

Guide to the

High Holidays



START ANEW

HIGH HOLIDAYS 2023 | 5784
HERZL-NER TAMID

5784/2023





A Message from Rabbi Herber



The High Holy Days are the most profound days of the Jewish year. They are designated as the primary time for spiritual renewal.

The Yamim Noraim ten-day period known as the Days of Awe, begins with Rosh Hashanah, which celebrates the birth of the world and marks the beginning of judgement, and culminates with Yom Kippur, The Day of Atonement, when the final decree is issued. Our spirit during these days should be marked by introspection, prayer, and repentance. It's a time for both remembering for looking ahead to a new year and a new way of living. It's also a time to be together as a community, which is something I hope we will all focus on more and make more of an effort to do.

May we all find the inspiration and support over these crucially important days to individually and communally pursue repentance, prayer, and acts of loving kindness so that our next year may be more hopeful and more meaningful than our last.

Shannah tovah!
Rabbi Herber

A handwritten signature in black ink, appearing to read 'Rabbi Herber'.

Join Us for the High Holidays!

Access Virtual High Holiday Services

If you are joining us virtually, this year's High Holiday services will be available via YouTube, at <https://h-nt.org/youtube>.

Plan Ahead for the High Holidays

High Holiday Prayerbooks

If you plan to participate in-person, we recommend bringing your own Mahzor. There will be a limited supply available to borrow while attending in-person services. If you plan to participate in the High Holidays virtually and don't own a Mahzor Lev Shalem, you may choose from the following options:

1. Purchase a digital edition at <https://www.rabbinicalassembly.org/product/mahzor-lev-shalem-rosh-hashanah-and-yom-kippur>
2. Borrow an HNT print edition at no cost. Supply is limited. Request at <https://h-nt.shulcloud.com/form/Prayerbooks>

Memorial Book/Yizkor Book

At each Yizkor service we distribute our annual Memorial Book, inscribed with names of our loved ones no longer among the living. Hard copies will be available for those attending in-person. For those participating virtually, a digital copy will be available online at h-nt.org/digital-mb, and mailed in print to those who requested on their form this year.

Rosh Hashanah College Packages

Addresses Due by Thursday, August 31st

If you have an undergraduate college student, fill in their information at h-nt.org/college so they can receive some goodies for a shanah tovah!

Sukkot Lulav & Etrog, S'chach, & Sukkah Kit Orders

Due Friday, September 15th

Purchasing a lulav & etrog set provides a great opportunity to share an age-old tradition with your children. S'chach, the greenery to adorn your sukkah, will be available in 25 lb. bundles. A Sukkah Kit includes everything to build a sukkah but the s'chach. In order to receive lulav, etrog, s'chach or sukkah kit, you must pre-order by September 15th at <https://h-nt.shulcloud.com/form/sukkot-orders-2023>



Plan Ahead for the High Holidays

Guests Attending High Holidays

HNT welcomes guests at High Holiday services. Guests must register in advance at h-nt.org/hh to obtain Access Passes for entry. To help defray costs, guests will be asked if they wish to make a suggested donation of \$180 per person for each of the two holidays. Virtual guests should participate using the same link as members (h-nt.org/YouTube).

Drive the Bima & Build the Sukkah • Sunday, September 3rd • 10:00 AM **Join an HNT Tradition - Your Help is Needed!**

Help us prepare our building for the High Holidays. We will move the (‘flying’) bima into the Feinberg Social Hall, collect siddurim from the sanctuary pews, and build our sukkah in the upstairs courtyard. A light meal will be provided to help fuel your efforts. Please RSVP at <https://h-nt.shulcloud.com/event/move-the-bima.html>.html by August 30th if you can join us.

Cemetery Pilgrimage

Sunday, September 10th • 11:00 AM

Herzl Memorial Park: 16747 Dayton Ave. N, Shoreline

Led by Rabbi Bob Maslan, this traditional opportunity to visit Herzl Memorial Park is a time for remembering our loved ones whose influence lives on in our own lives. Following the initial brief service, Rabbi Maslan will be available to go with congregants to individual graves to recite memorial prayers.



We Need Greeters and Ushers!

We know you value making HNT a friendly, inviting place to experience the High Holidays. You can help by spending a little time welcoming people at our doors or ushering them in to seats on Rosh Hashanah and Yom Kippur.

