



HaKol

HA KOL IS THE NEWSLETTER OF **HERZL-NER TAMID CONSERVATIVE CONGREGATION**



Neshama Body and Soul

Sunday, October 12 • 11:00 AM - 12:00 PM

Rabbi Alpert will lead us through her signature program combining exercise and spirituality. Neshama Body and Soul (NBS) is a full-body workout and an opportunity for spiritual awakening.

Additional information on [page 6](#)

Sukkah LUNCH

Sunday, October 12 • 12:30 PM - 2:30 PM

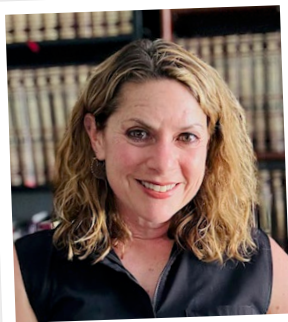
Join us in the sukkah for a joyful, family-friendly gathering with the whole HNT community!

Additional information on [page 6](#)

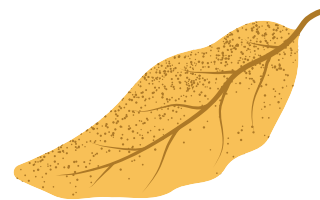


FOR AN INTERACTIVE, PRINTABLE CALENDAR OF ALL HNT EVENTS
HAPPENING THIS MONTH, VISIT [H-NT.ORG/CALENDAR](https://h-nt.org/calendar)





A Message from Rabbi Jaymee Alpert



As I write this, we have not yet celebrated Rosh Hashanah or observed Yom Kippur, but my thoughts are turning toward Simchat Torah, which comes at the very end of the holiday season. The fall holidays are beautiful, contemplative, meaningful, and yes, they can be exhausting. It might feel challenging to muster the energy for Simchat Torah, which requires the output of physical energy as well as spiritual energy as we dance and sing with the Torah. On the Jewish calendar, Simchat Torah also marks the anniversary of the horrific October 7th Hamas terror attack, and so Simchat Torah has become more complicated over the last two years.

Bearing all of this in mind, Simchat Torah remains a festive, joyous, fun holiday, and this year, we will bring renewed energy to the end of the fall *chagim* (festivals). Unlike Shavuot, which celebrates Torah in an intellectual way, Simchat Torah gets us up and moving so that we can feel Torah in our bodies and souls. The seven *hakafot* (circuits around the sanctuary) are evocative of the 7 *Hoshanot* (circuits around the sanctuary with the lulav and etrog) on Sukkot, and according to Kabbalah, the *hakafot* on Simchat Torah are connected to the seven *sefirot* or manifestations of God. Simchat Torah enables

us to let loose as we rejoice in Torah both physically and spiritually.

This year, please join us on Tuesday evening, October 14, as we kick off our Simchat Torah celebration with dinner, followed by *hakafot* honoring different groups of Herzl-Ner Tamid members, and unscrolling the entire Torah. Our celebration continues Wednesday morning, October 15, when we will once again, dance and sing for seven *hakafot*, and when we will conclude reading the Torah and immediately begin reading it again. Please see the calendar for more details.

I look forward to seeing you throughout the holiday season and to singing and dancing with you on Simchat Torah!

Shana Tova and Chag Sameach,

—RABBI JAYMEE ALPERT



בית קפה
Beit Cafe
Book Club



Beit Cafe Book Club

Sunday, November 16 • 10:00 AM - 12:00 PM

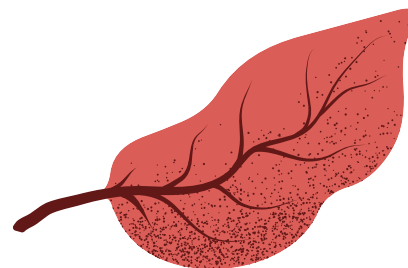
Enjoy reading Hebrew novels translated into English and keen to discover links to Israeli culture and the beauty of the original language? Want to join with friends across the Seattle community for a relaxed discussion over breakfast and coffee?

We will be hosting an energetic conversation (in English) about several award-winning novels.

Learn more and register: <https://mailchi.mp/6caf6269f8f8/rq59ion58h>



A Message from David Shujman



Annual Appeal & Rabbi Cahana Update

Shanah Tovah! I'm thrilled to announce that Rabbi Cahana will officially begin with us on Sunday, November 2. She brings warmth, vision, and energy, and I can't wait for you to learn and grow with her as we enter this exciting new chapter together. Her arrival is a joyful milestone for HNT, and I know she will help lead us with strength and optimism into the future.

With the beginning of the fall season, we feel both the change in the air and the spirit of renewal that comes with the High Holidays. Just as the leaves turn and remind us of cycles in nature, this season reminds us that we can begin again. Even in a world of uncertainty, our tradition calls us to look forward with hope and to believe that our best days are still ahead.

That's what our Annual Appeal is really about. It's not just about paying bills; it's about making sure our children grow up with Jewish learning and community,

our families find comfort and connection, and every person who walks through our doors feels they belong. Every contribution, big or small, helps us get there, and it shows that we believe our best days are still ahead.

Thank you for being part of what makes HNT so special. With your support and participation, our community will continue to thrive for years to come.

May we each be written in the Book of Life—L'shanah tovah tikateivu v'teichateimu—for a year of blessing, health, and peace. Am Yisrael Chai!

—DAVID SHUJMAN
PRESIDENT, HNT BOARD OF DIRECTORS

Annual Appeal

It's not too late to support HNT through this year's High Holiday Annual Appeal. You can bring your fold-down appeal card to Yom Kippur services, or make a donation online at <https://h-nt.shulcloud.com/form/appeal>

We are deeply grateful for your support of HNT—both now and for its future.





Sunday, November 9 • 10:00 AM - 1:00 PM • HNT Upper Foyer

Get ready to do your holiday shopping at HNT!

Eight unique vendors, including some from last year... children's books, jewelry, handcrafted items, woodworking, candles, skin care products, metal, art, and crocheted animals, and pop characters.

Women's league gift shop will also be open for purchasing Hanukkah gifts and more.

Please save the date and spread the word to family and friends.

Questions? Contact Cora Miller at Cora@h-nt.org

Thank you to everyone who joined us to build the Sukkah on Sunday, September 21!



Yom Kippur Service Times

Kol Nidre (Erev Yom Kippur)

Wednesday, October 1 - 6:30 PM

Yom Kippur

Thursday, October 2 - 9:45 AM

Yizkor - 12:00 PM

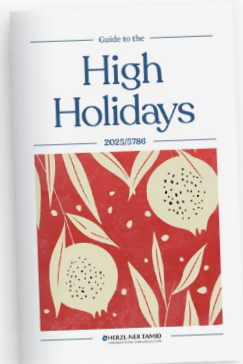
Mincha - 4:30 PM

Ne'ilah/Ma'ariv - 6:00 PM

Final Tekiah & Break-the-Fast - 7:35 PM

Break-The-Fast

Enjoy a quick Break-the-Fast treat following the final Tekiah as you exit the building. This delightful "pick-me-up" for the entire congregation is generously hosted by Peggy & Bruce Gladner.



