Laura Berch Etta Brown Mark Corets Morrie Schulman	1 Annie Cohn Chuck Simpson
4 Gerald Braverman Irving Hirsch Chaim Pinchev	12 Jacob Karp	18 Sol Kay Rebecca Shulman Sarah Rebecca Vyborny	25 Rochel Lupowitz Anna Masin Benjamin Abraham Maslan Dalbert Rychter Melvin Wener	2 Arthur Lesch Jay Miller
5 Henry Arshon Samuel Berger Nettie Gladner Marion Glazer Rose Saslow Kornblit Margaret Olbaum Altha Rosenberg	13 Morris Adler Abraham Samuelson Zlata Silver	19 Nat Antler Max Finegold Bessie Garaway Leon Garrie Martin Landweber Frieda Levinson Mrs. Helen L. Lott	26 Rosa Adler Benjamin Brown Rachel Calof Roberta Corets Ben Joseph Taube Lewin Velvel Lupowitz Rose Reiter Marilyn Siegel Sylvia Weiner	3 Koppel Lentzer Alex Mesher Yetta Shapiro
6 Gerda Yuval	14 Bessie Cohen Rae Cohen Lily Wirth	20 Sydney Barrat Jay Friedman Franklin D. Roosevelt	27 Ida Fischler Tillie Fischler Yosef Avraham Gilan Elizabeth Lewis Betty Litt Abraham Polsky	4 Wayne M. Droker Sandra Freedman Fisher David Levinson Morris Litt
7 Sonia Bender George Ginsberg Frank Harris Lorraine Himelhoch Herman Schocken		21 Sherwin Losk	28 Avron Canty Lena Kirschbaum Hilda Levey Jonathan Aaron (Yoni) Putter	5 Herman Cohen Sam Mesher Samuel Slotnick Edward Solomon