Please sign up here: <https://h-nt.shulcloud.com/form/ushersgreeters>

Rosh Hashanah & Yom Kippur Service Times

Erev Rosh Hashanah

Friday, September 15th – 6:00 PM

Rosh Hashanah Day 1

Saturday, September 16th – 8:15 AM

Mincha/Ma'ariv Service 6:00 PM

Rosh Hashanah Day 2

Sunday, September 17th – 8:30 AM

Tashlich ~ 1:15 PM

Kol Nidre (Erev Yom Kippur)

Sunday, September 24th – 6:30 PM

Yom Kippur

Monday, September 25th – 9:45 AM

Yizkor – approx. 12:45 PM

Mincha – 4:30 PM

Ne'ilah/Maariv – 6:00 PM

Final Tekiah – 7:45 PM

Break-The-Fast

Enjoy a quick Break-the-Fast treat following the final Tekiah as you exit the building. This delightful “pick-me-up” for the entire congregation is generously hosted by Peggy & Bruce Gladner.



Sukkot, Shemini Atzeret and Simchat Torah Service Times

Erev Sukkot and Shabbat

Friday, September 29th – 6:00 PM

Sukkot Day 1

Saturday, September 30th – 10:00 AM

Sukkot Day 2

Sunday, October 1st – 10:00 AM

Erev Shemini Atzeret and Shabbat

Friday, October 6th – 6:00 PM

Shemini Atzeret and Shabbat

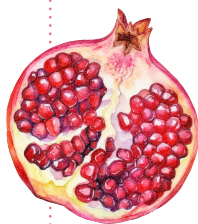
Saturday, October 7th – 10:00 AM – With Yizkor

Erev Simchat Torah

Saturday, October 7th - Services and Hakafot/Dancing – 7:30 PM

Simchat Torah

Sunday, October 8th - Services and Hakafot - 10:00 AM



Simchat Torah Service with Hakafot & Dancing

Saturday, October 17th • 7:30 PM

Be part of the HNT Simchat Torah experience by carrying a Torah, dancing the hora or the kazatzky, clapping along, marching in a hakafa, waving a flag, singing 'Hoshia na,' and having a nosh or drink prepared by HNT's most experienced bartenders.

High Holidays Youth & Family Programs



Sukkat Shalom: Safety in Transition and Transformation

Times of transition can be both beautiful and challenging. Our community and our world as a whole have had a lot of challenges and changes in the past few years. These times can also be opportunities for tremendous growth and transformation. Join us as we use the themes and messages of the High Holidays to help us grow towards the best versions of ourselves and to create the strongest possible community.

All of the Family Services will take place in a fully covered tent in the Lott Building Courtyard. Please dress accordingly.

Youth & Family Service Times

Erev Rosh Hashanah - Friday September 15th

5:00 PM - 6:00 PM - Family Service – Lott Building Courtyard

Rosh Hashanah Day 1 - Saturday, September 16th

10:00 AM - 12:00 PM - Family Service - Lott Building Courtyard

10:00 AM - 12:00 PM - Middle and High School Programs at HNT

Rosh Hashanah Day 2 - Sunday, September 17th

10:00 AM - 11:30 AM - Family Service - Lott Building Courtyard

10:00 AM - 11:30 AM - Middle and High School Programs at HNT

11:30 AM - Family Tashlich Service at the Wittenberg Waterfront

Kol Nidre (Erev Yom Kippur) - Sunday, September 24th

5:30 PM - 6:30 PM - Kol Nidre Family Service - Lott Building Courtyard

7:00 PM - 8:00 PM - Middle School Program and High School Program

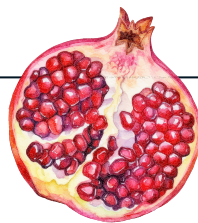
Yom Kippur - Monday, September 25th

10:00 AM -12:00 PM - Family Service - Lott Building Courtyard

10:00 AM -12:00 PM - Middle and High School programs at HNT

7:30 PM • Flashlight Brigade - Youth and families will meet in the Upper

Foyer when called for the HNT tradition of the annual flashlight brigade, Havdalah and final Tekiah. Some flashlights and glow sticks will be provided but please bring your own as well.



FAQ

What is required to enter in-person services?

An Access Pass is required for each adult for secure entry to Rosh Hashanah and Yom Kippur services. Please write your name on the enclosed Access Pass(es) prior to the holidays and have them in-hand as you enter the property. Thank you for doing your part to ensure the safety and security of our community.

