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Guide to the

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# High Holidays

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5785/2024

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## A Message from Rabbi Herber



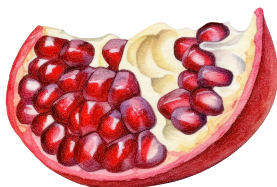
**R**osh Hashanah and Yom Kippur are the most spiritually compelling, intense, and transformative days of the Jewish year. They are designed to change our hearts, and minds, and souls.

These Days of Awe begin with Rosh Hashanah, the Jewish New Year and the official start of our being judged, and conclude with Yom Kippur, the great day of atonement, when the final decree is issued. It's during this time when we should be engaged with deep introspection, prayer, and repentance. Our focus should be on remembering how we've lived the past year and looking ahead to living better lives in the new year. It's also a time to gather in community, which is so important given the very difficult, challenging, and turbulent year we've had to endure.

May we all find the inspiration and support over these crucially important days to individually and communally pursue repentance, prayer, and acts of loving kindness so that our next year may be more hopeful, more meaningful, and more joyful than our last.

Shanah Tovah!  
**Rabbi Herber**

**Rabbi Ehud Bandel**, who served as our guest cantor last year for Rosh Hashanah and Yom Kippur, will be returning to HNT to serve once again as our Cantor for the High Holidays.



# Plan Ahead for the High Holidays

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## **Accessing Virtual High Holiday Services**

If you are joining us virtually, this year's High Holiday services will be available at <https://h-nt.org/youtube>.

## **Guests Attending High Holidays**

HNT welcomes guests to our High Holiday services. Guests must register in advance at <https://h-nt.shulcloud.com/form/high-holiday-guests-2024.html> to get Access Passes for entry. To help defray costs, guests will be asked if they wish to make a suggested donation of \$180 per person for each of the two holidays. Virtual guests can participate using the same link as members ([h-nt.org/youtube](https://h-nt.org/youtube)).

## **We Need Greeters & Ushers!**

We know you value making HNT a friendly, inviting place to experience the High Holidays. You can help by spending a little time welcoming people at our doors or ushering them in to seats on Rosh Hashanah and Yom Kippur. Sign up with a friend!

Sign up here: <https://h-nt.shulcloud.com/form/ushers-and-greeters.html>.

## **High Holiday Prayerbooks**

We recommend bringing your own Mahzor to High Holiday services. There will be a limited supply available to borrow while attending.

## **Memorial Book/Yizkor Book**

At each Yizkor service we distribute our annual Memorial Book, inscribed with names of our loved ones no longer among the living. Hard copies will be available for those attending in-person and mailed upon request. A digital copy will also be available at [h-nt.org/digital-mb](https://h-nt.org/digital-mb).

## **Drive the Bima & Decorate the Sukkah**

**Sunday, September 15th • 10:00 AM**

*Join an HNT Tradition - Your Help is Needed!*

Help us prepare our building for the High Holidays! We will move the 'flying' bima into the Feinberg Social Hall – FRS kids will get to take a ride and parents are highly encouraged to help! Afterwards, there will be plenty of jobs to go around to prepare our synagogue for the high holidays, including decorating the sukkah! For those that stay to help out, a light meal will be provided. To ensure we have enough food, please RSVP at <https://h-nt.shulcloud.com/event/bimamove> by September 11th if you can join us.

## Plan Ahead for the High Holidays

### **Polack Food Bank Food Drive - Together Against Hunger!** **Now through Yom Kippur**

Help support the Jewish Family Service Community Wide Food Drive benefitting the Polack Food Bank, which distributes food to more than 2,000 of our neighbors in Seattle and on the Eastside.

We give our appreciation to Acme Food Sales and the Estate of Valerie Polack in generously contributing a matching gift, pound for pound, again this year!

What to donate: Canned Goods (Low Sodium)- Grains & Pastas - Proteins (Tuna & Peanut Butter) - Toiletries

JFS does NOT accept - Glass containers - opened packages - expired food

### **Rosh Hashanah College Packages** **Addresses Due by Wednesday, September 18th**

If you have an undergraduate college student, fill in their information at [h-nt.org/college](http://h-nt.org/college) so they can receive some goodies for a shanah tovah!