Herzl-Ner Tamid Conservative Congregation

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 (11 Nisan)</p> <p>Minyan 9:00am</p> <p>FRS Sundays 9:30am</p> <p>FRS Parent Coffee with Rabbi Rosenberg 10:00am</p> <p>Understanding the History of Israel (StandWithUs) 12:00pm</p>	<p>3 (12 Nisan)</p> <p>Minyan 7:30am</p>	<p>4 (13 Nisan)</p> <p>Minyan 7:30am</p>	<p>5 (14 Nisan)</p> <p>Erev Pesach</p> <p>Taanit Bechorot</p> <p>Pesach S'lyum 7:30am</p> <p>Office Closes Early 3:00pm</p> <p>Candle Lighting 7:26pm</p>	<p>6 (15 Nisan)</p> <p>1st Day Pesach</p> <p>Office Closed</p> <p>Passover Service in-person only 10:00am</p> <p>Candle Lighting 8:28pm</p>	<p>Rabbinical Candidate Visit</p> <p>Pre-Neg Dinner with Rabbi Rosenberg 4:45 PM</p>	<p>1 (10 Nisan)</p> <p>Shabbat Hagadol</p> <p>FRS Saturday School 9:30am</p> <p>Shabbat Services 10:00am</p> <p>Kiddush Lunch with Rabbi Rosenberg Following Services</p>
<p>9 (18 Nisan)</p> <p>Chol Hamoed Pesach</p> <p>3rd Day Omer</p> <p>Minyan 9:00am</p>	<p>10 (19 Nisan)</p> <p>Chol Hamoed Pesach</p> <p>4th Day Omer</p> <p>Minyan 7:30am</p>	<p>11 (20 Nisan)</p> <p>Chol Hamoed Pesach</p> <p>5th Day Omer</p> <p>Minyan 7:30am</p> <p>Office Closes Early 3:00pm</p> <p>Candle Lighting 7:35pm</p>	<p>12 (21 Nisan)</p> <p>Pesach</p> <p>6th Day Omer</p> <p>Office Closed</p> <p>Minyan 7:30am</p> <p>Passover Service in-person only 10:00am</p> <p>Candle Lighting 8:36pm</p>	<p>13 (22 Nisan)</p> <p>Pesach</p> <p>Yizkor</p> <p>7th Day Omer</p> <p>Office Closed</p> <p>Passover Service in-person only 10:00am</p>	<p>14 (23 Nisan)</p> <p>8th Day Omer</p> <p>Minyan 7:30am</p> <p>Pre-Neg 5:30pm</p> <p>Healing Shabbat Service for Cantor Kurland 6:00pm</p> <p>Candle Lighting 7:39pm</p>	<p>15 (24 Nisan)</p> <p>Shabbat Mevarchim</p> <p>9th Day Omer</p> <p>Shabbat Services 10:00am</p>
<p>16 (25 Nisan)</p> <p>10th Day Omer</p> <p>Minyan 9:00am</p>	<p>17 (26 Nisan)</p> <p>11th Day Omer</p> <p>Minyan 7:30am</p>	<p>18 (27 Nisan)</p> <p>Yom Hashoah</p> <p>12th Day Omer</p> <p>Minyan 7:30am</p> <p>FRS Tuesdays 4:30pm</p>	<p>19 (28 Nisan)</p> <p>13th Day Omer</p> <p>Minyan 7:30am</p> <p>Daytimers Lunch & Film 11:30am</p> <p>Foundations for a Thoughtful Judaism 7:00pm</p>	<p>20 (29 Nisan)</p> <p>14th Day Omer</p> <p>Minyan 7:30am</p> <p>Needle Craft Affinity Group 9:30am</p> <p>The Jew Among the Nations 7:00pm</p>	<p>21 (30 Nisan)</p> <p>Rosh Chodesh Iyar</p> <p>15th Day Omer</p> <p>Minyan 7:30am</p> <p>Pre-Neg 5:30pm</p> <p>Shabbat Services 6:00pm</p> <p>Candle Lighting 7:49pm</p>	<p>22 (1 Iyar)</p> <p>Rosh Chodesh Iyar</p> <p>16th Day Omer</p> <p>Shabbat Service & Bat Mitzvah of Sally Aronchick & Anne Findley 9:30am</p> <p>FRS Saturday School 9:30am</p> <p>Pray, Eat, Play (PEP) 1:30pm</p>
<p>23 (2 Iyar)</p> <p>17th Day Omer</p> <p>Minyan 9:00am</p> <p>FRS Sundays 9:30am</p> <p>Teen Feed 5:30 PM</p>	<p>24 (3 Iyar)</p> <p>18th Day Omer</p> <p>Minyan 7:30am</p>	<p>25 (4 Iyar)</p> <p>Yom Hazikaron</p> <p>19th Day Omer</p> <p>Minyan 7:30am</p> <p>FRS Tuesdays 4:30pm</p>	<p>26 (5 Iyar)</p> <p>Yom Ha Atzmaut</p> <p>20th Day Omer</p> <p>Minyan 7:30am</p> <p>Lunch & Learn 12:00pm</p>	<p>27 (6 Iyar)</p> <p>21st Day Omer</p> <p>Minyan 7:30am</p>	<p>28 (7 Iyar)</p> <p>22nd Day Omer</p> <p>Minyan 7:30am</p> <p>Pre-Neg 5:30pm</p> <p>Anniversary Shabbat Services 6:00pm</p> <p>Candle Lighting 7:59pm</p>	<p>29 (8 Iyar)</p> <p>Mot-Kedoshim</p> <p>23rd Day Omer</p> <p>Shabbat Service & Bat Mitzvah of Victoria Langman 9:30am</p> <p>FRS Saturday School 9:30am</p>
<p>30 (9 Iyar)</p> <p>24th Day Omer</p> <p>Minyan 9:00am</p> <p>FRS Sundays 9:30am</p> <p>Better Together 11:00am</p> <p>Israel at Heart Celebrate 75 Years of Israel 2:00pm</p>						