View our [Guide to the High Holidays](#) for more information

Youth & Family Service Times

Erev Yom Kippur - Wednesday, October 1

5:15 PM to 6:15 PM:

Family Service - Stroum Jewish Community Center Auditorium

6:30 PM - 7:30 PM:

Middle School Service - FRS Classroom #1

High School Service - Frankel Library

Yom Kippur - Thursday, October 2

10:00 AM - 11:00 AM

Rosh Hashanah K'tan Service (ages 0-4) SJCC Activity Room

10:00 AM - 11:30 AM:

Family Service (Grades K-5) - Stroum Jewish Community Center Auditorium

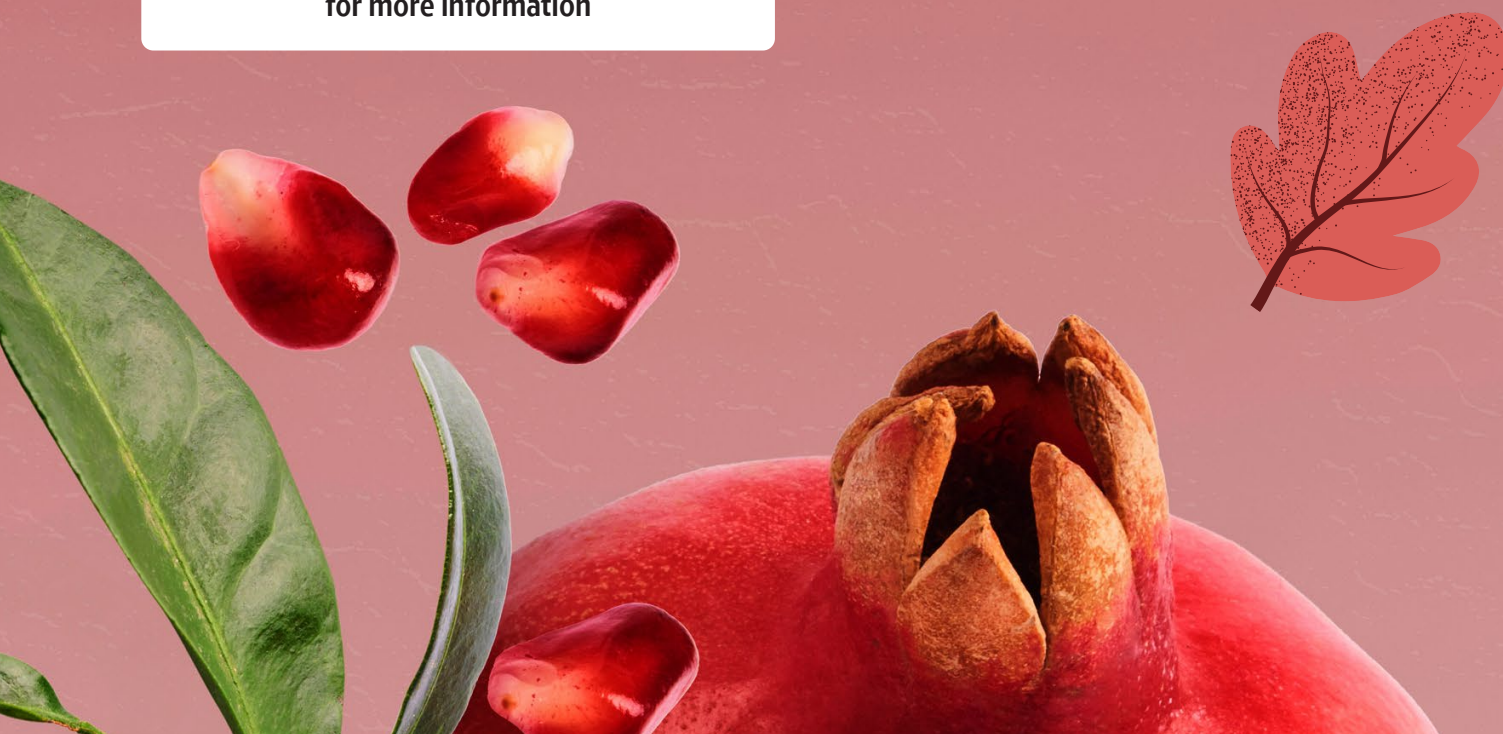
Middle School Service - FRS Classroom #1

High School Service - Frankel Library

7:15 PM:

Flashlight Brigade: Youth and families will meet in the Upper Foyer when called for the HNT tradition of the annual flashlight brigade, Havdalah and final Tekiah. Some flashlights and glow sticks will be provided but please bring your own as well.

Our Shabbat K'tan services are for children 0-4 with their parents. Family Services are for Kindergarten-5th grade children with their parents. These services will all take place at the SJCC. Registration is required to attend at <https://h-nt.shulcloud.com/form/hig>.



Neshama Body and Soul

Sunday, October 12 • 11:00 AM - 12:00 PM

Rabbi Alpert will lead us through her signature program combining exercise and spirituality. Neshama Body and Soul (NBS) is a full-body workout and an opportunity for spiritual awakening. NBS combines exercise, Jewish prayer and wisdom, and self-reflection to help you connect with you. This isn't yoga, this is holy-grounded strength training. Join us for lunch in the sukkah afterward!

Learn more: <https://h-nt.shulcloud.com/event/neshama-with-rabbi-jaymee.html>

Sukkot Lunch

Sunday, October 12 • 12:30 PM - 2:30 PM

Relax in the sukkah with friends and family for a fun, family-friendly get together for the entire shul! With bbq style food and lots of drink options, there will be something for everyone. While you are here, take the opportunity to shake the lulav and etrog!

Please register here:

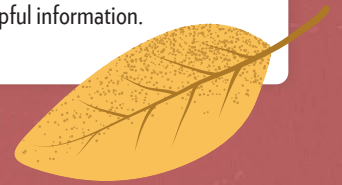
<https://h-nt.shulcloud.com/event/sukkot-lunch-event-2025.html>

Tips To Plan Ahead for Traffic, Parking and Safety

The eastbound ramp to I-90 opened on Sept. 24, which should ease some traffic backup. Just keep in mind that the I-90 project is still underway with some lane closures, so plan accordingly.

Valet parking at the second portico is available for anyone with a disabled permit or for those who need assistance to comfortably walk from their car to the synagogue.

Please bring only what you need, including your Access Passes. To ensure everyone's safety, we may be searching bags as everyone enters the building. See the FAQs in the [High Holiday Guide](#) for more helpful information.



Simchat Torah Community Dinner and Torah Dancing With Hakafot

Community Dinner – Tuesday, October 14 • 6:00 PM - 7:00 PM

Simchat Torah Service with Hakafot & Dancing – Tuesday, October 14 • 7:00 PM - 8:30 PM

Join us for a festive evening as we celebrate Simchat Torah with a delicious community dinner followed by spirited dancing and joyful Hakafot. Bring your energy and enthusiasm as we sing, dance, and rejoice with the Torah together!