### **Finding our Way in a World of Moral Confusion** **Sunday, September 22, 10:15 AM - 12:15 PM • HNT**

*Led by Rabbi Jay Rosenbaum, Rabbi Jacob Herber, Rivy Kletenik, Beth Huppin, and Dikla Kafka*

This has been a momentous year for the Jewish people. In a short period of time we have experienced the birth of the Israel Democracy Movement, the trauma of October 7 in Israel, the alarming growth of antisemitism and anti-Zionism on the college campus, in our local communities and globally, and the growth of political extremism reflecting an ever deepening divide between liberal and conservative forces in Israel, in America and globally.

Through a combination of text study, panel discussion and small group conversation we will reflect on the enormous decisions facing the Jewish people in the coming new year.

The community is welcome. There is no charge. But, pre-registration is required at <https://h-nt.shulcloud.com/event/finding-our-way-in-a-morally-confused-world.html>





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**Sukkot Lulav & Etrog, S'chach, & Sukkah Kit Orders**  
**Due Friday, September 27th**

Purchasing a lulav & etrog set provides a great opportunity to share an age-old tradition with your children. S'chach, the greenery to adorn your sukkah, will be available in 25 lb. bundles. A sukkah kit includes everything to build a sukkah but the s'chach. In order to receive lulav, etrog, s'chach or sukkah kit, you must pre-order by September 27th at <https://h-nt.shulcloud.com/form/sukkot-orders-2024.html>.

**Selichot Program & Service****Saturday, September 28th • 8:00 PM - 10:00 PM*****Faith and Tragedy: Preparing for the Days of Awe***

When tragedy strikes, people of faith need a way to understand their relationship to God. This need is all the more relevant during the High Holy Day season when we confront the losses we've sustained and grapple with prayers in the Mahzor which challenge our notions of sin, repentance and punishment. Jewish thought offers many approaches for the faithful to consider who and where is God in moments of crisis and soul-searching. Join Rabbi Herber for an evening of text study and discussion as we explore what it means to maintain a relationship with God when we are struggling and searching for God.

**Cemetery Pilgrimage****Sunday, October 6th • 11:00 AM****Herzl Memorial Park: 16747 Dayton Ave. N, Shoreline**

Led by Rabbi Bob Maslan, this traditional opportunity to visit Herzl Memorial Park is a time for remembering our loved ones whose influence lives on in our own lives. Following the initial brief service, Rabbi Maslan will be available to go with congregants to individual graves to recite memorial prayers.



## Rosh Hashanah & Yom Kippur Service Times

### Selichot

Saturday, September 28th - 8:00 PM

### Erev Rosh Hashanah

Wednesday, October 2nd - 6:30 PM

### Rosh Hashanah Day 1

Thursday, October 3rd - 8:15 AM

Tashlich by the Wittenberg Waterfront - 1:15 PM

Mincha/Ma'ariv - 6:30 PM

### Rosh Hashanah Day 2

Friday, October 4th - 8:15 AM

### Kol Nidre (Erev Yom Kippur)

Friday, October 11th - 6:00 PM

### Yom Kippur

Saturday, October 12th - 9:45 AM

Yizkor - 12:45 PM

Mincha - 4:15 PM

Ne'ilah/Ma'ariv - 6:00 PM

Final Tekiah & Break-the-Fast - 7:15 PM

### Break-The-Fast

Enjoy a quick Break-the-Fast treat following the final Tekiah as you exit the building. This delightful "pick-me-up" for the entire congregation is generously hosted by Peggy & Bruce Gladner.