Herzl-Ner Tamid Conservative Congregation

Affiliated with The United Synagogue of Conservative Judaism

3700 East Mercer Way
Mercer Island, WA 98040
Phone: 206-232-8555
info@h-nt.org • h-nt.org

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Jay Rosenbaum, Rabbi Emeritus / RabbiRosenbaum@h-nt.org
Bradlee Kurland, Cantor / Cantor@h-nt.org
Merav Canaan, Executive Director / Merav@h-nt.org
Dr. Eliyahu Krigel, CJE, Director of Education / Eliyahu@h-nt.org
Arianne Slayter, Director of Finance / Arianne@h-nt.org
Josh Niehaus, Music and Program Director / Josh@h-nt.org
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Glindon Marten, Communications Manager / Glindon@h-nt.org
Jessica Slayter, Administrative Assistant / Jessica@h-nt.org



2022-2023 Executive Committee

Mickey Friedman – President
Aaron Kiviat – Executive Vice-President
Jeffrey Packer – Financial Vice-President
Michael Tarlowe – Membership Vice-President
Ilene Sloan – Secretary
Ilyse Wagner – Immediate Past President

2022-2023 Board of Directors

Susan Ben-Rubin	Nancy Morse
Adam Droker	Lindsay O'Neil
Rachel Dobrow Stone	Sonny Putter
Susan Edelheit	Jenn Rosenwald
Amy Hartman	Jaime Slutzky
David Isenberg	Elaine Weinstein
Jonathan Langman	Gail Wiener

HERZL MEMORIAL PARK

16747 Dayton Avenue North, Shoreline, WA 98133

If there is a death in the family, contact the Seattle Jewish Chapel at 206-725-3067.

For more information about the Herzl Memorial Park, contact Elaine Weinstein at 425-455-4703.

In times of loss, or in need of pastoral care, HNT members should call the HNT office at 206-232-8555.



Herzl Memorial Park Cemetery Committee

Elaine Weinstein, President	Harris Klein
Jennifer Malakoff, Vice President	Michael Weinstein
Peter Michel, Secretary	Philip Kouse
Steve Burns, Treasurer	

To always have a well-maintained cemetery, please consider remembering Herzl Memorial Park in your Will, or by contributing to the cemetery's Endowment Care.

Women's League Torah Fund Tea Party



Sunday, May 21, 2023, 1:00 to 3:00 pm

CELEBRATE Torah Fund & H-NT Women's League • Location to be announced

ENJOY a Delicious Dessert Potluck & A Wide Variety of Teas

RSVP by Monday, May 15 to: wl-tf@h-nt.org

Bring a desert to share and your check made out to Torah Fund



The 5783 (2022-2023) Torah Fund pin depicts the word Chazak along with a number 80. Chazak v'Ematz - Be Strong and Courageous. This pin symbolizes the story of the Israelites preparing to enter the Promised Land, when the leadership transitions from Moses to Joshua. The Israelites and Joshua are instructed to "be strong and courageous" (Deuteronomy 31:6, 7, 23; Joshua 1:6, 7, 9, 18). The 5783 Torah Fund pin represents 80 years of ever-increasing strength of Torah Fund.

Your contribution to Torah Fund provides Scholarships to future Rabbis, Cantors, Educators, Administrators, Social Workers and Scholars at JTS and affiliated schools around the world.

..... Cut here to return

- _____ Patron* \$1200
- _____ Assoc. Patron* \$600
- _____ Guardian* \$300
- _____ Benefactor* \$180
- _____ Triple Chai \$72
- _____ Double Chai \$36
- _____ Chai \$18

* this donor receives a Chazak Torah Fund pin in appreciation
Please add \$80 to your contribution in honor of the Torah
Fund 80th Anniversary

Bring your check payable to

TORAH FUND

or send to Susan Ben-Rubin

12440 169th Avenue SE, Renton WA 98059

*Unfortunately, we are unable to process credit cards for
Torah Fund but you are able to donate via credit card
online at <https://www.jtsa.edu/torah-fund>*

PLEASE NOTE: Women's League Membership Dues
& Torah Fund Donations are separate and require
separate checks

NAME _____