Hakafot honorees: FRS Pre-gan-5th grade students, 6th-12th grade students, Those with a connection to Israel, Volunteers, Minyan and Learn to Leyn Class, Committees and Affinity Groups, Board.

This year we are honoring two Kallot Torah, brides of the torah. This honor goes to two individuals who have gone above and beyond on behalf of the HNT community over the last year. This year, we are thrilled to honor:

Tamar Heyman – Tamar has served as the co-chair of the FRS Parent Committee, co-chair of the Gadol Gala, as the secretary of the board, and is always the first to volunteer to help out in any way that she can.

Gail Weiner – Gail has been a past chair of the membership committee and is the membership Vice-President of our Board of Directors, working to ensure that everyone is welcome at HNT. She is always volunteering to help HNT in a variety of capacities.

We are so grateful to these incredible women for their support of our community.

Register: <https://h-nt.shulcloud.com/event/family-dinner.html>



2025 Artists in Residence: THE GOLDEN THREAD SEPTET

Friday Nov 21 – Sunday Nov 23

The Golden Thread Ensemble is a septet of top-notch musicians from Europe and North America. Led by Grammy Award-winning vocalist **Lorin Sklamberg** (The Klezmatics), acclaimed Latvian Yiddish singer **Sasha Lurje**, and Seattle-raised violinist **Craig Judelman**, the ensemble virtuosically blends klezmer music, Yiddish theatre, folk song, cantorial repertoire, and classical chamber music.

Featured Concert: Yiddish Songs of Change and Resilience

In addition to opportunities to learn from and interact with these wonderful artists, the weekend will include a Saturday evening concert “Yiddish Songs of Change and Resilience”. Featuring fresh new arrangements by Craig Judelman, this concert explores the role of Yiddish music in the 20th century struggle for justice and equality, revealing the power of song to foster solidarity and empathy and ultimately to promote Tikkun Olam (repairing the world).

Saturday Nov 22, 7:30 PM

Tickets \$18-\$54

Stay tuned for more details on additional artist-led activities over the weekend:

- Communal Shabbat dinner with participator sing-along “tisch”.
- Shabbat morning lecture/demo and kiddush luncheon
- Sunday morning musical appearance for FRS assembly

Want to volunteer or help sponsor this exciting event? Please reach out to Cantor Batchelor at cantorhb@h-nt.org

[Watch the video →](#)



A Message from Director of Education Irit Eliav Levin



וּפְרוֹשׁ עָלֵינוּ סִכַּת שְׁלוֹמָךְ

Ufros aleinu Sukkat shlomecha. Spread over us Your shelter of peace.

The Sukkah is a temporary dwelling, meant to remind us of how we lived during our 40 years wandering in the desert. The Rabbis teach us that it was during this time in the desert that we became a new nation, one that would be ready to arrive in the Promised Land, with the strength to build a home for generations to come. It was a giant leap of faith for those whose parents had been enslaved to imagine a better life for themselves and their children. And it was in the years of wandering that they gained the strength that would make their dreams come true.

There are many lessons we can gain from the celebration of Sukkot. One of my favorite Sukkot traditions is the idea of inviting in the *ushpizin*, spiritual guests from the past, and to embrace the lessons that they can teach us. We invite in Abraham and Sarah, and strive to emulate their excellent hospitality. We welcome Moses and Yocheved, his mother, and strive to emulate the leadership and faith that they embodied. And, of course, we invite in actual guests - friends, family, neighbors, fellow congregants - and work together to build the relationships that will help our community strive and grow.

Every year, when teaching about Sukkot, I ask my students why they believe that the roof of the Sukkah needs to be open enough to see the stars. My favorite answer came from a third-grader, long since grown up. She taught me that "we need to look up and see the stars. The stars should remind us of the spark in God that is inside every one of us. Then, we should remember that we should use that spark of God to help make the world a better place."

This year, as we put up the Sukkah walls, add our decorations, and cover the roof of our Sukkah with *s'chach*, let us take to heart the idea that this is meant to be *Z'man Simchateinu* (the time of our rejoicing). Let us use this time to build community, invite new guests, and remember those who are less fortunate. Let's listen to my wise student's advice, and work together to make this world a better place. Chag Sukkot Sameach!

- IRIT ELIAV LEVIN,
DIRECTOR OF EDUCATION

Registration for the Frankel Religious School Is Now Open!

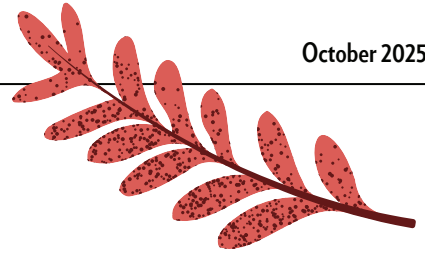
Registration for the 5786 (2025-26) Frankel Religious School is now open! Come join in the fun as we bring Judaism and Jewish values to life! Students ages three* through seventh grade are welcome!

Click here to enroll: https://h-nt.shulcloud.com/school_enrollment.php

If you have any questions, please contact Irit Eliav Levin, Director of Education at irit@h-nt.org.

**All students must be potty trained.*





Tot Shabbat at SJCC

Fridays • 9:45 AM - 10:30 AM

In Person at SJCC

HNT is proud to be a co-sponsor (along with the SJCC and PJ Library) of Tot Shabbat programs on Friday mornings at the SJCC. This year, we are adding some enhanced holiday programming, with new art projects and activities. The next one in the series will be happening on **October 10th!** Stop by at 9:45 for Tot Shabbat and stay at 10:30 for the Sukkot and Simchat Torah themed art projects and activities! For more information, please contact Irit Eliav Levin, Director of Education, at irit@h-nt.org.



Shabbat K'tan

Saturday, October 18 – 11:00 am

Location: FRS Classroom #3

Geared for kids 5 and under with their adults

Come for a warm Shabbat morning mini-service for littles, led by parent volunteers, and stay for Kiddush. We will have a joy-filled Saturday morning with singing, stories, and games. Afterwards, parents are invited to stay and join the congregation for Kiddush lunch. For more information, please contact Irit Eliav Levin, Director of Education, at irit@h-nt.org.

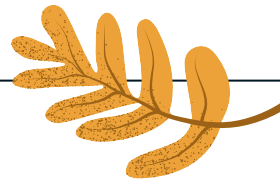
If you plan on attending, please register here:

<https://h-nt.shulcloud.com/event/shabbat-k39tan4.html>

JEWISH DAY SCHOOLS

More important than ever.
More affordable than you think.