## Sukkot, Shemini Atzeret and Simchat Torah Service Times

### Sukkot Day 1

Thursday, October 17th - 10:00 AM

### Sukkot Day 2

Friday, October 18th - 10:00 AM

### Shemini Atzeret

Thursday, October 24th - 10:00 AM with Yizkor

### Services with Hakafof & Dancing

Thursday, October 24th

Services & Hakafof/Dancing - 7:00 PM

### Simchat Torah

Friday, October 25th

Services & Hakafof - 10:00 AM

### Simchat Torah Service with Hakafof & Dancing

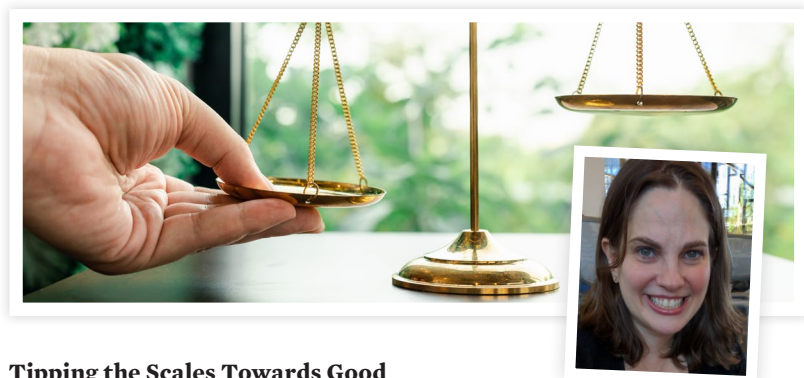
**Thursday, October 24th • 7:00 PM**

Be part of the HNT Simchat Torah experience by carrying a Torah, dancing the hora or the kazatzky, clapping along, marching in a hakafa, or waving a flag.

### Delivery Volunteers Needed

Sunday, October 13th • Meet at HNT: 9:30 AM • Deliver to Kent: 10:30 AM  
Come do a whole lot of good in a short time. Pack up collected food at HNT and transport it to the JFS warehouse in Kent. Large car trunks and trailers welcome! Register at <https://h-nt.shulcloud.com/event/polack-food-drive-delivery-opportunity.html#>

## High Holidays Youth & Family Programs



### Tippling the Scales Towards Good

The great twelfth century Jewish scholar and physician, Moses Maimonides, taught the following:

*“Everyone should regard themselves throughout the year as half innocent and half guilty; so too, they should consider the entire world as half innocent and half guilty. If then one commits one additional sin, they press down the scale of guilt against themselves and the entire world, and causes our destruction; if, on the other hand, they perform a good deed, they press down the scale of merit in their own favor and that of the entire world, and cause salvation and deliverance to reach themselves and their fellow human beings, as it is written: ‘The just person is the foundation of the world.’ (Proverbs 10:25)”*

We may never know how one simple action we take in our lives can impact others. One unintentional hurtful statement may cause pain we never imagined. One act of kindness can help change the trajectory of someone's life.

As we embark on the journey into the new Jewish year, we invite you to explore with us some of the ways we can work together to tip the scales towards good. Throughout our services and learning experiences for children and families, we will create opportunities to discuss both ways to make ourselves better people and also how we can contribute to making the world a better place.

IRIT ELIAIV LEVIN  
DIRECTOR OF EDUCATION



## Youth & Family Service Times

### Erev Rosh Hashanah - Wednesday, October 2nd

**5:00 PM - 6:00 PM:**

Family Service - Stroum Jewish Community Center

**6:30 PM - 7:30 PM:**

Middle School Program - FRS Classroom #1

High School Program - Frankel Library

### Rosh Hashanah Day 1 - Thursday, October 3rd

**10:00 AM - 11:30 AM:**

Family Service - Stroum Jewish Community Center

Middle School Program - FRS Classroom #1

High School Program - Frankel Library

**11:45 AM - 12:15 PM:**

Family Tashlich Ceremony - Wittenberg Waterfront

### Rosh Hashanah Day 2 - Friday, October 4th

**10:00 AM - 12:00 PM:**

Family Service - Stroum Jewish Community Center

Middle School Program - FRS Classroom #1

High School Program - Frankel Library

### Erev Yom Kippur - Friday, October 11th

**5:00 PM to 6:00 PM:**

Family Service - Stroum Jewish Community Center

**6:30 PM - 7:30 PM:**

Middle School Program - FRS Classroom #1

High School Program - Frankel Library

### Yom Kippur - Saturday, October 12th

**10:00 AM - 12:00 PM:**

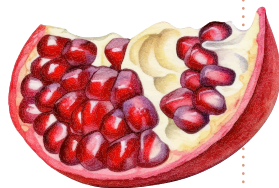
Family Service - Stroum Jewish Community Center