Is there a cost for guests attending our services?

If you are a Platinum, Gold, Silver or Bronze level member we will not be suggesting a donation for your guests. To help defray costs, others will be asked if they wish to make a suggested donation of \$180 per person for each of the two holidays.

How can I reserve a seat (designated by a blue slipcover)?

You can reserve* a seat if you:

- Are a Platinum or Gold Member
- Have a nameplate on a seat
- Use a wheelchair or have mobility issues that make it difficult to navigate the Sanctuary/Feinberg Social Hall setup

**Seats will be presumed unused two hours after the start of services and released for general seating*

For whom is Yizkor (the Memorial Service) recited?

Yizkor may be said for all deceased loved ones, parents, grandparents, other family and friends. Though some follow the tradition of leaving during the Yizkor service if their immediate family members are still alive, all are encouraged to stay

What if I need hearing assistance?

We have hearing assistance devices available in the back corner of the Sanctuary. We recommend bringing a pair of earbud headphones to plug into the device for a more comfortable fit.

Fragrance-Free

Please refrain from using fragrances (perfumes, colognes, etc.), as there are members who are highly allergic to these substances. Gum chewing is also inappropriate in the worship spaces.

FAQ: Parking & Transportation

Who may park in the synagogue parking lot?

You may park in the synagogue parking lot if you are a Platinum, Gold, Silver or Bronze level member with a parking placard.

If I have a state disabled permit or must be dropped close to the door, what can I do?

Proceed into the main parking lot and use the Valet Parking service, available beginning 45 minutes before each service. There will not be Valet for the 6:00 PM Mincha service on Rosh Hashanah Day 1 or after the main service on Yom Kippur day and the lot will be open to all after those periods. Due to space limitations, there is no self-parking for disabled permits.

No advance arrangements are necessary.

Where do I park if I don't have a state disabled permit but I can't manage the walk from off-site parking?

Use our courtesy shuttle service from the Mercerwood Shore Club parking lot (4150 E Mercer Way). Marked shuttles will be running during the hours listed below.

| | |
|----------------------------------|--------------------------|
| Rosh Hashanah Day 1..... | 7:15 AM - End of Service |
| Kol Nidre (Erev Yom Kippur)..... | 4:45 PM - End of Service |
| Yom Kippur | 8:45 AM - End of Service |

If I don't have a special need, where can I park?

ONLY these areas have been authorized:

- The SJCC parking lot (except where marked "No Parking 24/7")
- Mercerwood Shore Club, 4150 E Mercer Way (except "No Parking" area)

Please do not park anywhere that states "NO HNT Parking" as a courtesy to our neighbors, as well as being mindful about parking in fire lanes or blocking driveways. If you park in any undesignated area you risk being towed at your own expense by the city. **The boat launch is not available for parking.** We encourage you to carpool and use our shuttle service.



Together Against Hunger!

Polack Food Bank Food Drive

Now through Yom Kippur

Help HNTs efforts in supporting the Jewish Family Service Community Wide Food Drive benefitting the Polack Food Bank

What to buy: Canned Goods (Low Sodium), Grains & Pastas, Proteins (Tuna & Peanut Butter), Toiletries

NO GLASS CONTAINERS • NO OPENED PACKAGES • NO EXPIRED FOOD

Drop off food through Yom Kippur in the red bins at HNT



HaMotzi To Go - Rosh Hashanah Dinner

No family in town? A holiday feast just not in the cards this year? Leave the work to On Safari Foods and purchase a Rosh Hashanah Dinner for Two (cooked in HNTs kosher kitchen)!

For \$105 you will get (For two people):

- Butternut squash soup with tart apples and a hint of curry
- Basmati rice
- Salad of greens and baby spinach with shaved fennel, carrots, red onion, pomegranate seeds, and a honey balsamic vinaigrette
- Honey Apple Cake

and either

- Chicken Tagine bathed in a sauce of tomato scented with warm spices, garbanzos, dried apricots and a hint of lemon
- or Lentil and vegetable tagine (Vegan Option)

There is no delivery option this year, so please only purchase if you will be able pick up the meal yourself on **Friday, September 15th**

Orders will close end of day **Tuesday, September 5th**

Purchase your dinners here:

<https://h-nt.shulcloud.com/form/RoshHashanahDinner>





START ANEW

HIGH HOLIDAYS 2023 | 5784
HERZL-NER TAMID