Bar Mitzvah

Evan Address • November 1



Evan Michael Address is the son of Jill Nogi and Daniel Address and brother of Jacob Address. He is the grandson of Sandi and Jay (z"l) Nogi and Elaine (z"l) Harkavy Clarke and Jim Clarke. Evan is a seventh grader at Odle Middle School in Bellevue. He enjoys playing video games and otherwise hanging out with his friends, reading, practicing judo, studying for his Bar Mitzvah, and spending time with family. Evan loves helping people and making a difference, so for his Mitzvah Project, he has been volunteering with Friendship Circle of Washington. Evan has served as a buddy to kids with special needs during FC meetings and events. He is a kind and empathetic friend who says that his volunteer work warms his heart. Mazel Tov, Evan! We love you!



Hey HNT Teens—We Want You to Read Torah!

**Be the First to Participate in Our Torah Corps Shabbat on November 8
(Torah Reading Mentorship Will Be Provided)**

Please complete the linked survey and let us know that you are interested in reading Torah and/or helping to lead services for this exciting new program: <https://h-nt.shulcloud.com/form/tiorah-corps-survey>.

Upcoming Torah Corps dates: January 10, March 14, and May 9.



Millstone Scholars Program

For Post B'nai Mitzvah 7th and 8th Graders

We are launching a new middle school education program. Millstone Scholars is a National Honors program for 7th & 8th graders to explore Jewish texts, the heroic story of modern Israel, and the influence of Jewish ideas on America. To learn more about this program, please visit

<https://tikvah.org/millstone/home/>.



Jewish Learning Experience

For 9th - 12th Graders

HNT is partnering with American Jewish University's Jewish Learning Experience (JLE) program to offer an undergraduate-level college credit course to our high school students. **Registration is currently closed.**

To learn more about this program, please visit <https://www.aju.edu/jewish-learning-experience>.

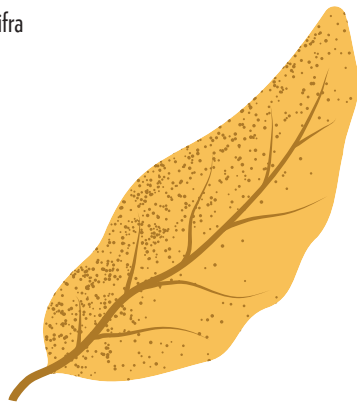
Within the Shul Family

We Offer Condolences for:

- Elizabeth (Betty) Irene Bravo, grandmother of Molly Schwartz, husband Aaron, and great grandmother of Nicholas Corral, Gavin Corral, Ethan Schwartz, and Jonah Schwartz
- Raquel Shapiro z"l, wife of Gary z"l Shapiro, mother of Daniel (Sina) and Elan (Emily) Shapiro, sister of Isaac (Sara) Guberek and Esther z"l (Abraham) Ostrovsky, sister in law of Cheri and Mike Levy and Edward and Becky Shapiro, dear aunt and great aunt to many nieces and nephews and grandmother to Leila, Solomon, Mateo, and Eliana Shapiro.
- Tom Livingston z"l, brother of John Livingston and brother-in-law of Andi Neuwirth

Refuah Shelemah to Congregants:

Baila bat Gavriel v'Chaiya
 Shmuel ben Y'rachmiel v'Hannah
 Daniel ben Y'rachmiel v'Hannah
 Shayna Chaiya bat Enya
 Tzvi Hirsch
 Sara bat Avner v'Shoshana
 Kathy Goff
 Michael Ben Sarah Rochel
 Shimon ben Shia v'Chanah
 Krendel bat Miriam
 Sara Rachel bat Yaakov Kopel v'Shifra
 Gill ben Bashah
 Levi Yitzchack ben Shifra
 Mackenzie Goldman
 Efraim ben Sara Fagel
 Rachel bat Zelda Chana Surah
 Daniel ben Chava
 Moshe ben Shimon u'Milchah
 Paul Schreiber
 Maram Toba B Baruch
 Shifon ben Aharon v'Rina
 Mordechai ben Rachamim
 Ella Toker
 Ezra ben Aaron v'Golda
 Sheryl Lane
 Yidel Avrum ben Moishe Mordechai HaLevi v'Herschel Beral
 Yoela bat Moishe v'Doba
 Aaron ben Shmeil



* To add a name to the list email Aviva@h-nt.org

* If you or someone you know is on the Refuah Shelemah list and no longer needs healing prayers, please contact the office to request that a name be removed.

October T'filot

HNT offers both in-person Shabbat services in our Sanctuary, and a virtual option available to view at h-nt.org/youtube

Pre-negs: Fridays at 5:30 PM

Kiddush lunch: Saturdays following services

Sponsorship opportunities are available, please contact Melanie at Melaniem@h-nt.org for more information.

Wednesday, October 1
Erev Yom Kippur
 6:30 PM Kol Nidre Service

Saturday, October 11
 10:00 AM Shabbat Service

Thursday, October 2
Yom Kippur
 9:45 AM Service
 12:00 PM Yizkor
 4:30 PM Mincha Service
 6:00 PM Ne'ilah/Ma'ariv Services

Tuesday, October 14
Shemini Atzeret/Erev Simchat Torah
 10:00 AM Service with Yizkor
 7:00 PM Service with Hakafot

Friday, October 3
 6:00 PM Birthday Shabbat Service

Wednesday, October 15
Simchat Torah
 10:00 AM Service

Saturday, October 4
 10:00 AM Shabbat Service

Friday, October 17
 6:00 PM Shabbat Service

Tuesday, October 7
Sukkot Day 1
 10:00 AM Service

Saturday, October 18
 10:00 AM Shabbat Service

Wednesday, October 8
Sukkot Day 2
 10:00 AM Service

Friday, October 24
 6:00 PM Shabbat Service

Friday, October 10
 6:00 PM Shabbat Service

Saturday, October 25
 10:00 AM Shabbat Service

Friday, October 31
 6:00 PM Shabbat Service

Morning Minyan:

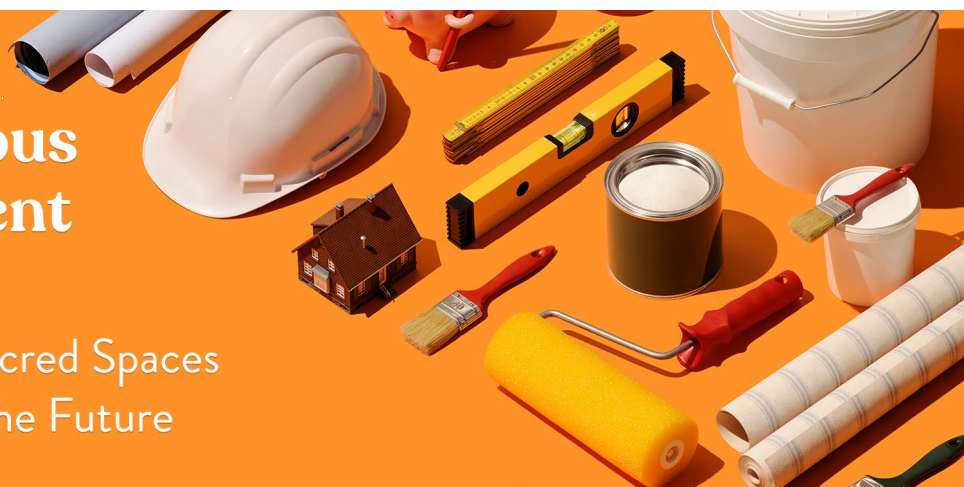
Weekdays: 7:30 AM, Sundays & Secular Holidays: 9:00 AM

Morning Minyan is also offered both in-person and virtually at h-nt.org/services

HERZL-NER TAMID

Main Campus Improvement Updates:

Honoring Our Sacred Spaces & Preparing for the Future



We are thrilled to share some exciting updates around our campus!