Middle School Program - FRS Classroom #1

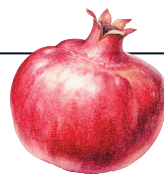
High School Program - Frankel Library

**7:00 PM:**

Flashlight Brigade: Youth and families will meet in the Upper Foyer when called for the HNT tradition of the annual flashlight brigade, Havdalah and final Tekiah. Some flashlights and glow sticks will be provided but please bring your own as well.



Our Family Services will be meaningful and fun for children ages preschool through fifth grade and their families. Registration is requested in order to attend at <https://h-nt.shulcloud.com/form/hh-family-services-2024>.



## FAQ

### **What is required to enter in-person services?**

An Access Pass is required for each adult for secure entry to Rosh Hashanah and Yom Kippur services. Please have the enclosed Access Pass(es) in-hand as you enter the property. Thank you for doing your part to ensure the safety and security of our community.

### **Is there a cost for guests attending our services?**

If you are a Platinum, Gold, Silver or Bronze level member, there is no suggested donation for your guests. To help defray costs, others will be asked to kindly make a suggested donation of \$180 per person for each of the two holidays.

### **How can I reserve a seat (designated by a blue slipcover)?**

You can reserve\* a seat if you:

- Are a Platinum or Gold Member
- Have a nameplate on a seat
- Use a wheelchair or have mobility issues that make it difficult to navigate the Sanctuary/Feinberg Social Hall setup

\*Seats will be presumed unused two hours after the start of services and released for general seating.

### **For whom is Yizkor (the Memorial Service) recited?**

Yizkor may be said for all deceased loved ones, parents, grandparents, other family and friends. Though some follow the tradition of leaving during the Yizkor service if their immediate family members are still alive, all are encouraged to stay.

### **What if I need hearing assistance?**

We have hearing assistance devices available in the back corner of the sanctuary. We recommend bringing a pair of earbud headphones to plug into the device for a more comfortable fit.

### **Is HNT a Fragrance Free Facility?**

Yes, please refrain from using fragrances (perfumes, colognes, etc.), as there are members who are highly allergic to these substances. Gum chewing is also inappropriate in the worship spaces.

# Parking & Transportation

The synagogue parking lot is reserved for our enhanced dues members (Platinum, Gold, Silver, or Bronze level members) with a parking placard.

The options for those without an HNT lot parking placard are as follows:

**Mercerwood Shore Club** - 4150 E Mercer Way - (except “No Parking” area)  
Our courtesy shuttle service from the Mercerwood Shore Club parking lot to HNT (and back) will be operating during the hours listed below

Rosh Hashanah Day 1.....	7:15 AM – 2:30PM
Kol Nidre (Erev Yom Kippur).....	5:00 PM – 9:00PM
Yom Kippur .....	8:45 AM – 3:00PM

**SJCC Lot** (except where marked No Parking 24/7)

## Valet Parking

Valet parking is available in the main lot for those with a disabled permit or physical need to be dropped off close to the door.

After talking to the guard, proceed to the main lot and use the valet parking service located at the second portico. Due to space limitations, there is no self-parking for disabled permits. No advanced arrangements are necessary.

Valet services are free and available at the following times:

Erev Rosh Hashanah.....	5:45PM – 8:00PM
Rosh Hashanah Day 1.....	7:30AM – 2:30PM
Rosh Hashanah Day 2.....	7:30AM -2:00PM
Kol Nidre.....	5:15PM – 9:00PM
Yom Kippur.....	9:00AM – 3:00PM

As a courtesy to our neighbors, be mindful about parking in fire lanes or blocking driveways. The boat launch is not available for parking. If you park in any undesignated area, you risk being towed by the city at your own expense.