Our newly remodeled restrooms on the first and second floors of the main building are now open. They are clean, fresh, and modern, with every detail thoughtfully designed to ensure they are welcoming, durable, and more accessible for all our members and guests. Be sure to check out the before-and-after photos to see the transformation!

If you joined us in person for Rosh Hashanah services, you may have noticed our newly installed removable handrail down the center of the main sanctuary. This addition is already making movement and accessibility in our primary prayer space easier and safer.

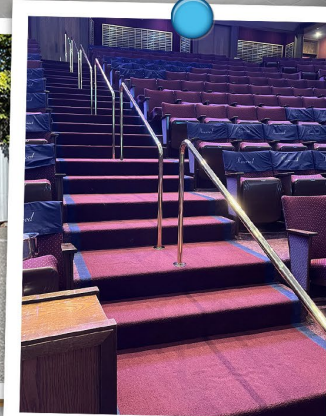
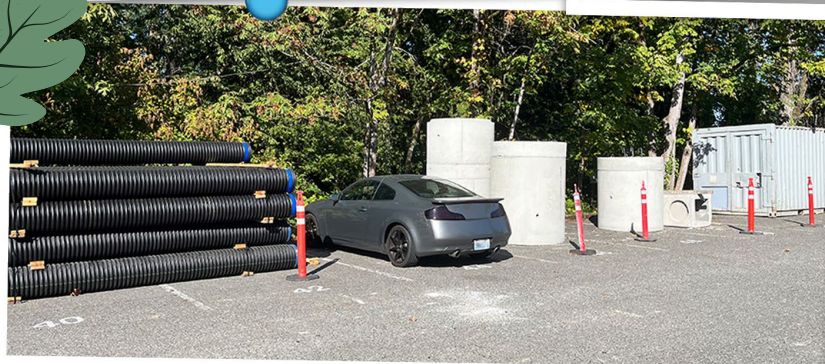
Meanwhile, the stormwater project—part of our preparation for breaking ground on the new Barnabie Point project—is in full swing.

And over at the Lott School building, major improvements are still underway, with plans to be completed shortly after the High Holidays.

BEFORE



AFTER





Introduction to Judaism Taught by Rabbi Cahana & Rabbi Rosenbaum

Starting in November

Classes meet Sundays, Nov 2, 9, 16, 23, Dec 7, and 14 from 10:00 AM – 12:00 PM (January–June dates TBD).

Join Rabbis Cahana and Rosenbaum for Introduction to Judaism, an engaging course for interfaith couples, those raising Jewish children, spiritual seekers, individuals considering conversion, and Jews looking to reconnect with their faith as adults. Conversion students must also complete one year of Beginning Hebrew with Janine Rosenbaum—unless waived by Rabbi Cahana.

Register here: <https://h-nt.shulcloud.com/form/introduction-to-judaism-2025.html>



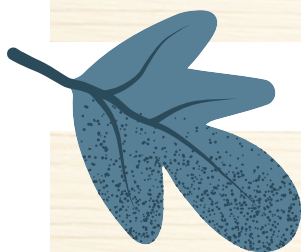
2025-2026 Hebrew Classes Taught by Janine Rosenbaum

Explore Hebrew at every level with our engaging virtual classes. Beginners can start with Beginning Hebrew, while those ready to go further can join Modern Hebrew 1, 2, or 3 to steadily deepen their knowledge of the language. For those seeking to connect more meaningfully with services, Prayerbook Hebrew builds synagogue skills and confidence in following along. And if you're interested in the roots of the tradition, Biblical Hebrew offers a clear path into understanding Torah in the original text. All classes are taught in a warm, supportive environment.

Fee: \$300 per semester; \$600 per year (30 classes)

To sign up and for more details:

<https://h-nt.shulcloud.com/form/ae-hebrew-classes---2025-2026.html>



Introduction to Mussar

This Class Will Be Given by Mussar Accredited Teacher Hilary Abramowitz

Wednesdays, 7:00 PM -8:30 PM • Oct. 22, 29 | Nov. 5,12,19 | Dec. 3 • HNT Board Room

This six session Mussar course focuses on the practical aspects of the practice of Mussar and how we manifest “Mussar Moments” in our daily lives. We will explore how we want to live and how we choose to live, while incorporating these principles and practices. The process consists of a journey into the awakening and deepening of our spiritual lives—how we live in relation to ourselves, others and the world. It includes personal exploration and the examine of our inner worlds with increasing insight. In a large part the process is also an aspect of Tikun Olam. Healing the world through the ongoing healing of ourselves.

Learn more and sign up: <https://h-nt.shulcloud.com/event/introduction-to-mussar1.html>



Daytimers Lunch & Film Series

Wednesday, October 22: *Maktub*

11:30 AM - 2:30 PM • HNT Feinberg Social Hall

Free during the day? Join us for good conversation, tasty lunch, and a Jewish-themed film!

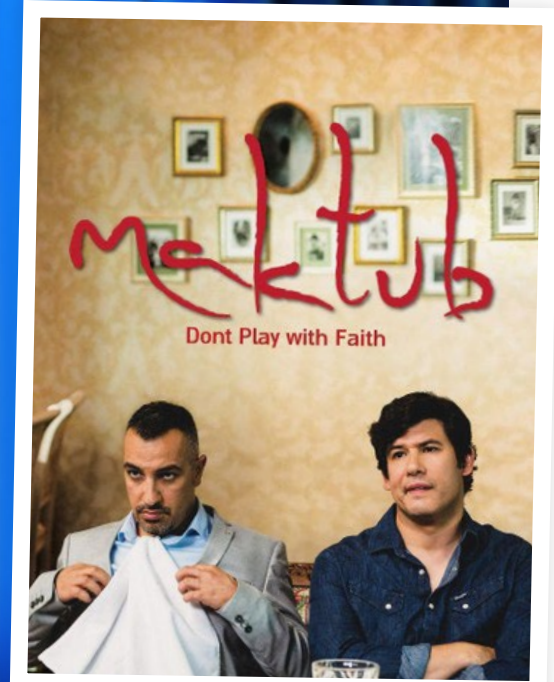
The biggest Israeli blockbuster since 1986. Steve and Chuma, two criminals are the sole survivors of a terrorist attack at a restaurant in Jerusalem. They decide to change their ways and become flesh and blood angels. They go on a journey of wish fulfillment for people who write requests on paper and put between the sacred stones of the Wailing Wall.

Pricing: \$10/per person early bird (register by October 15) or \$12/per person for lunch, served 11:30 AM – 12:30 PM, followed by the film.

Film only: free admission, but your registration is still appreciated.

Because we pre-order food, refunds cannot be issued after Friday, October 17.

Register at <https://h-nt.shulcloud.com/event/October-daytimers>



MITZVAH CORPS

MAKING A DIFFERENCE IN YOUR COMMUNITY

The mission of HNT's Mitzvah Corps is to provide a caring and compassionate resource to our fellow congregants while giving generously of ourselves. The Mitzvah Corps is always looking for new volunteers.

Please reach out to Judy Ziedman at jraez@comcast.net or 425-883-6482 to ask questions or to join the group.

Our Membership Committee Wants YOU!

HNT Membership Committee is fun and fulfilling. Our members share being connected, working towards bringing our HNT community together in social activities, and remind us of how we contribute to the feeling of making HNT a true gathering place for young, old and in-between. A truly gratifying experience that we'd like everyone to share. Some of our current programs include Shapotluck dinners, Chanukah parties, gatherings at community events, New Member Brunch and much more. Our meetings are monthly on Zoom, or if you simply want to help with one or more of our projects, then please let us know so we can connect with you. Strengthen L'Dor V'Dor at HNT.

Contact: Ed Margolis & Sherri Westman at membershipchair@h-nt.org



October Anniversaries

Oct. 2	Brad Rind & Janet Gray	37	Oct. 17	Bruce Campbell & Bridget Wellen	12
Oct. 7	Bruce & Marsha Krivosha	52	Oct. 17	Ken Willner & Molly Reardon	32
Oct. 7	Emily & Richard Olstein	8	Oct. 22	Nissim & Judy Neuman	30
Oct. 9	Zane Brown Jr. & Melissa Brown	31	Oct. 23	Jeff & Cindy Droker	31
Oct. 10	Adam & Michele Kohorn	26	Oct. 23	Chuck & Jill Friedman	32
Oct. 11	Leonard & Louise Berman	44	Oct. 23	Ann & Jim Meisner	42
Oct. 11	David & Ruth Peckarsky	50	Oct. 25	Elliot & Lina Margul	5
Oct. 13	Timothy & Ruth Jacobs	29	Oct. 26	Doron & Dina Holan	22
Oct. 14	Marv & Lisa Brashem	35	Oct. 26	Debby & Neal Applefeld	34
Oct. 14	Zach & Jessica Duitch	18	Oct. 29	Michael & Susan Enberg	36
Oct. 14	Adi & Chelsea Nov	24	Oct. 29	Craig & Robin Medin	25
Oct. 15	Ross & Kimberly Wolf	34			

Ready To Enrich Your Spiritual Connection to HNT?

The ritual committee has exciting ways for you to get involved - behind the scenes and inside the sanctuary.

- Evaluate and reimagine Morning Minyan to be welcoming and accessible for all
- Help make our Shabbat services truly meaningful to you and your family
 - opportunities include weekday solo tasks and participating on and off the bima on Shabbat

All opportunities are designed to work with busy work, social and family schedules!

Contact our Ritual Committee Chair, Jaime Slutzky via email at ritual@h-nt.org

Women's League Judaica Shop

The shop is open by appointment - call Kari at 206-219-2224 to schedule your visit. We have everything you need, including tallitot, kippot, and kid sized shofarot.



AFFINITY GROUPS

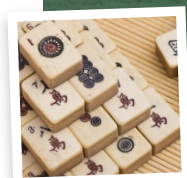


Travel Affinity Group

First Meeting: Sunday, November 9 • 11:00 AM • Youth Lounge

Anyone interested in traveling—whether domestically, internationally, or both—is invited to join an interest meeting (details below). “For the Love of Travel!” is a new affinity group open to both seasoned travelers and those just beginning their adventures, offering opportunities to bond over shared interests and create lasting memories. From exploring a new city to taking a cooking class or joining a volunteer project, travel experiences can strengthen our community, foster deeper connections, and bring together like-minded individuals who share a passion for discovery.

Please contact Pam Lloyd, lloydnorth@comcast.net, if you have any questions.



Mah Jongg Affinity Group

Thursdays, October 9, 16, 23, 30 • 1:00 PM - 3:00 PM • Upper Foyer

Please join us for Mah Jongg Affinity Group on Thursdays at HNT! Judy will be teaching two-handed Mah Jongg to anyone who wants to learn. Bring your sets and 2025 cards if you have them. Please contact Judy Weiser at weiserfam@comcast.net for more details.



Needlecraft Affinity Group

Thursdays, October 9, 16, 23, 30 • 9:30 AM - 12:00 PM

Knit, crochet and more with the HNT Needlecraft Affinity Group! This is a wonderful opportunity to socialize with fellow crafters. Bring your projects, learn a new craft or get better at what you know.



Shabbat Dinner Group

Friday, October 24

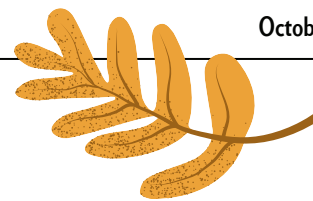
The Shabbat Dinner Group meets the fourth Friday of each month at member homes, unless it is a chag or conflicts with HNT events, and as long as a host family has volunteered. We hope you can join us on Friday, October 24!

If you would like to be part of this affinity group, just email Faye Plum at fayegplum@gmail.com, and she will add you to the email list.

Register here: <https://h-nt.shulcloud.com/form/friday-night-shabbat-dinners>



Social Action Opportunities



Jewish Family Service Community-Wide Food Drive–Volunteers Needed!

Benefitting the Polack Food Bank • Now–October 5

Volunteers Needed for JFS Food Drive! We need one or two people to pick up food at HNT on Sunday, October 5 at 9:00 AM and deliver it to the JFS warehouse in Kent. Additional volunteers can help with sorting that day—contact Cora@h-nt.org to sign up.

The green bags are back! Pick one up in the upper or lower foyer, fill it with non-perishable items (canned proteins, fruits, veggies, soups, peanut butter, grains, pasta, tomato products—no glass, open packages, or expired food), and drop it off next time you're at HNT. Your donations will help keep shelves stocked at the Polack Food Bank as demand reaches record highs. Together, we can ensure no one in our community goes hungry!

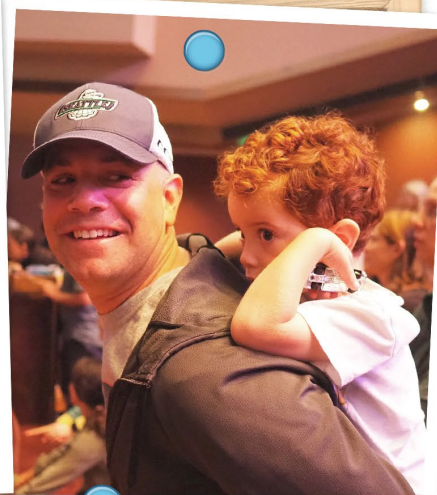
Learn more: <https://www.jfsseattle.org/get-involved/food-drive/>

Teen Feed

Fourth Sunday of Every Month

Each month a dedicated crew of HNT volunteers prepares and serves meals to homeless youth in the University District. Email our Teen Feed leaders at TeenFeed@h-nt.org to help this month, for questions, or to be added to the Teen Feed volunteer list.

Thank you to everyone who helped move the Bima on Sunday, September 14!



Todah Rabbah to...

To **Tobi Israel, Barbara Sherer & Myriam Alhadeff Feldman** for helping in the office

To **Tamar Heyman** for setting up the new FRS What's App groups

To **Melissa Brown** and **Rebecca Brown** for helping with reserved seat covers

To the **Needle Arts Affinity Group** for helping prep some Rosh Hashanah items for the Youth & Family service

To **Linda Krisher** for helping to prep art supplies for the Rosh Hashanah Family Services

To our **Bima Movers** and synagogue preppers

To our **Sukkah Builders**

To our **High Holiday Ushers and Greeters**

To **David Berkman** for making sure our board, and staff felt equipped prior to the high holidays

College Package Packers: **Deborah Beder, Tamar Boden, and Dina Holan**

Thank you to the many volunteers who helped make the family services run so smoothly, especially **Trea Diamant, Shaina Green, Tamar Heyman, Lauren Lessman, Angela Rootshtain, and Will Becker Quantz**. Thank you also to our fabulous discussion group leaders **Ana Apter, Laura Cannon, Shaina Green, and Tamar Heyman**. A huge thank you to our shofar blowers **Jack Moss, Avi Berkenwald, and Nate Rosenbaum**. Thank you to **Will Becker Quantz, Daniel Becker, Miri Cypers, David Rosenbaum, and Dani and Nate Rosenbaum** for leading us in the prayer for our country and the prayer for the state of Israel.

Thank you to everyone who joined us to decorate the Sukkah on Sunday, September 28!





IN SUPPORT OF ONE ANOTHER

These generous tributes were made from August 16 through September 15, 2025

AMY MACKOFF CAMPERSHIP FUND

For the Yahrzeit of

Amy Raya Mackoff from Robert & Polly Amkraut
Stephen Wasser from Amy Wasser & Marvin Stern
Andy Fingeroot from Alan Fingeroot

In Honor of

Joy Stiefel, Happy Birthday from Robert & Donna Peha

In Memory of

Muriel Epstein from Marilyn Corets & Adam Mhlstin

CANTOR BATCHELOR'S DISCRETIONARY FUND

For the Yahrzeit of

Sylvia Miller from Chuck & Marilyn Caplan

In Honor of

Joel Konikow's birthday from Mark & Sharon Sandler
Cantor Batchelor from Scott Stone & Rachel Dobrow Stone
Steve Westman's birthday from Ed & Debbie Margolis

DANNY LEWIS FUND/DANNY'S DEN

In Honor of

Nyssa and Mike Harris on the birth of Evelina from Robert
& Donna Peha

EILEEN MINTZ KITCHEN FUND

In Memory of

Muriel Epstein from David & Karen Rosenzweig

ENDOWMENT FUND DONATIONS

In Memory of

Fred Tivin from Jennifer Malakoff
Fred Tivin from Carol Barer

FRANKEL RELIGIOUS SCHOOL FUND

For the Yahrzeit of

Lior Ben Yaakov from Effie & Doron Bar-Caspi

In Memory of

Albert Schechterman from Ilyse & Greg Wagner and family
Fred Tivin from Susan & Lonnie Edelheit
Ruthie Maslan Sassoon from Mike & Cheri Levy

GENERAL FUND

For the Yahrzeit of

Ted Rosenblume from Marci Rogozen

In Honor of

Steve Westman's birthday from Steffie & Glenn Lash
Ilyse Wagner from Scott Stone & Rachel Dobrow Stone
Dr. Sherri Shulman from Scott Stone & Rachel Dobrow
Stone

Joy Stiefel on her birthday from Mark & Ruth Balter

In Memory of

Muriel Epstein from Lee and Stuart Weinstein
Ruth Maslan Sassoon from Eric & Renee Radman
Fred Tivin from Dena & Drew Herbolich

MASLAN MEMORIAL FUND

For the Yahrzeit of

Leo Weiss from Marcia Weiss Levy
Ruth Maslan Sassoon from Craig & Sheila Sternberg

MEMORIAL FUND

For the Yahrzeit of

Rita Schlesinger from Tracy Schlesinger
Saul Shapiro from Mike & Cheri Levy
Pauline Margolis from Bob & Janet Lackman
Dorothy Katz from Ann & Jim Meisner
Philip Stratiner from Jan Lewis
Jean Putter from Sonny Putter & Rochelle Roseman
Samuel Silverstein from Warren Cohen
Max Weinstock from Robbie Caggiano
Joseph Tobias from Robbie Caggiano
Klara Dernis from Ella Dernis
Charlotte Karr from David Rabinovitch & Marsha Karr
Rabinovitch
Leonard Karr from David Rabinovitch & Marsha Karr
Rabinovitch

Frank Vyborny from Alex Sytman
Ann Lerman from Michael & Shainie Schuffler
Barney Shain from Arnold Shain
Hermine Orchinsky from Hermine Maxwell
Lawrence "Larry" Kuznetz from Loretta Kuznetz

In Memory of

Muriel Epstein from Tony & Lynn Wartnik
Muriel Epstein from Trisha Tsutakawa
Muriel Epstein from Garden, Bob
Reba Tavelman from Lyne Johnston & Stephen Ruskin
Fred Tivin from Carla Bauman

MITZVAH CORPS FUND

In Memory of

Reva Tavelman from Karen & Paul Rosen
Fred Tivin from Ilyse & Greg Wagner
Fred Tivin from Bruce & Peggy Gladner

MORNING MINYAN FUND

In Honor of

Joel Konikow's birthday from Efreim & Linda Krisher
Rabbi Steve Westman's birthday from Craig Weinstein

MORNING MINYAN FUND

In Memory of

Arlene Schuster from Craig Weinstein
Muriel Epstein from Craig Weinstein

PAY IT FORWARD FUND

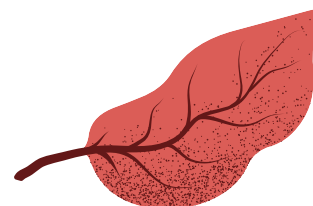
In Honor of

David & Scarlet Silverstone's Wedding from Ilyse & Greg
Wagner
Susan & Lonnie Edelheit's 60th Anniversary from the
Wagner Family

RABBI ROSENBAUM DISCRETIONARY FUND

In Honor of

Rabbi Rosenbaum from Scott Stone & Rachel Dobrow Stone



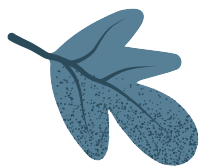


BELOVED DEPARTED

Memorialized with Yahrzeit Plaques at HNT

SHABBAT OF October 3/4

Oct. 4 *Murray Seymour Goldman*
Oct. 5 *Nora Eilenberg*
Oct. 5 *Kurt Leeser*
Oct. 5 *Pauline Margolis*
Oct. 5 *Riva Spokoiny*
Oct. 6 *Sophie Dwoskin*
Oct. 6 *Eleanore Friedman*
Oct. 7 *George Miller*
Oct. 7 *Anny Shifrin*
Oct. 7 *Leah Solomon*
Oct. 7 *Sidney Tat*
Oct. 7 *Abraham Wise*
Oct. 8 *Lena Mutchler*
Oct. 8 *Rita Rickles*
Oct. 9 *Joseph Arshon*
Oct. 9 *Salo Matzdorff*
Oct. 9 *Morris Pearl*
Oct. 10 *Anita Harris*
Oct. 10 *Sophie Mesher*
Oct. 10 *Lydia Vinnick*



SHABBAT OF October 10/11

Oct. 11 *Betty Lesch*
Oct. 11 *Marcus Lobl*
Oct. 11 *Rebecca Mesher*
Oct. 11 *Jean Putter*
Oct. 11 *Ida Sadick*
Oct. 11 *Charles Waldman*
Oct. 12 *David Droker*
Oct. 12 *Max Efron*
Oct. 12 *Abraham Lemchen*
Oct. 12 *Mollie Leopold*
Oct. 12 *Morris N. Mesher*
Oct. 12 *Beth Rosenstein*
Oct. 12 *Meyer Rothstein*
Oct. 12 *Herman Tapper*
Oct. 12 *Shirley Ungerleider*
Oct. 13 *Judah Delson*
Oct. 13 *Al Sanft*
Oct. 13 *Rita Schlesinger*
Oct. 13 *Abraham Sterling*
Oct. 13 *Mary Wittenberg*
Oct. 14 *Rena Gerson*
Oct. 14 *Lily Kremen*
Oct. 14 *Nathan Sobel*
Oct. 14 *Ludwig Stern*
Oct. 14 *M. Joseph Ungerleider*
Oct. 15 *Loren Galanti*
Oct. 15 *Louie Hasson*
Oct. 15 *Sophie Levin*
Oct. 16 *Ida Ginsberg*
Oct. 16 *Esther Goldstein*
Oct. 16 *Marsha Rivkin*
Oct. 17 *Joseph Coyne*
Oct. 17 *Fanny Pinchev*
Oct. 17 *Samuel Stoffer*

SHABBAT OF October 17/18

Oct. 18 *Bernice Birch*
Oct. 18 *Beatrice Brenner*
Oct. 18 *Jack Farber*
Oct. 18 *Raissa Liwschitz-Liff*
Oct. 18 *Felix Lublin*
Oct. 18 *Edward Rosenblatt*
Oct. 19 *Philip Gladner*
Oct. 19 *Helen Kaplan*
Oct. 19 *Abraham Lozansky*
Oct. 19 *Robert Lurie*
Oct. 19 *Eva Miller*
Oct. 19 *Solomon Stalin*
Oct. 20 *David Cohn*
Oct. 20 *Florence (Freddie) Myers*
Oct. 20 *David Rappoport*
Oct. 20 *Max Shifrin*
Oct. 21 *Jacob Bienn*
Oct. 21 *Sarah Fleischman*
Oct. 21 *Walter Oppenheimer*
Oct. 22 *Rebecca Director*
Oct. 22 *Isadore Katz*
Oct. 22 *Moses Shulman*
Oct. 23 *Noah Golden*
Oct. 23 *Lewis Liff*
Oct. 23 *Mores Saslow*
Oct. 24 *Betty Finegold*
Oct. 24 *Rita Helen Tepper*

SHABBAT OF October 24/25

Oct. 25 *Alexander Liff*
Oct. 25 *Sylvia Siegel*
Oct. 27 *Yetta Gold*
Oct. 27 *Mary Sturman*
Oct. 28 *Ethel Polik*
Oct. 28 *George Siegel*
Oct. 29 *Bennett (Sonny) Bovarnick*
Oct. 29 *Hazel Dwoskin*
Oct. 29 *Sarah Roffe*
Oct. 29 *Lena Yarus*
Oct. 30 *Cheryl Lynn Ross*
Oct. 30 *Uda Shain*
Oct. 30 *Golde Sterling*
Oct. 31 *Frank Beckelman*
Oct. 31 *Robert Becker*
Oct. 31 *Esther Karp*
Oct. 31 *Saul Shapiro*



Herzl-Ner Tamid Conservative Congregation

Affiliated with The United Synagogue of Conservative Judaism

3700 East Mercer Way
Mercer Island, WA 98040
Phone: 206-232-8555
info@h-nt.org • h-nt.org

Clergy

Heather Batchelor, Cantor / CantorHB@h-nt.org
Jay Rosenbaum, Rabbi Emeritus / RabbiRosenbaum@h-nt.org

Staff

Molly Ashe, Barnabie Point Project Accountant / Molly@h-nt.org
Irit Eliav Levin, Director of Education / Irit@h-nt.org
Aviva Krause, Administrative Assistant / Aviva@h-nt.org
Kayla Luu, Accounting Assistant / Kayla@h-nt.org
Glindon Marten, Communications Manager / Glindon@h-nt.org
Cora Miller, Director of Community Engagement / Cora@h-nt.org
Melanie Miller, Operations Director / MelanieM@h-nt.org
Arianne Slayter, Director of Finance / Arianne@h-nt.org
Jessica Slayter, School & Programs Administrator / Jessica@h-nt.org
Catherine Verrenti, Interim Executive Director / Catherine@h-nt.org



2025-2026 Executive Committee

President: David Shujman
Executive Vice-President: Will Becker Quantz
Treasurer/Financial Vice-President: Adam Droker
Membership Vice-President: Gail Wiener
Secretary: Tamar Heyman
Immediate Past President: Donna Peha

2025-2026 Board of Directors

Susan Ben-Rubin	Salvador Orozco Villalever
Amy Hartman	Sonny Putter
Elana Hornstein	Angela Rootshain
David Isenberg	Debbie Seres
Aaron Kiviat	Jaime Slutzky
Kennis Koldewyn	David Stiefel
Jonathan Langman	Elaine Weinstein
Lauren Lessman	

HERZL MEMORIAL PARK

16747 Dayton Avenue North, Shoreline, WA 98133

If there is a death in the family, contact the Seattle Jewish Chapel at 206-725-3067.

For more information about the Herzl Memorial Park, contact Elaine Weinstein at 425-455-4703.

In times of loss, or in need of pastoral care, HNT members should call the HNT office at 206-232-8555.



Herzl Memorial Park Cemetery Committee

Elaine Weinstein, President	Harris Klein
Jennifer Malakoff, Vice President	Michael Weinstein
Peter Michel, Secretary	Marv Brashem
Steve Burns, Treasurer	

To always have a well-maintained cemetery, please consider remembering Herzl Memorial Park in your Will, or by contributing to the cemetery's Endowment Care.